10th ECAC XC Championships Lehigh University, Bethlehem, PA November 16, 1991

CHAMPIONSHIP Top individual finishers:

1. Sonia O'Sullivan, Villanova, 16:00; 2. Geraldine Hendricken, Providence, 16:07; 3. Nnenna Lynch, Villanova, 16:09; 4. Carole Zajac, Villanova, 16:16; 5. Pam Hunte, Villanova, 16:18; 6. Janice Brown, William & Mary, 16:23; 7. Kim Saddick, George Mason, 16:26; 8. Sinead Delahunty, Providence, 16:27; 9. Cheri Goddard, Villanova, 16:30; 10. Mary German, Georgetown, 16:33.

UConn finishers: Shannon Lennon (14th) 17:42; Kerry Clark (22nd) 17:57; Katie O'Toole (24th) 17:59; Sara Walker (33rd) 18:10; Carolyn Verdon (42nd) 18:34; Keli Savage (44th) 18:35; Kristin Adams (55th) 18:55. Note: The finishing positions are District I placings.

Other Cornell finishers: 12. Jen Cobb 16:42; 25. Loren Mooney 17:11; 29. Martina Hoppe 17:16; 32.

Gabriella Van Rhyn 17:32;88, Kellie Dutra 18:02;98, Michelle Grenke 18:10;165, Jennifer Allard 19:15;171, Chandra Vogt 19:20;184, Patrice Coan 19:39;192, Marya Carmoll 19:55

ECAC team scores

Villanova 30; 2. Providence 92; 3.
 Georgetown 102; 4. Cornell 103; 5. Penn 241; 6. BC 253; 7. William & Mary 328; 8.
 Princeton 351; 9. Fordham 362; 10. Brown

392. ...19. Vermont, 568

Top individual results

1 Kristen Opdyke (Buck) 17:33, 2 Katherine Gafligan (Army) 17.42, 3. Siobhen Murphy (SJU) 17:46, 4 Alicia Giuliano (Del) 17:47; 5. Sheila Re gan (LaS) 17:51

Delaware women finishers: 4. Alicia Giuliano, 17:47:66; 6. Amy Oppermann 17:54.98; 14. Jill Riblett, 18:20:01; 56. Marnie Giunta, 19:08.74; 67. Maggie Leffler, 19:20.82; 84. Jacqui Tweed, 19:49.16; 91. Kara Priggon, 19:56.46.

Local Finishers — 11. Natalie Marquis (Lafayette) 18:06.69; 17th. Julie Gloss (Lafayette) 18:26.29; 33. Gretchen Repasky (Lehigh) 18:45.81; 39. Megan Eves (Lehigh) 18:52.34.

1. Navy 89; 2. Delaware 145; 3. St. John's 159; 4. Yale 174; 5. Army 182; 6. Lafayette 209; 7. LsSalle 226; 8. Mount St. Mary's 226; 9. Bucknell 243; 10. Colgate 244.

Opdyke wins XC title in ECACs; UM's Fields 24th

BETHLEHEM, Pa. — Kristen Opdyke from Bucknell University won the Eastern College Athletic Conference women's cross country championship Saturday with a time of 17 minutes, 33.88 seconds over the 5-kilometer course here at Lehigh University.

Top University of Maine finishers were Karen Fields (18:34.63), Kerry Brothers (18:35.71), and Morgan Eash (19:00.79). Fields finished 24th, Brothers was 25th, and Eash was 48th.

UConn's Shannon fourth: Junior Shannon Lennon's 14th-place finish led UConn to a fourth-place finish with 135 points at the NCAA District I Qualifier in Bethlehem, Pa. UConn also finished 12th in the ECAC Championship with 421 points.

Villanova, led by individual champion Sonia O'Sullivan, won the ECAC title with 30 points, followed by Providence (92) and Georgetown (102). In the District I meet, Providence was first with 20 points. Boston College (69) was second and Brown (123) third.

Yale's Heather Slay finished 14th overall and third in Region I.

O'Sullivan paces 'Nova women to title in IC4A meet

BETHLEHEM, Pa. - Villanova's runners rose to the heights yesterday on the grass fields and rolling hills of Lehigh's picturesque cross-

country course.

First, Californian Terrence Mahon. running for Villanova, broke away from the pack with an uphill charge against a stiff wind to win the men's IC4A individual championship. Then Ireland's Sonia O'Sullivan successfully defended her ECAC title to lead Villanova's women to a third consecutive team victory, giving them a chance to defend their national collegiate championship Nov. 25 in Tucson, Ariz.

"It was a great day," said Marty Stern, the Villanova coach. "I'm real

proud of everybody."

Above all, he was proud of O'Sullivan, whose course-record 16:00.42 over the 3.1-mile women's course took second billing to the overall team performance. To get a chance to defend their NCAA title, the Villanova women had to finish in the top two at the meet.

"Today was like the hardest race of the year," O'Sullivan said, citing the pressure of having to qualify for the

national meet.

"Get through here and we can go in the NCAAs and be relaxed and try to defend our title," Stern said. "This has always been a tough meet for us

because we're always playing defense. We're afraid we're not going to go. So this year I just said, 'Just try to blow everybody out and go."

That's exactly what they did. Nnenna Lynch (16:09.56) finished third, Carole Zajac (16:16.30) fourth, Cheri Goddard (16:30.35) ninth, and Carol Haux (16:43.02) 13th. The Villanova women, each of whom ran a personal best, were so dominant they would have won even if O'Sullivan and Lynch had taken the day off and the finishes of Christine Gentile (18th) and Michele Torelli (28th) had counted in the team race.

Even so, those were very real sighs of relief emanating from the win-

granted," O'Sullivan said. "There's tugging and pushing. Anything can

happen to anybody. But we made it." In doing so, they established themselves as the team to beat in Tucson.

transfer who hopes to lead Villanova's men's program back into national prominence, set the stage for Villanova's individual championship double - the first recorded by a school in this meet.

He provided inspiration for Villanova's top-rated women's team - especially, no doubt, for his girlfriend, O'Sullivan - by covering the 6.2mile men's course in 30:17.25 to become the school's first individual

men's IC4A cross-country champion since Sydney Maree won back-toback titles in 1978 and '79.

"I was running scared lover the last half mile or sol," said Mahon, who relies on setting a punishing pace to wear down opponents. "I don't have the kick. I can't wait for the last half mile. You run with the talent you're given."

Mahon has run so well with the talent he's been given that yesterday's decisive victory was his fifth in an unbeaten season. Next week, of course, comes the big one.

"I have a lot of confidence going in right now," Mahon said.

Penn State's men, deprived of an "You don't take anything for opportunity to compete for the IC4A championship because the school refused to pay approximately \$3,000 in dues to the ECAC, qualified for the nationals by finishing on top in District 2. Had their efforts counted in Mahon, a University of Oregon the IC4A standings, Harry Groves' team would have finished third, behind Providence and Boston University, a major achievement.

> "I tell our people any time we can come in in the top five in the IC4As we've had a great year," said Groves. "We're excited about winning the district, and just as ecstatic that we would have been third in the IC4A. Thank God athletic events are decided by athletes and not administra-

tors."

Kristen Jarman paced the Rutgers Lady Knights at 17:40, good for 45th place.

In the "B" race, North Arlington's Barbara Bator was Seton Hall's top finisher, taking 52nd place in 19:04.

Lady Lions 4th in District 2

Penn State's Lady Lion cross country team scored 93 points and placed fourth in the NCAA District 2 qualifier at Lehigh Saturday. Villanova, as expected, won top honors, scoring 24 points. Cornell had 78, one less than Georgetown. Villanova and Cornell automatically qualified for the Nov. 25 NCAA championships at Tucson, Ariz.

Coach Teri Jordan of the Lady Lions felt pretty confident that the team would receive an at-large bid to the NCAAs along with the No. 3 Lady Hoyas.

Freshman Kim Kelly of Penn State placed 13th in 16:56.92, with twin sister Kris 14th in 17:04.49. Laurie Morrow, former State High runner, was 18th in 17:05.18, with teammate Jenny Weaver 21st in 17:14.47.

State's other scorer was Leslee Martin (24th in 17:18.73).

Villanova's Sonia O'Sullivan, the defending NCAA champ, won district and ECAC honors, covering the 5K Goodman course in 16:00.42. Teammate Nena Lynch was second, with Carole Zajac third.

In the ECAC standings, Villanova also prevailed while the Lady Lions were not eligible.

omen to NCAA'

In a meet displaying both the team's depth and talent, the women's cross country squad breezed to its third consecutive East Coast Athletic Conference (ECAC) title last weekend and an NCAA Championship berth at Rolling Hills course at Lehigh University. Sonia O'Sullivan led a dominating performance by the Cats as all seven runners ran to personal bests on the 3.1 mile course and improved their winning streak to 20 meets. The win allowed 'Nova a chance to compete at the national championships in Tucson Nov. 25 and the opportunity to capture its third straight title. No university in NCAA history has had three national title teams, much less three straight.

"I don't believe in averages." Head Coach Marty Stern said in reference to the Cats' chance to The teams that most concern us are Arkansas and Providence, but we just have to run our race.

Maintaining focus and running her race is exactly what O'Sullivan did at the ECAC's as she stormed the course and ran a personal best 16:00. The fifth-year senior and member of the Irish Olympic team is undefeated this year and the favorite to repeat as national champion.

"Sonia has just been tremendous," Stern said. "The toughest thing to do is win when you're supposed to and Sonia and our entire team have done that. She just keeps winning and winning."

entire year, O'Sullivan was not championship if they remain alone in the quest to repeat as national champs. Aided by the srong running of Nnenna Lynch, break their routine," Stern said. Carole Zajac, Cheri Goddard, and "Just stay organized. You can't Carol Haux, Nova controlled the meet with four of the top 10 finishers and five of the top 15. In fact, if a team of the best runners from the meet competed against 'Nova, the Cats still would have claimed the title.

Lynch, a qualifier for the U.S. Olympic Trials along with God-

dard and Zajac, finished nine seconds behind O'Sullivan and took third with a time of 16:09. Zajac and Goddard rounded out Nova's top 10 finishes with fourth (16:16) and ninth (16:30), respectively.

"Lynch and Goddard have never lost a meet here," Stern said. "They are two of the great

runners in America."

"Zajac continues to run as well as she ever has. She has overcome the sophomore iinx after having the best season of any freshman in the country. The sophomore jinx usually occurs because athletes are content. But Carole has matured and is relaxed and running her best."

Fifth-year senior Haux rounded out the scoring for 'Nova with a 13th place finish (16:43) while Christine Gentile and Michelle

Torelli placed 18th and 28th respectively. Stern pointed to Gentile's improvement through-

out the year.

"At this stage, Christine's our most improved runner from last year," Stern said. "She's gone from being an alternate to one of our top seven runners and she just

continues to progress."

After such an impressive showing to garner an NCAA appearance, fear of overconfidence might concern many coaches. But con-sidering the position "Nova has been in all season as the No. 1 team in the nation and the squad expected to win the title, Stern is not concerned with outside distractions and believes the Cats But true to the Cats' form the will maintain their grip on the focused.

> "I always tell the kids not to get caught up in the hype of the NCAA's and lose concentration. So long as they keep doing what they've been doing both on the track and in the classroom, we'll

be fine."

Giuliano 4th in ECAC

BETHLEHEM, Pa. — Freshman Alicia Giuliano finished fourth and senior captain Amy Oppermann took sixth in a field of 138 as the University of Delaware finished second out of 21 schools in the ECAC University women's cross country meet at the Murray H. Goodman Campus at Lehigh University Saturday.

Navy won the meet with 89 points, while the Blue Hens had

145 points.

Giuliano finished the 3.1-mile course in 17 minutes, 47.66 seconds, while Oppermann came in at 17:54.98.

The Big Green women finished with 385 points in the ECAC Championship. Team champion Villanova had 30 points. In the District 1 qualifier, Dartmouth was fifth behind Providence, Boston College, Brown and Connecticut.

Freshman Kristin Cobb of Atkinson was the top finisher for the Dartmouth women with a time of 17:46.94.

PRINCETON WOMEN SEVENTH: The Princeton women's cross country team placed seventh out of 12 teams (Rutgers was 12th) at yesterday's ECAC championships at Bethlehem, Pa. Laura Schloss (27th, 17:26.05) and Kate Wesseling (35th, 17:38.60) were the top finishers as Penn State won the team title.

BETHLEHEM, Pa.— The Cornell women's team earned a trip to the NCAA championships after a strong fourth-place finish at the ECAC Cross Country Championships at Lehigh University Saturday.

Georgetown by one point, 87 to 88 over the 5,000 meter course.

Cornell travels next to the University of Arizona for the NCAA championships on Monday, November 25th.

Cornell, ranked 12th in the nation entering the meet, was paced by Pam Hunt's fifth place (16:18) and Jen Cobb's 12th place (16:42) finishes.

CU coach Lou Duesing said Cornell's times were "by far the fastest times we've ever had for 5,000 meters."

Loren Mooney's (25th), Martina Hoppe's (29th), and Laura Woeller's (32nd) place showings contributed to the CU effort.

Former Northwest Catholic-West Hartford All-State runner Heather Porch qualified Saturday for the NCAA Cross Country Championships in Tucson, Ariz., Nov. 25. Porch, a sophomore at Brown University, qualified for the nationals at the ECAC regional championship at Lehigh University, in Bethlehem, Pa. Porch placed first in the 3.1-mile race, finishing in 17 minutes, 25 sec-

ECAC Championships

BETHLEHEM — Navy won the team championship and Mount Saint Mary's placed seventh at the ECAC University Division Women's Cross Country Championships at Lehigh University.

Navy finished with 89 points, well ahead of second-place Delaware at 145. The Lady Mountaineers finished in a tie with LaSalle at 226.

Bucknell's Kristen Opdyke won the individual che.mpionship in 17:23.

Nadine Jamerson finished eighth for the Mount with a pair of freshmen, Amy Linson at 37th and Stella Cinoa at 41st, the team's second and third finishers.