

IC4A

INTERCOLLEGIATE
ASSOCIATION OF
AMATEUR
ATHLETES OF
AMERICA



ECAC
EASTERN
COLLEGE
ATHLETIC
CONFERENCE
WOMEN'S
DIVISION I

1996

CROSS COUNTRY CHAMPIONSHIPS

Franklin Park, Boston, MA
Hosted by Boston University
Saturday, November 16, 1996

ECAC Championship Race (5 km)	11:00 pm
IC4A Championship Race (10 km)	12:00 pm
ECAC University Race (5 km)	12:45 pm
IC4A University Race (10 km)	1:30 pm



INTERCOLLEGIATE ASSOCIATION OF AMATEUR ATHLETES OF AMERICA

(Founded 1876)

Officers

President
Charles Moore
Cornell University

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Gordon Kelly
MIT

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ECAC

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Larry Byrne
ECAC

OFFICE OF THE ASSOCIATION
Eastern College Athletic Conference
P.O. Box 3, 1311 Craigville Beach Road
Centerville, MA 02632

101 MEMBERS

Albany (II)	East Carolina	Maryland-Baltimore County	Rider
Amherst (III)	East Stroudsburg (II)	UMass-Amherst	Robert Morris
Army	Fairleigh Dickinson	UMass-Lowell (II)	Rutgers
Bentley (II)	Fordham	MIT (III)	St. Francis (NY)
Boston College	George Mason	Monmouth	St. Francis (PA)
Boston University	Georgetown	Montclair State (III)	St. John's
Brandeis (III)	George Washington	Morgan State	St. Joseph's
Brown	Hartford	Mount St. Mary's	St. Peter's
Bucknell	Harvard	Navy	Seton Hall
Buffalo	Hofstra	New Hampshire	Siena
C.W. Post (II)	Holy Cross	New Haven (II)	Southern Connecticut (II)
Canisius	Hunter (III)	New York Tech. (II)	Syracuse
Central Connecticut	Iona	New York University (III)	Temple
Cheyney (II)	James Madison	Niagara	Towson State
Colgate	Kutztown (II)	North Carolina-Wilmington	Tufts (III)
Columbia	Lafayette	Northeastern	U.S.M.M.A. (III)
Connecticut	LaSalle	Notre Dame	Vermont
Coppin State	Lehigh	Pace (II)	Villanova
Cornell	Liberty	Penn State	Virginia
Dartmouth	Lincoln (III)	Pennsylvania	Virginia Commonwealth
Delaware	Long Island	Pittsburgh	*Virginia Tech
Delaware State	Maine	Princeton	Wagner
Drexel	Manhattan	Providence	West Chester (II)
Duke	Marist	Rhode Island	West Virginia
Duquesne	Maryland	Richard Stockton (III)	William & Mary
			Yale

(II) denotes Division II, (III) denotes Division III . . . all other members are Division I



EASTERN COLLEGE ATHLETIC CONFERENCE



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1996-97 Asa S. Bushnell Interns

Greg Stone

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80 MEMBERS

Army	Fairleigh Dickinson	Maryland	Rutgers
Boston College	Fordham	Maryland-Baltimore County	St. Francis (NY)
Boston University	George Mason	UMass-Amherst	St. Francis (PA)
Brown	George Washington	Monmouth	St. John's
Bucknell	Georgetown	Morgan State	St. Joseph's
Buffalo	Hartford	Mount St. Mary's	St. Peter's
Canisius	Harvard	Navy	Seton Hall
Central Connecticut	Hofstra	New Hampshire	Siena
Colgate	Holy Cross	Niagara	Syracuse
Columbia	Iona	North Carolina-Wilmington	Temple
Connecticut	James Madison	Northeastern	Towson State
Coppin State	Lafayette	Penn State	Vermont
Cornell	LaSalle	Pennsylvania	Villanova
Dartmouth	Lehigh	Pittsburgh	Virginia
Delaware	Liberty	Princeton	Virginia Commonwealth
Delaware State	Long Island	Providence	Virginia Tech
Drexel	Loyola	Rhode Island	Wagner
Duquesne	Maine	Richmond	West Virginia
East Carolina	Manhattan	Rider	William & Mary
Fairfield	Marist	Robert Morris	Yale

1995 IC4A RESULTS

Franklin Park, Boston, Massachusetts

Boston University - Host

CHAMPIONSHIP DIVISION (NCAA QUALIFIER)

Individual Results

1.	Mark Carroll	Providence	29:24
2.	Martin McCarthy	Iona	29:44
3.	Alexander Shelley	Navy	30:01
4.	Andy Downin	Georgetown	30:02
5.	Mike Dudley	West Virginia	30:07
6.	Kenneth Nason	Villanova	30:10
7.	Ian Carswell	Harvard	30:12
8.	Bernard Kitur	Mount St. Mary's	30:15
9.	Andy Wedlake	Providence	30:20
10.	Kevin Christiani	Villanova	30:22
11.	David Healy	Providence	30:23
12.	Travis Landreth	Connecticut	30:27
13.	Jack Dwyer	Dartmouth	30:34
14.	Brian Quinn	St. John's	30:36
15.	Eric O'Brien	Georgetown	30:37
16.	Jonathan Clemens	Navy	30:38
17.	Matt Byrne	St. Joseph	30:40
18.	Dan Browne	Army	30:44
19.	David Crabbe	Boston University	30:47
20.	Casey O'Shea	Columbia	30:50
21.	Jamey Vetelino	Brown	30:52
22.	Andy Heily	Georgetown	30:53
23.	Che Arosemena	Penn State	30:56
24.	Chris Langan	Dartmouth	30:57
25.	Chris Fogarazzo	St. John's	30:58
26.	Mohamed Mounawar	Northeastern	31:00
27.	Thomas McGlynn	Penn State	31:01
28.	Mike Brown	William & Mary	31:02
29.	Brendan Heffernan	Georgetown	31:02
30.	Ray Mendez	William & Mary	31:04

Team Scores

1.	Georgetown	(II)	4-15-22-29-46 (66-96)	81
2.	Providence	(I)	1-9-11-48-72 (118-170)	141
3.	Villanova	(II)	6-10-33-55-65 (97)	169
4.	William & Mary	(II)	28-30-39-42-49 (85-139)	188
5.	James Madison	(II)	35-37-41-43-58 (79-117)	214
6.	Iona	(II)	2-31-68-73-84 (110-182)	258
7.	Dartmouth	(I)	13-24-59-71-92 (103-199)	259
8.	Penn State	(II)	23-27-52-80-83 (102-136)	265
9.	Army	(II)	18-40-53-78-81 (99-108)	270
10.	Navy	(II)	3-16-34-109-118 (122-126)	280
11.	Brown	(I)	21-36-88-89-98 (116-151)	332
12.	Boston University	(I)	19-47-60-104-133 (221)	363
13.	Harvard	(I)	7-51-77-111-151 (187-231)	397
14.	Princeton	(II)	57-61-62-90-128 (133-165)	398
15.	West Virginia	(II)	5-32-44-155-173 (203-211)	409
16.	Yale	(I)	64-75-76-105-112 (128-166)	432
17.	St. John's	(II)	14-25-101-143-175 (189-197)	458
18.	Bucknell	(II)	63-87-91-123-137 (210-232)	501
19.	Connecticut	(I)	12-86-100-136-171 (198-240)	505
20.	St. Joseph's	(II)	17-93-95-145-161 (181-204)	511
21.	Boston College	(I)	38-82-122-126-149 (192-233)	517
22.	Cornell	(II)	94-106-107-113-129 (176-194)	549
23.	UMass-Amherst	(I)	56-74-120-141-160 (202-206)	551
24.	Northeastern	(I)	26-54-131-194-227 (239-241)	632
25.	Columbia	(II)	20-130-154-166-170 (207-219)	640
26.	Mount St. Mary's	(II)	8-134-152-153-214 (224)	661
27.	Pittsburgh	(II)	50-146-157-162-188 (200-205)	703
28.	LaSalle	(II)	45-139-169-172-183 (188-223)	708
29.	Pennsylvania	(II)	67-147-156-167-177 (214)	714
30.	Vermont	(I)	70-158-165-181-182 (218-227)	756

UNIVERSITY DIVISION

Individual Results

1.	Greg Powell	Duquesne	31:26
2.	Anthony DeBendictis	Seton Hall	31:32
3.	Matt Norton	Syracuse	31:34
4.	Pascal Bernier	Seton Hall	31:43
5.	Geoffrey Howard	Manhattan	31:49
6.	Charles Moynihan	Buffalo	31:51
7.	Stephen Getman	Syracuse	31:54
8.	David Robinson	Lafayette	31:58
9.	Chris Ashfield	Colgate	31:59
10.	Matthew Cashen	Colgate	32:07
11.	Luke McGuiness	Colgate	32:09
12.	Ian MacNeill	Fairfield	32:12
13.	Paul Dutton	New Hampshire	32:16
14.	Eamon Blanchard	Rutgers	32:20
15.	William Grogan	Rutgers	32:21
16.	Sheldon Young	Maine	32:22
17.	Robert Grady	Fordham	32:24
18.	Timothy McCormick	New Hampshire	32:26
19.	Eric Estrada	Towson State	32:29
20.	Matthew Scott	New Hampshire	32:30

Team Scores

1.	Syracuse	3-7-21-27-28 (37-48)	86
2.	New Hampshire	13-18-20-37-40 (60-72)	128
3.	Colgate	9-10-11-44-63 (76-79)	137
4.	Rutgers	14-15-29-34-48 (50-63)	140
5.	Buffalo	6-23-31-50-65 (75-98)	175
6.	Fordham	17-25-32-57-64 (81-104)	195
7.	Lafayette	8-33-41-53-72 (84-94)	207
8.	Canisius	24-30-39-52-71 (87-103)	216
9.	Maine	16-42-54-55-58 (138)	225
10.	Duquesne	1-45-60-68-78 (92-95)	252
11.	Manhattan	5-35-56-66-116 (124)	278
12.	Seton Hall	2-4-67-97-120 (145)	290
13.	Marist	26-43-69-98-103 (108)	339
14.	Maryland-Baltimore	62-75-81-88-94 (99-120)	400
15.	Bentley	51-83-84-99-111 (128-146)	428
16.	Hartford	22-38-106-128-143 (152)	437
17.	Towson State	19-107-108-113-126 (154)	473
18.	St. Peter's	46-87-102-122-125 (136-141)	482
19.	St. Francis (NY)	76-86-93-121-147	523
20.	Central Connecticut	105-118-127-130-144 (151)	624

IC4A COACHES' ASSOCIATION OFFICERS (1996-97)

Dick Coleman, Syracuse ~ President

John Moon, Seton Hall ~ 1st Vice President

Bill Walton, James Madison ~ 2nd Vice President

Jim Boulanger, New Hampshire ~ 3rd Vice-President

Jim Hurt, St. John's ~ Secretary-Treasurer

1995 ECAC RESULTS

Franklin Park, Boston, Massachusetts

Boston University - Host

CHAMPIONSHIP DIVISION (NCAA QUALIFIER)

Individual Results

1. Jennifer Rhines	Villanova	16:34
2. Marie McMahon	Providence	16:57
3. Krestena Sullivan	Villanova	17:03
4. Susan Murnane	Providence	17:04
5. Angela Graham	Boston College	17:08
6. Miesha Marzell	Georgetown	17:11
7. Carrie Tollefson	Villanova	17:15
8. Maribel Sanchez	Dartmouth	17:17
9. Moira Harrington	Providence	17:18
10. Kristine Jost	Villanova	17:19
11. Rebecca Donaghue	UMass-Amherst	17:28
12. Sue Yagielski	St. Joseph's	17:29
13. Maria McCambridge	Providence	17:30
14. Charity Wachera	West Virginia	17:32
15. Kristin Manwaring	Dartmouth	17:32
16. Krissy Haacke	Providence	17:33
17. Caroline Pimblett	Boston College	17:34
18. Deidre Milligan	Dartmouth	17:36
19. Jenna Rogers	Dartmouth	17:38
20. Donna Fidler	Penn State	17:40
21. Katie O'Toole	Connecticut	17:41
22. Amy Lyman	Boston College	17:45
23. Kim McGreevy	Penn State	17:46
24. Fran Lord	Georgetown	17:47
25. Karen Goetze	Harvard	17:49
26. Laura Sturges	Georgetown	17:50
27. Jackie Hayes	Navy	17:51
28. Regina Gonzales	Georgetown	17:53
29. Amy Akstin	Georgetown	17:54
30. Megan Dwyer	Boston College	17:54

Team Scores

1. Providence	(I)	2-4-9-13-16	44
2. Villanova	(II)	1-3-7-10-42	63
3. Dartmouth	(I)	8-15-18-19-36	96
4. Georgetown	(II)	6-24-26-27-28	111
5. Boston College	(I)	5-17-22-29-59	132
6. West Virginia	(II)	14-33-37-39-43	166
7. Penn State	(II)	20-23-32-49-52	176
8. Harvard	(I)	25-31-46-54-77	233
9. James Madison	(II)	30-44-61-63-70	268
10. Connecticut	(I)	21-40-53-97-98	309
11. Princeton	(II)	47-51-65-71-83	317
12. St. Joseph's	(II)	12-64-69-76-114	335
13. Delaware	(II)	35-48-55-68-151	357
14. Cornell	(II)	50-62-82-92-95	381
15. UMass-Amherst	(I)	11-41-105-120-121	398
16. Boston University	(I)	73-79-85-107-118	462
17. Brown	(I)	58-78-90-122-123	471
18. Army	(II)	88-96-100-111-119	514
19. Buffalo	(II)	38-102-109-113-153	515
20. Mount St. Mary's	(II)	57-99-110-133-138	537
21. Vermont	(I)	72-94-117-129-139	551
22. Rutgers	(II)	81-86-127-135-137	566
23. New Hampshire	(I)	75-106-136-140-144	601
24. LaSalle	(II)	108-115-128-142-145	638
25. Rhode Island	(I)	103-130-150-160-161	704
26. George Washington	(II)	60-125-176-184-187	732
27. Pittsburgh	(II)	124-141-143-169-183	760
28. Holy Cross	(I)	173-174-179-182-191	899

UNIVERSITY DIVISION

Individual Results

1. Margaret McParland	Manhattan	18:20
2. Claudine Kelly	Fordham	18:22
3. Cynthia Miller	Yale	18:40
4. Anthanette Fields	Fordham	18:44
5. Lou Hohnka	Penn State	18:48
6. Melissa Forrey	Maine	18:54
7. Yasheka Taylor	Northeastern	19:01
8. Jeanne Dougherty	Fordham	19:04
9. Marissa DeFreese	Seton Hall	19:07
10. Aileen Cangiano	Syracuse	19:08
11. Lisa Murphy	Canisius	19:08
12. Julie Sweitzer	Bucknell	19:10
13. Leah Boucher	Yale	19:10
14. Josephine Solimene	Manhattan	19:11
15. Annie Hamlin	Bucknell	19:12
16. Lori Kelley	Navy	19:12
17. Kelly Polinsky	Colgate	19:14
18. Linda LeFever	Colgate	19:16
19. Emma Violpando	Lafayette	19:18
20. Viola Blake	Seton Hall	19:19

Team Scores

1. Yale	(I)	3-12-20-30-36	101
2. Fordham	(II)	2-4-7-35-53	101
3. Bucknell	(II)	11-14-25-26-40	116
4. Seton Hall	(II)	8-19-28-34-49	138
5. Navy	(II)	15-22-29-42-50	158
6. Colgate	(II)	16-17-39-46-52	170
7. Syracuse	(II)	9-37-41-61-77	225
8. Duquesne	(II)	24-32-43-55-87	241
9. Canisius	(II)	10-31-45-81-102	269
10. Manhattan	(II)	1-13-79-94-131	318
11. Lafayette	(II)	18-38-58-98-109	321
12. Maine	(I)	5-48-82-86-112	333
13. Northeastern	(I)	6-44-92-101-124	367
14. Marist	(II)	51-73-84-85-95	388
15. St. Peter	(II)	21-59-115-117-138	450
16. St. Francis (NY)	(II)	67-83-96-106-116	468
17. St. John's	(II)	23-70-91-125-163	472
18. Monmouth	(II)	27-60-103-120-167	477
19. George Mason	(II)	74-80-110-114-126	504
20. Towson State	(II)	47-54-133-135-136	505

ECAC COACHES' ASSOCIATION OFFICERS (1996-97)

Bill Goodman, Maryland~ President

Sandy Ford-Centonze, Dartmouth ~ 1st Vice President

Brad Hackett, Syracuse ~ 2nd Vice President

Sue McGrath-Powell, Delaware~ 3rd Vice President

Laurie Fiet-Melnick, URI~ Secretary-Treasurer

IC4A CHAMPIONS

YEAR	TEAM WINNER	INDIVIDUAL WINNER	TIME	YEAR	TEAM WINNER	INDIVIDUAL WINNER	TIME
1908	Cornell	H. C. Young, Cornell	34:14	1951	Penn State	Richard Shea, Army	24:55.1
1909	Cornell	Tell S. Bema, Cornell	33:05.5	1952	Michigan State	Charles Capozzoli, Georgetown	24:30.1
1910	Cornell	John Paul Jones, Cornell	33:34	1953	Michigan State	John Kelley, Boston University	24:51.7
1911	Cornell	John Paul Jones, Cornell	33:41.6	1954	Manhattan	George A. Terry, Boston University	24:46.4
1912	Harvard	John Paul Jones, Cornell	32:09.5	1955	Pittsburgh	Harry Kennedy, Michigan State	24:30.3
1913	Cornell	Robert St. B. Boyd, Harvard	34:37	1956	Michigan State	Henry Kennedy, Michigan State	24:01.8
1914	Cornell	D. F. Potter, Cornell	34:00.6	1957	Michigan State	Crawford Kennedy, Michigan State	24:14.8
1915	Maine	John W. Overton, Yale	33:21.2	1958	Michigan State	Crawford Kennedy, Michigan State	24:21.4
1916	Cornell	John W. Overton, Yale	35:30.8	1959	Michigan State	Crawford Kennedy, Michigan State	23:51.8
1917	Pennsylvania	Ivan C. Dresser, Cornell	33:00	1960	Penn State	Robert Love, Brown	25:40.4
1918	Not held because of World War I			1961	Michigan State	Steve Machooka, Cornell	26:02.9
1919	Syracuse	John Simmons, Syracuse	32:55	1962	Villanova	Victor Zwolak, Villanova	24:47.3
1920	Cornell	John L. Romig, Penn State	33:01	1963	Notre Dame	Victor Zwolak, Villanova	24:46.8
1921	Cornell	Robert E. Brown, Cornell	32:20.5	1964	Georgetown	Joseph Lynch, Georgetown	24:41.8
1922	Syracuse	Walter Higgins, Columbia	32:21.8	1965	Georgetown	Eamon O'Reilly, Georgetown	24:24.2
1923	Syracuse	J. Verne and H. Booth, Johns Hopkins	32:10	1966	Villanova	Charles Mesenger, Villanova	24:15.6
1924	Pittsburgh	Macaulay L. Smith, Yale	31:24	1967	Villanova	Arthur Dulong, Holy Cross	24:04.4
1925	Syracuse	Willard L. Tibbets, Harvard	30:24	1968	Villanova	Stephen Stageberg, Georgetown	24:32.4
1926	Penn State	William J. Cox, Penn State	30:04	1969	Villanova	Arthur Dulong, Holy Cross	24:06.8
1927	Penn State	William J. Cox, Penn State	30:36.8	1970	Villanova	Donald Walsh, Villanova	24:10.4
1928	Penn State	James L. Reid, Harvard	30:11	1971	Villanova	Robert Wheeler, Duke	24:27.0
1929	Pennsylvania	Francis C. Lindsay and Harry L. Richardson, Maine	30:06	1972	Manhattan	Michael Keogh, Manhattan	24:03.8
		Clark S. Chamberlain, Michigan St.	30:19.2	1973	Manhattan	John Hartnett, Villanova	24:00.0
1930	Penn State	Daniel E. Dean, Pennsylvania	29:23	1974	Massachusetts	Dennis Trujillo, Army	24:20.8
1931	Harvard	George H. Barker, New York U.	28:58.8	1975	Northeastern	David Merrick, Pennsylvania	23:51.0
1932	Manhattan	Thomas C. Ottey, Michigan State	30:00	1976	Harvard	Curt Alitz, Army	23:58.1
1933	Michigan State	Thomas C. Ottey, Michigan State	31:54.6	1977	Massachusetts	John Flora, Northeastern	24:17.0
1934	Michigan State	J. Edward Bechtold, Michigan State	26:23.6	1978	Villanova	Sydney Maree, Villanova	24:04.0
1935	Michigan State	Kenneth E. Waite, Michigan State	26:26.3	1979	Villanova	Sydney Maree, Villanova	23:59.4
1936	Michigan State	Howard W. Welch, Cornell	26:54	1980	Bucknell	Solomon Chebor, FDU	24:11.9
1937	Manhattan	William J. Smith, Penn State	26:33.3	1981	Providence	Stephen Binnis, Providence	23:52.5
1938	Manhattan	Leslie MacMitchell, New York U.	26:28.6	1982	Providence	Brendan Quinn, Providence	29:43.0
1939	Rhode Island	Leslie MacMitchell, New York U.	26:02.8	1983	Villanova	Richard O'Flynn, Providence	30:05.0
1940	Rhode Island	Leslie MacMitchell, New York U.	26:40.1	1984	Providence	Richard O'Flynn, Providence	29:49.4
1941	Rhode Island	Frank Dixon, New York U.	27:08.4	1985	West Virginia	Jean-Pierre Ndaisienga, W. Virginia	30:39.4
1942	Dartmouth	Donald Burnham, Dartmouth	28:12.9	1986	Dartmouth	Dean Crowe, Boston University	29:55.0
1943	Navy	Vincent W. Barry, Navy	27:34.1	1987	Dartmouth	Eric Carter, Penn State	30:34.0
1944	Army	John T. Hanley, Dartmouth	28:21.3	1988	Dartmouth	Greg Whiteley, Brown	29:57.0
1945	New York U.	Curtis C. Stone, Penn State	27:07.9	1989	Georgetown	Sammy Cheruiyot, Mount St. Mary's	29:12.62
1946	Manhattan	Robert Black, Rhode Island	25:37.1	1990	Connecticut	Peter Rono, Mount St. Mary's	30:57.38
1947	Michigan State	Robert Black, Rhode Island	25:00.4	1991	Providence	Terrance Mahon, Villanova	30:17.25
1948	Army	Richard Shea, Army	25:14.7	1992	Providence	Louie Quintana, Villanova	29:57.3
1949	Penn State	Richard Shea, Army	25:21.1	1993	Georgetown	Jason Stewart, Army	29:00.0
1950				1994	Georgetown	Louie Quintana, Villanova	30:12
				1995	Georgetown	Mark Carroll, Providence	29:24

ECAC WOMEN'S DIVISION I CHAMPIONS

UNIVERSITY DIVISION

YEAR	TEAM WINNER	INDIVIDUAL WINNER	TIME
1977	Fairleigh Dickinson	Paul Steeds, Fairleigh Dickinson	25:06.1
1978	Millersville	Mark Kimball, Boston University	24:51.5
1979	Boston University	Mark Kimball, Boston University	25:01.9
1980	William & Mary	Fraser Kudgins, William & Mary	25:22.0
1981	Millersville	Gregg Caulter, Millersville	25:08.3
1982	William & Mary	Andy Whitney, William & Mary	24:27.1
1989	Fordham	Timothy Dunn, Rhode Island	30:57.0
1990	Syracuse	Tom Perry, Syracuse	33:37.28
1991	Seton Hall	Brian Spoorire, Seton Hall	32:00.74
1992	Yale	David McCombs, Liberty	32:05.2
1993	Princeton	Brian Quinn, St. John's	30:58.6
1994	Providence	Jesse Breeden, Rider	32:02
1995	Syracuse	Greg Powell, Duquesne	31:26

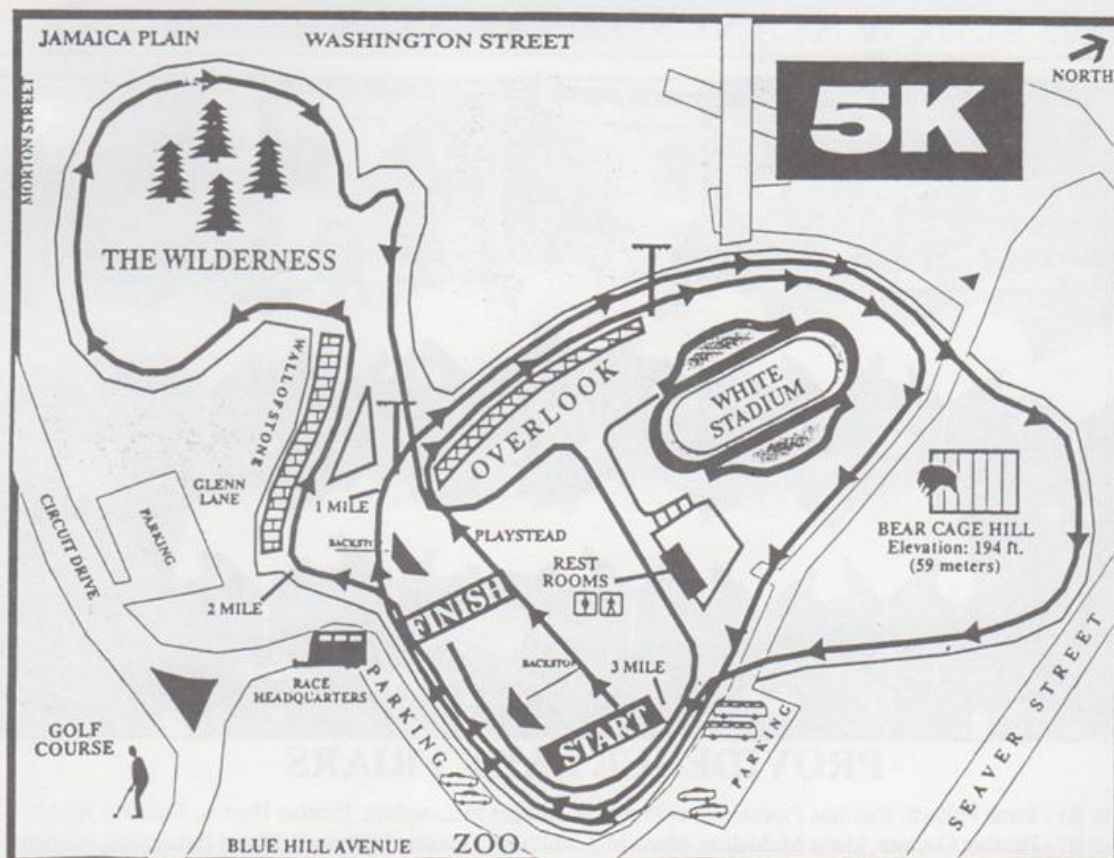
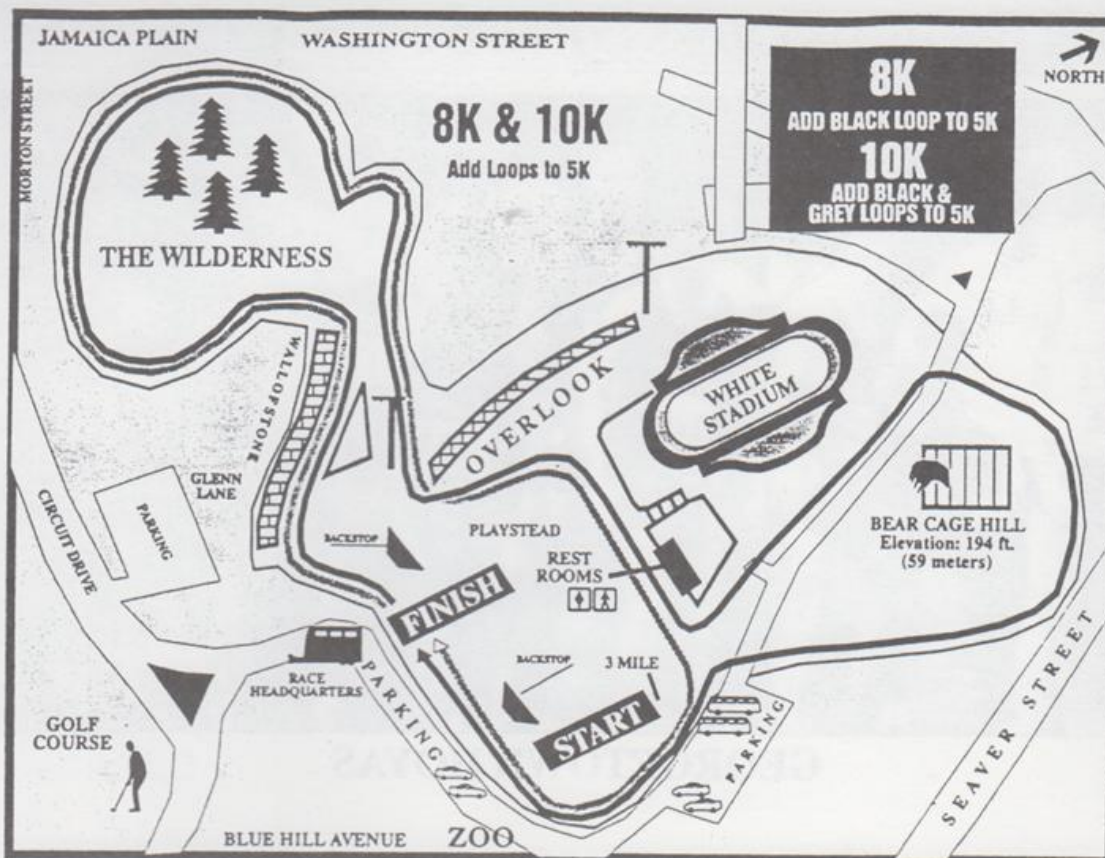
CHAMPIONSHIP DIVISION

YEAR	TEAM WINNER	INDIVIDUAL WINNER	TIME
1985	Penn State	Jenny Strickler, Harvard	17:11.6
1986	Yale	Vickie Huber, Villanova	16:38.4
1987	Yale	Vickie Huber, Villanova	16:33.0
1988	Yale	Cassie O'Neill, George Mason	17:07.0
1989	Villanova	Vickie Huber, Villanova	16:03.0
1990	Villanova	Sonia O'Sullivan, Villanova	16:56.0
1991	Villanova	Sonia O'Sullivan, Villanova	16:00.5
1992	Villanova	Carole Zajac, Villanova	16:28.2
1993	Villanova	Carole Zajac, Villanova	16:41.2
1994	Villanova	Jennifer Rhines, Villanova	16:25
1995	Providence	Jennifer Rhines, Villanova	16:34

UNIVERSITY DIVISION

YEAR	TEAM WINNER	INDIVIDUAL WINNER	TIME
1989	Lafayette	Kate Fonshell, Villanova	17:54.0
1990	Manhattan	Chrissy Smith, Syracuse	19:04.0
1991	Navy	Kristen Opdyke, Bucknell	17:33.0
1992	LaSalle	Patricia McCormack, Seton Hall	17:59.2
1993	Fordham	Siobahn Murphy, St. John's	18:10.7
1994	Fordham	Jessica Wilhelm, Bucknell	18:37
1995	Yale	Margaret McParland, Manhattan	18:20

SUPPORT OUR 1997 CHAMPIONSHIPS
IC4A Indoor Track: Princeton University, March 1-2
ECAC Indoor Track: Dartmouth College, March 1-2
IC4A and ECAC Outdoor Track: George Mason, May 22-25



1995 IC4A CROSS COUNTRY CHAMPIONS



GEORGETOWN HOYAS

1995 ECAC & NCAA CROSS COUNTRY CHAMPIONS



PROVIDENCE LADY FRIARS

Kneeling (L to R) - Sarah Pollack, Caroline Preece, Susan Murnane, Bridget McLoughlin, Heather Horton, Shannon Wood
Standing (L to R) - Heather Couture, Marie McMahon, Maria McCambridge, Yvonne O'Donnell, Moira Harrington, Meghan McCarthy, Krissy Haacke, Gladys Ganiel, Sarah Dupre