

69<sup>th</sup> IC4A XC Championships  
Van Cortlandt Park, Bronx, NY  
November 14, 1977

**Championship Division**

1. John Flora, Northeastern, 24:17; 2. Curt Alitz, Army, 24:23; 3. James Peterson, Georgetown, 24:27; 4. Dean Stephens, Dartmouth, 24:39; 5. Arnold Stetson, UMass, 24:43; 6. Mike Quinn, UMass, 24:46; 7. George Buckheit, Bucknell, 24:46; 8. Gene McCarthy, Fordham, 24:50; 9. Kevin Byrne, Georgetown, 24:51; 10. Syd Maree, Villanova, 24:55; 11. Bob Flora, Northeastern, 24:57; 12. Bruce Jones, St. John's, 25:04; 13. Mike Glavin, St. Joseph's, 25:06; 14. Pete Pfitzinger, Cornell, 25:07; 15. George Reed, New Hampshire, 25:08; 16. Jim Flynn, Villanova, 25:12; 17. Bickell, Bucknell, 25:13; 18. Dave Dobrzynski, Georgetown, 25:15; 19. Lou Panaccione, UMass, 25:19; 20. Jim Cilban, Dartmouth, 25:21; 21. Jerry Kooymans, Princeton, 25:22; 22. Ray Cerankowski, Seton Hall, 25:25; 23. Mike Wyckoff, Cornell, 25:25; 24. Dave Callaghan, St. John's, 25:25.

Team scores—UMass 123, Georgetown 129, Villanova 142, Rutgers 182, St. John's 190, Northeastern 212, Cornell 246, Princeton 289, Army 286, Dartmouth 291, Bucknell 303, Penn 382, Lehigh 383, UConn 438, Holy Cross 480, West Virginia 483, University of New Hampshire 507, Columbia 536, Harvard 546.

194A 69th Annual Cross Country Championships - November 14, 1977

UNIVERSITY DIVISION

1.	Paul Steeds	F. D. U.	25:06.1
2.	Paul Marzan	R. D. U.	:06.4
3.	Ed Brennan	F. D. U.	:06.6
4.	Barry Nelson	F. D. U.	:24.8
5.	Paul Oparowski	Bates	:30.4
6.	William McCartan	Delaware	:49.1
7.	Tim Cloutier	Bates	:49.8
8.	Tom Leonard	Bates	:52.4
9.	Greg Peters	Bates	:53.0
10.	Jose Bautista	C. W. Post	:53.8
11.	John Woodside	Delaware	:55.3
12.	Don Kern	Drexel	:57.6
13.	Dave Hummel	Miller	:59.1
14.	Peter Marzan	F. D. U.	26:05.3
15.	Randy Greathouse	F. D. U.	:05.6
16.	Kevin Murphy	C. W. Post	:06.3
17.	Roger Gay	C. W. Post	:07.0
18.	Robert Orazem	E. Stroudsburg	:08.3
19.	Larry Kulig	Lafayette	:08.8
20.	Sam Bruce	E. Stroudsburg	:10.5
21.	William Fisher	Colgate	:24.1
22.	Frank Crooms	F. D. U.	:16.5
23.	Chris Walsh	So. Connecticut	:16.9
24.	Matt Hart	West Chester	:18.1
25.	Greg Hobbs	Iona	:19.8
26.	Tom Rooney	Bates	:22.6
27.	William Martin	Iona	:24.0
28.	Pat Quirk	West Chester	:25.0
29.	Ed Runkle	Miller	:27.7
30.	Robert Winn	Central Connecticut	:29.0
31.	Dan Molloy	Marquette	:29.6
32.	Mat Kelsh	Delaware	:30.2
33.	Mike Horne	West Chester	:31.9
34.	Jim Ford	So. Connecticut	:32.5
35.	Rick Fehr	Delaware	:33.9
36.	Ed Waddington	LaSalle	:34.5
37.	Tim Brown	So. Connecticut	:35.2
38.	Don DiDonato	C. W. Post	:39.8
39.	Sam Pellitier	Maine	:40.2
40.	James Lewis	Colgate	:40.4
41.	Sam Hamilton	Maine	:40.7
42.	Mark Soderstrom	Bates	:43.3
43.	John King	Siena	:44.0
44.	Alan Trefinger	Miller	:44.3
45.	Joe McLaughlin	Delaware	:44.8
46.	James Alexander	E. Stroudsburg	:45.8
47.	Dan LeMonnier	Marquette	:46.1
48.	Paul Colletti	Colgate	:46.5
49.	Rick Schuder	Delaware	:48.2
50.	Phil Garland	Maine	:51.2
51.	Tom Barron	Miller	:52.5
52.	Steve Shaklee	Drexel	:53.0
53.	Steven Walter	Niagara	:53.5

54.	Peter Tunnell	Lafayette	26:53.7
55.	John Stroup	Delaware	:55.0
56.	Mark Heinbockel	Niagara	:55.6
57.	Sean Reilly	Albany State	:56.6
58.	John Kelsh	West Chester	:57.2
59.	David Kintzing	Central Connecticut	:59.1
60.	Jonathan Williams	Adelphi	:59.6
61.	Pat Reagan	Colgate	27:00.6
62.	Joe Schultz	Maine	:01.6
63.	Norm Dethloff	Miller	:03.8
64.	Mike Ambrosecchio	So. Connecticut	:05.1
65.	Peter Vrobel	Marquette	:05.5
66.	Ramon Severino	Adelphi	:05.9
67.	Jeff Kumm	Niagara	:06.3
68.	Brian Davis	Albany State	:08.0
69.	Brad Krum	Temple	:11.9
70.	Greg Downing	Maine	:13.6
71.	Mark Dalton	Albany State	:17.8
72.	William Mathis	Albany State	:18.5
73.	Jeff Flock	Boston Univ.	:20.8
74.	Mark Smith	Adelphi	:21.6
75.	Mike Lelko	E. Stroudsburg	:22.2
76.	Steven Dexter	Maine	:24.9
77.	Mike Westphal	Maine	:28.8
78.	Peter Herries	Lafayette	:29.4
79.	Tom Hurd	Temple	:32.5
80.	Glen Hair	Lafayette	:33.3
81.	Phil Held	Drexel	:34.5
82.	Joe Kelly	Boston Univ.	:34.9
83.	Ed Heston	Miller	:35.2
84.	Steve Montick	E. Stroudsburg	:35.4
85.	Steve Hoover	Colgate	:35.9
86.	Kevin Quirk	Central Connecticut	:38.0
87.	Robert Riss	C. W. Post	:38.3
88.	John Little	Albany State	:39.0
89.	Mark Liberu	Drexel	:39.7
90.	Steve Relmon	Colgate	:39.9
91.	Joe Glah	West Chester	:40.2
92.	Ed Fisher	E. Stroudsburg	:40.9
93.	Paul Shivers	West Chester	:41.3
94.	Rich Minuti	Drexel	:43.1
95.	Ken Brown	E. Stroudsburg	:44.0
96.	Steve Scolamiero	Niagara	:47.0
97.	Miro Baldyga	Central Connecticut	:48.5
98.	Karl Thoma	Niagara	:51.0
99.	Mark McCabe	Iona	:53.0
100.	Kevin Moore	Temple	:55.2
101.	Mike Smith	Lafayette	:58.1
102.	John Hessenthaler	LaSalle	:59.1
103.	Peter Toal	Iona	28:00.0
104.	Gary Comfort	Miller	:07.3
105.	Steve Heinbockel	Niagara	:08.1
106.	Mark Lavan	Albany State	:12.1
107.	Tom Raymond	Iona	:12.4
108.	Robert Gollnick	Central Connecticut	:20.1

109. Pete Henry	West Chester	28.22.8
110. Roberto Copper	Adelphi	:29.5
111. Martin Campbell	Iona	:43.7
112. Marc Armstrong	Temple	:44.2
113. Tom Archer	Central Connecticut	:47.8
114. Mike Smith	St. Peter's	:53.5
115. John Tyler	C. W. Post	:56.6
116. Tom Lyons	Colgate	:05.9
117. Greg Czochanski	St. Peter's	:08.6
118. Robert Bryan	Temple	:21.5
119. Nick Paolazzi	St. Peter's	:24.3
120. Pat Moore	St. Peter's	:39.1
121. John Nagel	St. Peter's	:30.0
122. James Maliff	St. Peter's	:30.0

IC4A CROSS COUNTRY TEAM SCORING

UNIVERSITY DIVISION

November 14, 1977

TRACK COACH

1. Fairleigh Dickinson	1-2-3-4-14 (15-22)	24
2. Bates	5-7-8-9-25 (37-)	54
3. Delaware	6-11-30-32-39 (42-48)	118
4. C.W. Post	10-16-17-33-73 (99)	149
5. Millersville	13-28-38-44-55 (69-89)	178
6. West Chester	23-27-31-51-77 (79-94)	209
7. East Stroudsburg	18-20-40-62-70- (78-81)	210
8. Colgate	21-35-41-53-71 (76-100)	221
9. Maine	34-36-43-54-59 (63-64)	226
10. Drexel	12-45-68-75-80	280
11. Lafayette	19-47-65-67-87	285
12. Albany State	50-57-60-61-74 (91)	302
13. Iona	24-26-85-88-92 (95)	315
14. Niagara	46-49-56-82-84 (90)	317
15. Central Connecticut	29-52-72-83-93 (97)	329
16. Temple	58-66-86-96-102	408
17. St. Peters	98-101-103-104-105 (106)	511

INCOMPLETE TEAMS

Adelphi  
 Southern Connecticut  
 Marquette  
 LaSalle  
 Boston University

Weather - Ideal - Temperature: high 40's

## COLLEGE DIVISION

### INDIVIDUAL

1, Dom Finelli, Brandeis, 25:39.4; 2, Bud Bostick, Brandeis, 25:49; 3, John Forster, Brandeis, 25:57; 4, Mark Iniella, Bentley, 26:03; 5, Bruce Frene, Bowdoin, 26:05; 6, Bill Newhall, Springfield, 26:07; 7, Don Mazur, Rochester, 26:09; 8, Matt Wilson, Loyola-Maryland, 26:11; 9, Al Divanni, Plattsburgh, 26:12; 10, Bob Coufal, Marist, 26:14.

### TEAM

1, Brandeis, 68; 2, Lowell, 103; 3, Marist, 113; 4, Rochester, 115; 5, Plattsburgh, 116; 6, Springfield, 137; 7, Amherst, 218; 8, MIT, 254; 9, RPI, 259; 10, Buffalo, 282.

## Cat Harriers Finish Third in IC4A's.

By NATE COOPER

The Wildcats came within a shoe of winning the IC4A title. Instead, the University of Massachusetts captured the team title with 123 points, followed by Georgetown, Villanova, and Rutgers respectively.

Senior Jay Wood, the Cat's second and third man all season, had his shoes pulled off by another runner early in the race. Instead of attempting to run the rocky course barefoot, he chose to put

his shoe on, while half the field passed him.

He fought back and finished 91st. "Everybody figured we didn't have a chance, but we did," stated the dejected senior. "All I had to do was finish with Flynn and we would have won it."

Villanova's Maree, Flynn, Childs, Belger, and Burns placed 10th, 16th, 35th, 40th and 41st. Maree ran 24.51 and Flynn 25.08 to pace the Wildcat team as they have throughout the season.

Former Paul VI High School standout Mike Glavin, running for St. Joseph's, was 13th in 25:06.7, while Cherry Hill West grad Jay Vickery was Rutgers' third man, finishing 34th in 25:40.8, helping the Scarlet Knights place fourth with 181 points. Teammate Paul Friedman of Moorestown was 55th.

Former Cherry Hill West ace Marty Ludwikowski, now a student at Manhattan, has been sidelined for two weeks and did not compete. Villanova, behind freshman Sydney Maree's 10th-place finish, was third in the team chase with 142 points.

# *Flora of Northeastern Is First in IC4A*

Why would a young man pull on a pair of track shoes, shorts and a skimpy undershirt and run five miles over the flats and hills of Van Cortlandt Park in near-freezing weather?

Almost 500 young men did that yesterday in the 69th annual cross-country championships of the Intercollegiate Association of Amateur Athletes of America.

As to why they run, the answer may be that it is man's oldest physical endeavor. It pits him against another man, against the clock, against the elements. Ultimately, it is the thrill of excelling, the exhilaration of victory in a single endeavor.

Cross-country runners generally are slightly built. They are too small for most contact sports, such as football, basketball, soccer and hockey. So, they pick a sport in which they have a chance to excel by using strong legs and lungs.

Many also compete in distance races during the indoor season, with cross country the preseason training ground for the winter campaigns.

The mid-30-degree temperature yesterday made ideal running conditions. Breathing was easier in the crisp weather. There was no wind, so straining lungs and muscles did not have to cope with that obstacle.

John Flora, a 21-year-old Northeastern senior from Ledyard, Conn., overhauled the two favorites, Curt Alitz of Army and Jim Peterson of Georgetown, on Cemetery (Heartbreak) Hill and won the grueling event in 24 minutes 17 seconds.

Essentially, it was a three-man race with the other 177 competitors in the championship division 50 yards behind the leaders. This was Flora's first victory in the event. He finished second a year ago to Alitz, who was trying to become the first man to win the individual title two years running since Vic Zwolak of Villanova did it in 1962-63.

Alitz, Flora and Peterson finished 1, 2, 3 last year. This time Flora had the final burst of speed that sent him over the line 35 yards ahead of the defending champion, who was 25 yards ahead of the Georgetown star.

Flora is slightly built in the physical mold of most middle or long-distance runners. He weighs 129 pounds, stands 5 feet 9 inches, and has a sandy-colored mustache, a wispy beard and shoulder length blond hair.

Sweat poured off his beard as he talked about his victory. Nine days ago, in Boston, he lost to Providence College's Irish imports, John Treacy and Jerry Deegan. Those two also had defeated him in a dual meet between their schools earlier in the season. Providence passed up the IC4A race for next Monday's National Collegiate championships in Spokane, Wash.

Did the absence of Treacy and Deegan have any influence on him? Flora was asked. "No, I had two others to think about—Alitz and Peterson—and I had felt good all week long about the race.

"I knew I had to hang with them and hope to outkick them in the final mile. But I still can't believe I won. I was running all out, but you can't imagine how tough those two were.

Peterson, who had set the pace, and Alitz were almost shoulder to shoulder at the three-mile mark, with Flora five yards behind. The two leaders finally ran out of second wind on Heartbreak Hill.

"I caught Alitz there and passed Peterson coming down off the hill," said Flora. "I started to go as fast as I could then. It was an interesting race for me. Usually, I do everything wrong, but this time it all worked out.

"Because of the recent rains, the rocks had loosened in the earth on that hill, and it was muddy there. But that was the only difficult footing. The rest of the course was dry."

Massachusetts was the surprising team victor over favored Georgetown and Villanova, finishing with 123 points. The Hoyas scored 128 and the Wildcats 142. Northeastern was sixth with 209.

# Georgetown 2d, Peterson 3d in IC4A

A spill may have cost Georgetown its first IC4A cross-country championship since 1965, today as the Hoyas were edged by Massachusetts, 123-128, in the 69th running of the race at Van Cortlandt Park.

Villanova finished third with 142 points followed by Rutgers (181) and St. John's (188). Navy, seventh a year ago, was 13th with 324 points, while Harvard, a surprise winner last year, dropped all the way to 25th.

Georgetown's finish qualified the team for next week's NCAA championships in Pullman, Wash.

The Hoyas placed four runners in the top 30, led by Jim Peterson's second straight third-place finish. He was followed by Kevin Byrne, the first freshman to finish, in ninth position; Dave Dobrzynski, 19th, and another freshman, Steve Ferri, 29th.

Massachusetts' top four runners were Stetson Arnold, fifth; Mike Quinn, sixth; Lou Panaccione, 20th, and Tom Wolff, 44th.

The difference was in the performance of the fifth and final scorer. Massachusetts' Mike Morris finished 48th, while Chris Neilson of Georgetown was in 69th place, enough of a difference to give Massachusetts its first team win since 1974.

Neilson had been running among the top 30 early in the race but took a bad fall at the two-mile mark and ran the rest of the way with bruises and a muscle strain.

"Despite that bad break, I was very pleased with our overall performance," said Georgetown coach Joe Lang, whose team is the only one to have finished in the top four each of the last four years.

"We knew our top three would run well, but we received excellent performances from Ferri and Neilson, who ran a gutsy race after a bad fall."

John Flora of Northeastern took individual honors as he passed Peterson at the four-mile mark and finished in 24:17.0 Army's Curt Alitz, last year's champion, was second in 24:23.6, and Peterson third, 24:27.7 Peterson and Alitz set the pace for the first four miles before Flora overtook the pair at "Cemetery Hill," a steep rocky hill at the four-mile point of the 5.6-mile course in the Bronx.

"I had no particular strategy, but I did let Alitz and Peterson control the tempo of the race," said Flora, who was second last year. "I knew that if I could stay with them until the hills, I would have a chance; then I gained my advantage in the hills."

Navy's top finisher was Charles Hautau in 37th place with a time of 25:45.5 Rounding out the Mid top five were Eli Khouri, 51st; Mark Donohue, 58th; Joe Soggs, 71st, and Peter Tatro, 112th.

# Rutgers fourth in IC4A race

NEW YORK—John Flora of Northeastern University waited until he was feeling just right and then blew by defending champion Curt Alitz of Army to complete the five-mile Van Cortlandt Park course in 24:17 and win the 69th annual ICAAAA Cross Country Championships yesterday.

At the three-mile mark, Flora trailed Alitz and Jim Peterson of Georgetown, but kicked past the pair in the final mile to finish way ahead of Alitz (24:23), and Peterson (24:27).

"I just stayed them," Flora explained after the race, "and said to myself that whenever I feel good I'll go by them."

While Flora was feeling pretty good about everything, Rutgers coach Les Wallack was not.

Wallack had not been afraid to say before the meet that he thought his undefeated team had a good chance of winning the race, but the Scarlet Knights looked flat and finished fourth with 182 points.

The team title went to the University of Massachusetts with 123 points, just six less than second place Georgetown, which finished with 129.

Third place went to Villanova with 142.

"We should have won it," admitted Wallack flatly. "I don't know what went wrong."

While Rutgers improved on its ninth-place finish last year and easily qualified for the NCAA championship in Spokane, Washington, Wallack was anything but satisfied with the performance of his team.

"We didn't go out hard. We weren't in our spot," said Wallack. "We needed to have a couple of low numbers and we didn't have them."

The first Rutgers man across the line was sophomore Ed Taylor of Edison, who finished 27th overall with a time of 25:29.

"We ran better back in September," Wallack lamented.

While Rutgers did manage to qualify for the NCAA meet as a team, Ray Cerankowski, a Seton Hall senior from Sayreville managed to qualify as an individual, finishing 23rd overall in a time of 25:22.

The top six District II teams and the first six individuals from the lower placing teams in the IC4A's qualify for the NCAA meet.

Cerankowski's finish made him the fifth individual from the district and earned him a trip to Washington next week.

"I started out slow," said Cerankowski as he waited for the official results. "I started moving up on the first hill. I started running over tress, bodies, anything to move up. You don't think about it, you just do it."

Finishing behind Peterson was Dean Stephens of Dartmouth, and then Arnold Stetson and Mike Quinn took fifth and sixth, respectively, to pace the UMass win.

"Alitz and Peterson fought each other the whole way," explained Flora, who finished second to Alitz last year. "They just beat each other more than I beat them. I was just leaching off of them."

Several athletes and coaches voiced complaints concerning the cancellation of the Metropolitan championships last Tuesday because of the rain, leaving many runners from the schools involved with a three-week vacuum between their last race and yesterday's event.

"I think that not racing in three weeks had an effect on us all," said Cerankowski. "After a layoff like that you just can't be as sharp as you should be."

"I don't know if that had anything to do with it," said Wallack in reference to the postponement of the Mets. "Obviously something is wrong, though. We didn't run well here last year and then we went down to the NCAA's and beat everybody that beat us here."

The University Division race proved to be just another workout for Fairleigh Dickinson, as John Steeds led teammates Paul Marzan, Ed Brennen, and Barry Nelson to a sweep of the first four places and a 24 point total for the win.

Steeds, Marzan, and Brennen all came through the chute in 25:06, while Nelson took fourth in 25:29.

Second place in the team standing went to Bates with 54, while Delaware took third with a total of 118.

Brandeis was equally impressive in winning the College Division race, sweeping the first three places for a score of 72, well ahead of Lowell's 113.

Leading Brandeis was Dom Finelli with a 25:39. Second place went to Buddy Bostick, while John Forster took third.

It was the first appearance for Brandeis in the IC4As in three years.



# Marist takes 3rd at IC4A's

NEW YORK— Marist finished third out of 20 teams Monday in the college division of the IC4A cross country championships at Van Cortlandt Park.

The Red Foxes, led by Bob Coufal's 10th place finish, had 113 points. Coufal covered the five-mile course in 26 minutes, 14 seconds. Over 130 runners competed in the 69th annual race.

Brandeis (Mass.) University captured the college division team title with 68 points. Dom Finelli of Brandeis was the individual race winner with a time of 25:39.4.

Lowell (Mass.) finished second with 103 points. The University of Rochester followed Marist with 115 points and Plattsburgh State rounded out the top five with 116 points.

Matt Cole was Marist's second best runner, finishing 18th in 26:36. Jerry Scholder, usually the Red Foxes top runner, placed 20th with a time of 26:38. He is suffering from a mild case of mononucleosis.

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## Collegiate cross country

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Other Marist finishers included Paul Welsh, who was 30th in 26:59, and Dennis O'Doherty who placed 45th in 27:14.

Marist head coach Rich Stevens said this was the team's best race of the year. He also said this was Marist's best finish in the three years the Red Foxes have competed. Last year Marist finished 13th.

John Flora of Northeastern University, second to Kurt Alitz of Army in last year's race, turned the tables on the West Point senior and captured the open division.

Flora, a senior, registered a 30-yard victory over Alitz in 24:17. James Peterson of Georgetown was third, another 20 yards off the pace, in 24:27.7.

Dean Stephens of Dartmouth was a distant fourth in 24:39.3, while Stetson Arnold of Massachusetts was fifth in 24:43.1.

Arnold's fifth-place performance set the stage for the Minutemen to win the team title for the second time in the history of the meet. Massachusetts won for the first time in 1974 and had 123 points Monday to edge Georgetown, which scored 128.

Villanova 142, Rutgers 181 and St. John's 188 completed the top five. Northeastern was sixth with 209, while Harvard, the defending champion, was 25th and last with 537 points.

Paul Steds an 18-year-old freshman from Toronto, led Fairleigh Dickinson to the University Division title by winning that race in 25:06.1.

The Knights finished with 24 points followed by Bates (54) and Delaware (118).