

INTERCOLLEGIATE
ASSOCIATION OF
AMATEUR
ATHLETES OF
AMERICA
IC4A



ECAC
EASTERN
COLLEGE
ATHLETIC
CONFERENCE
WOMEN'S DIVISION I



1995

CROSS COUNTRY CHAMPIONSHIPS

Franklin Park, Boston, MA
Hosted by Boston University
Saturday, November 11, 1995

IC4A Championship Race (10 km) 1:00pm
ECAC Championship Race (5 km) 1:50pm
IC4A University Race (10 km) 2:30pm
ECAC University Race (5 km) 3:20pm



INTERCOLLEGIATE ASSOCIATION OF AMATEUR ATHLETES OF AMERICA

(Founded 1876)

Officers

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Larry Byrne
ECAC

OFFICE OF THE ASSOCIATION
Eastern College Athletic Conference
P.O. Box 3, 1311 Craigville Beach Road
Centerville, MA 02632

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Albany (III)	East Carolina	Maryland-Baltimore County	Rider
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Canisius	Hunter (III)	New York Tech. (II)	Syracuse
Central Connecticut	Iona	New York University (III)	Temple
Cheyney (II)	James Madison	Niagara	Towson State
Colgate	Kutztown (II)	North Carolina-Wilmington	Tufts (III)
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Delaware State	Maine	Princeton	West Chester (II)
Drexel	Manhattan	Providence	West Virginia
Duke	Marist	Rhode Island	William & Mary
Duquesne	Maryland	Richard Stockton (III)	Yale

(II) denotes Division II, (III) denotes Division III . . . all other members are Division I



EASTERN COLLEGE ATHLETIC CONFERENCE



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Phil Gibson

Jennifer Ward

80 MEMBERS

Army
Boston College
Boston University
Brown
Bucknell
Buffalo
Canisius
Central Connecticut
Colgate
Columbia
Connecticut
Coppin State
Cornell
Dartmouth
Delaware
Delaware State
Drexel
Duquesne
East Carolina
Fairfield

Fairleigh Dickinson
Fordham
George Mason
George Washington
Georgetown
Hartford
Harvard
Hofstra
Holy Cross
Iona
James Madison
Lafayette
LaSalle
Lehigh
Liberty
Long Island
Loyola
Maine
Manhattan
Marist

Maryland
Maryland-Baltimore County
UMass-Amherst
Monmouth
Morgan State
Mount St. Mary's
Navy
New Hampshire
Niagara
North Carolina-Wilmington
Northeastern
Penn State
Pennsylvania
Pittsburgh
Princeton
Providence
Rhode Island
Richmond
Rider
Robert Morris

Rutgers
St. Bonaventure
St. Francis (NY)
St. Francis (PA)
St. John's
St. Joseph's
St. Peter's
Seton Hall
Siena
Syracuse
Temple
Towson State
Vermont
Villanova
Virginia
Virginia Commonwealth
Wagner
West Virginia
William & Mary
Yale

1994 IC4A RESULTS

Franklin Park, Boston, Massachusetts

Boston University and Northeastern University - Hosts

CHAMPIONSHIP DIVISION (NCAA QUALIFIER)

Individual Results

1. Louie Quintana	Villanova	30:12
2. Brian Hyde	William & Mary	30:13
3. Andy Downin	Georgetown	30:15
4. Bob Hamer	Penn State	30:15
5. Ian Urbina	Georgetown	30:15
6. Martin McCarthy	Iona	30:17
7. Ted Fitzpatrick	Dartmouth	30:18
8. Mike Dudley	West Virginia	30:20
9. Brook Kintz	Georgetown	30:21
10. Mike Bernstein	Army	30:24
11. Kenneth Nason	Villanova	30:28
12. Karl Rasmussen	Boston University	30:30
13. Mike Umbleby	Pittsburgh	30:31
14. Chris Georgules	Boston College	30:34
15. Jake Bartholomy	Penn State	30:41
16. Ian Carswell	Harvard	30:42
17. Steve Clarke	Bucknell	30:52
18. Dave Ward	Boston University	30:53
19. Tom McGlynn	Penn State	30:54
20. Chris Priestaf	Bucknell	30:54
21. Aaron Bouplon	Dartmouth	30:54
22. Bernard Kitur	Mt. St. Mary's	30:55
23. Chris Langan	Dartmouth	30:56
24. Jack Dwyer	Dartmouth	30:56
25. John Wassenaar	Boston College	30:57
26. Artie Gilkes	Penn State	30:58
27. Declan O'Callaghan	Iona	31:00
28. Erick Rheam	Army	31:02
29. Carl Anstrom	Cornell	31:06
30. Todd Tressler	Villanova	31:08

Team Results

1. Georgetown (II)	3-5-9-31-33 (38-111)	81
2. Penn State (II)	4-15-19-25-40 (67-68)	103
3. Dartmouth (I)	7-21-22-23-32 (71-146)	105
4. Villanova (II)	1-11-29-38-83 (104-178)	162
5. Boston U. (I)	12-18-30-37-88 (168)	185
6. Wm. & Mary (II)	2-44-47-49-58 (66-164)	200
7. Army (II)	10-27-39-72-76 (107-148)	224
8. Boston Coll. (I)	14-24-53-92-93 (160)	276
9. West Virginia (II)	8-35-43-112-114 (118-177)	312
10. Bucknell (II)	17-20-87-98-113 (150-170)	335
11. Yale (I)	48-70-73-74-82 (149-180)	347
12. Brown (I)	50-57-68-100-104 (158-166)	379
13. Princeton (II)	34-67-80-96-103 (128-142)	380
14. Cornell (II)	28-71-90-107-126 (154-191)	422
15. FDU (II)	46-52-60-77-195 (218)	430
16. Iona (II)	6-26-79-156-171 (194)	438
17. Pennsylvania (II)	56-61-85-108-140 (163-197)	450
18. James Mad. (II)	59-81-110-116-135 (173-195)	501
19. Navy (II)	55-99-111-118-124 (162-176)	507
20. Harvard (I)	16-106-122-127-141 (169-184)	512
21. Pittsburgh (II)	13-62-97-164-189 (211)	525
22. Connecticut (I)	51-91-123-130-131 (185-189)	526
23. St. John's (II)	42-95-120-132-162 (175-187)	551
24. St. Joseph's (II)	54-89-133-137-142 (152-161)	555
25. Massachusetts (I)	75-78-134-136-153 (209)	576
26. La Salle (II)	84-86-119-148-154 (171-190)	591
27. Geo. Wash. (II)	45-117-144-152-200 (206-214)	658
28. Duquesne (II)	63-94-183-192-196 (212)	728
29. Maine (I)	41-138-194-198-201 (207)	772
30. Lehigh (II)	121-150-169-179-188 (213-215)	807

UNIVERSITY DIVISION

Individual Results

1. Jesse Breeden	Rider	32:02
2. Robert Grady	Fordham	32:03
3. David Swift	Marist	32:10
4. Eric Garsin	Colgate	32:17
5. Arthur Rich	Northeastern	32:20
6. Jeff Paterno	Holy Cross	32:21
7. Larry Weiss	Manhattan	32:22
8. William Morrow	Rutgers	32:22
9. Chris Volante	Bentley	32:24
10. Nick Fitzsimmons	Canisius	32:25
11. Patrick Hamel	Vermont	32:34
12. Sean Lynch	Manhattan	32:35
13. Casey Carroll	New Hampshire	32:36
14. Al Bernier	New Hampshire	32:43
15. Paul McNamara	Providence	32:44
16. Gary Blair	Providence	32:44
17. Steve Myers	Providence	32:44
18. Matt Kenney	Providence	32:49
19. Gwil Jones	Northeastern	32:56
20. Clay Ledovice	Lafayette	32:57

Team Scores

1. Providence	12-13-14-15-46 (59-76)	100
2. New Hampshire	10-11-25-30-32 (38-45)	108
3. Colgate	3-20-21-26-32 (60-99)	113
4. Syracuse	22-29-31-38-40 (51-108)	160
5. Rutgers	6-27-35-50-53 (64-81)	171
6. Northeastern	4-16-44-52-62 (93)	178
7. Rider	1-23-39-51-72 (88-111)	186
8. Lafayette	17-18-49-63-74 (135)	221
9. Vermont	9-42-66-68-77 (92-113)	262
10. Holy Cross	5-24-47-95-99 (142)	270
11. Marist	2-36-75-78-98 (127-144)	289
12. Bentley	7-64-73-83-96 (109)	323
13. Mt. St. Mary's	28-56-84-109-116 (145)	393
14. Seton Hall	19-57-90-93-137	396
15. Drexel	37-69-81-103-123 (136-150)	413
16. Towson State	33-80-94-111-114 (125-131)	432
17. Canisius	8-89-107-118-124 (154-164)	446
18. Robert Morris	70-88-91-97-110 (119-148)	456
19. St. Francis (NY)	61-65-113-125-128 (146)	492
20. Central Connecticut	45-100-108-133-148	534

IC4A COACHES' ASSOCIATION OFFICERS (1995-96)

Mike Brady, Princeton ~ President

Dick Coleman, Syracuse ~ 1st Vice-President

John Moon, Seton Hall ~ 2nd Vice President

Bill Walton, James Madison ~ 3rd Vice-President

Walter Krolman ~ Secretary-Treasurer

1994 ECAC DIVISION I RESULTS

Franklin Park, Boston, Massachusetts

Boston University and Northeastern University - Hosts

CHAMPIONSHIP DIVISION (NCAA QUALIFIER)

Individual Results

1. Jennifer Rhines	Villanova	16:25
2. Amy Rudolph	Providence	16:33
3. Becky Spies	Villanova	17:11
4. Marcie Homan	William & Mary	17:14
5. Christina Stief	Boston University	17:15
6. Natalie Davey	Providence	17:17
7. Krestena Sullivan	Villanova	17:24
8. Joline Stachel	Georgetown	17:26
9. Marie McMahon	Providence	17:27
10. Catherine Gaffigan	Army	17:28
11. Erin St. John	Penn State	17:30
12. Laura Woeller	Cornell	17:32
13. Kim Kelley	Penn State	17:34
14. Tosha Woodward	Villanova	17:38
15. Stacy Robinson	Villanova	17:42
16. Caryn Landau	Georgetown	17:46
17. Amy Lyman	Boston College	17:47
18. Maria McCambridge	Providence	17:48
19. Susan Murnane	Providence	17:50
20. Emer Molloy	Villanova	17:51
21. Kris Kelly	Penn State	17:52
22. Caroline Pimblett	Boston College	17:52
23. Miesha Marzell	Georgetown	17:53
24. Jenny Kunz	Georgetown	17:54
25. Antje Siems	Boston University	17:55
26. Jenna Rogers	Dartmouth	17:56
27. Charity Wachera	West Virginia	17:58
28. Kristin Manwaring	Dartmouth	17:59
29. Patty McCormick	University of Maine	18:02
30. Fran Lord	Georgetown	18:04

Team Results

1. Villanova	1-3-7-14-15	40
2. Providence	2-6-9-18-19	54
3. Georgetown	8-16-23-24-29	100
4. Penn State	11-13-21-31-35	111
5. Boston College	17-22-44-74-77	234
6. Dartmouth	26-28-46-65-91	256
7. Boston University	5-25-68-83-87	268
8. Cornell	12-38-55-58-110	273
9. William & Mary	4-30-80-99-104	317
10. West Virginia	27-41-57-97-105	327
11. Brown	39-40-60-78-125	342
12. St. Joseph's	32-49-79-86-111	357
13. Connecticut	34-66-69-102-106	377
14. Army	10-89-90-100-114	403
15. Harvard	61-70-73-81-133	418
16. Buffalo	47-54-98-101-145	445
17. Princeton	64-85-93-94-123	459
18. Rhode Island	59-63-95-121-127	465
19. Navy	43-84-107-120-122	476
20. James Madison	45-67-72-152-155	491
21. Delaware	52-71-92-115-183	513
22. Massachusetts	51-62-113-159-160	545
23. Mt. Saint Mary's	50-96-124-144-148	562
24. Rutgers	33-108-119-135-167	562
25. Holy Cross	37-88-117-163-176	581
26. Vermont	56-147-162-175-197	737
27. Pittsburgh	48-169-182-184-195	778
28. New Hampshire	112-131-157-181-202	783
29. Manhattan	75-150-164-187-210	786
30. George Washington	136-143-158-177-188	802

UNIVERSITY DIVISION

Individual Results

1. Jessica Wilhelm	Bucknell	18:37
2. Jennifer Mitchell	Yale	18:47
3. Megan Smith	Lafayette	18:48
4. Leah Johnson	Bucknell	18:58
5. Martina Brosnahan	Columbia	19:02
6. Kerry Wille	Canisius	19:03
7. Yasheka Taylor	Northeastern	19:04
8. Heather Pola	Maine	19:06
9. Jeanne Dougherty	Fordham	19:12
10. Adrienne Cooney	Fordham	19:13
11. Lauren Camner	Syracuse	19:14
12. Annette Fields	Fordham	19:16
13. Jennifer Leshner	Duquesne	19:18
14. Violet Blake	Seton Hall	19:23
15. Kelly Polinsky	Colgate	19:24
16. Suzanne Gould	Fordham	19:24
17. Janet Fu	Columbia	19:25
18. Sarah Dibble	Yale	19:26
19. Cynthia Miller	Yale	19:27
20. Jennifer Flood	Monmouth	19:29

Team Results

1. Fordham	8-9-11-15-30	73
2. Bucknell	1-4-26-27-59	117
3. Columbia	5-16-23-31-58	133
4. Syracuse	10-20-24-37-54	145
5. Yale	2-17-18-66-73	176
6. Duquesne	12-28-42-43-52	177
7. Colgate	14-22-39-45-57	177
8. Canisius	6-44-49-53-56	208
9. Lafayette	3-25-48-51-82	209
10. Monmouth	19-35-36-64-65	219
11. Marist	33-40-41-61-80	255
12. Seton Hall	13-29-50-77-92	261
13. St. Francis (PA)	32-46-76-91-96	341
14. Central Connecticut	67-72-78-97-99	413
15. Northeastern	7-69-112-124-127	439
16. St. Francis (NY)	79-85-94-106-110	474
17. Towson State	21-98-114-115-132	480
18. Iona	47-88-107-119-129	490
19. Fairfield	38-83-108-131-133	493
20. St. John's	34-95-109-123-138	499

IC4A CHAMPIONS

YEAR	TEAM WINNER	INDIVIDUAL WINNER	TIME	YEAR	TEAM WINNER	INDIVIDUAL WINNER	TIME
1908	Cornell	H. C. Young, Cornell	34:14	1951	Penn State	Richard Shea, Army	24:55.1
1909	Cornell	Tell S. Bema, Cornell	33:05.5	1952	Michigan State	Charles Capozzoli, Georgetown	24:30.1
1910	Cornell	John Paul Jones, Cornell	33:34	1953	Michigan State	John Kelley, Boston University	24:51.7
1911	Cornell	John Paul Jones, Cornell	33:41.6	1954	Manhattan	George A. Terry, Boston University	24:46.4
1912	Harvard	John Paul Jones, Cornell	32:09.5	1955	Pittsburgh	Harry Kennedy, Michigan State	24:30.3
1913	Cornell	Robert St. B. Boyd, Harvard	34:37	1956	Michigan State	Henry Kennedy, Michigan State	24:01.8
1914	Cornell	D. F. Potter, Cornell	34:00.6	1957	Michigan State	Crawford Kennedy, Michigan State	24:14.8
1915	Maine	John W. Overton, Yale	33:21.2	1958	Michigan State	Crawford Kennedy, Michigan State	24:21.4
1916	Cornell	John W. Overton, Yale	35:30.8	1959	Michigan State	Crawford Kennedy, Michigan State	23:51.8
1917	Pennsylvania	Ivan C. Dresser, Cornell	33:00	1960	Penn State	Robert Love, Brown	25:40.4
1918	Not held because of World War I			1961	Michigan State	Steve Machooka, Cornell	26:02.9
1919	Syracuse	John Simmons, Syracuse	32:55	1962	Villanova	Victor Zwolak, Villanova	24:47.3
1920	Cornell	John L. Romig, Penn State	33:01	1963	Notre Dame	Victor Zwolak, Villanova	24:46.8
1921	Cornell	Robert E. Brown, Cornell	32:20.5	1964	Georgetown	Joseph Lynch, Georgetown	24:41.8
1922	Syracuse	Walter Higgins, Columbia	32:21.8	1965	Georgetown	Eamon O'Reilly, Georgetown	24:24.2
1923	Syracuse	J. Verne and H. Booth, Johns Hopkins	32:10	1966	Villanova	Charles Messenger, Villanova	24:15.6
1924	Pittsburgh	Macaulay L. Smith, Yale	31:24	1967	Villanova	Arthur Dulong, Holy Cross	24:04.4
1925	Syracuse	Willard L. Tibbets, Harvard	30:24	1968	Villanova	Stephen Stageberg, Georgetown	24:32.4
1926	Penn State	William J. Cox, Penn State	30:04	1969	Villanova	Arthur Dulong, Holy Cross	24:06.8
1927	Penn State	William J. Cox, Penn State	30:36.8	1970	Villanova	Donald Walsh, Villanova	24:10.4
1928	Penn State	James L. Reid, Harvard	30:11	1971	Villanova	Robert Wheeler, Duke	24:27.0
1929	Pennsylvania	Francis C. Lindsay and Harry L. Richardson, Maine	30:06	1972	Manhattan	Michael Keogh, Manhattan	24:03.8
1930	Penn State	Clark S. Chamberlain, Michigan St.	30:19.2	1973	Manhattan	John Hartnett, Villanova	24:00.0
1931	Harvard	Daniel E. Dean, Pennsylvania	29:23	1974	Massachusetts	Dennis Trujillo, Army	24:20.8
1932	Manhattan	George H. Barker, New York U.	28:58.8	1975	Northeastern	David Merrick, Pennsylvania	23:51.0
1933	Michigan State	Thomas C. Ottey, Michigan State	30:00	1976	Harvard	Curt Alitz, Army	23:58.1
1934	Michigan State	Thomas C. Ottey, Michigan State	31:54.6	1977	Massachusetts	John Flora, Northeastern	24:17.0
1935	Michigan State	J. Edward Bechtold, Michigan State	26:23.6	1978	Villanova	Sydney Maree, Villanova	24:04.0
1936	Michigan State	Kenneth E. Waite, Michigan State	26:26.3	1979	Villanova	Sydney Maree, Villanova	23:59.4
1937	Michigan State	Howard W. Welch, Cornell	26:54	1980	Bucknell	Solomon Chebor, FDU	24:11.9
1938	Manhattan	William J. Smith, Penn State	26:33.3	1981	Providence	Stephen Bins, Providence	23:52.5
1939	Manhattan	Leslie MacMitchell, New York U.	26:28.6	1982	Providence	Brendan Quinn, Providence	29:43.0
1940	Rhode Island	Leslie MacMitchell, New York U.	26:02.8	1983	Villanova	Richard O'Flynn, Providence	30:05.0
1941	Rhode Island	Leslie MacMitchell, New York U.	26:40.1	1984	Providence	Richard O'Flynn, Providence	29:49.4
1942	Rhode Island	Frank Dixon, New York U.	27:08.4	1985	West Virginia	Jean-Pierre Ndaysienga, W. Virginia	30:39.4
1943	Dartmouth	Donald Burnham, Dartmouth	28:12.9	1986	Dartmouth	Dean Crowe, Boston University	29:55.0
1944	Navy	Vincent W. Barry, Navy	27:34.1	1987	Dartmouth	Eric Carter, Penn State	30:34.0
1945	Army	John T. Hanley, Dartmouth	28:21.3	1988	Dartmouth	Greg Whiteley, Brown	29:57.0
1946	New York U.	Curtis C. Stone, Penn State	27:07.9	1989	Georgetown	Sammy Cheruiyot, Mount St. Mary's	29:12.62
1947	Manhattan	Robert Black, Rhode Island	25:37.1	1990	Connecticut	Peter Rono, Mount St. Mary's	30:57.38
1948	Michigan State	Robert Black, Rhode Island	25:00.4	1991	Providence	Terrance Mahon, Villanova	30:17.25
1949	Army	Richard Shea, Army	25:14.7	1992	Providence	Louie Quintana, Villanova	29:57.3
1950	Penn State	Richard Shea, Army	25:21.1	1993	Georgetown	Jason Stewart, Army	29:00.0
				1994	Georgetown	Louie Quintana, Villanova	30:12

UNIVERSITY DIVISION

YEAR	TEAM WINNER	INDIVIDUAL WINNER	TIME
1977	Fairleigh Dickinson	Paul Steeds, Fairleigh Dickinson	25:06.1
1978	Millersville	Mark Kimball, Boston University	24:51.5
1979	Boston University	Mark Kimball, Boston University	25:01.9
1980	William & Mary	Fraser Kudgins, William & Mary	25:22.0
1981	Millersville	Gregg Cauler, Millersville	25:08.3
1982	William & Mary	Andy Whitney, William & Mary	24:27.1
1989	Fordham	Timothy Dunn, Rhode Island	30:57.0
1990	Syracuse	Tom Perry, Syracuse	33:37.28
1991	Seton Hall	Brian Spoorire, Seton Hall	32:00.74
1992	Yale	David McCombs, Liberty	32:05.2
1993	Princeton	Brian Quinn, St. John's	30:58.6
1994	Providence	Jesse Breeden, Rider	32:02

ECAC WOMEN'S DIVISION I CHAMPIONS

CHAMPIONSHIP DIVISION

YEAR	TEAM WINNER	INDIVIDUAL WINNER	TIME
1985	Penn State	Jenny Strickler, Harvard	17:11.6
1986	Yale	Vickie Huber, Villanova	16:38.4
1987	Yale	Vickie Huber, Villanova	16:33.0
1988	Yale	Cassie O'Neill, George Mason	17:07.0
1989	Villanova	Vickie Huber, Villanova	16:03.0
1990	Villanova	Sonia O'Sullivan, Villanova	16:56.0
1991	Villanova	Sonia O'Sullivan, Villanova	16:00.5
1992	Villanova	Carole Zajac, Villanova	16:28.2
1993	Villanova	Carole Zajac, Villanova	16:41.2
1994	Villanova	Jennifer Rhines, Villanova	16:25

UNIVERSITY DIVISION

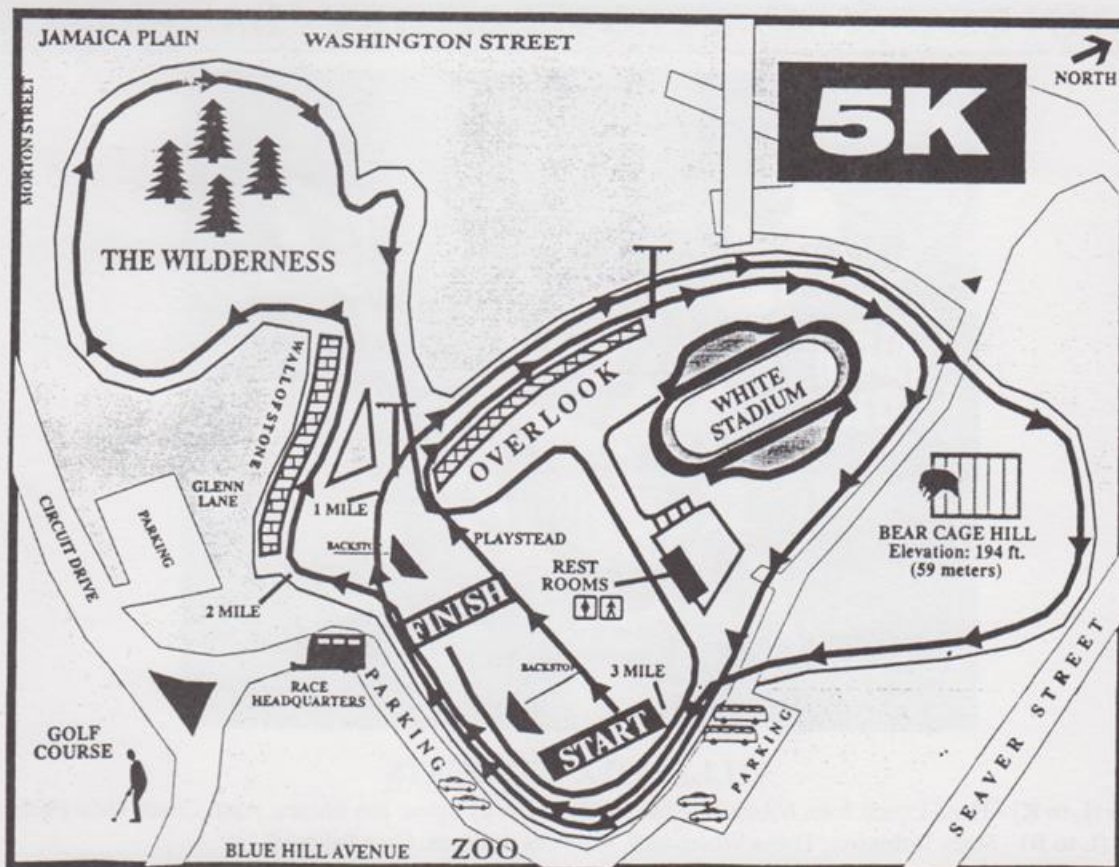
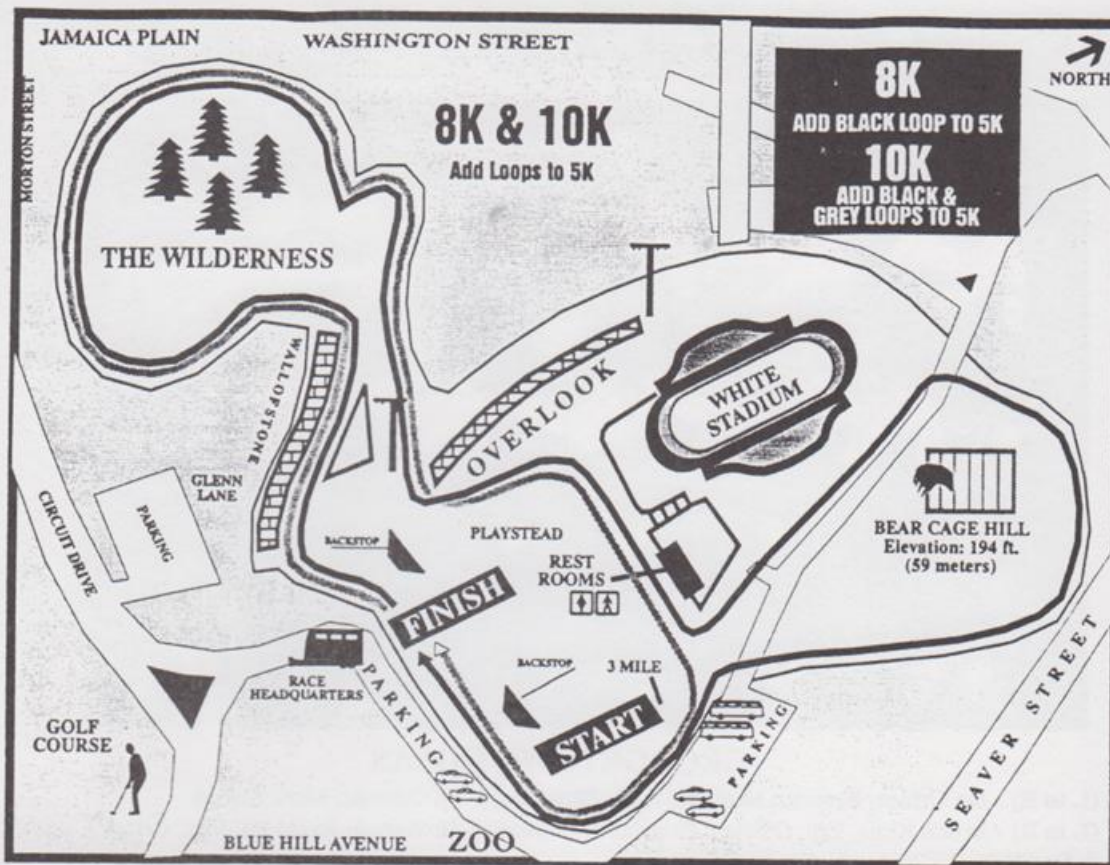
YEAR	TEAM WINNER	INDIVIDUAL WINNER	TIME
1989	Lafayette	Kate Fonshell, Villanova	17:54.0
1990	Manhattan	Chrissy Smith, Syracuse	19:04.0
1991	Navy	Kristen Opdyke, Bucknell	17:33.0
1992	LaSalle	Patricia McCormack, Seton Hall	17:59.2
1993	Fordham	Siobahn Murphy, St. John's	18:10.7
1994	Fordham	Jessica Wilhelm, Bucknell	18:37

SUPPORT OUR 1996 CHAMPIONSHIPS

IC4A Indoor Track: Harvard University, March 2-3

ECAC Indoor Track: Boston University, March 2-3

IC4A and ECAC Outdoor Track: George Mason, May 17-19



1994 IC4A CROSS COUNTRY CHAMPIONS



GEORGETOWN HOYAS

Kneeling (L to R) - Ian Urbina, Brendan Mullahy, Andy Downin, Kevin Odiorne, Mark Sivieri

Standing (L to R) - Brook Kintz, Eric O'Brien, Brendan Heffernan, Seth Wetzel, Jerald Pullings, Coach Frank Gagliano, Asst. Coach Dan Ireland

1994 ECAC & NCAA CROSS COUNTRY CHAMPIONS



VILLANOVA WILDCATS

Front Row (L to R) - Head Coach John Marshall, Emer Molloy, Becky Spies, Jen Rhines, Asst. Coach Gina Procaccio

Back Row (L to R) - Stacy Robinson, Tosha Woodward, Krestena Sullivan, Cara Salibrici