

76<sup>th</sup> IC4A XC Championships  
Mountain Manor Golf Course, Marshalls Creek, PA; Saucon Valley Fields, Bethlehem, PA  
October 30, 1984; November 10, 1984

### CHAMPIONSHIP

November 10, 1984

1. Richard O'Flynn, Providence	29:49.4
2. Andrew Ronan, Providence	30:09.6
3. James Sapienza, Dartmouth	30:10.9
4. Kevin King, Georgetown	30:17.6
5. John Clopeck, Boston Coll.	30:24.4
6. J.P. Ndayisenga, W.Va.	30:25.8
7. Paul Gompers, Harvard	30:26.5
8. Ron Harris, Navy	30:30.3
9. Anthony O'Reily, Villanova	30:30.5
10. Frank McConville, Georgetown	30:31.3
11. Paul Partridge, Boston U.	30:31.9
12. Clifford Sheehan, Harvard	30:35.9
13. Steve Kogo, FDU	30:39.9
14. Michael Fadil, Dartmouth	30:41.7
15. Pat Gillouly, Boston U.	30:49.9

**Penn State's placers:** 22. Eric Carter, 31:06; 34. Paul Mackley, 31:22; 39. Clark Haley, 31:26; 44. Bob Hudson, 31:33; 47. Steve Shisler, 31:39.

### Team Scoring Leaders

1. Providence, 88; 2. Dartmouth, 166; 3. Boston College, 174; 4. Georgetown, 176; 5. Boston University, 180; 6. Penn State, 186; 7. Navy, 196; 8. Northeastern, 205; 9. West Virginia, 220; 10. Harvard, 251; 11. Fairleigh Dickinson, 252; 12. Iona, 296.

1984 IC4A COLLEGE CROSS COUNTRY CHAMPIONSHIPS

Mountain Manor Golf Course  
Marshall's Creek, Pa.

Tuesday, October 30, 1984

5.0 miles, grass, two large hills

Course Record - 25:02.8 Brian Ferrari (California U. of Pa.) 1983

Legend

Adelphi-A  
Albany State-AS  
Brandeis-B  
Colgate-C  
East Stroudsburg-ES  
Glassboro-G

Haverford-H  
Lowell-L  
Millersville-Mill  
Monclair-Mont  
New York Tech-NYT  
St. Peters-SP

Philadelphia Textile-PT  
Stony Brook-SB  
Tufts-T  
U.S. Merchant & Marine-USMM  
William & Mary-WM

Place	Team	Name (School)	Time
1.		Ken Halla(WM)	25:07
2.	1.	Misa Fossas(B)	:52
3.	2.	Mark Beeman(B)	:52
4.	3.	Steve Burbridge(B)	26:26
5.	4.	Don Deckert(G)	:31
6.	5.	Edwin McGill(AS)	:32
7.	6.	Chris Cameron(B)	:42
8.		George Delavega(SP)	:53
9.	7.	John Montgomery(G)	:54
10.	8.	James Erwin(AS)	:59
11.	9.	Joe O'Connor(C)	27:02
12.		Kevin Barry(NYT)	:03
13.	10.	Dave Langdon(B)	:06
14.	11.	Mike Woodman(L)	:08
15.	12.	Ian Clements(AS)	:14
16.	13.	Steve Brown(SB)	:18
17.	14.	Jim Lauck(G)	:20
18.	15.	Robert Pyott(G)	:22
19.	16.	A.J. Bruder(G)	:22
20.	17.	Neal Durant(C)	:30
21.	18.	John McKenna(L)	:37
22.	19.	Gerry O'Hara(SB)	:42
23.	20.	Jason Cakouros(L)	:44
24.	21.	Chuck Bronner(AS)	:45
25.	22.	Jamie Welborn(PT)	:46
26.	23.	Tim Sterling(C)	:46
27.	24.	Andy Moxey(Mill)	:50
28.	25.	Chris McHugh(PT)	:52
29.	26.	Chris Callaci(AS)	:53
30.	27.	Dan Riconda(SB)	:54
31.	28.	John Cotter(L)	:55
32.	29.	Steve Sheerin(L)	:56
33.	30.	Tim Hoff(AS)	28:01
34.	31.	John Meighan(PT)	:02
35.	32.	Chris Sheperdson(C)	:04
36.	33.	Charles Ropes(SB)	:05
37.	34.	Mike Salvon(B)	:10
38.	35.	Jon Pahta(SB)	:14
39.	36.	Thomas Trace(USMM)	:15
40.	37.	Craig Parlato(AS)	:28

<u>Place</u>	<u>Team</u>	<u>Name (School)</u>	<u>Time</u>
41.	38.	Mike Desrochers(L)	28:37
42.		Emanuel Mendez(SP)	:42
43.	39.	Rod Kiser(Mill)	:46
44.	40.	John Brandon(Mill)	:47
45.	41.	Andrew Hart(G)	:52
46.	42.	Steven Baylor(Mill)	29:00
47.	43.	Mark Shumate(PT)	:04
48.	44.	Roger Cressey(L)	:06
49.	45.	Ken Hidu(USMM)	:08
50.	46.	Robert Rutherford(USMM)	:10
51.	47.	Gary Paperno(SB)	:15
52.		Bob Mahoney(SP)	:18
53.		Bill Valladares(SP)	:22
54.	48.	John Groff(Mill)	:24
55.	49.	Scott Awander(C)	:27
56.	50.	Jeff Devilbliss(USMM)	:37
57.	51.	William Muthig(USMM)	:51
58.	52.	Tom Bligh(C)	30:11
59.	53.	Dan Shilliday(USMM)	:22
60.	54.	Bret Lynch(C)	:37
61.	55.	Paul Soresen(PT)	31:11
62.	56.	Gerry Waddington(PT)	:36
63.	57.	Kevin Thompson(PT)	32:22
64.		John Locke(ES)	33:22

### Team Scoring

1. Brandeis	22	1-2-3-6-10	34
2. Glassboro State	56	4-7-14-15-16	41
3. Albany State	72	5-8-12-21-26	30-37
4. Lowell	106	11-18-20-28-29	38-44
5. Stony Brook	127	13-19-27-33-35	45
6. Colgate	130	9-17-23-32-49	52-54
7. Phila. Textile	176	22-25-31-43-55	56-57
8. Millersville	193	24-39-40-42-48	
9. USMM	228	36-45-46-50-51	53
10. ST. PETER'S INC.		TUFTS	DNC
N.Y. Tech INC.		MONTECLAIR	DNC
W.M. & HARY INC.		MAVERFORD	DNC
E. STROUSSBURG INC.		ADELPHI	DNC

# *Friars capture title meet*

From The Record's wire services

BETHLEHEM, Pa. — Richard O'Flynn and Andrew Ronan turned in a 1-2 finish yesterday as Providence won the IC4A cross-country championship on the 10,000-meter course at Lehigh University's Saucon Valley Fields.

O'Flynn finished the course in 29:49.4, followed by Ronan in 30:09.6, as the entire Providence team qualified for the Nov. 19 NCAA cross-country meet at Penn State.

Also qualifying for the championships from the NCAA's Region 1 was the Boston College team. Three teams qualified for the national championships from Region 2 — Penn State, Georgetown, and Navy.

Individuals on other teams who qualified for the national meet were James Sapienza of Dartmouth, Paul Gompers of Harvard, Paul Partridge of Boston University, Jean-Pierre Ndayisenga and Joseph Wangogi of West Virginia, Anthony O'Reily of Villanova, Steve Kogo of Fairleigh Dickinson, and Conor Boyle of Manhattan.

The IC4A standings, compiled independently of the NCAA regional qualifying, had Providence first with 88 points, Dartmouth second with 166, and Boston College third with 174.

Rounding out the top 10 IC4A finishers were Georgetown, Boston University, Penn State, Navy, Northeastern, West Virginia, and Fairleigh Dickinson.

A total of 314 runners from 45 schools in the Middle Atlantic states and New England competed in the meet.



BETHLEHEM, Pa. (AP)

— Richard O'Flynn and Andrew Ronan turned in a 1-2 finish this weekend as Providence won the IC4A cross country championship meet on the 10,000-meter course at Lehigh University's Saucon Valley Fields.

O'Flynn finished in 29:49.4, followed by Ronan in 30:09.6, as the entire Providence team qualified for the Nov. 19 NCAA cross country meet at Penn State.

Also qualifying for the championships from the NCAA's Region 1 was the Boston College team. Three teams qualified for the national championships from Region 2 — Penn State, Georgetown and Navy.

Individuals not on those teams who qualified for the national meet were James Sapienza of Dartmouth, Paul Gompers of Harvard, Paul Partridge of Boston University, Jean-Pierre Ndayisenga and Joseph Wangogi of West Virginia, Anthony O'Reily of Villanova, Steve Kogo of Fairleigh Dickinson and Conor Boyle of Manhattan.

The IC4A standings, compiled independently of the NCAA regional qualifying, had Providence first with 88 points, Dartmouth second with 166 and Boston College third with 174.

## Sapienza Qualifies For NCAA Meet

Jim Sapienza will be competing in the NCAA Championship next week, but it appears the rest of the Dartmouth men's cross country team will be staying home.

Sapienza placed third in the individual standings at the IC4A Championship at Bethlehem, Pa. Saturday. He covered the 10,000-meter course in a time of 30:10.9.

As a team, Dartmouth narrowly missed qualifying for the NCAA Championship to be held Nov. 19 at Penn State. The top two teams from New England are eligible for the NCAA meet and Dartmouth placed third. Providence was the team winner Saturday with 51 points and Boston College was second with 79. Dartmouth had 82.

Providence's Richard O'Flynn was the individual winner in 29:49.4 and teammate Andrew Ronan captured second in 30:09.6.

Dartmouth's Michael Fadil was eighth in New England and 14th overall, posting a time of 30:41.7. The Big Green's Marcel Gauthier (31:22.1) was 42nd overall and 21st in New England. Frank Powers (31:35.0) captured 45th overall and 22nd in New England. Ernie Ezis (31:52.8) was Dartmouth's final scorer in 62nd place overall and 28th in New England.

The IC4A meet included 43 teams and more than 350 runners.

# Cross Country to Providence

BETHLEHEM, Pa. (AP) — Richard O'Flynn and Andrew Ronan turned in a 1-2 finish Saturday as Providence won the IC4A cross country championship meet on the 10,000-meter course at Lehigh University's Saucon Valley Fields.

O'Flynn finished the course in 29:49.4, followed by Ronan in 30:09.6, as the entire Providence team also qualified for the Nov. 19 NCAA cross country meet at Penn State.

Also qualifying for the championships from the NCAA's Re-

gion 1 was the Boston College team. Three teams qualified for the national championships from Region 2 — Penn State, Georgetown and Navy.

Individuals not on those teams who qualified for the national meet were James Sapienza of Dartmouth, Paul Gompers of Harvard, Paul Partridge of Boston University, Jean-Pierre Ndayisenga and Joseph Wangogi of West Virginia, Anthony O'Reilly of Villanova, Steve Kogo of Fairleigh Dickinson and Conor Boyle of Manhattan.

## Bucknell runners 12th in IC4As

BETHLEHEM — Bucknell tied for 12th among 49 teams in the IC4A cross country championships of Districts 1 and 2 combined. The top five teams and point totals were as follows; 1. Providence, 88; 2. Dartmouth, 166; 3. Boston College, 174; 4. Georgetown, 176; 5. Boston University, 180.

In District 1 alone, the Bisons

placed 6th with 174 points. Penn State was 1st with 95, followed by Georgetown with 99, Navy with 103, West Virginia with 122 and FDU with 141. Bucknell scorers and their places were: 25th, Brian Harshman; 53rd, Steve Branch; 54th, Charles Cole; 76th, Ray Sullivan; and 86th, Mark Floyd.

# Providence's O'Flynn wins second time

Providence (R.I.) College seems to have taken over Villanova as the team with the so-called "Irish pipeline," as senior Rich O'Flynn cruised to his second straight IC4A cross-country individual championship and led the Friars to the team title at Lehigh University's Saucon Fields yesterday.

The meet also served as the regional qualifier for the upcoming NCAA Championship meet to be held at Penn State on Nov. 19.

O'Flynn was clocked in 29 minutes, 49.4 seconds over the rugged 10,000-meter (6.2-mile) course, 20 seconds ahead of runnerup and teammate Andrew Ronan (2nd, 30:09.6), Dartmouth's Jim Sapienza was third (30:10.9). O'Flynn surged to the lead shortly after the mile mark (passed in 4:40) and whipped through two-miles in 9:15. But he couldn't shake some early company such as Jean-Pierre Ndayisenga of West Virginia and Sapienza.

"I tried to break them several times and just couldn't," said O'Flynn in slight brough that marks

him as a native of County Cork, Ireland. "I thought they were going to sit and outkick me. Finally, on the last uphill (about four and one-half miles into the race) I gave it one more try and did it."

At the end, O'Flynn ran the last mile comfortably, saving something for the upcoming NCAA meet. In addition to O'Flynn and Ronan, Providence put three more men in the top 40 (close to 300 runners competed) to finish first.

Other teams qualifying for the NCAA meet included Boston College, Dartmouth, Penn State, Georgetown, and Navy. Navy edged West Virginia for the last Region II spot, although the Mountaineers came in figuring to be in the team hunt. Former Upper Perkiomen state champion Mike Connelly ran for the West Virginia varsity, but faded after the opening mile and finished back in the pack. Connelly, one of WVU's top five all season, has been suffering from a recent illness that no doubt hampered his performance.

The top Lehigh finishers were John Marian (74th) and Ed Kehoe (92), while Lafayette's Jeff Parker was 84th in the total IC4A field. Lehigh finished 27th out of 43 teams, while Lafayette was 31st.

# Glassboro State finishes 2d

MARSHALL'S CREEK, Pa. — Glassboro State College finished runner-up for the IC4A College Division cross-country championship for the fifth straight year yesterday at Mountain Manor Country Club.

Brandeis, the No. 1 team in the National Collegiate Athletic Association (NCAA) Division III rankings, took its fourth consecutive title when it finished with 22 to top the Profs, 56, and Albany State, 72.

Ken Halla of William and Mary won the individual championship when he covered the five-mile course in 25:07. He was followed across the finish line by Brandeis runners Misa Fossas, Mark Beeman and Steve Burbridge.

Glassboro, which is ranked sixth in Division III, was led by Don Deckert, former Oakcrest High School standout

who came in fifth with 26:31. The Profs were hurt when Deckert's twin brother, Ron, the team's leader in many races, suffered a hamstring pull running up a steep hill about a mile and

a half from the start and was ordered to drop from the competition by Coach Bill Fritz.

"I didn't want Ron to risk a real serious injury by continuing," stated Fritz. "We have the NCAA Mid-East regional coming up next week and we couldn't have beaten Brandeis even if Ron had finished among the top five."

In addition to Don Deckert, Glassboro had John Montgomery place ninth, 26:54; Steve Lauck, 17th, 27:20; Bob Pyott, a Cumberland product, 18th, 27:22, and A.J. Bruder, 19th. Montgomery, Lauck and Pyott are sophomores.

"Montgomery, Lauck and Pyott had excellent races and I was pleased by the way the guys packed so well," stated Fritz, whose team also is ranked No. 1 in the Mid-East region. "It was a

good meet for us considering Brandeis' ranking and the fact Albany State is the No. 1 team in the New York region."

Don Deckert, who has sophomore eligibility, and Montgomery earned All-East honors by finishing among the top 10 runners.

"Our guys went out to slow because they were concerned about that hill in the early going," Fritz said. "Deckert and Montgomery moved up, but the others got trapped. We wanted to win, but we had a group of sophomores place second to a very good team and we came away with two All-East runners."

Glassboro, which won an 11th straight New Jersey State Athletic Conference title this year, won't see action again until the Mid-East meet Nov. 10 in Fort Indiantown Gap, Pa.



# Lions Best in District 2

Penn State's cross country team, absent from the last two NCAA men's meets, qualified for the upcoming championship meet by winning District 2 honors at Lehigh's Saucon Valley Course yesterday.

The Lions, who will be the host team for the annual national showdown a week from tomorrow, scored 95 points and edged Georgetown for the district title as freshman Eric Carter placed 22nd.

Providence, meanwhile, won District 1 and IC4A honors as Rich O'Flynn and Andy Ronan finished 1-2 in the 10,000-meter race.

Penn State placed sixth in the IC4A meet, scoring 186 points. Providence had 51 in winning districts and a berth in the NCAA meet next Monday. The Friars had 88 in winning the IC4A title.

Carter was timed in 31:06, with Paul Mackley 34th in 31:22, Clark Haley 39th in 31:26, ex-State High runner Bob Hudson 44th in 31:33 and Steve Shisler 47th in 31:39.

In District 2 scoring, Carter was

ninth followed by Markley 18th, Haley 20th, Hudson 23rd and Shisler 25th.

Mark Overheim (58th overall in 31:50 and 33rd in District 2) and Rick McGarry (140th in 32:54 and 88th, respectively) also ran for Coach Harry Groves' team.

"This has to be one of the biggest upsets of all time," Groves said. "We had a 33-second grouping. West Virginia just self-destructed. They were all spread out."

West Virginia, ranked among the top 10 all season, beat the Lions on numerous occasions this fall. But the Lions rose to the occasion yesterday and turned back Georgetown (99), Navy (103) and WVU (122). Bucknell was sixth in District 2 with 174 points.

"It was a real hodge-podge," Groves continued. "Dartmouth was second in the IC4As with 166, but they lost out to Boston College (79

to 82) in the race for the NCAA at-large bid in District 1. We were sixth in the IC4A meet, but we qualified for the NCAAs."

Penn State also dominated the B race, scoring 32 points. Steve DeTuerk, former State High runner, was second in 32:11.

"We have a good team," Groves said. "We think we can do well Nov. 19. I felt we had good preparation."

Other district qualifying meets were held yesterday and some of the winners included Wisconsin's men and women in District 4, Iowa State's men and Kansas State's women in District 5, Houston's women and Arkansas' men in District 6, BYU's men and women in District 7 and Arizona's men and Stanford's women in District 8.

In the District 3 meet at Greenville, S.C., Virginia's men outscored Tennessee, 87-98, for top honors and the N.C. State women beat Clemson, 60-81. Individual winners were Doug Tolson of Tennessee and Shelly Steely of Florida.