68th IC4A Championships Princeton Univeristy, Princeton, NJ March 3-5, 1989

55 METER DASH

1. Raghib Ismail, Notre Dame, 6.34; 2. Salaam Gabria, Villanova, 6.35; 3. Clay Stackhouse, Navy, 6.38; 4. Maury Bonner, Holy Cross, 6.39; 5. Willie McNeill, East Carolina, 6.39; 6. Antonio Johnson, Syracuse, 6.44; 7. Vincent Smith, Princeton, 6.46; 8. Rusty Setzer, Notre Dame, 6.47.

200 METERS

1. Michael Timpson, Penn State, 21.59; 2. Clay Stackhouse, Navy, 21.69; 3. Salaam Gabria, Villanova, 21.85; 4. Patrick O'Connor, George Mason, 21.95; 5. Wayne Seaton, Fordham, 21.99; 6. Brian Irving, East Carolina, 22.03; 7. Donald Thrower, Maryland, 22.08; 8. Rusty Setzer, Notre Dame, 22.11.

400 METERS

1. Donald Thrower, Maryland, 47.92; 2. Chris Brown, Georgetown, 48.48; 3. David Price, Pittsburgh, 48.51; 4. Efrem Venters, Navy, 49.16; 5. Sherwin Sterling, C.W. Post, 49.19; 6. Redmond Palmer, Seton Hall, 49.52; 7. David Sheppard, Delaware, 49.63; Walter McCall, Manhattan, finished 6th at 49.30 but was disqualified - running out of lane.

500 METERS

1. Bruce Phillip, Manhattan, 1:01.49; 2. Steve Neal, Manhattan, 1:03.52; 3. Harold Rollins, Seton Hall, 1:03.94; 4. Gable Barmer, Seton Hall, 1:03.97; 5. Shawn Vass, George Mason, 1:04.02; 6. David Jones, Seton Hall, 1:04.30; 7. David Rusnock, Central Connecticut, 1:04.68; 8. John Waggoner, William & Mary, 1:05.43; 9. Yan Searcy, Notre Dame, 1:05.62; 10. Greg Meeropol, Georgetown, 1:06.73.

800 METERS

1. Paul Rowbotham, Villanova, 1:50.08; 2. David Moore, Pittsburgh, 1:50.98; 3. Ernest Barrett, George Mason, 1:51.32; 4. Keefe Clemons, Princeton, 1:51.67; 5. Howard Jackson, Villanova, 1:52.89; 6. Terrence Dugan, Boston College, 1:53.10; 7. Robert Campbell, William & Mary, 1:53.38; 8. John Trautmann, Georgetown, 1:55.32.

1,000 METERS

1. Elton Lewis, C.W. Post, 2:25.62; 2. John Cook, George Mason, 2:25.93; 3. Paul Gambrah, George Mason, 2:25.94; 4. Paul Vandegrift, William & Mary, 2:26.31; 5. Quentin Howe, Villanova, 2:27.28; 6. Mark Anderson, Penn State, 2:28.36; 7. Jose Barros, F.D.U., 2:31.4; - David Warth, Notre Dame, D.N.S.

ONE MILE

 Brad Schlapak, Northeastern, 4:07.55; 2. William Rathburn, Cornell, 4:10.74; 3. John Duggan, Providence, 4:10.74; 4. Jan Friedli, Villanova, 4:12.77; 5. William Burke, Princeton, 4:12.83;
Doug Walter, Penn State, 4:12.89; 7. Steve West, Bucknell, 4:12.99; 8. Mark Manley, Georgetown, 4:15.40.

3,000 METERS

1. Dan Garrett, Notre Dame, 8:18.12; 2. Ken Frazier, Penn State, 8:19.97; 3. John Schwab, LaSalle, 8:20.27; 4. Niall Murphy, Providence, 8:20.34; 5. Ryan Cahill, Notre Dame, 8:23.95; 6. Pete Sherry, Georgetown, 8:24.69; 7. Raymond Pugsley, Dartmouth, 8:24.92; 8. Mike Donahue, Georgetown, 8:28.00; 9. George Grant, Boston College, 8:29.88.

5,000 METERS

1. Ron Markezich, Notre Dame, 14:11.85; 2. Joseph Lemay, Princeton, 14:15.12; 3. Eric Lukens, Cornell, 14:28.94; 4. Brian Lenihan, Dartmouth, 14:34.30; 5. Michael Pieroni, Boston College, 14:35.67; 6. Tom O'Rourke, Notre Dame, 14:36.95; 7. Richard Beaver, Dartmouth, 14:39.70; 8. David Burke, Providence, 14:52.65; 9. Brian Laird, Penn State, 14:58.57; 10. Chris Bianchi, Northeast, 14:59.1.

55 METER HURDLES

1. Eric Cannon, Pittsburgh, 7.32; 2. Qadry Ismail, Syracuse, 7.41; 3. Brett Shields, Pittsburgh, 7.53; 4. Kevin McQueen, Syracuse, 7.54; 5. Andrew Dean-Neil, Seton Hall, 7.57; 6. Wayne Detmer, Yale, 7.59; 7. Bart Bailey, F.D.U., 7.60; 8. Charles Lackey, Rider, 7.61.

4 x 440 YARD RELAY

Seton Hall, 3:14.91; 2. Manhattan, 3:15.04; 3. George Mason,
3:20.89; 4. Boston University, 3:20.98; 5. Maryland, 3:21.87;
6. Pittsburgh, 3:22.33; 7. Navy, 3:22.54; 8. New York Tech,
3:29.2.

Seton Hall 3:14.91 (Palmer 49.2, Licorish' 49.5, Rollins 48.1, Barmer 48.1) 4 x 880 YARD RELAY

1. George Mason, 7:34.72; 2. Yale, 7:35.18; 3. Rutgers, 7:37.71; 4. Georgetown, 7.38.78; 5. Pittsburgh, 7:39.08; 6. Penn State, 7:40.57; 7. Iona, 7:50.60.

DISTANCE MEDLEY RELAY

1. Georgetown, 9:54.07; 2. Manhattan, 9:56.59; 3. St. John's, 9:56.79; 4. Dartmouth, 9:57.50; 5. Fordham, 9:58.16; 6. Notre Dame, 10:03.56; 7. Navy, 10:14.20; 8. Connecticut, 10:21.28.

HIGH JUMP

1. Tony Barton, George Mason, 2.18; 2. Charles Forlidas, Princeton, 2.15; 3. Zondra Thompson, St. John's, 2.10; 4. Timothy Corbitt, Connecticut, 2.10; 5. Terrence Ferguson, Brown, 2.10; 5. Bill Pearson, Rider, 2.10.

POLE VAULT

1. John Finney, Maryland, 5.29; 2. Mark Murphy, Brown, 4.88; 3. Mark Allgeri, Penn State, 4.88; 4. Tom Kleban, Penn State, 4.88; 5. Adolph Brown, William & Mary, 4.75; 5. James Way, Yale, 4.75.

LONG JUMP

1. Vincent Smith, Princeton, 7.55; 2. Alfred Dyer, Princeton, 7.51; 3. Eugene Koranteng, George Mason, 7.46; 4. Keith Davis, New Haven, 7.30; 5. Michael Timpson, Penn State, 7.28; 6. Wayne Detmer, Yale, 7.20.

TRIPLE JUMP

1. Eugene Koranteng, George Mason, 15.42; 2. Tom Mowatt, Georgetown, 15.36; 3. Harold Terrell, Navy, 15.32; 4. Tony Barton, George Mason, 15.21; 5. Richard Hall, Penn State, 15.14; 6. Mark Thompson, Brown, 15.13.

SHOT PUT

1. C.J. Hunter, Penn State, 19.19; 2. Ralph Tamm, Iona, 17.33; 3. Phil Caraher, Penn State, 16.83; 4. Andrew Cary, Connecticut, 16.80; 5. Herbert Anderson, Dartmouth, 16.79; 6. Robert Sehnert, Navy, 16.71.

35 LB. WEIGHT THROW

1. Simon Linscheid, Iona, 19.78; 2. Charles Bailey, Navy, 19.54; 3. Tony Washington, Syracuse, 19.33; 4. Daniel Ford, Dartmouth, 18.98; 5. Robert Allen, Rhode Island, 18.70; 6. Chris Hall, Syracuse, 18.00.

FINAL TEAM STANDINGS

1. George Mason, 72; 2. Penn State, 65; 3. Princeton, 40; 4. Notre Dame, 34; 4. Manhattan, 34; 6. Navy, 33; 7. Georgetown, 32; 7. Villanova, 32; 9. Pittsburgh, 31; 10. Dartmouth, 24; 10. Seton Hall, 24; 12. Maryland, 22; 13. Iona, 18; 14. Syracuse, 16; 15. Cornell, 14; 16. C.W. Post, 12; 16. St. John's, 12; 18. Yale, 11.5; 19. Brown, 10.5; 20. Northeastern, 10; 20. Providence, 10; 22. Rutgers, 8; 22. Connecticut, 8; 24. F.D.U., 6; 24. LaSalle, 6; 26. William & Mary, 5.5; 27. Bentley, 4; 27. New Haven, 4; 27. Holy Cross, 4; 27. Fordham, 4; 27. Boston University, 4; 32. Boston College, 3; 32. East Carolina, 3; 34. Rhode Island, 2; 35. Rider, 1.5.