

1st IC4A Women's XC Championships
Saucon Valley Fields, Bethlehem, PA
November 13, 1982

WOMEN

1, Lynn Jennings, Princeton, 17:12.8. 2, Doreen Startare, Penn State, 17:15.8. 3, Heather Carmichael, Penn State, 17:21.7. 4, Jan Yerkes, Villanova, 17:27.0. 5, Mary Ellen McGowan, Villanova, 17:32.9. 6, Judy Ruff, Princeton, 17:43.4. 7, Desiree Scott, Rutgers, 17:44.0. 8, Heidi Gerkan, Penn State, 17:46.8. 9, Natalie Updegrove, Penn State, 17:53.9. 10, Alicia Hauber, Syracuse, 17:54.2. 11, Sue Miley, Penn State, 17:56.1. 12, Jody Campbell, Delaware, 17:58.9. 13, Monique Purcell, Penn State, 18:01.3. 14, Paula Renzi, Penn State, 18:01.7. 15, Sarah Munro, Rutgers, 18:03.4.

TEAM SCORING

1. Penn State 33; 2. Princeton 70; 3. Villanova 76; 4. Rutgers 119; 5. Penn 177.

In the first-ever Intercollegiate Association of Amateur Athletes of America women's race, Princeton's Lynn Jennings outkicked Penn State's Doreen Startare in the last 25 yards, to capture the 5,000-meter event in 17 minutes, 12.8 seconds.

Penn State Takes Crown

Penn State placed all seven of its runners in the top 14 yesterday to win the women's division of the NCAA District 2 cross country championship meet at Lehigh.

Coach Gary Schwartz's Lady Lions finished with 33 points to top second-place Princeton with 70.

Princeton standout Lynn Jennings was the individual winner, covering the 5,000-meter course in 17:12.8.

The next two over the finish line were Lady Lions, Doreen Startare in 17:15.8 and Heather Carmichael in 17:21.7.

The team victory qualified Penn State for the NCAA championships Nov. 22 in Bloomington, Ind.

"The whole team was within 45 seconds of each other," Schwartz said. "Jennings, Desiree Scott from Rutgers, Doreen and Heather ran in a pack most of the way. Doreen took the lead with 600 yards to go, but Lynn outkicked her with about 100 yards left."

The top 15 finishers earned All-District honors.

Brendan Quinn of Providence College and Lynn Jennings of Princeton University grew up in such conditions, he in Waterford, Ireland, she in Harvard, Mass. Aspiring runners, they learned to fight the elements, especially the wind. Yesterday, at Lehigh's Saucon Fields, they passed those severe tests.

Quinn, charging ahead as many of his opponents choked for air in the force of a cold mini-gale, ran to a 16-second victory over roommate and fellow Irishman Rich O'Flynn to win the 10,000-meter IC4A cross-country championship in 29 minutes and 43 seconds.

Forty-eight minutes later Jennings kicked strongly into the teeth of that same gale down the stretch to beat out Doreen Startare of Penn State in the women's 5,000-meter District II NCAA qualifying run in a record 17:12.8. Startare was exactly three seconds back.

The women's race was the more exciting, with Jennings, Startare and Penn State's Heather Carmichael waging a tight battle most of the way. Carmichael, the winner of the Paul Short run, had a slight edge at the two-mile mark.

"With about a half-mile to go, it was the two Penn Staters and myself running shoulder to shoulder," Jennings said. "Carmichael jumped ahead by about two steps then and we stayed that way for about 200 yards. Then I sprinted in and won.

"I don't know if they (Carmichael and Startare) couldn't go because of the wind, but neither of them sprinted with me."

Jennings said the victory was not her biggest because she has competed nationally since she was 14, but beating Carmichael was a personal achievement. "She beat me earlier in the year when I had anemia," she said. Obviously she doesn't have it now.

How did she get into running in the first place. "I was in 9th grade and had a choice between field hockey and running. I chose running."

Women Qualify Two

By BEVERLY REILLY

In the NCAA Regional Cross Country Championships, last Saturday, two women harriers earned a ticket to the National Meet in Bloomington, Ind.

Newcomer Jan Yerkes ran a competitive race to take fourth place and to qualify for Nationals.

Only seconds later, MaryEllen McGowan crossed the finish line to place fifth and to accompany Yerkes to Nationals this weekend. McGowan has exhibited some fine performances this season; however, this race was a true indication of the sophomore's tremendous amount of strength and determination.

McGowan remarked, "I really felt good from the start of the race.

I don't know what it was, but I didn't feel tired at all. I was determined to place well."

For the first time in NCAA Division I competition, the women team did very well. Villanova took third place with 76 points. However, only the top two teams qualified, Penn State with 33 and Princeton with 70.

Freshmen, Vicky Brown, Nancy Fleming and Joanne Kehs scored by placing 17th, 23rd and 27th respectively. While teammate Beverly Reilly and EvaMarie Berardi followed by taking 29th and 31st places.

Although the team missed qualifying by six points, their team effort should be commended.