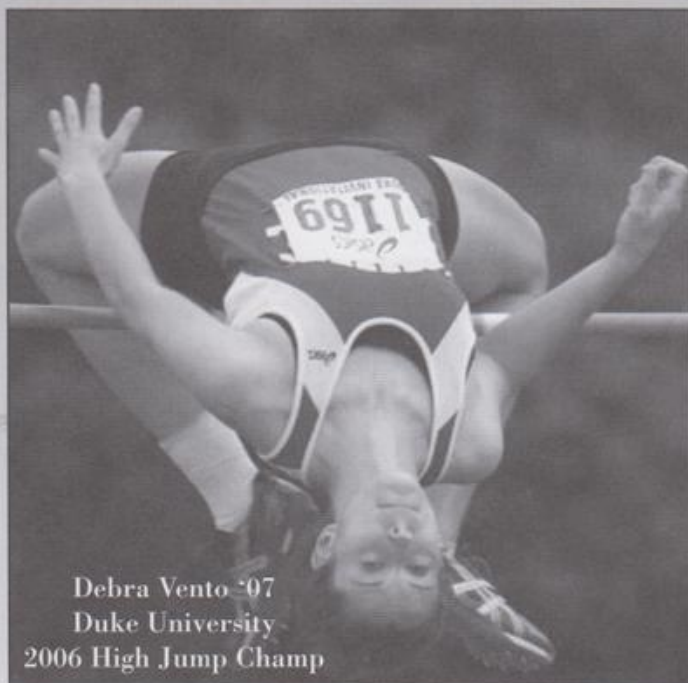


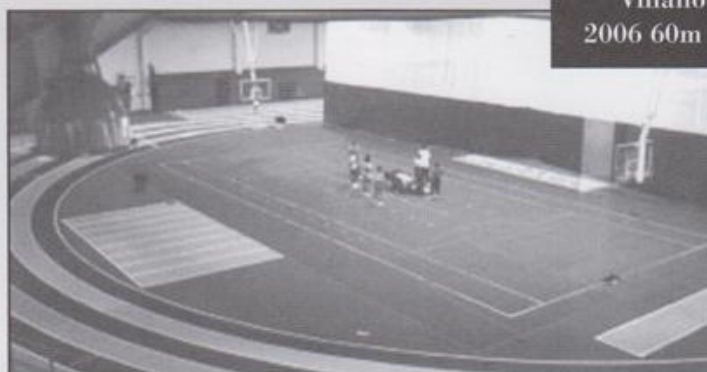
2007 ECAC® Division I Indoor Track and Field Championships



Debra Vento '07
Duke University
2006 High Jump Champ



Monique Morgan '07
Villanova University
2006 60m Hurdles Champ



The Reggie Lewis Track and Athletic Center
Boston, Massachusetts
March 3-4



THE NATIONWIDE LEADER IN SERVICE™

2007 ECAC® Division I Indoor Track & Field Championships

ECAC® Division I Women's Track & Field Institutions

Albany, University at
Binghamton University
Boston College
Boston University
Brown University
Bucknell University
Buffalo, University at
Colgate University
Columbia University
Connecticut, University of
Coppin State University
Cornell
Dartmouth
Delaware State University
Delaware, University of
Duke University
Duquesne University
Fairleigh Dickinson University
Fordham University
George Mason University
Georgetown University
Harvard University
Holy Cross College
Iona College
James Madison University
La Salle University
Lafayette College
Lehigh University
Liberty University
Long Island University
Loyola College in Maryland
Maine, University of
Manhattan College
Mansfield University
Marist College
Maryland Baltimore County
Maryland, University of

Massachusetts, University of
Military Academy
Monmouth University
Morgan State University
Mount St. Mary's University
Naval Academy
New Hampshire, University of
Northeastern University
Penn State University
Pennsylvania, University of
Pittsburgh, University of
Princeton University
Providence College
Quinnipiac University
Rhode Island, University of
Rider University
Robert Morris University
Rutgers University
Sacred Heart University
Saint Francis University
Saint Joseph's University
Seton Hall University
St. Francis College (NY)
St. John's University
St. Thomas Aquinas College
Stony Brook University
Syracuse University
Temple University
Towson University
Vermont, University of
Villanova University
Virginia Military Institute
Wagner College
West Virginia University
William and Mary, College of
Yale University



Albany's
Jessica Ortman



2007 Schedule of Events

Saturday, March 3

9:00	Pentathlon: Hurdles
9:35	Pentathlon: High Jump
	Pentathlon: Shot Put
	Pentathlon: Long Jump
	Pentathlon: 800 Meters
1:10	.60 Hurdle Trials
1:25	.60 Meter Trials
1:30	Long Jump
1:30	Shot Put
1:40	Mile Trials
2:00	.60 Meter Hurdle Semis
2:10	.60 Meter Semis
2:20	.400 Meter Trials
2:35	.500 Meter Trials
2:45	High Jump
2:50	.800 Meter Trials
3:10	.1000 Meter Trials
3:30	.200 Meter Trials
3:45	.5000 Meter Final
4:25	.4 x 400 Trials
4:40	.4 x 800 Trials

FIELD EVENTS

9:35	High Jump (Pent.)
	Shot Put (Pent.)
	Long Jump (Pent.)
1:30	Shot Put (open)
1:30	Long Jump (open)
2:45	High Jump (open)

Sunday, March 4

11:00	Pole Vault
1:00	DMR
1:25	.60 Hurdle Final
1:35	.60 Meter Final
1:45	Mile Final
1:55	.400 Meter Final
2:05	.500 Meter Final
2:10	.800 Meter Final
2:25	.1000 Meter Final
2:35	.200 Meter Final
2:45	.3000 Meter Final
3:10	.4 x 400 Final
3:20	.4 x 800 Final
3:40	AWARDS CEREMONY

FIELD EVENTS

11:00	Pole Vault
12:00	.20 lb Weight Throw
12:00	Triple Jump

2007 ECAC Division I Women's Track & Field Championships

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*All photos courtesy of Sports Information Offices.



Boston University's Tahari James '08.
2006 Triple Jump Champ

2007 ECAC® Division I Indoor Track & Field Championships

ECAC Division I Indoor Track & Field Athletes of the Week

December 4, 2006

Track Athlete of the Week
Sarah Mosser – Boston University
Field Athlete of the Week
Tynisha McMillian – University of Connecticut

December 11, 2006

Track Athlete of the Week
Loni Forsythe – U. S. Naval Academy
Field Athlete of the Week
Kerstin Greene – Fordham University

January 8, 2007

Co-Track Athletes of the Week
Jessica Ortman – University at Albany
Aisha Thomas – Long Island University
Co-Field Athletes of the Week
Ashley Harbin – Lafayette College
Becky Christensen – Harvard University

January 15, 2007

Track Athlete of the Week
Diana Purtz – University Vermont
Field Athlete of the Week
Marjorie Grap – Bucknell University

January 22, 2007

Track Athlete of the Week
Marisa Ryan – Boston University
Field Athlete of the Week
Marjorie Grap – Bucknell University

January 29, 2007

Co-Track Athlete of the Week
Nana Sang-Bender – Syracuse University
Jessica Ortman – University at Albany
Co-Field Athlete of the Week
Ashley Huffman – Monmouth University
Tahari James – Boston University

February 5, 2007

Track Athlete of the Week
Carmen Lagala – University of Vermont
Field Athlete of the Week
Kayla Carter – Syracuse University

February 12, 2007

Track Athlete of the Week
Mandela Graves-Fulgham – Univ. of Connecticut
Co-Field Athlete of the Week
Melanie Buczeko – Bucknell University
Kyra James – Syracuse University

February 19, 2007

Track Athlete of the Week
Jessi Foreman – Univ. of Connecticut
Field Athlete of the Week
Kerstin Greene – Fordham University

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Championships

The ECAC administers 110 preseason and postseason events for 35 men's and women's sports, nine affiliate organizations and seven playing leagues.

Officiating

The ECAC assigns officials in 15 sports in Divisions I, II and III, including baseball, men's and women's basketball, fencing, field hockey, football, men's gymnastics, men's and women's ice hockey, men's lacrosse, men's and women's soccer, softball and wrestling. In addition, the ECAC officiating bureaus provide clinics and workshops, improving the level of officiating and attracting the most qualified collegiate officials.

Communications

The ECAC publicizes the achievements of its member institution's student-athletes through weekly and postseason awards. Annually, the publicity bureau recognizes more than 4,000 student-athletes in 20 different sports from Division I, II and III member institutions.

Marketing and Sponsorships

The ECAC Corporate Partner Program is dedicated to developing relationships with commercial entities that are committed to the mission of the ECAC, support the ideals of intercollegiate athletics and value the pursuit of excellence on and off the field of play. Offering a wide range of opportunities, the ECAC partners with international, national and regional brands to create added-value for its membership and to provide quality championship experiences for its student-athletes.

The ECAC® is the nation's largest athletic conference with 320 Divisions I, II, and III colleges and universities from Maine to North Carolina. Since its foundation 68 years ago, the ECAC has emerged as the nationwide leader in service. The headquarters, the Asa S. Bushnell Center, is located in Centerville, Massachusetts on Cape Cod. A non-profit service organization since 1938, the ECAC was founded as the Central Office for Eastern Intercollegiate Athletics with 58 charter members. In 1983, one of the most significant events in ECAC history occurred as the Eastern Association of Intercollegiate Athletics for Women (EAIW) was consolidated into the ECAC. Through the years the ECAC has

been a leader both regionally, and nationally.

The business of the ECAC is

Administer

98 Championships

conducted at the annual fall convention and in 2007 will be held on Sep. 30 - Oct. 2 on Cape Cod. This meeting provides the membership an opportunity to discuss and vote on conference-wide issues and concerns.

In October of 2004, the conference established an aggressive initiative to recruit, educate and train officials with the focus on increasing the number of women and minority sports officials. This initiative is partially being funded through a grant from the National Collegiate Athletic Association (NCAA).

Assign

5,100 Officials

The ECAC maintains a legislative and compliance service to assist the membership with the application of NCAA and ECAC regulations.

The conference's Web site features real-time management and cutting-edge technology. The ECAC owns the nation's leading online officiating system which is a password-protected extranet that allows real-time access to its membership and officials as changes

occur to their schedules.

The ECAC is also on the forefront of other Web-based technology including the officiating

Student-Athletes

122,000

payment service (OPS). This enables the ECAC to pay the game officials on behalf of a member institution. Launched in 2002 in response to the expressed needs of the membership, the ECAC successfully processed more than 6,000 officiating payments last academic year.

The prestigious Asa S. Bushnell internship offers students from ECAC institutions hands-on experience in all areas of operation of the only multi-divisional conference in the country. The 2006-07 interns are Katie Fulton (Williams College), Daniel O'Reilly (Merrimack College), Tyler Paul (Bates College) and Ciaran Cullen (Massachusetts College of Liberal Arts).

www.ecac.org

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ECAC, THE NATIONWIDE LEADER IN SERVICE™

2007 ECAC® Division I Indoor Track & Field Championships

ECAC INDOOR TRACK & FIELD RECORDS

60 Meters			5,000 Meters		
2006 ECAC Champion	7.47	Murielle Ahoure, George Mason	2006 ECAC Champion	16:26.32	Aine Hoban, Providence
ECAC Meet Record	7.35	Erica Bloomfield, Seton Hall	ECAC Meet Record	15:53.50	Paula Renzi, Penn State
ECAC Collegiate	7.27	Connie Moore, Penn State	ECAC Collegiate	15:14.18	Kim Smith, Providence
Collegiate	7.09	Angela Williams, So. California	Collegiate	15:14.18	Smith
American	6.95	Gail Devers, Nike International	American Collegiate	15:34.5	Margaret Groos, Virginia
World	6.92	Marion Jones, Nike International	American	15:07.33	Marla Runyan, Asics
		Irina Privalova, Russia	World	14:32.93	Tirunesh Dibaba, Ethiopia
60 Meter Hurdles			4 x 400 Meter Relay		
2006 ECAC Champion	8.28	Monique Morgan, Villanova	2006 ECAC Champion	3:42.45	Seton Hall
ECAC Meet Record	8.19	Charmaine Walker, Villanova	ECAC Meet Record	3:37.08	Georgetown
ECAC Collegiate	8.18	Candy Young, FDU	ECAC Collegiate	3:34.69	Seton Hall ' (V. Harris, K. Caine, J. Sandiford, F. Harris)
Collegiate	7.84	Virginia Powell, USC	Collegiate	3:27.66	Texas, (K. Downer, R. McIntosh, M. Robinson, S. Richards)
American Collegiate	7.92	Danielle Carruthers, Indiana	American	3:27.59	USA National Team, (M. Hennagan, M. Collins, F. Alexander, S. Porter)
American	7.74	Gail Devers, Nike International	World	3:24.25	Russian National Team,
World	7.69	Lyudmila Narozhilenko, USSR			
200 Meters			4 x 800 Meter Relay		
2006 ECAC Champion	23.93	Jordine Kimbrel, Northeastern	2006 ECAC Champion	8:57.72	Georgetown
ECAC Meet Record	23.37	Cydonie Mothersell, George Mason	ECAC Meet Record	8:41.73	Villanova
ECAC Collegiate	22.60	Connie Moore, Penn State	ECAC Collegiate	8:25.5	Villanova, (G. Procaccio, D. Grant, M. DiMuro, C. Halliday)
Collegiate	22.49	Muna Lee, Louisiana State	Collegiate	8:25.5	Villanova, (same as above)
American	22.18	Michelle Collins, Nike	American	8:25.5	Villanova, (same as above)
World	21.87	Merlene Ottey, Jamaica	World	8:18.71	Russian National Team
400 Meters			Distance Medley Relay		
2006 ECAC Champion	54.20	Romona Modeste, Morgan State	2006 ECAC Champion	11:15.90	Brown
ECAC Meet Record	52.99	Lori McCauley, Rutgers	ECAC Meet Record	11:04.45	Providence
ECAC Collegiate	52.11	Flirtisha Harris, Seton Hall	ECAC Collegiate	10:54.34	Villanova, (C. Halliday, M. DiMuro, K. Franey, V. Huber)
Collegiate	50.82	Sanya Richards, Texas	Collegiate	10:54.34	Villanova, (same as above)
American	50.64	Diane Dixon, Atoms TC	American	10:54.34	Villanova, (same as above)
World	49.59	Jarmila Kratochvilova, Czech	World	10:54.34	Villanova, (same as above)
500 Meters			High Jump		
2006 ECAC Champion	1:11.80	Jesse Carlin, Pennsylvania	2006 ECAC Champion	5-11.25	Deirdre Mullen, Connecticut
ECAC Meet Record	1:09.23	Aliann Pompey, Manhattan	ECAC Meet Record	(1.88)	Felicia Hodges, Temple
ECAC Collegiate	1:09.23	Pompey	ECAC Collegiate	6-5.5	Dora Gyorffy, Harvard
Collegiate	1:09.23	Pompey	Collegiate	6-5.5	Lisa Bernhagen, Stanford
American Collegiate	1:10.12	Steffanie Smith, Georgetown			Amy Acuff, UCLA
American	1:08.71	Jearl Miles-Clark, New Balance			Erin Aldrich, Texas
World	1:07.36	Natalya Nazarova, Russia			Gyorffy
800 Meters					Tisha Waller, unattached
2006 ECAC Champion	2:06.07	Morgan Ucency, Cornell			Heike Henkel, Germany
ECAC Meet Record	2:04.42	Morgan Ucency, Cornell			
ECAC Collegiate	2:02.19	Chantee Earl, Pittsburgh			
Collegiate	2:01.65	Amy Wickus, Wisconsin			
American	1:58.71	Nicole Teter, Nike			
World	1:55.82	Jolanda Ceplak, Slovenia			
1,000 Meters			Pole Vault		
2006 ECAC Champion	2:52.76	Jenna Ortman, Albany	2006 ECAC Champion	13-03.50	Molly Lederman, Yale
ECAC Meet Record	2:43.01	Kate Vermuelen, West Virginia	ECAC Meet Record	(4.10)	Jillian Schwartz, Duke
ECAC Collegiate	2:42.9	Jo White, Richmond	ECAC Collegiate	13-11.75	Andrea Wildrick, Liberty
Collegiate	2:41.56	Teena Colebrook, Cal Poly-SLO	Collegiate	14-10.25	Amy Linnen, Arizona
American Collegiate	2:41.83	Joetta Clark, Tennessee	American	15-9.25	Stacy Dragila, Nike
American	2:34.19	Jen Toomey, Nike	World	16-0	Yelena Isinbayeva, Russia
World	2:30.94	Maria Mutola, Mozambique			
One Mile			3,000 Meters		
2006 ECAC Champion	4:49.49	Abbey Sadowski, Boston U.	2006 ECAC Champion	9:25.63	Lindsay Donaldson, Yale
ECAC Meet Record	4:32.30	Darlene Beckford, Harvard	ECAC Meet Record		
ECAC Collegiate	4:28.31	Vicki Huber, Villanova	ECAC Collegiate	8:49.18	Kim Smith, Providence
Collegiate	4:28.31	Huber	Collegiate	8:49.18	Smith
American	4:20.5	Mary Decker, Athletics West	American Collegiate	8:53.54	PattiSue Plumer, Stanford
World	4:17.14	Doina Melinte, Romania	American	8:39.14	Regina Jacobs, NYAC
			World	8:29.15	Berhane Adere, Ethiopia

Reggie Lewis Track and Athletic Center

ECAC INDOOR TRACK & FIELD RECORDS

		Long Jump	
2006 ECAC Champion	20-10	(6.35)	Shameka Marshall, Rutgers
ECAC Meet Record		(6.55)	Diane Guthrie, George Mason
ECAC Collegiate	21-8.25	(6.61)	Diane Guthrie, George Mason
Collegiate	22-8	(6.91)	Elva Goulbourne, Auburn
American Collegiate	22-3	(6.78)	Carol Lewis, Houston
American	23-4.75	(7.13)	Jackie Joyner-Kersey, Honda
World	24-2.25	(7.37)	Heike Drechsler, Germany

		Triple Jump	
2006 ECAC Champion	41-03.75		Tahari James, Boston U.
ECAC Meet Record		(13.26)	Trecia Smith, Pittsburgh
ECAC Collegiate	44-2.75	(13.48)	Najuma Fletcher, Pittsburgh
Collegiate	46-9	(14.25)	Suzette Lee, Louisiana State
American Collegiate	46-1.25	(14.05)	Nicole Gamble, North Carolina
American	46-8.25	(14.23)	Sheila Hudson-Strudwick
World	49-9	(15.16)	Ashia Hansen, Great Britain

		Shot Put	
2006 ECAC Champion	52-04		Zara Northover, Northeastern
ECAC Meet Record		(16.78)	Cleopatra Borel, UMBC
ECAC Collegiate	57-5	(17.50)	Cleopatra Borel, UMBC
Collegiate	61-9.5	(18.83)	Teri Tunks, So. Methodist
American	65-0.75	(19.83)	Ramona Pagel, Mazda
World	73-10	(22.50)	Helena Fibingerova, Czech

		25-lb Weight Throw	
2006 ECAC Champion	64-3.75		Johvonne Hernandez, Syracuse
ECAC Meet Record		(19.79)	Nurul-Islam Wadudah, UConn
ECAC Collegiate	66-9.25	(20.35)	Ruth Kura, Maryland
Collegiate	78-0.25	(23.78)	Candice Scott, Florida
American Collegiate	71-8.75	(21.86)	Dawn Ellerbee, South Carolina
American	79-6	(24.23)	Erin Gilreath, NYAC
World	79-6	(24.23)	Gilreath (same as above)

		Pentathlon	
2006 ECAC Champion	3798 points		Kerstin Greene, Fordham
ECAC Meet Record	4108 points		Rebecca Grube, Virginia
ECAC Collegiate	4240 points		Julie White, Boston University
Collegiate	4425 points		Austra Skujyte, Nebraska
American Collegiate	4235 points		Janet Blomstedt, Nebraska
American	4753 points		DeDee Nathan, Indiana T. C.
World	4991 points		Irina Belova, Russia

2007 ECAC Women's Outdoor Track and Field Qualifying Standards

EVENT	FAT	MT
100 M	12.14	
200 M	24.94	
400 M	56.44	56.2
800 M	2:11.44	2:11.2
1,500 M	4:34.44	4:34.2
Mile	4:54.24	4:54.0
3,000 M	9:56.24	9:56.0
3,000m Stpch	10:55.04	10:54.8
5,000 M	17:32.14	17:31.9
10,000 M	37:40.00	37:40.0
100 MH	14.44	14.2
400 MH	1:02.64	1:02.64
4 x 100 M	48.34	48.1
4 x 400 M	3:51.84	3:51.6
4 x 800 M	9:16.24	9:16.0

FIELD EVENTS		
High Jump	1.70m	(5' 7")
Long Jump	5.80m	(19' 7")
Triple Jump	11.70m	(38' 4 1/2")
Pole Vault	3.65m	(11' 11 1/2")
Shot Put	13.60m	(44' 7 1/2")
Discus	42.00m	(137' 9")
Javelin	40.00m	(131' 3")
Hammer	48.00m	(157' 6")
Heptathlon	4530pts	



University of Pennsylvania's Jesse Carlin '08 won last years 500 meter dash in a time of 1:11.80

2006 ECAC Indoor Track & Field Championship Results

60 Meter Dash

1. Murielle Ahoure	09	George Mason	7.47
2. Jessica Foreman	09	UConn	7.55
3. Jordine Kimbrel	06	Northeastern	7.55
4. Jessica Czaikowski	07	West Virginia	7.60

200 Meter Dash

1. Jordine Kimbrel	06	Northeastern	23.93
2. Murielle Ahoure	09	George Mason	24.04
3. Nekisha Franklin	09	Delaware State	24.51
4. Jessica Foreman	09	UConn	24.53

400 Meter Dash

1. Romona Modeste	07	Morgan State	54.20
2. Maxcine Foster	08	St. John's	54.39
3. KayDian Reid	06	St. John's	54.88
4. Renee Clarke	06	Maryland	55.15

500 Meter Dash

1. Jesse Carlin	08	Penn	1:11.80
2. Kandance Ferguson	07	Georgetown	1:12.31
3. Natasha Norville	07	Rutgers	1:12.96
4. Tynisha Gardner	07	Temple	1:13.99

One Mile Run

1. Abbey Sadowski	08	Boston U.	4:49.49
2. Ashley Urlick	06	Army	4:51.84
3. Nyam Kagwima	07	Cornell	4:51.99
4. Nana Sang Bender	09	Syracuse	4:52.52

800 Meter Run

1. Morgan Uceny	07	Cornell	2:06.07
2. Carmen Lagala	08	Vermont	2:08.03
3. Nana Hanson-Hall	07	Georgetown	2:09.31
4. Andrea Austin	06	Seton Hall	2:09.49

1000 Meter Run

1. Jenna Ortman	09	Albany	2:52.76
2. Vicky Moore	08	Naval Academy	2:52.80
3. Sarah Herbert	GR	Stony Brook	2:53.28
4. Erin Ballard	07	Northeastern	2:54.13

3000 Meter Run

1. Lindsay Donaldson	08	Yale	9:25.63
2. Marisa Ryan	07	Boston U.	9:25.97
3. Kaitlyn Gwyther	06	Quinnipiac	9:29.22
4. Meghan Bishop	07	William and Mary	9:31.25

5000 Meter Run

1. Aine Hoban	06	Providence	16:26.32
2. Natasha LaBeaud	09	Georgetown	16:28.93
3. Justine Whipple	07	Naval Academy	16:40.86
4. Kristyn Shiring	07	William and Mary	16:44.33

60 Meter Hurdles

1. Monique Morgan	07	Villanova	8.28
2. Jessica Czaikowski	07	West Virginia	8.45
3. Sherlee Willis	07	Georgia State	8.47
4. Yolanda Malcolm	06	Villanova	8.60

4x400 Meter Relay

1. Seton Hall University	3:42.45
2. Georgetown University	3:43.75
3. St. John's University	3:43.76
4. Cornell	3:44.20

4x800 Meter Relay

1. Georgetown University	8:57.72
2. Bucknell University	8:58.26
3. Pennsylvania	8:58.45
4. Cornell	9:03.81

Distance Medley

1. Brown University	11:15.90
2. Georgetown University	11:16.51
3. Pennsylvania	11:19.40
4. Providence College	11:25.50

High Jump

1. Debra Vento	07	Duke	5-11.25
2. Sarah Wilfred	07	Cornell	5-10.00
3. Rebecca Christense	09	Harvard	5-10.00
4. Nikki Hill	GR	Boston U.	5-10.00

Triple Jump

1. Tahari James	08	Boston U	41-03.75
2. Sheron Mark	07	Syracuse	40-04.75
3. Tamara Highsmith	08	UConn	40-00.00
4. Ashley Mondie	07	Georgetown	38-11.50

Weight Throw

1. Johvonne Hernandez	06	Syracuse	64-03.75
2. Blessing Egwu	06	St. John's	63-03.50
3. Marjorie Grap	07	Bucknell	61-09.50
4. Zakiya Shivers	06	Maryland	59-00.75

Pentathlon

1. Kerstin Greene	07	Fordham	3798
2. Tamara Highsmith	08	U Conn	3708
3. Dominique Washington	07	Seton Hall	3632
4. Arlene Zelinskas	07	Liberty	3630

Shot Put

1. Zara Northover	07	Northeastern	52-04.00
2. Johvonne Hernandez	06	Syracuse	50-05.50
3. Blessing Egwu	06	St. John's	49-09.25
4. Diane Gmitter	07	St. Francis U.	48-07.25

Pole Vault

1. Molly Lederman	06	Yale	13-03.50
2. Laura Chmielewski	06	Northeastern	12-11.50
3. Melanie Buczek	07	Bucknell	12-07.50
4. Lara Jones	08	Duke	12-07.50

Long Jump

1. Shameka Marshall	06	Rutgers	20-10.00
2. Tahari James	08	Boston U.	19-09.00
3. Joslyn Woodard	06	Yale	19-01.50
4. Stephanie Ralibauer	07	Towson	18-11.75

2006 Team Results

1. Georgetown University	65
2. Northeastern University	49
3. Boston University	45
4. Cornell	38
St. John's University	38
6. Syracuse University	36
7. University of Connecticut	34
8. Yale University	32
9. University of Pennsylvania	29
10. Seton Hall University	28
11. West Virginia University	26
12. Rutgers University	25
13. University of Maryland	24
14. Duke University	23
15. Bucknell University	22
16. University at Albany	19
George Mason University	19
18. Morgan State University	17
19. U.S. Naval Academy	16
20. Villanova University	15
Providence College	15
22. Fordham University	14
23. William and Mary	12
24. Harvard University	11
25. Brown University	10
26. Delaware State University	9
27. U.S. Military Academy	8
Liberty University	8
University of Vermont	8
Georgia State University	8
31. Stony Brook University	7
32. Quinnipiac University	6
Towson University	6
University at Buffalo	6
35. Mount St. Mary's University	5
Penn State University	5
Monmouth University	5
Temple University	5
Saint Francis University	5
40. Princeton University	4
Long Island University	4
Boston College	4
43. Robert Morris University	3
Manhattan College	3
45. Rider University	2
Lehigh University	2
University New Hampshire	2
48. La Salle University	1
Columbia University	1
Binghamton University	1

All-Time ECAC Champions

Year	Champion/Runner-up	
2006	Georgetown	65
	Northeastern	49
2005	Pittsburgh	86.75
	Duke	64.25
2004	Pittsburgh	62
	West Virginia	51
2003	Seton Hall	77
	Northeastern	50
2002	Seton Hall	107
	Georgetown	65
2001	Pittsburgh	78
	Seton Hall	74
2000	Georgetown	87
	West Virginia	78
1999	George Mason	101
	Pittsburgh	70.5
1998	Georgetown	71
	Seton Hall	58
1997	George Mason	107.5
	Pittsburgh	69
1996	Georgetown	106
	Georgetown	69
1995	George Mason	106
	Georgetown	89
1994	Georgetown	74
	Seton Hall	74
1993	Seton Hall	90
	Georgetown	78
1992	George Mason	85
	Georgetown	73
1991	George Mason	62
	Penn State	52
1990	Villanova	92
	George Mason	57
1989	Penn State	74.5
	St. John's	61
1988	Villanova	92
	George Mason	57
1987	Villanova	86
	George Mason	72
1986	George Mason	80
	Penn State	71
1985	Villanova	83
	Delaware State	71
1984	Villanova	105
	Penn State	71
1983	Penn State	92
	Villanova	65
1982	Penn State	104.5
	Morgan State	68
1981	Penn State	89
	Maryland	63
1980	Maryland	68
	Morgan State	64
1979	Maryland	77
	Penn State	61
1978	Penn State	88
	Maryland	66.5
1977	Maryland	66
	Penn State	64

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Proudly Presents the 2007 ECAC and IC4A Division I Outdoor Track and Field Championships

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At the Championships



2007 NCAA Division I Women's Indoor Track & Field Qualifying Standards

(SEA LEVEL)

Event	AUTOMATIC		PROVISIONAL	
	FAT	MT	FAT	MT
55 Meters	6.75@	—	6.92@	—
60 Meters	7.27@	—	7.44@	—
55-Meter Hurdles	7.58@	—	7.86@	—
60-Meter Hurdles	8.15@	—	8.43@	—
200 Meters				
(Under 200m/220 yds)*	23.70	—	24.30	—
(200m/220 yds)*	23.50	—	24.10	—
(Banked or Over 200m/220 yds)*	23.30	—	23.90	—
400 Meters				
(Under 200m/220 yds)*	53.00	52.7	55.00	54.7
(200m/220 yds)*	52.70	52.4	54.70	54.4
(Banked or Over 200m/220 yds)*	52.40	52.1	54.40	54.1
800 Meters#				
(200m/220 yds or less)*	2:05.60	2:05.3	2:09.40	2:09.1
(Banked or Over 200m/220 yds)*	2:05.20	2:04.9	2:09.00	2:08.7
Mile#				
(200m/220 yds or less)*	4:40.60	4:40.3	4:48.60	4:48.3
(Banked or Over 200m/220 yds)*	4:40.00	4:39.7	4:48.00	4:47.7
3,000 Meters#				
(200m/220 yds or less)*	9:15.80	9:15.5	9:34.80	9:34.5
(Banked or Over 200m/220 yds)*	9:15.00	9:14.7	9:34.00	9:33.7
5,000 Meters#				
(200m/220 yds or less)*	16:09.60	16:09.3	16:43.60	16:43.3
(Banked or Over 200m/220 yds)*	16:08.00	16:07.7	16:42.00	16:41.7
1,600-Meter Relay				
(Under 200m/220 yds)*	3:35.40	3:35.1	3:42.40	3:42.1
(200m/220 yds)*	3:34.20	3:33.9	3:41.20	3:40.9
(Banked or Over 200m/220 yds)*	3:33.00	3:32.7	3:40.00	3:39.7
Mile Relay				
(Under 200m/220 yds)*	3:36.60	3:36.3	3:43.60	3:43.3
(200m/220 yds)*	3:35.40	3:35.1	3:42.40	3:42.1
(Banked or Over 200m/220 yds)*	3:34.20	3:33.9	3:41.20	3:40.9
Distance Medley Relay—Meters#				
(200m/220 yds or less)*	11:11.00	11:10.7	11:32.00	11:31.7
(Banked or Over 200m/220 yds)*	11:09.00	11:08.7	11:30.00	11:29.7
Distance Medley Relay—Yards#				
(200m/220 yds or less)*	11:14.50	11:14.2	11:35.50	11:35.2
(Banked or Over 200m/220 yds)*	11:12.50	11:12.2	11:33.50	11:33.2
	METRIC		METRIC	
High Jump	1.84		1.78	
Pole Vault	4.20		3.95	
Long Jump	6.40		6.10	
Triple Jump	13.30		12.65	
Shot Put	16.90		15.20	
20-Pound Weight	21.00		19.00	
Pentathlon	4,050 points		3,700 points	

*—Size of track.

#—Altitude adjustment available.

@ Qualifying times attained at altitude of 6,000 feet and above, add .04 seconds. Times attained

at altitude of 3,000-5,999 feet, add .02 seconds.



Cornell's Morgan Ucency has dominated the 800 for the past two years.



Abbey Sadowski
'08 Boston Univ.
2006 One Mile
Champ.

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