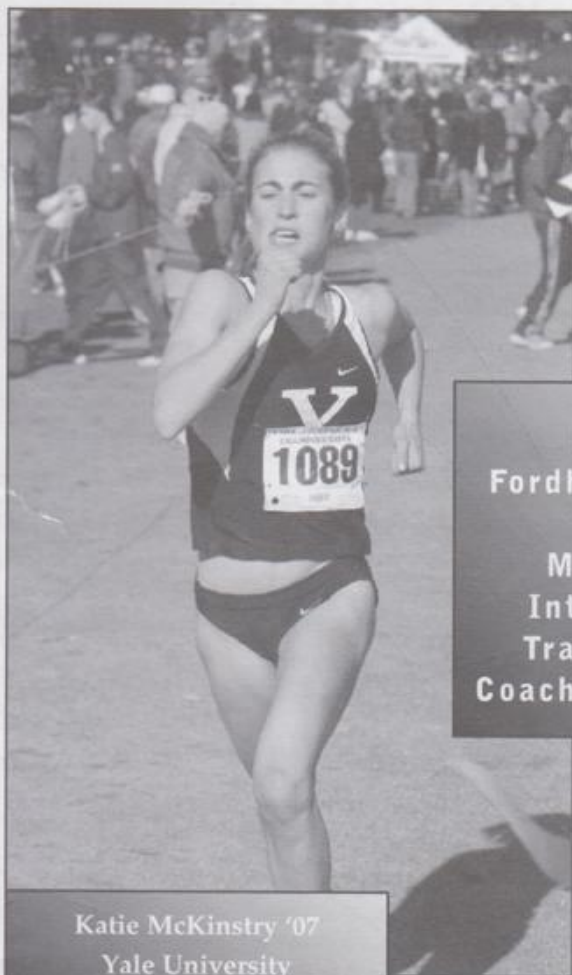
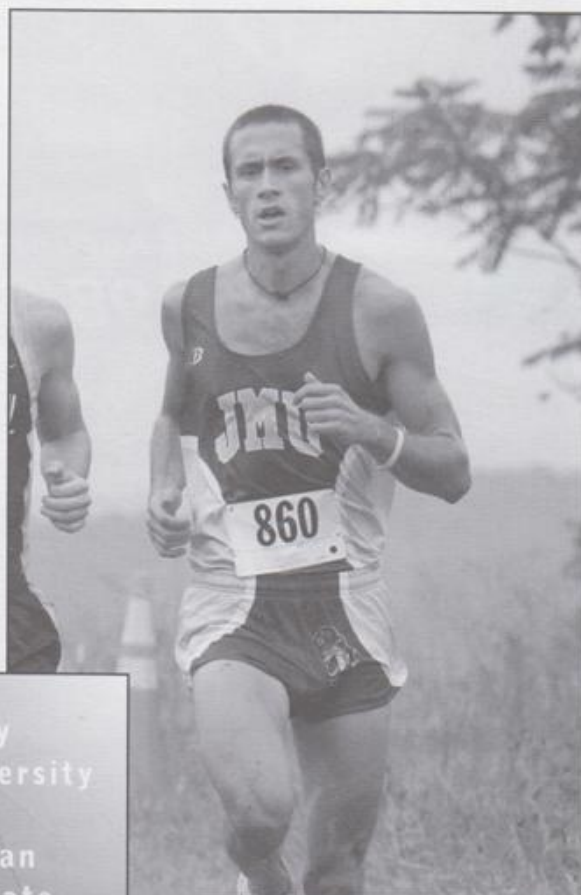


2006 ECAC® IC4A Cross Country Championships

Van Cortlandt Park, Bronx, New York
November 18, 2006



Katie McKinstry '07
Yale University
2005 Champion



Hosted by
Fordham University
and the
Metropolitan
Intercollegiate
Track and Field
Coaches' Association

C.W. Moran '07
James Madison University
2005 Runner-Up





Eastern College Athletic Conference®

Commissioners

Steve Bamford	2006-present
Philip Buttafuoco	1998-2006
Clayton Chapman	1989-1998
Robert "Scotty" Whitelaw	..1972-1989
George Shiebler	1970-1972
Asa S. Bushnell	1938-1970

Championships

The ECAC administers 110 preseason and postseason events for 35 men's and women's sports, nine affiliate organizations and seven playing leagues.

Officiating

The ECAC assigns officials in 15 sports in Divisions I, II and III, including baseball, men's and women's basketball, fencing, field hockey, football, men's gymnastics, men's and women's ice hockey, men's lacrosse, men's and women's soccer, softball and wrestling. In addition, the ECAC officiating bureaus provide clinics and workshops, improving the level of officiating and attracting the most qualified collegiate officials.

Communications

The ECAC publicizes the achievements of its member institution's student-athletes through weekly and postseason awards. Annually, the publicity bureau recognizes more than 4,000 student-athletes in 20 different sports from Division I, II and III member institutions.

Marketing and Sponsorships

The ECAC Corporate Partner Program is dedicated to developing relationships with commercial entities that are committed to the mission of the ECAC, support the ideals of intercollegiate athletics and value the pursuit of excellence on and off the field of play. Offering a wide range of opportunities, the ECAC partners with international, national and regional brands to create added-value for its membership and to provide quality championship experiences for its student-athletes.

The ECAC® is the nation's largest athletic conference with 320 Divisions I, II, and III colleges and universities from Maine to North Carolina. Since its foundation 68 years ago, the ECAC has emerged as the nationwide leader in service. The headquarters, the Asa S. Bushnell Center, is located in Centerville, Massachusetts on Cape Cod. A non-profit service organization since 1938, the ECAC was founded as the Central Office for Eastern Intercollegiate Athletics with 58 charter members. In 1983, one of the most significant events in ECAC history occurred as the Eastern Association of Intercollegiate Athletics for Women (EAIW) was consolidated into the ECAC. Through the years the ECAC has

been a leader both regionally, and nationally.

The business of the ECAC is

Administer

98 Championships

conducted at the annual fall convention and in 2007 will be held on Sep. 30 - Oct. 2 on Cape Cod. This meeting provides the membership an opportunity to discuss and vote on conference-wide issues and concerns.

In October of 2004, the conference established an aggressive initiative to recruit, educate and train officials with the focus on increasing the number of women and minority sports officials. This initiative is partially being funded through a grant from the National Collegiate Athletic Association (NCAA).

Assign

5,100 Officials

The ECAC maintains a legislative and compliance service to assist the membership with the application of NCAA and ECAC regulations.

The conference's Web site features real-time management and cutting-edge technology. The ECAC owns the nation's leading online officiating system which is a password-protected extranet that allows real-time access to its membership and officials as changes

Student-Athletes

122,000

occur to their schedules.

The ECAC is also on the forefront of other Web-based technology including the officiating

payment service (OPS). This enables the ECAC to pay the game officials on behalf of a member institution. Launched in 2002 in response to the expressed needs of the membership, the ECAC successfully processed more than 6,000 officiating payments last academic year.

The prestigious Asa S. Bushnell internship offers students from ECAC institutions hands-on experience in all areas of operation of the only multi-divisional conference in the country. The 2006-07 interns are Katie Fulton (Williams College), Daniel O'Reilly (Merrimack College), Tyler Paul (Bates College) and Ciaran Cullen (Massachusetts College of Liberal Arts).

www.ecac.org
1311 Craigville Beach Road
Centerville, Massachusetts 02632
Office: 508/771-5060 Fax: 508/771-9481

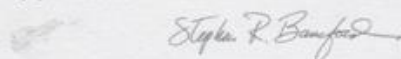
ECAC, THE NATIONWIDE LEADER IN SERVICE™

Dear Cross Country Fans,

As the Eastern College Athletic Conference commences its 69th year, I am proud of the commitment the conference has made to the Intercollegiate Association of Amateur Athletes of America (IC4A) and to the sport of cross country. Our partnership with the IC4A, the oldest and most prestigious collegiate cross country and track and field organization in the United States, has afforded both organizations increased opportunities and enhanced experiences for our student-athletes. Host of championships for 130 years, the IC4A is dedicated to promoting and developing the growth of cross country. Together, we continue to seek new ways to fulfill the ECAC mission of initiating, stimulating and improving intercollegiate athletics programs. I take pride in our association, the progress we have made and the direction we are heading.

I salute the former ECAC and IC4A student-athletes who have distinguished themselves in past competitions and those who will strive for excellence this weekend.

Enjoy the event.



Interim Commissioner of the ECAC

ECAC Member Institutions

Albany	Fairleigh Dickinson	Monmouth	Siena
American	Fordham	Morgan St.	Syracuse
Army	George Mason	Mt. St. Mary's	Temple
Boston College	George Washington	Navy	Towson
Boston U.	Georgetown	New Hampshire	Vermont
Brown	Hartford	Niagara	Villanova
Bucknell	Harvard	UNC Wilmington	Virginia
Buffalo	Hofstra	Northeastern	VMI
Canisius	Holy Cross	Pennsylvania	Wagner
Central Conn. St.	Ill.-Chicago	Penn St.	West Virginia
Colgate	Iona	Pittsburgh	William & Mary
Columbia	James Madison	Princeton	Yale
Connecticut	La Salle	Providence	
Coppin St.	Lafayette	Quinnipiac	
Cornell	Lehigh	Rhode Island	
Dartmouth	Liberty	Rider	
Davidson	Long Island	Robert Morris	
Delaware	Loyola	Rutgers	
Delaware St.	Maine	St. Francis Col. (N.Y.)	
Drexel	Manhattan	St. Francis Univ. (Pa.)	
Duke	Marist	St. John's	
Duquesne	Maryland	St. Joseph's	
East Carolina	UMBC	St. Peter's	
Fairfield	Massachusetts	Seton Hall	

2006 ECAC® Division I Cross Country Athletes of the Week

The ECAC honors more than 4,000 student-athletes in Division I, II and III member institutions. In 2006, the following Division I Cross Country athletes were recognized for their achievements.

September 11, 2006

McKayla Plank - Iona
Sam Chelanga - Fairleigh Dickinson

September 18, 2006

Rachel Papin - La Salle
Brendan Fennel - American

September 25, 2006

Sarah Dunklee - Dartmouth
John Ciccirelli - Quinnipiac

October 2, 2006

Salome Kosgei - Iona
Christo Landry - William and Mary

October 9, 2006

Nana Sang-Bender - Syracuse
Jeff Scull - Syracuse

October 16, 2006

Catherine Parker - New Hampshire
Michael Hanlon - Colgate

October 23, 2006

Laura Huet - Stony Brook
Ry Sanderson - Central Conn. St.

October 30, 2006

Catherine Parker - New Hampshire
Martin Fagan - Providence

ADMINISTRATIVE STAFF

Interim Commissioner	Steve Bamford
Assistant Commissioner for Officiating and Compliance	Steve Rossetti
Assistant Commissioner for Communications	Heidi Kravchuk
Director of Marketing	Brian Young
Director of Championships	Gothard Lane
Coordinator of Operations and Services	Michael Letzeisen
Asa S. Bushnell Communications Assistant	Ciaran Cullen
Asa S. Bushnell Strategic Marketing Assistant	Katie Fulton
Asa S. Bushnell Hockey and Rowing Assistant	Daniel O'Reilly
Asa S. Bushnell Championships Assistant	Tyler Paul
Administrative Intern	Nick Wetherby



INTERCOLLEGIATE ASSOCIATION OF AMATEUR ATHLETES OF AMERICA

Founded in 1876

Executive Committee

Irwin Cohen, Chair

Steve Bamford, Secretary/Treasurer, ECAC

John Kane, Boston College

Mike Cross, Princeton University

Jack McDonald, Quinnipiac University

Patricia Nicol, Southern Connecticut State University

Kevin Quinn, St. Joseph's University

Steve Bartold, IC4A Track Administrator

IC4A Member Institutions

Adelphi (II)	George Mason	Morgan State	Siena
Albany	George Washington	Mount St. Mary's (Md.)	Southern Conn. (II)
Army (USMA)	Georgetown	Navy (USNA)	Stonehill (II)
Bates (III)	Georgia State	New Hampshire	Stony Brook
Bentley (II)	Hartford	New Haven (II)	Syracuse
Binghamton	Harvard	New Jersey Tech	Temple
Boston College	Hofstra	New York Tech (II)	Tufts (III)
Boston University	Holy Cross	New York Univ. (III)	USMMA (III)
Brandeis (III)	Hunter (III)	Northeastern	Villanova
Brown	Iona	UNC - Wilmington	Virginia
Bucknell	James Madison	Notre Dame	Virginia Military Inst.
Buffalo	La Salle	Pace (II)	Wagner
Canisius	Lafayette	Penn State	William & Mary
Central Connecticut	Lehigh	Pennsylvania	Yale
College of New Jersey	Liberty	Pittsburgh	
Colgate	Lincoln (III)	Princeton	
Columbia	Long Island U.	Providence	
Connecticut	Longwood	Quinnipiac	
Coppin State	Loyola (Md.)	Rhode Island	
Cornell	Maine	Rider	
C.W. Post (II)	Manhattan	Robert Morris	
Dartmouth	Marist	Rutgers	
Delaware	Maryland	Sacred Heart	
Delaware State	UMBC	St. Francis College (N.Y.)	
Duke	Massachusetts	St. Francis Univ. (Pa.)	
Duquesne	U. Mass-Lowell (II)	St. John's	
East Carolina	MIT (III)	St. Joseph's (Pa.)	
Fairfield	Mercy	St. Peter's	
Fairleigh Dickinson	Monmouth	St. Thomas Aquinas (II)	
Fordham	Montclair State (III)	Seton Hall	

2005 ECAC Results

Van Cortlandt Park, N.Y. - 5,000 Meter Run

CHAMPIONSHIP DIVISION (NCAA QUALIFIER)

Individual Results

1. Katherine McKinstry (07)	Yale	17:47.5
2. Salome Kosgei (07)	Iona	18:00.2
3. Nelly Anderson (06)	James Madison	18:01.7
4. Maddie McKeever (09)	Duke	18:05.5
5. Nyam Kagwima (07)	Cornell	18:07.9
6. Cori Koch (06)	Maryland	18:09.7
7. Laurel Jefferson (07)	Maryland	18:12.9
8. Christa Plummer (08)	La Salle	18:16.3
9. Karen Proulx (07)	La Salle	18:18.1
10. Marie Parks (09)	Cornell	18:22.3
11. Anna Farias-Eisner (09)	Duke	18:24.6
12. Samantha Howard (08)	Duquesne	18:26.6
13. McKayla Plank (09)	Iona	18:29.3
14. Elizabeth Gill (08)	Columbia	18:32.3
15. Susan Hendrick (07)	Columbia	18:32.8
16. Aerie Amig (09)	Cornell	18:33.8
17. Michelle Beardmore (08)	James Madison	18:36.2
18. Kim Bonner (08)	Princeton	18:37.9
19. Carolyn Lipovsky (08)	La Salle	18:38.8
20. Katie Purcell (06)	Maryland	18:39.6
21. Bevin Peters (09)	Yale	18:40.6
22. Christy Paul (07)	Cornell	18:41.2
23. Toni-Lynn Salucci (07)	Cornell	18:42.1
24. Tracey Williams (09)	Iona	18:42.5
25. Claire Filloux (07)	Princeton	18:42.7
26. Julia Somers (09)	Delaware	18:42.7

Team Results

1. Cornell	76
2. Maryland	95
3. La Salle	109
4. Yale	117
5. Iona	135
6. Princeton	154
7. Columbia	183
8. James Madison	197
9. Duke	209
10. William and Mary	241
11. Duquesne	247
12. Delaware	280

UNIVERSITY DIVISION

Individual Results

1. Catherine Parker (07)	New Hampshire	18:10.5
2. Caitlin Dunne (06)	Loyola (Md.)	18:14.6
3. Dana Hastie (08)	Stony Brook	18:21.2
4. Andrea Rovegno (07)	Loyola (Md.)	18:25.1
5. Katie Radzik (09)	Binghamton	18:27.8
6. Megan Lerch (06)	Towson	18:36.0
7. Alyssa Lotmore (07)	Albany	18:37.4
8. Emily Marbe (07)	New Hampshire	18:42.2
9. Katina Alexander (06)	Monmouth	18:43.6
10. Jacqueline Prevete (09)	Fordham	18:44.4
11. Jennifer Busse (06)	New Hampshire	18:52.2
12. Stacy Kramer (06)	Binghamton	18:55.2
13. Alex Brown (08)	Brown	18:56.8
14. Jenna Ortman (09)	Albany	18:58.4
15. Meghan Curran (09)	Army	19:00.5
16. Kathleen Henry (09)	Sacred Heart	19:03.3
17. Elizabeth Kennedy (08)	Colgate	19:04.9
18. Malia Lyles (07)	Monmouth	19:12.5
19. Smita Gupta (08)	Brown	19:16.0
20. Meaghan Robbins (08)	Wagner	19:22.8
21. Margaret Kim (09)	Army	19:24.2
22. Kathleen Duffy (07)	Sacred Heart	19:27.5
23. Michele Henschel (06)	Towson	19:28.0
24. Anne Duffy (07)	Sacred Heart	19:30.7
25. Andrea Austin (GR)	Seton Hall	19:31.8

Team Results

1. New Hampshire	76
2. Binghamton	137
3. Sacred Heart	140
4. Army	160
5. Albany	177
6. Loyola (Md.)	181
7. Towson	200
8. Brown	201
9. Fordham	227
10. Colgate	240
11. Wagner	266
12. Bucknell	299
13. Monmouth	301
14. Manhattan	315
15. Seton Hall	377
16. Holy Cross	410
17. C.W. Post	438
18. Fairfield	490
19. Siena	498
20. Saint Francis Coll.	502
21. St. John's	528
22. Longwood	557

2005 IC4A Results

Van Cortlandt Park, N.Y. - 10,000 Meter Run

CHAMPIONSHIP DIVISION

Individual Results

1. Ryan Sheehan (06)	St. Francis U.	24:58.9
2. CW Moran (07)	James Madison	25:01.6
3. AJ Andrassey (06)	Notre Dame	25:12.7
4. Jake Watson (08)	Notre Dame	25:13.6
5. Keith Krieger (07)	Duke	25:14.0
6. Chris Horvat (07)	Duquesne	25:21.7
7. Andrew Keino (07)	Villanova	25:23.2
8. Jon Marcus (06)	Columbia	25:23.4
9. Brad Baird (07)	Cornell	25:23.5
10. Chris Spooner (08)	Duke	25:24.0
11. Patrick Quinn (06)	St. Francis U.	25:24.4
12. Dan McKenna (07)	Buffalo	25:24.8
13. Sage Canaday (08)	Cornell	25:26.0
14. P.J. Meany (07)	Delaware	25:27.0
15. Anthony Arena (08)	William and Mary	25:28.2
16. Andrew Pitts (07)	Yale	25:29.1
17. Rasheed Thompson (08)	Georgetown	25:34.5
18. John Butler (06)	La Salle	25:36.6
19. Craig Segal (06)	Villanova	25:39.2
20. Steve Hoogland (08)	William and Mary	25:40.6
21. Ricky Lader (07)	Cornell	25:41.1
22. Kevin Borrelli (06)	Duquesne	25:41.5
23. Dan Daly (07)	Duke	25:43.7
24. Jimmy Wyner (08)	Cornell	25:45.1
25. Zack Dorman (06)	Duquesne	25:45.9

Team Results

1. Duke	98
2. Cornell	112
3. Notre Dame	127
4. William and Mary	150
5. Duquesne	182
6. Columbia	220
7. La Salle	223
8. Yale	264
9. Georgetown	269
9. James Madison	269
11. Villanova	284
12. Penn State	294
13. Princeton	311
14. Saint Francis Univ.	313
15. Delaware	323
16. Pennsylvania	367
17. Buffalo	420
18. Saint Joseph's	425
19. Massachusetts	505
20. Maryland	554

UNIVERSITY DIVISION

Individual Results

1. Tyler Raymond (06)	Manhattan	25:24.6
2. Girma Segni (09)	Marist	25:41.8
3. Faraz Bala (07)	Army	25:45.6
4. Shaun Krawitz (08)	Stony Brook	25:55.8
5. Robbie Freeman (06)	Albany	25:58.2
6. Daniel O'Loughlin (07)	Army	25:59.5
7. Justin Wood (06)	Seton Hall	26:03.9
8. Jordan Horwitz (08)	UNH	26:09.3
9. Doug Pelletier (07)	Army	26:14.9
10. John Mickowski (08)	Army	26:21.9
11. Brendan O'Kane (07)	Loyola (Md.)	26:22.2
12. David Raucci (09)	Marist	26:24.3
13. Nate Rosenthal (06)	Colgate	26:28.0
14. Bryant Cherry-Woode (06)	Albany	26:30.0
15. Sean Mahon (08)	C.W. Post	26:30.5
16. Larry Schau (07)	Monmouth	26:32.6
17. Adam Hutton (09)	Longwood	26:34.0
18. Ryan Graddy (08)	Brown	26:35.0
19. Robert Squier (08)	Army	26:35.6
20. Matt Syzmaszek (07)	Marist	26:36.7
21. Steve Chaloner (09)	Brown	26:37.7
22. Mike Rolek (08)	Marist	26:38.3
23. Chris Heibell (09)	Loyola (Md.)	26:38.7
24. Umar Saeed (09)	New Jersey Tech	26:41.0
25. Alex Enscoe (08)	Brown	26:42.8

Team Results

1. Army	47
2. Marist	98
3. Brown	136
4. New Hampshire	160
5. Manhattan	172
6. Seton Hall	222
7. Colgate	232
8. Fordham	256
9. Monmouth	258
10. Albany	261
11. Loyola (Md.)	278
12. Stony Brook	292
13. Bucknell	310
14. Siena	343
15. Longwood	371
16. Binghamton	379
17. Sacred Heart	429
18. C.W. Post	432
19. New Jersey Tech	567
20. Mercy	579
21. Saint Francis Coll.	628
22. Fairfield	638

ECAC All-Time Champions

CHAMPIONSHIP DIVISION

<u>Year</u>	<u>Champion</u>	<u>Individual Winner</u>	<u>Time</u>
1985	Penn State	Jenny Strickler, Harvard	17:11.6
1986	Yale	Vickie Huber, Villanova	16:38.4
1987	Yale	Vickie Huber, Villanova	16:33.0
1988	Yale	Cassie O'Neill, George Mason	17:07.0
1989	Villanova	Vickie Huber, Villanova	16:03.0
1990	Villanova	Sonia O'Sullivan, Villanova	16:56.0
1991	Villanova	Sonia O'Sullivan, Villanova	16:00.5
1992	Villanova	Carole Zajac, Villanova	16:28.2
1993	Villanova	Carole Zajac, Villanova	16:41.2
1994	Villanova	Jennifer Rhines, Villanova	16:25.0
1995	Providence	Jennifer Rhines, Villanova	16:34.0
1996	Villanova	Kristine Jost, Villanova	16:26.0
1997	Yale	Emily Germano, Cornell	17:39.8
1998	Virginia	Ariana Kelly, Yale	17:41.5
1999	Duke	Sheela Agrawal, Duke	17:42.6
2000	Bucknell	Sylvia Chelimo, Gardner-Webb	17:23.1
2001	James Madison	Cynthia Dunham, James Madison	17:50.7
2002	Cornell	Leonora Joy, Stony Brook	17:43.1
2003	Yale	Kate Boyles, Cornell	17:56.4
2004	La Salle	Jenny Darcy, La Salle	17:48.0
2005	Cornell	Katherine McKinstry, Yale	17:47.5

UNIVERSITY DIVISION

<u>Year</u>	<u>Champion</u>	<u>Individual Winner</u>	<u>Time</u>
1989	Lafayette	Kate Fonshell, Villanova	17:54.0
1990	Manhattan	Chrissy Smith, Syracuse	19:04.0
1991	Navy	Kristen Opdyke, Bucknell	17:33.0
1992	La Salle	Patricia McCormack, Seton Hall	19:59.2
1993	Fordham	Siobhan Murphy, St. John's	18:10.7
1994	Fordham	Jessica Wilhelm, Bucknell	18:37.0
1995	Yale	Margaret McParland, Manhattan	18:20.0
1996	Boston University	Noreen O'Brien, Boston University	17:52.0
1997	George Washington	Molly DeMark, Colgate	18:27.4
1998	Colgate	Erin Hayes, St. John's	18:18.7
1999	Lehigh	Laura Nann, Lafayette	18:42.0
2000	Princeton	Ruth Chege, Seton Hall	18:23.1
2001	East Carolina	Johanna Allen, East Carolina	18:10.1
2002	Princeton	Ashley Urick, Army	18:31.8
2003	New Hampshire	Lesley Read, New Hampshire	18:12.9
2004	New Hampshire	Megan Hepp, New Hampshire	18:01.0
2005	New Hampshire	Catherine Parker, New Hampshire	18:10.5

FieldTurf Tarkett®
UNITED IN SPORT™

IC4A All-Time Champions

Championship Division

YEAR	CHAMPION	INDIVIDUAL WINNER	TIME
1908	Cornell	H.C. Young, Cornell	34:14.0
1909	Cornell	Tell S. Berna, Cornell	33:05.5
1910	Cornell	John Paul Jones, Cornell	33:34.0
1911	Cornell	John Paul Jones, Cornell	33:41.6
1912	Harvard	John Paul Jones, Cornell	32:09.5
1913	Cornell	Robert St. B. Boyd, Harvard	34:37.0
1914	Cornell	D.F. Potter, Cornell	34:00.6
1915	Maine	John W. Overton, Yale	33:21.2
1916	Cornell	John W. Overton, Yale	35:30.8
1917	Pennsylvania	Ivan C. Dresser, Cornell	33:00.0
1918	Not held because of WWI		
1919	Syracuse	John Simmons, Syracuse	32:55.0
1920	Cornell	John L. Romig, Penn State	33:01.0
1921	Cornell	Robert E. Brown, Cornell	35:20.5
1922	Syracuse	Walter Higgins, Columbia	32:21.8
1923	Syracuse	J. Verne, John Hopkins	32:10.0
1924	Pittsburgh	H. Booth, John Hopkins	32:10.0
1925	Syracuse	Macaulay L. Smith, Yale	31:24.0
1926	Penn State	Willard L. Tibbets, Harvard	30:24.0
1927	Penn State	William J. Cox, Penn State	30:04.0
1928	Penn State	William J. Cox, Penn State	30:36.8
1929	Pennsylvania	James L. Reid, Harvard	30:11.0
1930	Penn State	Francis C. Lindsay, Maine	30:06.0
1931	Harvard	Harry L. Richardson, Maine	30:06.0
1932	Manhattan	Clark S. Chamberlain, Michigan St.	30:19.2
1933	Michigan State	Daniel E. Dean, Pennsylvania	29:23.0
1934	Michigan State	George H. Barker, NYU	28:58.8
1935	Michigan State	Thomas C. Otley, Michigan St.	30:00.0
1936	Michigan State	Thomas C. Otley, Michigan St.	31:54.6
1937	Michigan State	J. Edward Bechtold, Michigan St.	26:23.3
1938	Manhattan	Kenneth E. Waite, Michigan St.	26:26.3
1939	Manhattan	Howard W. Welch, Cornell	26:54.0
1940	Rhode Island	William J. Smith, Penn State	26:33.3
1941	Rhode Island	Leslie MacMitchell, NYU	26:28.6
1942	Rhode Island	Leslie MacMitchell, NYU	26:02.8
1943	Dartmouth	Frank Dixon, NYU	27:34.1
1944	Navy	Donald Burnham, Dartmouth	28:12.9
1945	Army	Vincent W. Barry, Navy	27:34.1
1946	New York Univ.	John T. Hanley, Dartmouth	28:21.3
1947	Manhattan	Curtis C. Stone, Penn State	27:07.9
1948	Michigan State	Robert Black, Rhode Island	25:37.1
1949	Army	Robert Black, Rhode Island	25:00.4
1950	Penn State	Richard Shea, Army	25:14.7
1951	Penn State	Richard Shea, Army	25:21.1
1952	Michigan State	Richard Shea, Army	24:55.1
1953	Michigan State	Charles Capozzoli, Georgetown	24:30.1
1954	Manhattan	John Kelley, Boston U.	24:51.7
1955	Pittsburgh	George A. Terry, Boston U.	24:46.4
1956	Michigan State	Harry Kennedy, Michigan St.	24:30.3
1957	Michigan State	Harry Kennedy, Michigan St.	24:01.8
1958	Michigan State	Crawford Kennedy, Michigan St.	24:14.8
1959	Michigan State	Crawford Kennedy, Michigan St.	24:21.4
1960	Penn State	Crawford Kennedy, Michigan St.	23:51.8
1961	Michigan State	Robert Love, Brown	25:40.4
1962	Villanova	Steve Machooka, Cornell	26:02.9
1963	Notre Dame	Victor Zwolak, Villanova	24:47.3
1964	Georgetown	Victor Zwolak, Villanova	24:46.8
1965	Georgetown	Joseph Lynch, Georgetown	24:41.8
1966	Villanova	Eamon O'Reilly, Georgetown	24:24.2
1967	Villanova	Charles Mesenger, Villanova	24:15.6
1968	Villanova	Arthur Dulong, Holy Cross	24:04.4
1969	Villanova	Stephen Stageberg, Georgetown	24:32.4
1970	Villanova	Arthur Dulong, Holy Cross	24:06.8
1971	Villanova	Donald Walsh, Villanova	24:10.4
1972	Manhattan	Robert Wheeler, Duke	24:27.0
1973	Manhattan	Michael Keogh, Manhattan	24:03.8
1974	Massachusetts	John Hartnett, Villanova	24:00.0
1975	Northeastern	Dennis Trujillo, Army	24:20.8
1976	Harvard	David Merrick, Pennsylvania	23:51.0
1977	Massachusetts	Curt Alitz, Army	23:58.1
1978	Villanova	John Flora, Northeastern	24:17.0
1979	Villanova	Sydney Maree, Villanova	24:04.0
1980	Bucknell	Sydney Maree, Villanova	23:59.4
1981	Providence	Soloman Chebor, FDU	24:11.9
1982	Providence	Stephen Binns, Providence	23:52.5
1983	Villanova	Brendan Quinn, Providence	29:43.0
1984	Providence	Richard O'Flynn, Providence	30:05.0
1985	West Virginia	Richard O'Flynn, Providence	29:49.4
1986	Dartmouth	Jean-Pierre Ndaysenga, West Va.	30:39.4
1987	Dartmouth	Dean Crowe, Boston University	29:55.0
1988	Dartmouth	Eric Carter, Penn State	30:34.0
1989	Georgetown	Greg Whiteley, Brown	29:57.0
1990	Connecticut	Sammy Cheruiyot, Mt. St. Mary's	29:12.6
1991	Providence	Peter Rono, Mt. St. Mary's	30:57.3
1992	Providence	Terrance Mahon, Villanova	30:17.2
1993	Georgetown	Louis Quintana, Villanova	29:57.3
1994	Georgetown	Jason Stewart, Army	29:00.0
1995	Georgetown	Louis Quintana, Villanova	30:12.0
1996	Duke	Mark Carroll, Providence	29:24.0

YEAR	CHAMPION	INDIVIDUAL WINNER	TIME
1996	Villanova	Dan Brown, Army	29:28.0
1997	Princeton	Tony Barroco, Princeton	24:48.7
1998	Princeton	Matthew Lane, William & Mary	24:06.3
1999	Princeton	Steven Ondieki, Fairleigh Dickinson	24:24.0
2000	Penn State	Mike DiGennaro, Delaware	24:52.4
2001	Bucknell	Matt Spring, Manhattan	25:04.6
2002	Cornell	John Bitok, Syracuse	25:05.8
2003	James Madison	Casey Moriarty, Yale	24:57.6
2004	La Salle	Chris Foster, Penn State	24:55.0
2005	Duke	Ryan Sheehan, St. Francis U	24:58.9

University Division

YEAR	CHAMPION	INDIVIDUAL WINNER	TIME
1977	FDU	Paul Streebs, Fairleigh Dickinson	25:06.1
1978	Millersville	Mark Kimball, Boston University	24:51.5
1979	Boston University	Mark Kimball, Boston University	25:01.9
1980	William & Mary	Fraser Huggins, William & Mary	25:22.0
1981	Millersville	Gregg Caulier, Millersville	25:08.3
1982	William & Mary	Andy Whitney, William & Mary	24:27.1
1983-88	No Championships held		
1989	Fordham	Timothy Dunn, Rhode Island	30:57.0
1990	Syracuse	Tom Perry, Syracuse	33:37.28
1991	Seton Hall	Brian Spoorie, Seton Hall	32:00.74
1992	Yale	David McCombs, Liberty	32:05.2
1993	Princeton	Brian Quinn, St. John's	30:58.6
1994	Providence	Jesse Breeden, Rider	32:02.0
1995	Syracuse	Greg Powell, Duquesne	31:26.0
1996	Lafayette	David Robinson, Lafayette	31:51.0
1997	Manhattan	Sean Lynch, Manhattan	25:18.6
1998	St. Francis College	Paul Borge, Towson	25:08.0
1999	Manhattan	Steve Gourley, Lehigh	25:43.9
2000	Marist	Michael Nehr, Marist	25:28.7
2001	Colgate	John Bitok, Syracuse	25:34.0
2002	Princeton	Xavier Deboisson, Colgate	25:40.5
2003	New Hampshire	Stephen Meinelt, New Hampshire	24:49.5
2004	Stony Brook	Robbie Freeman, Albany	25:17.0
2005	Army	Tyler Raymond, Manhattan	25:24.6

Future ECAC and IC4A Dates

2007 IC4A Indoor Track and Field Championships
March 3-4, Boston University, Boston, Massachusetts

2007 ECAC Indoor Track and Field Championships
March 3-4, Reggie Lewis Track and Athletic Center,
Boston, Massachusetts

2007 ECAC IC4A Outdoor Track and Field Championships
May 11-13, Princeton University, Princeton, New Jersey

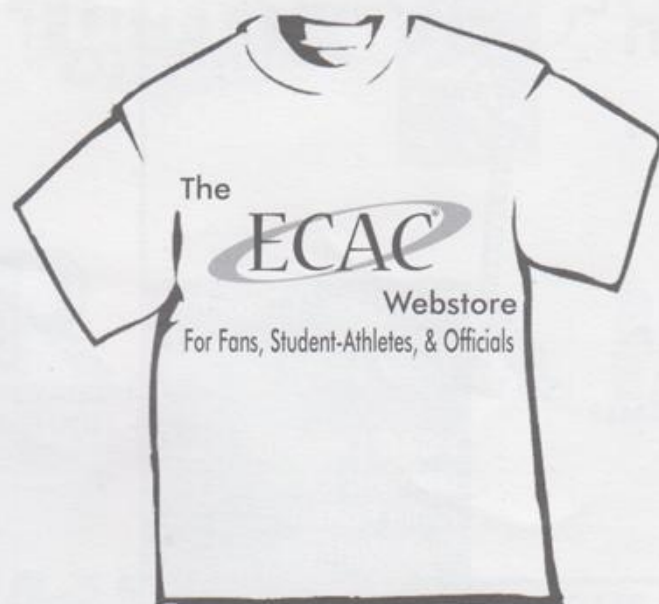
2005 ECAC Cross Country Team Champion

CORNELL UNIVERSITY



2005 IC4A Cross Country Team Champion

DUKE UNIVERSITY



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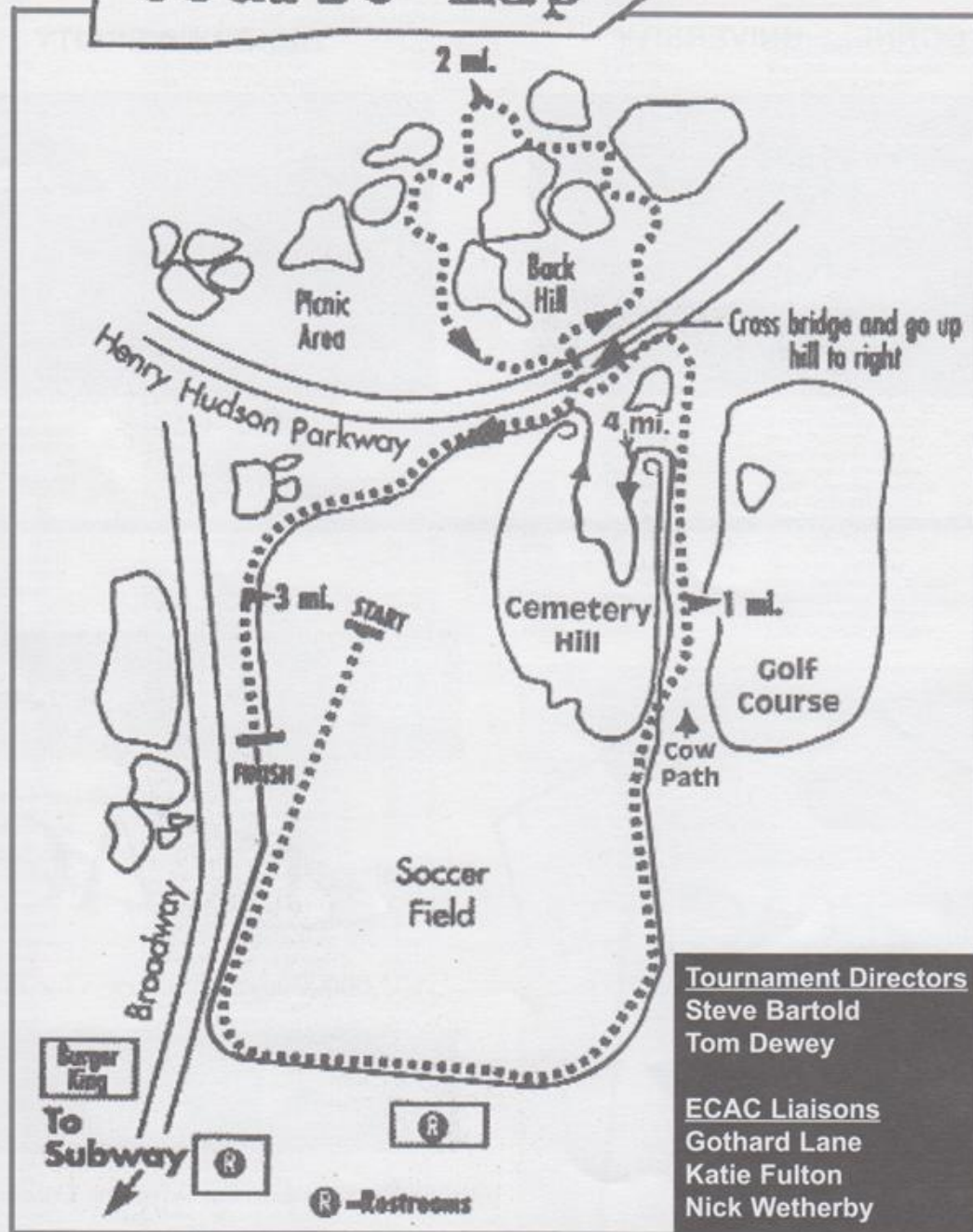
122,000 Student-Athletes. One Place.



EASTERN COLLEGE ATHLETIC CONFERENCE
Affiliates

EARC • EAWRC • EGL • EIWA • IC4A
IFA • IRA • NERC
ECAC Hockey • ECAC Lacrosse

course map



**Van Cortlandt Park
Bronx, NY**

..... **5000 Meter Course**

———— **5 Mile Course**
(extended 5km course)