

2009 ECAC AND IC4A OUTDOOR TRACK & FIELD CHAMPIONSHIPS

Presented by



**WILLIAM WEAVER TRACK & FIELD STADIUM
PRINCETON UNIVERSITY
PRINCETON, NEW JERSEY
MAY 15-17**

Jieutonne Archer
of Coppin State University
was a member of the 2008 IC4A
4x400 championship relay team





Eastern College Athletic Conference®

Commissioners

Rudy Keeling	2007-present
Steve Bamford	2006-2007
Philip Buttafuoco	1998-2006
Clayton Chapman	1989-1998
Robert Whitelaw	1972-1989
George Shiebler	1970-1972
Asa S. Bushnell.....	1938-1970

Competition

The ECAC administers more than 100 championships for 37 men's and women's sports. The ECAC also serves as the primary league for Division III men's hockey (3), Division III women's hockey (2), and Division I men's lacrosse. In addition, the ECAC provides leadership assistance for numerous affiliate organizations including the Intercollegiate Association of Amateur Athletes in America (IC4A), Intercollegiate Fencing Association (IFA), Eastern Intercollegiate Gymnastics League (EIGL), Eastern Intercollegiate Wrestling Association (EIWA), Eastern Association of Rowing Colleges (EARC), Eastern Association of Women's Rowing Colleges (EAWRC), Intercollegiate Rowing Association (IRA), ECAC Hockey League (ECACHL), and Eastern College Athletic Conference Sports Information Directors Association (ECAC-SIDA).

Officiating

The ECAC assigns over 4,400 officials in 12 sports across Divisions I, II, and III, including men's and women's basketball, fencing, field hockey, football, gymnastics, ice hockey, men's and women's soccer, softball, and wrestling. The bureaus assign for both conference and NCAA championships and totaled over 46,000 assignments last year.

Awards

The ECAC publicizes the achievements of over 2,500 student-athletes annually through the Player of the Week program and postseason all-stars. There are 23 sports for which the ECAC selects Players of the Week throughout the regular season, and 10 sports where all-star teams are honored. During the fall convention each year, the recognition awards program honors institutions, administrators, student-athletes, and officials for yearly and career achievements.

The Eastern College Athletic Conference (ECAC) is the nation's largest athletic conference and only multi-divisional conference, with 319 member institutions and over 122,000 student-athletes ranging across 16 states from Maine to North Carolina and westerly to Illinois. Established in 1938 with 58 charter members, the ECAC has since emerged as the nationwide leader in service. The Asa S. Bushnell Center, named after inaugural commissioner Asa S. Bushnell, serves as the main office for the ECAC. It is located in Centerville, Massachusetts on Cape Cod.

16
States

After Asa S. Bushnell molded the organization from its formation to his retirement in 1970, George Shiebler took over as commissioner from 1970-1972. Robert M. "Scotty" Whitelaw (1972-1989) guided the ECAC through one of the most significant events in its history, as the Eastern Association of Intercollegiate Athletics for Women (EAIW) was consolidated into the ECAC in 1983. With the addition of women's sports, the ECAC doubled its number of championships and greatly increased its membership. Clayton Chapman (1989-1998), Phil Buttafuoco (1998-2006), and Steve Bamford (2006-2007) have also carried the title of commissioner through the last 25 years. Current commissioner Rudy Keeling assumed chief administrator duties on May 1, 2007.

319
Member Institutions

122,000
Student-Athletes

The ECAC maintains two primary websites - one dealing with administrative issues, while the other serves as a fan-friendly site for news and results from all athletic events. Through the ECAC.tv web casting, the conference has the ability to showcase the excitement of college athletics within the 16-state footprint to a national and international audience. The ECAC also coordinates with institutions, television vendors and broadcast partners to televise quality sports programming on regional networks including Comcast (CN8 Sports), College Sports Television (CSTV), Entertainment and Sports Programming Network - University (ESPN), and the New England Sports Network (NESN).

The prestigious Asa S. Bushnell internship program, named after the first commissioner of the ECAC and established in 1976, offers college graduates from ECAC member institutions hands-on experience in all the areas of the only multi-divisional conference in the country. Former interns proudly represent the ECAC in all fields of the sports industry as directors of athletics, commissioners, broadcasting executives, professional franchise front-office executives, sports information directors and coaches.

ADMINISTRATIVE STAFF

Commissioner
Associate Commissioner for Internal Affairs/SWA
Director of Business Services
Director of Communications
Director of Finance
Director of Sport Administration
Director of Sport Administration
Administrator for Officiating and Special Projects
Assistant Administrator for Officiating
Assistant Director of Operations
Asa S. Bushnell Championships Assistant
Asa S. Bushnell Communications Assistant
Asa S. Bushnell Ice Hockey and Rowing Assistant
Asa S. Bushnell Marketing Assistant

Rudy Keeling
Dea Shipp
Cheryl Serijan
Gordon Morton
Karen Roberts
Ben Layton
Michael Letzeisen
Steve Bamford
Steve Rossetti
Mary Conway
Jen Dabrowski
Justin Lutes
Kim Maniery
Pat Colbert

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The 26th ECAC and 133rd IC4A Outdoor Track & Field Championships program was produced by the Eastern College Athletic Conference (ECAC). Designer and Editor: Justin Lutes. Editorial Assistance: Gordon Morton and Mary Conway. Special thanks for contributions to the program: the athletic departments of the featured universities, IC4A administrators Steve Bartold and Bernice DeMello, as well as Larry Bryne and Walter Murphy of "Eastern Track."

Message from the Commissioner

Dear Student-Athletes, Coaches and Fans,

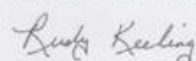
On behalf of the Eastern College Athletic Conference (ECAC), I would like to welcome each of you to the 26th annual ECAC and 133th annual IC4A Outdoor Track & Field Championships. We are pleased to partner with Princeton University and Beynon Sports Surfaces to host this event.

In its 70th year, the ECAC stands committed to the great tradition of the Intercollegiate Association of Amateur Athletes of America (IC4A) and the sport of track & field. Our partnership with the IC4A, the oldest and most prestigious collegiate cross country and track and field organization in the United States, has afforded both organizations increased opportunities and enhanced experiences for our student-athletes.

Host of championships for 133 years, the IC4A is dedicated to promoting and developing the growth of track & field and the promotion of track & field athletes. Together, we continue to seek new ways to fulfill the ECAC mission of initiating, stimulating and improving intercollegiate athletics programs. We are excited about the progress we have made and the direction in which we are heading.

We salute the former ECAC and IC4A student-athletes who have distinguished themselves in past competitions and those who will strive for excellence this weekend.

Enjoy the event,



Rudy Keeling
Commissioner
Eastern College Athletic Conference



INTERCOLLEGIATE ASSOCIATION OF AMATEUR ATHLETES OF AMERICA

Founded in 1876

2008-09 IC4A Coaches Association Officers

President: Julia Sandiford, Long Island University
 First Vice President: Darrin Webb, Virginia Military Academy
 Second Vice President: Jim Lear, Duquesne University
 Third Vice President: Felix Moreno, St. Francis University (PA)
 Secretary - Treasurer: Jim Hurt, St. John's University
 Ex - Officio: Joe Compagni, Monmouth University
 Jim Fischer, Delaware University

2009 IC4A Participants

Adelphi (II)	Fairleigh Dickinson	Mercy (II)	Saint Joseph's
Albany	Fordham	Monmouth	Seton Hall
Army	George Mason	Montclair State (III)	Siena
Bates (III)	George Washington	Morgan State	Southern Connecticut (II)
Bentley (II)	Georgetown	Mount St. Mary's (MD)	St. Francis (NY)
Binghamton	Hampton	Navy	St. Peter's
Boston College	Harvard	New Hampshire	Saint Rose
Boston University	Hofstra	New Haven (II)	St. Thomas Aquinas (II)
Brandeis (III)	Holy Cross	New Jersey, The College of (III)	Seton Hall
Brown	Hunter (III)	New Jersey Tech.	Siena
Bryant	Iona	New York University (III)	Southern Connecticut St.
Bucknell	La Salle	North Carolina-Wilmington	Stonehill (II)
Buffalo	Lafayette	Northeastern	Stony Brook
Canisius	Lehigh	Pace (II)	Syracuse
Central Connecticut	Liberty	Pennsylvania	Temple
Colgate	Lincoln (II)	Penn State	Tufts (III)
Columbia	Long Island	Philadelphia (II)	U.S. Merchant Marine Academy
Connecticut	Longwood	Pittsburgh	Vermont
Coppin State	Loyola (MD)	Princeton	Villanova
Cornell	Maine	Providence	Virginia
Dartmouth	Manhattan	Quinnipiac	Virginia Military Institute
Delaware	Mansfield (II)	Rhode Island	Wagner
Delaware State	Marist	Rider	Wheaton (III)
Dowling (II)	Maryland	Robert Morris	William & Mary
Duke	Maryland-Baltimore County	Rutgers	Yale
Duquesne	Massachusetts	Rutgers-Camden (III)	
East Carolina	MIT (III)	Sacred Heart	
Fairfield	Massachusetts-Lowell (II)	Saint Francis (PA)	

Coaches of IC4A Member Institutions

INSTITUTION	HEAD COACH	INSTITUTION	HEAD COACH
ADELPHI (II)	Adam Siepiola	MASSACHUSETTS	Ken O'Brien
ALBANY	Roberto Vives	MIT (III)	Halston Taylor
ARMY - USMA	Troy Engle	MASSACHUSETTS-LOWELL (II)	Gary Gardner
BATES (III)	Al Fereshetian	MERCHANT MARINE - USMMA (III)	Donald Wilburn
BENTLEY (II)	Ed Lyons	MERCY (II)	Darryl Bullock
BINGHAMTON	Mike Thompson	MONMOUTH	Joe Compagni
BOSTON COLLEGE	Matt Kerr	MONTCLAIR STATE (III)	Aubrey Lewis
BOSTON UNIVERSITY	Robyne Johnson	MORGAN STATE	Neville Hodge
BRANDEIS (III)	John Evans	MOUNT ST. MARY'S	Jim Stevenson
BROWN	Craig Lake	NAVY - USNA	Steve Cooksey
BRYANT	Stephanie Reilly	NEW HAMPSHIRE	Jim Boulanger
BUCKNELL	Kevin Donner	NEW HAVEN (II)	Kevin Lasure
BUFFALO	Perry Jenkins	NEW JERSEY, THE COLLEGE OF (III)	Phil Jennings
CANISIUS	Peter Osmond	NEW JERSEY TECH.	Al Alonso
CENTRAL CONNECTICUT	George Kaweck	NEW YORK UNIVERSITY (III)	Nicholas McDonough
COLGATE	Art McKinnon	NORTH CAROLINA-WILMINGTON	Jim Sprecher
COLUMBIA	Willy Wood	NORTHEASTERN	Sherman Hart
CONNECTICUT	Greg Roy	PACE (II)	Bryan Norris
COPPIN STATE	Carl Hicks	PENNSYLVANIA	Charles Powell
CORNELL	Nathan Taylor	PENN STATE	Beth Alford-Sullivan
DARTMOUTH	Barry Harwick	PHILADELPHIA (II)	Dave Thomas
DELAWARE	James Fischer	PITTSBURGH	Alonzo Webb
DELAWARE STATE	Duane Henry	PRINCETON	Fred Samara
DOWLING (II)	Emily LaGiglia	PROVIDENCE	Ray Treacy
DUKE	Norm Ogilvie	QUINNIPIAC	Shawn Green
DUQUESNE	Jim Lear	RHODE ISLAND	John Copeland
EAST CAROLINA	Bill Carson	RIDER	Bob Hamer
FAIRFIELD	John Sagnelli	ROBERT MORRIS	Michael Smith
FAIRLEIGH DICKINSON	Sharlene Milwood-Lee	RUTGERS	Mike Mulqueen
FORDHAM	Tom Dewey	RUTGERS-CAMDEN	Joe Puelo
GEORGE MASON	Andy Gerard	SACRED HEART	Christian Morrison
GEORGE WASHINGTON	Brian Beil	SAINT FRANCIS (PA)	Felix Moreno
GEORGETOWN	Pat Henner	SAINT JOSEPH'S	Mike Glavin
HAMPTON	Steve Lewis	SAINT ROSE (II)	Robert Dorn
HARVARD	Jason Saretsky	SETON HALL	John Moon
HOFSTRA	Peter Alfano	SIENA	Jim Bowles
HOLY CROSS	Jim Kavanagh	SOUTHERN CONNECTICUT (II)	Jack Maloney
HUNTER (III)	Damion Jones	ST. FRANCIS (NY)	Kyle Brown
IONA	Ricardo Santos	ST. PETER'S	Michael Massone
LA SALLE	Charles Torpey	ST. THOMAS AQUINAS (II)	Lou Maturro
LAFAYETTE	Julio Piazza	STONEHILL (II)	Karen Boen
LEHIGH	Matt Utesch	STONY BROOK	Andy Ronan
LIBERTY	Brant Tolsma	SYRACUSE	Chris Fox
LINCOLN (II)	Cyrus Jones	TEMPLE	Eric Mobley
LONG ISLAND	Julia Sandiford	TUFTS (III)	Ethan Barron
LONGWOOD	Catherine Hanson	VERMONT	Matt Belfield
LOYOLA	Rick Woods	VILLANOVA	Marcus O'Sullivan
MAINE	Jim Ballinger	VIRGINIA	Jason Vigilante
MANHATTAN	Dan Mecca	VIRGINIA MILITARY INSTITUTE	Darrin Webb
MANSFIELD (II)	Michael Rohl	WAGNER	Joseph Stasi
MARIST	Pete Colaizzo	WHEATON (III)	Paul Souza
MARYLAND	Andrew Valmon	WILLIAM & MARY	Alex Gibby
MARYLAND-BALTIMORE COUNTY	David Bobb	YALE	Dave Shoehalter



**2009 ECAC Member Participants
Division I Women's Outdoor Track & Field**

Adelphi University
Albany, University at
Binghamton University
Boston College
Boston University
Brown University
Bucknell University
Central Connecticut State University
Colgate University
Columbia University
Connecticut, University of
Coppin State University
Cornell University
Dartmouth College
Delaware, University of
Delaware State University
Duke University
Duquesne University
Fairleigh Dickinson University
Fordham University
George Mason University
Georgetown University
Hampton University
Harvard University
Holy Cross, College of the
Illinois at Chicago, University of
Iona College
James Madison University
La Salle University
Lafayette College
Lehigh University
Liberty University
Long Island University
Loyola College
Massachusetts, University of
Manhattan College
Maine, University of
Marist College
Maryland-College Park, University of
Maryland-Baltimore County, University of

Montclair State University
Monmouth University
Morgan State University
Mount St. Mary's University
New Hampshire, University of
New Haven, University of
North Carolina - Wilmington, University of
Northeastern University
Pennsylvania, University of
Pittsburgh, University of
Princeton University
Providence College
Quinnipiac University
Rhode Island, University of
Rider University
Robert Morris University
Rutgers University
Sacred Heart University
Saint Francis University (PA)
Saint Joseph's University
Saint Rose, The College of
Seton Hall University
St. Francis College (NY)
St. John's University
St. Peter's College
St. Thomas Aquinas College
Stony Brook University
Syracuse University
Temple University
Towson University
U.S. Military Academy
U.S. Naval Academy
Vermont, University of
Villanova University
Virginia, University of
Virginia Military Institute
Wagner College
West Virginia University
William & Mary, College of
Yale University

Coaches of ECAC Member Institutions

Division I Women's Outdoor Track & Field

Institution Head Coach

Albany, University at Roberto Vives
American University Matt Centrowitz

Binghamton University Mike Thompson
Boston College Randy Thomas
Boston University Robyne Johnson
Brown University Craig Lake
Bryant University Stephanie Reilly
Bucknell University Kevin Donner
Buffalo, University of Victoria Mitchell

Central Connecticut State University Brenda Webb
Colgate University Laura Nardelli
Columbia University Willy Wood
Connecticut, University of Bill Morgan
Coppin State University Alecia Shields-Gadson
Cornell University Lou Duesing

Dartmouth College Sandra Ford-Centonze
Davidson College Jen Straub
Delaware, University of Wendy McFarlane
Delaware State University Candy Young Sanders
Duke University Norm Ogilvie
Duquesne University Bryan Delsite

East Carolina University Curt Kraft

Fairleigh Dickinson University ... Sharlene Milwood-Lee
Fordham University Tom Dewey

George Mason University Andrew Gerard
Georgetown University Patrick Henner
Hampton University Maurice Pierce
Harvard University Jason Saretsky
Holy Cross, College of the Egetta Alfonso

Illinois at Chicago, University of Jim Knoedel
Iona College Ricardo Santos

James Madison University Kelly Cox

La Salle University Charles Torpey
Lafayette College Julio Piazza
Lehigh University Matt Utesch
Liberty University Dr. Brant Tolsma
Long Island University Julia Sandiford
Loyola College Jackie Truncellito

Maine, University of Mark Lech
Manhattan College Dan Mecca
Marist College Chuck Williams

Institution Head Coach

Maryland, University of Andrew Valmon
Maryland - Baltimore County, University of .. David Bobb
Massachusetts, University of Julie LaFreniere
Monmouth University Joe Compagni
Morgan State University Neville G. Hodge
Mount St. Mary's University Jim Stevenson

New Hampshire, University of Casey Carroll
North Carolina - Wilmington, University of .. Jim Sprecher
Northeastern University Sherman Hart

Pennsylvania, University of Gwen Harris
Pennsylvania State University Beth Alford-Sullivan
Pittsburgh, University of Alonzo Webb
Princeton University Peter Farrell
Providence College Ray Treacy

Quinnipiac University Shawn Green

Rhode Island, University of Laurie Feit-Melnick
Rider University Bob Hamer
Robert Morris University J. Michael Smith
Rutgers University James Robinson

Sacred Heart University Christian Morrison
Saint Francis University (PA) Felix Moreno
Saint Joseph's University Kevin Quinn
Seton Hall University John Moon
St. Francis College (NY) Kyle Brown
St. John's University Jim Hurt
St. Peter's College Mike Massone
Stony Brook University Andy Ronan
Syracuse University Chris Fox

Temple University Eric Mobley
Towson University Roger Erricker

U.S. Military Academy Troy Engle
U.S. Naval Academy Carla Criste

Vermont, University of Matthew Belfield
Villanova University Gina Procaccio
Virginia, University of Jason Vigilante
Virginia Military Institute Darrin Webb

Wagner College Joe Stasi
West Virginia University Sean Cleary
William & Mary, College of Kathy Newbury

Yale University Mark Young



2009 ECAC Outdoor Track & Field Athletes of the Week

DIVISION I MEN

March 22

Track Athlete of the Week
Domonick Sylve - U.S. Military Academy
Field Athlete of the Week
John Talbert - Liberty University

March 29

Track Athlete of the Week
John Reyon - Fairleigh Dickinson University
Field Athlete of the Week
Mark Van Orden - U.S. Naval Academy

April 5

Track Athlete of the Week
Phil Leineweber - Liberty University
Co-Field Athletes of the Week
Luke Schoen - University at Albany
Matt DiBuono - Fordham University

April 12

Track Athlete of the Week
Brandon Jones - Hampton University
Field Athlete of the Week
Victor Gilreath - University of Maryland-Baltimore County

April 19

Track Athlete of the Week
Jon Grey - College of William & Mary
Field Athlete of the Week
Brandon Heroux - College of William & Mary

April 26

Track Athlete of the Week
Sam Chelanga - Liberty University
Field Athlete of the Week
Larry Lundy - Monmouth University

DIVISION I WOMEN

March 22

Track Athlete of the Week
Lynn DeCruise - Mount St. Mary's University (MD)
Field Athlete of the Week
Amanda Cole - Temple University

March 29

Track Athlete of the Week
Andrea Walkonen - Boston University
Field Athlete of the Week
Jasmine Jennings - University of Rhode Island

April 5

Track Athlete of the Week
Andrea Beckles - Liberty University
Field Athlete of the Week
Tahari James - Boston University

April 12

Track Athlete of the Week
Curry Knox - Colgate University
Co-Field Athletes of the Week
Tahari James - Boston University
Victoria Flowers - University of Connecticut

April 19

Track Athlete of the Week
Tanique Carter - James Madison University
Field Athlete of the Week
Jasmine Jennings - University of Rhode Island

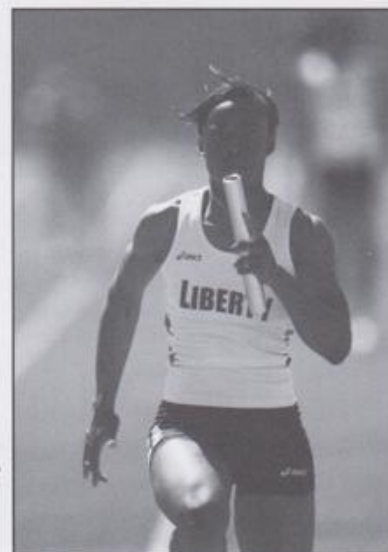
April 26

Track Athlete of the Week
Anna Hoffman - Saint Francis University (PA)
Field Athlete of the Week
Ashley Lewis - University at Albany



Luke Schoen of the University at Albany was selected as a Co-Field Athlete of the Week on April 5.

He cleared a mark of 17 feet-6.5 inches, qualifying for the NCAA East Region Championship.



Liberty University's Andrea Beckles was named Track Athlete of the Week on April 5 after a three-win performance.

She recorded a time of 11.74 in the 100-meter dash, qualifying for the NCAA Championship. The time was also the fastest at Liberty since 2000.

2009 NCAA Outdoor Track & Field Championships

2009 NCAA Division I Men's Outdoor
Track and Field
Regional Qualifying Standards

Event	FAT	MT
100 Meters	10.55	-----
200 Meters	21.35	-----
400 Meters	47.2	46.9
800 Meters#	1:50.4	1:50.1
1,500 Meters#	3:47.8	3:47.5
Mile#	4:06.0	4:05.7
Steeplechase (3,000m)#	9:07.0	9:06.7
5,000 Meters#	14:12.0	14:11.7
10,000 Meters# - Auto.	28:45.0	28:44.7
10,000 Meters# - Prov.	29:30.0	29:29.7

110-Meter Hurdles	14.30	-----
400-Meter Hurdles	52.51	52.20

400-Meter Relay	40.66	40.4
440-Yard Relay	40.86	40.6

1,600-Meter Relay	3:10.0	3:09.7
Mile Relay	3:11.1	3:10.8

	METRIC
High Jump	2.10
Pole Vault	5.05
Long Jump	7.34
Triple Jump	15.00
Shot Put	16.80
Discus	51.70
Javelin	61.60
Hammer	56.80

Decathlon - Auto. 7,500 pts.
Decathlon - Prov. 6,900 pts.

- Altitude adjustment available

2009 NCAA Division I Women's Outdoor
Track and Field
Regional Qualifying Standards

Event	FAT	MT
100 Meters	11.75	-----
200 Meters	23.96	-----
400 Meters	54.61	54.3
800 Meters#	2:09.8	2:09.5
1,500 Meters#	4:27.8	4:27.5
Mile#	4:49.3	4:49.0
Steeplechase (3,000m)#	10:50.25	10:50.0
5,000 Meters#	16:52.0	16:51.7
10,000 Meters# - Auto.	33:30.0	33:29.7
10,000 Meters# - Prov.	35:00.0	34:59.7

110-Meter Hurdles	13.92	-----
400-Meter Hurdles	1:00.82	1:00.5

400-Meter Relay	45.7	45.4
440-Yard Relay	45.9	45.6

1,600-Meter Relay	3:42.0	3:41.7
Mile Relay	3:43.3	3:43.0

	METRIC
High Jump	1.75
Pole Vault	3.85
Long Jump	6
Triple Jump	12.32
Shot Put	14.3
Discus	47.3
Javelin	43.45
Hammer	54.15

Decathlon - Auto. 5,500 pts.
Decathlon - Prov. 5,050 pts.

- Altitude adjustment available

Results from the 2008 IC4A Outdoor Track & Field Championships

William Weaver Track and Field Stadium, Princeton University, Princeton, New Jersey, May 16-18

2008 IC4A TEAM SCORES

1. Liberty University	62
2. University of Virginia	55
3. Georgetown University	44
4. Syracuse University	42
5. University at Albany	39
6. North Carolina - Wilmington	32
7. Coppin State University	31
8. Princeton University	28
9. Iona College	25
10. Lehigh University	24
11. Monmouth University	23
12. Cornell University	22
George Mason University	22
Yale University	22
15. Manhattan College	21
Rutgers University	21
17. Delaware State University	20
18. College of William & Mary	19
Duke University	19
University of Connecticut	19
University of Maryland	19
22. Seton Hall University	18
Virginia Military Institute	18
Robert Morris University	18
Morgan State University	18
26. University of Pennsylvania	15
27. Duquesne University	13
Dartmouth College	13
29. Mount St. Mary's University	12
30. Boston University	9
University of New Hampshire	9
32. Villanova University	8
University of Rhode Island	8
34. University of Vermont	6
Binghamton University	6
St. Francis University (PA)	6
Mansfield University	6
38. Bucknell University	5
39. Fairleigh Dickinson University	4
U.S. Military Academy	4
41. Columbia University	3
Southern Connecticut State	3
43. Fordham University	2
Maryland Baltimore County	2
45. University of Massachusetts	1
Harvard University	1
La Salle University	1
Brown University	1
U.S. Naval Academy	1

100 Meter Dash

1. Mitchell, K, Georgetown, 10.50; 2. Jones, R, Virginia, 10.66; 3. Campbell, A, Vermont, 10.70; 4. Cheng, V, Yale, 10.74; 5. Owens, B, Rutgers, 10.89; 6. Joseph, D, Albany, 10.94.

200 Meter Dash

1. Moore, L, Delaware St., 21.26; 2. Kohn, A, Syracuse, 21.28; 3. Jones, R, Virginia, 21.53; 4. Gray, E, Maryland, 21.94; 5. Taiwo, C, Monmouth, 22.01.

400 Meter Dash

1. Gomes, G, Seton Hall, 46.42; 2. Sanford, D, Morgan State, 46.92; 3. Arnett, C, Binghamton, 47.00; 4. Morgan, C, Coppin State, 47.07; 5. Adams, C, Fairleigh Dickinson, 47.20; 6. Davis, J, St. Francis PA, 47.74; 7. VanEeden, M, Cornell, 47.90.

800 Meter Run

1. Gagnon, B, Connecticut, 1:49.78; 2. Kitur, F, VA Military, 1:49.79; 3. Labosky, C, Yale, 1:50.50; 4. Carmody, M, Dartmouth, 1:50.81; 5. Mickowski, J, US Military Academy, 1:50.96; 6. Edgerton, R, New Hampshire, 1:51.13; 7. Mark, M, Columbia, 1:51.56; 8. Rathbun, J, Columbia, 1:52.01; 9. Holmes, D, Delaware St., 1:52.29.

1500 Meter Run

1. Fitzgerald, I, William & Mary, 3:46.26; 2. Nightingale, D, Princeton, 3:46.31; 3. Ng'etich, A, Iona College, 3:46.66; 4. Kajjala, T, Pennsylvania, 3:47.84; 5. Slosky, T, Duquesne, 3:48.70; 6. Khadraoui, M, Iona College, 3:49.20; 7. Roberts, S, Georgetown, 3:49.46; 8. Nanni, C, Duke, 3:49.57; 9. Hatch, C, Cornell, 3:50.55; 10. True, B, Dartmouth, 3:51.35.

5000 Meter Run

1. Nunn, D, Georgetown, 14:14.05; 2. Kigen, E, Liberty, 14:14.56; 3. Scull, J, Syracuse, 14:17.42; 4. Wilhelm, P, William & Mary, 14:19.23; 5. Krisch, M, Georgetown, 14:20.64; 6. Foster, R, Virginia, 14:23.21; 7. Busby, D, Syracuse, 14:23.64; 8. Naranjo, N, Massachusetts, 14:24.77.

10000 Meter Run

1. Pizzonia, C, Iona College, 30:04.36; 2. Randall, G, Dartmouth, 30:11.13; 3. Vizcaino, C, Iona College, 30:17.22; 4. Eddy, J, Duquesne, 30:19.90; 5. Massam, B, William & Mary, 30:23.09; 6. Edmonds, J, Liberty, 30:26.53; 7. Smith, T, Virginia, 30:29.68; 8. Dinnan, W, New Hampshire, 30:39.21.

110 Meter Hurdles

1. Sosa, R, Syracuse, 13.88; 2. Durham, A, Maryland, 13.93; 3. Berger, D, Maryland, 14.04; 4. Joseph, D, Seton Hall, 14.10; 5. Ezike, S, Cornell, 14.12; 6. Kinney, C, Georgetown, 14.13; 7. Abdulrazaq, A, Virginia, 14.25; 8. Rendall, S, La Salle, 14.29.

400 Meter Hurdles

1. Delice, S, Coppin State, 50.71; 2. Robinson, S, Lehigh, 51.68; 3. Asante, E, NC Wilmington, 51.78; 4. MacLeod, K, Bucknell, 51.87; 5. Noel, A, Morgan State, 53.59; 6. Seabrook, A, Cornell, 54.53.

3000 Meter Steeplechase

1. Heath, K, Syracuse, 8:50.82; 2. Banks, M, Georgetown, 8:57.85; 3. Ashe, E, Boston University, 8:59.38; 4. McDougal, J, Liberty, 9:01.42; 5. Dutille, D, Duquesne, 9:01.85; 6. Mason, A, Georgetown, 9:02.82; 7. Hart, C, UMBC, 9:02.97; 8. Myers, O, Brown, 9:03.46.

4x100 Meter Relay

1. University of Virginia, 41.03; 2. North Carolina - Wilmington, 41.20; 3. University at Albany, 41.35; 4. Rutgers University, 41.41; 5. Cornell University, 41.57; 6. Yale University, 41.63.

4x400 Meter Relay

1. Coppin State University, 3:07.96; 2. Delaware State University, 3:09.29; 3. University of Virginia, 3:10.29; 4. North Carolina - Wilmington, 3:11.52; 5. Rutgers University, 3:11.92; 6. Cornell University, 3:19.87; 7. Seton Hall University, 3:34.33.

4x800 Meter Relay

1. Virginia Military Institute, 7:32.20; 2. University of Virginia, 7:32.55; 3. Cornell University, 7:32.69; 4. Yale University, 7:34.06; 5. Georgetown University, 7:36.01; 6. Princeton University, 7:36.11; 7. George Mason University, 7:36.54; 8. Seton Hall University, 7:41.84; 9. College of William & Mary, 7:42.61.

High Jump

1. Witmyer, J, Robert Morris, 2.04m (6-08.25); 2. Parker, M, Liberty, 2.04m (6-08.25).

Pole Vault

1. Uqdah, K, Lehigh, 5.20m (17-00.75); 2. Schoen, L, Albany, 5.15m (16-10.75); 3. Smith, S, Coppin State, 5.10m (16-08.75); 4. Faulkner, C, Princeton, 5.05m (16-06.75); 5. Weaver, C, NC Wilmington, 5.05m (16-06.75); 6. Underwood, S, Southern Conn. St., 4.95m (16-02.75); 7. Duggan, B, Rutgers, 4.95m (16-02.75); 8. Duggan, K, Connecticut, 4.95m (16-02.75).

Long Jump

1. Webley, D, George Mason, 7.45m (24-05.50); 2. Nadler, K, Albany, 7.42m (24-04.25); 3. Bush, B, Syracuse, 7.40m (24-03.50); 4. Calvo, K, Pennsylvania, 7.39m (24-03.00); 5. Graham, V, Albany, 7.31m (23-11.75); 6. Velez, W, St Francis PA, 7.27m (23-10.25); 7. Moore, L, Delaware St., 7.27m (23-10.25); 8. McCoy, R, George Mason, 7.22m (23-08.25).

Triple Jump

1. McCadney, M, Albany, 15.59m (51-01.75); 2. McCoy, R, George Mason, 15.42m (50-07.25); 3. Powell, C, Liberty, 15.35m (50-04.50); 4. Jules, D, Manhattan, 15.20m (49-10.50); 5. Randjic, K, Manhattan, 15.10m (49-06.50); 6. Siddeeq, N, Robert Morris, 15.08m (49-05.75); 7. Carelli, J, Pennsylvania, 14.94m (49-00.25); 8. Webley, D, George Mason, 14.90m (48-10.7).

Shot Put

1. Keller, C, Monmouth, 16.80m (55-01.50); 2. Dubs, A, Connecticut, 6.72m (54-10.25); 3. Benjamin, T, Morgan State, 16.57m (54-04.50); 4. Paey, B, New Hampshire, 16.12m (52-10.75); 5. Henderson, C, Liberty, 16.02m (52-06.75); 6. Abyad, G, Princeton, 15.95m (52-04.00); 7. Plummer, E, Princeton, 15.85m (52-00.00); 8. Ciccoli, T, Monmouth, 15.79m (51-09.75).

Discus Throw

1. Ayeni, Y, Virginia, 59.79m (196-02); 2. Henderson, C, Liberty, 58.09m (190-07); 3. Gray, M, Mansfield, 52.99m (173-10); 4. Peterson, D, Rhode Island, 52.35m (171-09); 5. Martin, R, Mt St Mary's, 51.52m (169-00); 6. Noll, N, Yale, 51.39m (168-07); 7. Bicanic, J, Boston University, 50.92m (167-01); 8. Withrow, D, Boston University, 49.75m (163-03).

Hammer Throw

1. Hart, J, Liberty, 67.76m (222-04); 2. Peulich, P, Manhattan, 63.29m (207-08); 3. Pessala, A, Princeton, 62.49m (205-00); 4. Skowronski, E, Monmouth, 62.34m (204-06); 5. Mujanovic, S, Manhattan, 62.29m (204-04); 6. Bernardo, M, Rhode Island, 59.28m (194-06); 7. Dibucano, M, Fordham, 59.12m (193-11); 8. Pearce, C, Princeton, 58.63m (192-04).

Javelin Throw

1. Austin, J, Duke, 66.04m (216-08); 2. Radacaj, M, Villanova, 63.97m (209-10); 3. Pachucki, J, Lehigh, 62.00m (203-05); 4. Greene, D, Robert Morris, 61.97m (203-04); 5. Pennino, J, Rutgers, 61.83m (202-10); 6. Fill, B, Monmouth, 60.94m (199-11); 7. Weinstein, B, Duke, 60.93m (199-11); 8. Lawson, C, US Naval Academy, 60.63m (198-11).

Decathlon

1. Newell, D, Liberty, 6898; 2. FitzSimons, T, Mt St Mary's, 6763; 3. Clarke, T, Duke, 6642; 4. Blumenstein, B, NC Wilmington, 6574; 5. Miller, M, NC Wilmington, 6537; 6. Hall, M, Pennsylvania, 6527; 7. Matlack, T, Rutgers, 6483; 8. Lewis, A, Harvard, 6477.

Results from the 2008 ECAC Outdoor Track & Field Championships

William Weaver Track and Field Stadium, Princeton University, Princeton, New Jersey, May 16-18

2008 ECAC TEAM SCORES

1. University of Connecticut	83
2. University of Virginia	53
3. Cornell University	43
4. College of William & Mary	41
5. Georgetown University	40
6. University of Maryland	39
7. Syracuse University	38
University of Pittsburgh	38
9. Seton Hall University	31
Boston College	31
11. Morgan State University	30
12. George Mason University	29
13. Boston University	28
14. Providence College	26
West Virginia University	26
16. Duke University	24.50
17. University of Rhode Island	24
18. St. Francis University (PA)	21
Princeton University	21
20. Harvard University	19.50
21. Brown University	16
Liberty University	16
23. University of Pennsylvania	13
24. University at Albany	11
Lafayette College	11
Rutgers University	11
Villanova University	11
28. Northeastern University	10
Temple University	10
30. James Madison University	9
31. U.S. Naval Academy	8
Towson University	8
33. Bucknell University	7
34. Stony Brook University	6
University of New Hampshire	6
36. Quinnipiac University	5
Lehigh University	5
University of Delaware	5
39. Monmouth University	4
Dartmouth College	4
Rider University	4
North Carolina - Wilmington	4
Binghamton University	4
44. University of Massachusetts	3
Yale University	3
46. Iona College	2
St. John's University	2

100 Meter Dash

1. Hawthorne, T. Connecticut, 11.51; 2. Calhoun, S. Pittsburgh, 11.62; 3. Ahoure, M. George Mason, 11.63; 4. Owusu-Agyapong, F. Syracuse, 11.81; 5. Cartier, T. James Madison, 11.85; 6. Hines, A. Morgan State, 11.94; 7. Evans, J. Morgan State, 12.07.

200 Meter Dash

1. Hawthorne, T. Connecticut, 23.35; 2. Ahoure, M. George Mason, 23.67; 3. Calhoun, S. Pittsburgh, 23.92; 4. Carter, T. James Madison, 24.22; 5. Williams, K. Binghamton, 24.50; 6. Calhoun, S. Pittsburgh, 24.64.

400 Meter Dash

1. Johnson, A. Georgetown, 53.83; 2. Kendrick, T. Morgan State, 54.02; 3. Friday, T. Seton Hall, 54.12; 4. Swindell, T. George Mason, 54.94; 5. Freeman, C. Liberty, 55.37; 6. Fedrick, M. Maryland, 55.48.

800 Meter Run

1. Carlin, J. Pennsylvania, 2:06.87; 2. King, C. Boston College, 2:07.98; 3. Warden, J. Boston University, 2:09.40; 4. Gawrych, S. Boston College, 2:10.26; 5. Adelberg, S. Brown, 2:10.51; 6. Husain, H. Virginia, 2:11.69.

1500 Meter Run

1. Bland, K. West Virginia, 4:19.02; 2. Lehman, M. Duke, 4:24.95; 3. Haglund, E. Villanova, 4:25.37; 4. Costello, L. Princeton, 4:25.44; 5. Lyons, K. Cornell, 4:26.45; 6. Ricksecker, R. Liberty, 4:26.47; 7. Heidt, C. Cornell, 4:27.37; 8. Olson, J. Harvard, 4:30.08.

3000 Meter Run

1. Anderson, E. William & Mary, 9:33.32; 2. Doetzel, D. Providence, 9:34.46; 3. Higginson, A. Princeton, 9:36.39; 4. Van Dalen, H. Stony Brook, 9:43.29; 5. Ogrodnick, L. Georgetown, 9:45.67; 6. Morelli, L. William & Mary, 9:48.91; 7. Cummings, S. Princeton, 9:50.03; 8. Hastie, D. Stony Brook, 9:51.40.

5000 Meter Run

1. DiCamillo, K. Providence, 16:37.48; 2. Douglas, K. Providence, 16:41.50; 3. LaBeaud, N. Georgetown, 16:45.31; 4. Read, K. Virginia, 16:59.69; 5. Gousen, E. William & Mary, 17:01.98; 6. Brogan, L. Pennsylvania, 17:05.17; 7. Ogrodnick, L. Georgetown, 17:08.50; 8. Gupta, S. Brown, 17:09.62.

10000 Meter Run

1. Grandt, C. West Virginia, 34:15.70; 2. Jefferson, C. Liberty, 35:42.86; 3. Caruana, A. Rutgers, 36:13.64; 4. Ashe, S. Quinnipiac, 36:15.88; 5. Cufari, L. Syracuse, 36:18.08; 6. Lagasse, E. Boston University, 36:18.75; 7. Baker, A. Iona College, 36:22.73; 8. Bushman, D. Liberty, 36:43.19.

100 Meter Hurdles

1. Shaw, T. Northeastern, 13.68; 2. Echko, L. Virginia, 13.73; 3. George, P. Connecticut, 13.77; 4. Clemons, M. Pittsburgh, 13.81; 5. Gilliam, I. Seton Hall, 13.85; 6. Drouin, J. Syracuse, 14.06; 7. Adams, A. Morgan State, 14.09; 8. Jones, A. NC Wilmington, 14.26.

400 Meter Hurdles

1. Smith, A. Virginia, 1:00.08; 2. Profit, K. Maryland, 1:00.49; 3. Hubbard, C. Seton Hall, 1:01.27; 4. Hayes, J. Seton Hall, 1:01.53; 5. Weyman, J. Cornell, 1:01.93; 6. Williams, C. Maryland, 1:02.36; 7. Tanner, A. Dartmouth, 1:02.68; 8. Broyles, B. Pittsburgh, 1:06.86.

3000 Meter Steeplechase

1. Garcia, S. Virginia, 10:19.74; 2. Loughlin, P. Duke, 10:31.54; 3. Graney, E. William & Mary, 10:41.68; 4. Morrison, S. Villanova, 10:44.81; 5. Deir, L. Princeton, 10:45.19; 6. Cummings, L. Albany, 10:46.75; 7. Panoast, S. Cornell, 10:47.29; 8. Brandeland, M. Princeton, 10:47.44.

4x100 Meter Relay

1. University of Connecticut, 45.19; 2. University of Pittsburgh, 45.62; 3. Seton Hall University, 45.63; 4. George Mason University, 46.08; 5. Rutgers University, 46.16; 6. North Carolina - Wilmington, 46.37; 7. Morgan State University, 46.39; 8. University of Virginia, 46.45.

4x400 Meter Relay

1. Morgan State University, 3:40.84; 2. Georgetown University, 3:43.72; 3. Cornell University, 3:46.23; 4. Temple University, 3:47.13; 5. Monmouth University, 3:47.51; 6. University of Connecticut, 3:49.88.

4x800 Meter Relay

1. Georgetown University, 8:48.70; 2. Boston College, 8:53.70; 3. Cornell University, 8:54.80; 4. Lehigh University, 9:01.90; 5. Temple University, 9:03.30; 6. Yale University, 9:06.00; 7. Bucknell University, 9:10.60; 8. St. John's University, 9:25.00.

High Jump

1. Christensen, B. Harvard, 1.78m (5-10.00); 2. Drouin, J. Syracuse, 1.78m (5-10.00); 3. Knight, C. Connecticut, 1.78m (5-10.00); 4. Aluko, T. Maryland, 1.75m (5-08.75); 5. Kajunski, K. Rider, 1.75m (5-08.75); 6. Graham, T. Rhode Island, 1.70m (5-07.00); 7. Porter, R. Connecticut, 1.70m (5-07.00); 8. Frederick, P. St. John's, 1.70m (5-07.00).

Pole Vault

1. Kazuba, N. William & Mary, 4.00m (13-01.50); 2. Charnigo, J. U.S. Naval Academy, 3.85m (12-07.50); 3. Ciambra, R. New Hampshire, 3.85m (12-07.50); 4. Fryt, A. Duke, 3.75m (12-03.50); 5. Jeremiah, E. William & Mary, 3.75m (12-03.50); 6. Kloss, J. Princeton, 3.75m (12-03.50); 7. Blattler, C. Harvard, 3.75m (12-03.50); 7. Gordon, A. Duke, 3.75m (12-03.50).

Long Jump

1. Maduka, J. Cornell, 6.51m (21-04.25); 2. James, T. Boston University, 6.19m (20-03.75); 3. Ford, W. Boston University, 6.16m (20-02.50); 4. Quant, A. Delaware, 6.08m (19-11.50); 5. Forbes, S. Seton Hall, 6.08m (19-11.50); 6. Mark, S. Syracuse, 6.02m (19-09.00); 7. Murphy, J. Pittsburgh, 5.99m (19-08.00); 8. Casey, J. Cornell, 5.98m (19-07.5).

Triple Jump

1. Highsmith, T. Connecticut, 12.99m (42-07.50); 2. Maduka, J. Cornell, 12.96m (42-06.25); 3. Gurrant, J. Albany, 12.69m (41-07.75); 4. Hendricks, R. George Mason, 12.66m (41-06.50); 5. James, T. Boston University, 12.64m (41-05.75); 6. Mark, S. Syracuse, 12.48m (40-11.50); 7. Gerasimova, A. Albany, 12.38m (40-07.50); 8. Ford, W. Boston University, 12.31m (40-04.75).

Shot Put

1. McMillian, T. Connecticut, 15.53m (50-11.50); 2. Anwah, J. Maryland, 15.42m (50-07.25); 3. Gmitter, D. St. Francis PA, 14.92m (48-11.50); 4. Morse, L. St. Francis PA, 14.56m (47-09.25); 5. Grunloh, D. Brown, 14.48m (47-06.25); 6. Bronson, L. Morgan State, 14.10m (46-03.25); 7. Smith, B. Brown, 14.08m (46-02.50); 8. Izevbogie, O. Lafayette, 13.99m (45-10.75).

Discus Throw

1. Grant, B. Virginia, 54.41m (178-06); 2. Thornton, S. Rhode Island, 50.19m (164-08); 3. McMillian, T. Connecticut, 49.57m (162-07); 4. Grunloh, D. Brown, 49.36m (161-11); 5. Anwah, J. Maryland, 48.01m (157-06); 6. Wilson, L. Massachusetts, 47.47m (155-09); 7. Bilmanis, A. Virginia, 47.32m (155-03); 8. Galarza, S. Rutgers, 45.72m (150-00).

Hammer Throw

1. Harbin, A. Lafayette, 63.71m (209-00); 2. Jennings, J. Rhode Island, 59.99m (196-10); 3. Gmitter, D. St. Francis PA, 56.49m (185-04); 4. Thornton, S. Rhode Island, 55.43m (181-10); 5. Herron, K. St. Francis PA, 54.96m (180-04); 6. Gregory, A. Maryland, 54.80m (179-09); 7. Daly, E. Dartmouth, 53.27m (174-09); 8. Cole, A. Temple, 52.96m (173-09).

Javelin Throw

1. Martin, A. Connecticut, 48.85m (160-03); 2. Robinson, K. Towson, 46.66m (153-01); 3. Karesin, E. Harvard, 46.46m (152-05); 4. Cherry, N. Pittsburgh, 43.19m (141-08); 5. Briggs, M. Virginia, 42.86m (140-07); 6. Rycek, L. Bucknell, 42.63m (139-10); 7. Rogers, B. Bucknell, 41.79m (137-01); 8. Fronk, J. Harvard, 41.75m (137-00).

Heptathlon

1. Hill, K. Boston College, 5558; 2. Lambricht, K. Syracuse, 5321; 3. Carrier, C. West Virginia, 5188.4; 4. Smith, C. Maryland, 4908; 5. Osazuma, U. Syracuse, 4755; 6. Guevel, K. William & Mary, 4642; 7. Haraldsdottir, K. Duke, 4633; 8. Blevins, B. William & Mary, 4534.

2009 ECAC and IC4A Outdoor Track & Field Championships

OUTDOOR RECORDS FOR IC4A EVENTS

Our thanks to Walter Murphy of "EASTERN TRACK" and Larry Byrne for assistance in compiling these records.

100 Meters

2008 IC4A Champion	10.50	Kenny Mitchell, Georgetown
IC4A Meet Record	10.20	Lee McRae, Pittsburgh
IC4A Collegiate	10.07	McRae
Weaver Stadium	10.36	John Gilcrest, Temple
Collegiate	9.89	Travis Padgett, Clemson
American	9.77	Tyson Gay, adidas
World	9.69	Usain Bolt, Jamaica

200 Meters

2008 IC4A Champion	21.26	Larrone Moore, Delaware State
IC4A Meet Record	20.63	David Bobb, UMBC
IC4A Collegiate	20.13	Elliott Quow, Rutgers
Weaver Stadium	20.58	Brady Crain, NY Pioneer Club
Collegiate	19.63	Xavier Carter, LSU
American	19.32	Michael Johnson, Nike
World	19.30	Usain Bolt, Jamaica

400 Meters

2008 IC4A Champion	46.42	Greg Gomes, Seton Hall
IC4A Meet Record	45.11	Kevin Lyles, Seton Hall
IC4A Collegiate	43.97	Larry James, Villanova
Weaver Stadium	44.68	Angelo Taylor, Nike International
Collegiate	43.50	Quincy Watts, So California
American	43.18	Michael Johnson, Nike
World	43.18	Johnson, USA

800 Meters

2008 IC4A Champion	1:49.78	Brian Gagnon, Connecticut
IC4A Meet Record	1:45.34	Tom McLean, Bucknell
IC4A Collegiate	1:43.92	John Marshall, Villanova
Weaver Stadium	1:47.20	Bruce Harris, Villanova
Collegiate	1:41.77	Joaquim Cruz, Oregon
American Collegiate	1:43.74	Earl Jones, Eastern Michigan
American	1:42.60	Johnny Gray, Santa Monica TC
World	1:41.11	Wilson Kipketer, Denmark

1,500 Meters

2008 IC4A Champion	3:46.26	Ian Fitzgerald, William & Mary
IC4A Meet Record	3:37.41	Sidney Maree, Villanova
IC4A Collegiate	3:31.71	Abdi Bile, George Mason
Weaver Stadium	3:41.56	Gerry O'Reilly, Villanova
Collegiate	3:30.56	Bernard Lagat, Washington St
American Collegiate	3:33.1	Jim Ryun, Kansas
American	3:29.30	Lagat, Nike
World	3:26.00	Hicham El Guerrouj, Morocco

3,000 Meter Steeplechase

2008 IC4A Champion	8:50.82	Kyle Heath, Syracuse
IC4A Meet Record	8:29.8	Kieran Stack, Iona
IC4A Collegiate	8:21.26	John Gregorek, Georgetown
Weaver Stadium	8:27.8	K. Elerb, Westchester T.C.
Collegiate	8:05.40	Henry Rono, Washington St.
American Collegiate	8:10.69	Mark Croghan, Ohio State
American	8:08.82	Daniel Lincoln, Nike
World	7:53.63	Saif Saeed Shaheen, Qatar

5,000 Meters

2008 IC4A Champion	14:14.05	Dan Nunn, Georgetown
IC4A Meet Record	13:27.07	Sidney Maree, Villanova
IC4A Collegiate	13:20.63	Maree
Weaver Stadium	13:41.55	H. Salch, Westchester T.C.
Collegiate	13:08.4	Henry Rono, Washington St
American Collegiate	13:12.24	Chris Solinsky, Wisconsin
American	12:58.21	Bob Kennedy, Nike
World	12:37.35	Kenenisa Bekele, Ethiopia

10,000 Meters

2008 IC4A Champion	30:04.36	Josh McDougal, Liberty
IC4A Meet Record	28:58.36	Stephen Ondeieki, FDU
IC4A Collegiate	27:43.76	Geoff Smith, Providence
Weaver Stadium	28:58.36	Stephen Ondeieki, FDU
Collegiate	27:22.47	Henry Rono, Washington St
American Collegiate	27:33.58	Galen Rupp, Oregon
American	27:13.98	Mebratton Keflezighi, Nike TC
World	26:17.53	Kenenisa Bekele, Ethiopia

110 Meter Hurdles

2008 IC4A Champion	13:88	Ramon Sosa, Syracuse
IC4A Meet Record	13.53	William Skinner, Maryland
IC4A Collegiate	13.00	Renaldo Nehemiah, Maryland
Weaver Stadium	13.43	Terrence Trammell, NYPC
Collegiate	13.00	Nehemiah
American	12.90	Dominique Arnold, Nike
World	12.87	Dayron Robles, Cuba

400 Meter Hurdles

2008 IC4A Champion	50.71	Steve Delice, Coppin State
IC4A Meet Record	48.80	Kureem Acher, Villanova
IC4A Collegiate	48.69	Mike Shine, Penn State
Weaver Stadium	49.19	Edwin Moses, Team adidas
Collegiate	47.10	Samuel Matete, Auburn
American Collegiate	47.24	Kerron Clement, Florida
American	46.78	Kevin Young, Foot Locker AC
World	46.78	Young, USA

4 x 100 Meter Relay

2008 IC4A Champion	41.03	Virginia
IC4A Meet Record	39.59	East Carolina
(Eugene McNeill, Lee McNeill, Kelvin Wrighton, Jon Lee)		
IC4A Collegiate	39.15	East Carolina
Weaver Stadium	40.26	New York Tech
Collegiate	38.04	Texas Christian
(Bryan Howard, Jarmiene Holloway, Syan Williams, Percy Spencer)		
American	37.40	US National Team
(Mike Marsh, Leroy Burrell, Dennis Mitchell, Carl Lewis)		
	37.40	US National Team
(John Drummond, Andre Cason, Dennis Mitchell, Leroy Burrell)		
World	37.10	Jamaican National Team
(Nesta Carter, Michael Fraser, Usain Bolt, Asafa Powell)		

4 x 400 Meter Relay

2008 IC4A Champion	3:07.96	Coppin State
IC4A Meet Record	3:04.11	East Carolina
(Lawrence Ward, Damon Davis, Darrick Ingram, Mike Miller)		
IC4A Collegiate	3:02.78	George Mason
(Louis McDonald 47.5; Louis Sales 45.2; Alex Morgan 46.7; Greg Haughton 44.1)		
Weaver Stadium	3:05.86	East Carolina
(Green, Ingram, Ward, Alexander)		
Collegiate	2:59.59	LSU
(Reggie Dardar 46.4; Kelly Willie 44.4; Bennie Brazell 44.8; Xavier Carter 44.0)		
American	2:54.20	US Team
(Jerome Young 44.3; Antonio Pettigrew 43.2; Tyree Washington 43.5; Michael Johnson 43.2)		
World	2:54.29	US Team
(Quincy Watts, Andrew Valmon, Butch Reynolds, Michael Johnson)		

2009 ECAC and IC4A Outdoor Track & Field Championships

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4 x 800 Meter Relay

2008 IC4A Champion	7:32.20	Virginia Military Institute	
IC4A Meet Record	7:19.94	George Mason	97
IC4A Collegiate	7:11.17	Penn State	85
(Vance Watson 1:49.3; Steve Shister 1:47.9; Chris Mills 1:48.5; Randy Moore 1:45.6)			
Weaver Stadium	7:24.97	William & Mary	07
(Matt Wolak, Ryan Jones, Nat Glackin, Jesse O'Connell, 03) David Groff, Matt Warco)			
Collegiate	7:08.96	Arizona State	84
(Pete Richardson 1:47.5; Eddie Davis 1:47.8; Treg Scott 1:48.1; Mike Stahr 1:45.6)			
American	7:02.82	US Team	06
(Jebrah Harris 1:47.05; Khadevis Robinson 1:44.03; Sam Burley 1:46.05; David Krummenacker 1:45.69)			
World	7:02.43	Kenya	06
(Joseph Mutua 1:46.73; William Yampoy 1:44.38; Ismael Kombich 1:45.92; Wilfried Bungei 1:45.40)			

High Jump

2008 IC4A Champion	6-8.25 (2.04)	Jeff Witmyer, Robert Morris	
IC4A Meet Record	7-6 (2.29)	Tony Barton, George Mason	90
IC4A Collegiate	7-7 (2.31)	Barton & Tora Harris, Princeton	90,02
Weaver Stadium	7-5.25 (2.27)	Jerome Carter, Kamaru	86
Collegiate	7-10 (2.39)	Hollis Conway, SW Louisiana	89
American	7-10.5 (2.40)	Charles Austin, Unattached	91
World	8-0.5 (2.45)	Javier Sotomayor, Cuba	93

Pole Vault

2008 IC4A Champion	17-0.75 (5.20)	Khalil Uqdah, Lehigh	
IC4A Meet Record	18-1.25 (5.52)	Istvan Bagyu, Geo. Mason	92
IC4A Collegiate	19-5 (5.92)	Bagyu	91
Weaver Stadium	19-2.25 (5.85)	Lawrence Johnson, unatt.	01
Collegiate	19-7.5 (5.98)	Lawrence Johnson, Tenn.	96
American	19-9.75 (6.04)	Brad Walker, Nike	08
World	20-1.75 (6.14)	Sergey Bubka, Ukraine	94

Long Jump

2008 IC4A Champion	24-5.5 (7.45)	Dwight Webley, George Mason	
IC4A Meet Record	26-10.5 (8.19)	Ray Humphrey, Georgetown	88
IC4A Collegiate	26-11.75 (8.22)	D.D. Manns, James Madison	88
Weaver Stadium	26-3 (8.00)	Jesse Owens, Ohio State	36
Collegiate	28-8.25 (8.74)	Erick Walder, Arkansas	94
American	29-4.5 (8.95)	Mike Powell, Footlocker TC	91
World	29-4.5 (8.95)	Powell, USA	91

Triple Jump

2008 IC4A Champion	51-1.75 (15.59)	Michael McCadney, Albany	
IC4A Meet Record	53-11.25 (16.45)	Nate Cooper, Villanova	78
IC4A Collegiate	56-1.25 (17.10)	Cooper	79
Weaver Stadium	54-4.75 (16.58)	Nathan Rollins, Georgetown	01
Collegiate	58-7.25 (17.86)	Charles Simpkins, Baptist	85
American	59-4.5 (18.09)	Kenny Harrison, Nike	96
World	60-0.25 (18.29)	Jonathan Edwards, Great Brit	95

Shot Put

2008 IC4A Champion	55-1.5 (16.8)	Chris Keller, Monmouth	
IC4A Meet Record	65-8.25 (20.02)	August Wolf, Princeton	83
IC4A Collegiate	67-2 (20.47)	Wolf	83
Weaver Stadium	66-1 (20.40)	Wolf	83
Collegiate	72-2.25 (22.00)	John Godina, UCLA	95
American	75-10.25 (23.12)	Randy Barnes, Mazda TC	90
World	75-10.25 (23.12)	Barnes	90

Discus

2008 IC4A Champion	196-2 (59.79)	Yemi Ayeni, Virginia	
IC4A Meet Record	196-2 (59.79)	Ayeni	08
IC4A Collegiate	210-7 (64.18)	Tony Washington, Syracuse	89
Weaver Stadium	208-4 (63.50)	Al Oerter, NYAC	80
Collegiate	222-0 (67.86)	Hannes Hoppley, SMU	04
American Collegiate	218-5 (66.58)	Kamy Keshmiri, Nevada-Reno	91
American	237-4 (72.34)	Ben Plucknett, So Cal Striders	85
World	243-0 (74.08)	Jurgen Schult, G.D.R.	86

Hammer

2008 IC4A Champion	222-4 (67.76)	John Hart, Liberty	
IC4A Meet Record	243-2 (74.12)	Kevin McMahon, Georgetown	95
IC4A Collegiate	245-1 (74.70)	McMahon	95
Weaver Stadium	244-6 (74.52)	Paddy McGrath, unattached	04
Collegiate	270-10 (82.56)	Balazs Kiss, So. California	95
American Collegiate	257-0 (78.34)	Ken Flax, Oregon	86
American	270-9 (82.52)	Lance Deal, New York AC	96
World	284-7 (86.74)	Yurly Syedikh, U.S.S.R.	86

Javelin

2008 IC4A Champion	216.8 (66.04)	John Austin, Duke	
IC4A Meet Record	254-2 (77.47)	Paul Pisano, Connecticut	04
IC4A Collegiate	261-10 (79.81)	Brian Chaput, Pennsylvania	04
Weaver Stadium	263-11 (80.45)	Chaput, NYAC	05
Collegiate	292-4 (89.10)	Patrik Boden, Texas	90
American Collegiate	273-3 (83.30)	Tom Pukstys, Florida	90
American	299.6 (91.29)	Breaux Greer, adidas	07
World	323-1 (98.48)	Jan Zelezny, Czech Republic	96

Decathlon

2008 IC4A Champion	6,898	Dan Newell, Liberty	
(10.95, 22-1, 39-9.25, 6-1.5, 49.31; 15.85, 107.4, 13-3.5, 157-1, 4:41.40)			
IC4A Meet Record	7,732	Rob Muzzio, George Mason	85
(11.18, 21-7.75, 51-9.25, 6-5.5, 50.02; 15.15, 149-1, 14-6.75, 193-8, 4:38.93)			
IC4A Collegiate	8,306	Bill Motti, Mount St Mary's	85
(11.03, 25-0.5, 49-7, 7-1, 48.43; 14.75, 150-10, 14-5.25, 207-11, 4:43.06)			
Weaver Stadium	7,938	Mike Ramos	88
Collegiate	8,465	Trey Hardee, Texas	06
(10.35w, 25-3.25, 47-5, 6-6.25, 49.11; 13.83w, 158-3, 17-0.25, 196-10, 5:01.73)			
American	8,891	Dan O'Brien, Reebok	92
(10.43w, 26-6.25, 54-9.25, 6-9.5, 48.51; 13.98, 159-4, 16-4.75, 205-4, 4:42.10)			
World	9,026	Roman Sebric, Czech Republic	01
(10.64, 26-7.25, 50-3.5, 6-11.5, 47.79; 13.92, 157-3, 15-9, 230-2, 4:21.98)			



2009 ECAC and IC4A Outdoor Track & Field Championships

OUTDOOR RECORDS FOR IC4A EVENTS

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100 Meters

2008 ECAC Champion	11.51	Trisha Hawthorne, Connecticut
ECAC Meet Record	11.38	Flirtisha Harris, Seton Hall
Eastern Collegiate	11.21	Connie Moore, Penn State
Weaver Stadium	11.12	Marion Jones, Nike International
Collegiate	10.78	Dawn Sowell, Louisiana State
American	10.49	Florence Griffith-Joyner, World Class AC
World	10.49	Griffith-Joyner, USA

200 Meters

2008 ECAC Champion	23.35	Trisha Hawthorne, Connecticut
ECAC Meet Record	23.07	Cydonie Mothersill, George Mason
Eastern Collegiate	22.63	Connie Moore, Penn State
Weaver Stadium	23.33	Alison Culley, Syracuse
Collegiate	22.04	Dawn Sowell, Louisiana State
American	21.34	Florence Griffith-Joyner, World Class AC
World	21.34	Griffith-Joyner, USA

400 Meters

2008 ECAC Champion	53.83	Abigail Johnson, Georgetown
ECAC Meet Record	51.96	Beverly Pierre, Seton Hall
Eastern Collegiate	50.84	Shana Cox, Penn State
Weaver Stadium	51.80	Jearl Miles-Clark, Reebok
Collegiate	49.84	Natasha Hastings, South Carolina
American	48.70	Sanya Richards, Nike
World	47.60	Marita Koch, G.D.R.

800 Meters

2008 ECAC Champion	2:06.87	Jesse Carlin, Pennsylvania
ECAC Meet Record	2:02.36	Miesha Marzell, Georgetown
Eastern Collegiate	1:59.73	Mededith Raney, Harvard
Weaver Stadium	2:02.4	Joetta Clark, Clark International
Collegiate	1:58.33	Claudette Groenendall, Oregon
American	1:56.40	Jearl Miles-Clark, Reebok
World	1:53.28	Jarmila Kratochvilova, Czech.

1,500 Meters

2008 ECAC Champion	4:19.02	Keri Bland, West Virginia
ECAC Meet Record	4:09.15	Vicki Huber, Villanova
Eastern Collegiate	4:05.81	Sonia O'Sullivan, Villanova
Weaver Stadium	4:06.99	J. Cobb, Cornell
Collegiate	4:05.75	Lindsay Gallo, Michigan
American	3:57.12	Mary Slaney, Athletic West
World	3:50.46	Qu Yunxia, China

3,000 Meters

2008 ECAC Champion	9:33.32	Emily Anderson, William & Mary
ECAC Meet Record	8:54.59	Vicki Huber, Villanova
Eastern Collegiate	8:37.25	Huber
Weaver Stadium	8:56.05	Sonia O'Sullivan, Reebok
Collegiate	8:37.25	Huber
American	8:25.83	Mary Slaney, Athletic West
World	8:06.11	Wang Junxia, China

3,000 Meter Steeplechase

2008 ECAC Champion	10:19.74	Stephanie Garcia, Virginia
ECAC Meet Record	9:58.77	Mollie DeFrancesco, James Madison
Eastern Collegiate	9:43.57	Bridget Franek, Penn State
Weaver Stadium	10:23.76	Alison Henderson, William & Mary
Collegiate	9:22.26	Jenny Barringer, Colorado
American	9:22.26	Barringer
World	8:58.81	Guinara Galkina, Russia

5,000 Meters

2008 ECAC Champion	16:37.48	Katie DiCamillo, Providence
ECAC Meet Record	16:00.72	Lauren Gubicza, Fordham
Eastern Collegiate	15:09.72	Kim Smith, Providence
Weaver Stadium	16:10.61	Kate O'Neill, Yale
Collegiate	15:07.56	Cathy Branta, Wisconsin
American	14:44.80	Shalane Flanagan, Nike
World	14:11.15	Tirunesh Dibba, Ethiopia

10,000 Meters

2008 ECAC Champion	34:15.70	Clara Grandt, West Virginia
ECAC Meet Record	34:16.35	Mary Walsh, Maryland
Eastern Collegiate	32:22.97	Carole Zajac, Villanova
Weaver Stadium	34:15.70	Grandt
Collegiate	31:25.45	Sally Kipyego, Texas Tech
American Collegiate	32:11.13	Lisa Koll, Iowa State
American	30:22.22	Shalane Flanagan, Nike
World	29:31.78	Wang Junxia, China

100 Meter Hurdles

2008 ECAC Champion	13.58	Tramaine Shaw, Northeastern
ECAC Meet Record	13.18	Nicole Harrison, Princeton
Eastern Collegiate	12.89	Candy Young, F.D.U.
Weaver Stadium	13.00	Michelle Freeman, adidas
Collegiate	12.48	Virginia Powell, Southern California
American	12.33	Gail Devers, Nike International
World	12.21	Yordanka Donkova, Bulgaria

400 Meter Hurdles

2008 ECAC Champion	1:00.08	Ayla Smith, Virginia
ECAC Meet Record	55.94	Alison Poulin, New Hampshire
Eastern Collegiate	55.69	Lori McCauley, Rutgers
Weaver Stadium	56.53	Brenda Taylor, Harvard
Collegiate	52.95	Sheena Johnson, UCLA
American	52.61	Kim Batten, Reebok
World	52.34	Yuliya Pechonkina, Russia

4 X 100 Meter Relay

2008 ECAC Champion	45.19	Connecticut
ECAC Meet Record	44.47	George Mason
(Patrice Smothers, Renea Johnson, Janell Johnson, Kim Baldwin)		
Eastern Collegiate	44.06	Morgan State
(Wendy Vereen, Ethlyn Tate, Rochelle Stevens, Giselle Harris)		
Weaver Stadium	45.19	Connecticut
Collegiate	42.50	Louisiana State
(Tananjalyn Stanley, Dawn Sowell, Cinnamon Sheffield, Esther Jones)		
American	41.47	National Team
(Christie Gaines, Marion Jones, Inger Miller, Gail Devers)		
World	41.37	G.D.R.
(Silke Moller, Sabine Rieger, Ingrid Auerswald, Marlies Gohr)		

4 X 400 Meter Relay

2008 ECAC Champion	3:40.84	Morgan State
ECAC Meet Record	3:32.72	George Mason
Eastern Collegiate	3:27.69	Penn State
(Dominique Blake 52.9, Aleesha Barber 51.8, Gayle Hunter 52.48, Shana Cox 50.45)		
Weaver Stadium	3:35.40	Georgetown
(C. Alka, S. Spencer K. Otsott, M. McCusker)		
Collegiate	3:23.75	Texas
(Sheretta Jones 52.8, Raasin McIntosh 50.7, Jerrika Chapple 50.0, Sanya Richards 50.3)		
American	3:15.51	National Team
(Denean Howard 49.7, Diane Dixon 49.2, Valerie Brisco 48.5, F. Griffith-Joyner 48.1)		
World	3:15.17	USSR
(Tatyana Ledovskaya 50.12, Olga Nazarova 47.82, Maria Pinigina 49.43, Olga Bryzgina 47.80)		

2009 ECAC and IC4A Outdoor Track & Field Championships

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4 X 800 Meter Relay

2008 ECAC Champion	8:48.70	Georgetown	
ECAC Meet Record	8:39.04	Georgetown	03
Eastern Collegiate	8:20.66	Villanova	84
(Debbie Grant 2:06.6; Veronica McIntosh 2:06.0; Joanne Kels 2:05.3; Patty Bradley 2:02.8)			
Weaver Stadium	8:39.05	Georgetown	03
Collegiate	8:17.91	Tennessee	
(Kimara McDonald 2:09.14; Chanelle Price 2:02.45; Sarah Bowman 2:03.70; Phoebe Wright 2:02.62)			
American	8:17.91	Tennessee (same team as above)	
World	7:50.17	USSR	84
(Nadezhda Olizarenko, Lyubov Gurina, Olga Bryzgina, Irina Podyalovskaya)			

High Jump

2008 ECAC Champion	5-10 (1.78)	Becky Christensen, Harvard	
ECAC Meet Record	6-4.25 (1.94)	Dora Gyorffy, Harvard	
Eastern Collegiate	6-6.75 (2.00)	Gyorffy	01
Weaver Stadium	6-2.25 (1.89)	Stacy Grant, Unattached	03
Collegiate	6-6.75 (2.00)	Amy Acuff, UCLA	95
		Gyorffy	01
		Chaunte Howard, Georgia Tech	05
American	6-8 (2.03)	Louise Ritter, Mazda TC	88
World	6-10.25 (2.09)	Stefka Kostadinova, Bulgaria	87

Pole Vault

2008 ECAC Champion	13-1.5 (4.00)	Nicole Kazuba, William & Mary	
ECAC Meet Record	13-7.75 (4.16)	Andrea Wildrick, Liberty	02
Eastern Collegiate	14-3.25 (4.35)	Wildrick	02
Weaver Stadium	13-7.25 (4.15)	Jillian Schwartz, Duke	01
Collegiate	15-1 (4.60)	Chelsea Johnson, UCLA	06
American	16-1.75 (4.92)	Jan Stuczynski, adidas	08
World	16-6.75 (5.05)	Yelena Isinbayeva, Russia	08

Long Jump

2008 ECAC Champion	21-4.25 (6.51)	Jeomi Maduka, Cornell	
ECAC Meet Record	22-0.75 (6.72)	Trecia Smith, Pittsburgh	97
Eastern Collegiate	22.3 (6.78)	Diane Guthrie, George Mason	92
Weaver Stadium	21-9 (6.63)	Noelle Graham, Seton Hall	01
Collegiate	23-9 (7.24)	Jackie Joyner-Kersey, UCLA	85
American	24-7 (7.49)	Joyner-Kersey, Honda TC	94
World	24-8.25 (7.52)	Galina Chistyakova, USSR	88

Triple Jump

2008 ECAC Champion	42-7.5 (12.99)	Tamara Highsmith, Connecticut	
ECAC Meet Record	46-8 (14.22)	Trecia Smith, Pittsburgh	97
Eastern Collegiate	46-8 (14.22)	Smith	97
Weaver Stadium	44-8.75 (13.63)	Diana Wills, Army	90
Collegiate	46-8 (14.22)	Smith	97
American Collegiate	46-5.25 (14.15)	Erica McLain, Stanford	07
American	47-5 (14.45)	Tiombe Hurd, Nike	04
World	50-10.25 (15.50)	Inessa Kravets, Ukraine	96

Shot Put

2008 ECAC Champion	50-11.5 (15.53)	Tynisha McMillian, Connecticut	
ECAC Meet Record	55-1.5 (16.80)	Amanda Walker, Pittsburgh	05
Eastern Collegiate	56-2.5 (17.13)	Cheree Hicks, Syracuse	99
Weaver Stadium	55-1.5 (16.80)	Walker	05
Collegiate	62-3.75 (18.99)	Meg Ritchie, Arizona	83
American Collegiate	61-10.25 (18.85)	Valeyta Althouse, UCLA	95
American	66-2.5 (20.18)	Ramona Pagel, Mazda TC	88
World	74-3 (22.63)	Natalya Lisovskaya, USSR	87

Discus

2008 ECAC Champion	178-6 (54.41)	Billie-Jo Grant, Virginia	
ECAC Meet Record	199-8 (60.86)	Cheree Hicks, Syracuse	99
Eastern Collegiate	199-8 (60.86)	Hicks	99
Weaver Stadium	178-6 (54.41)	Billie-Jo Grant, Virginia	02
Collegiate	221-5 (67.48)	Meg Ritchie, Arizona	81
American Collegiate	215-3 (65.62)	Aretha Hill, Washington	98
American	222-0 (67.67)	Suzy Powell, Asics	07
World	252-0 (76.80)	Gabriele Reinsch, G.D.R.	88

Hammer

2008 ECAC Champion	209-0 (63.71)	Ashley Harbin, Lafayette	
ECAC Meet Record	209-0 (63.71)	Harbin	08
Eastern Collegiate	219-1 (66.78)	Jen Leatherman, Penn State	06
Weaver Stadium	218-9 (66.69)	Bethany Hart, Connecticut	02
Collegiate	239-4 (72.94)	Jenny Dahlgren, Georgia	07
American Collegiate	237-10 (72.51)	Brittany Riley, Southern Illinois	07
American	242-4 (73.87)	Erin Gilreath, NYAC	05
World	255-3 (77.80)	Tatyana Lysenko, Russia	06

Javelin

2008 ECAC Champion	160.3 (48.85)	Amanda Martin, Connecticut	
ECAC Meet Record	179-2 (54.61)	Anna Raynor, NC Wilmington	06
Eastern Collegiate	188-3 (57.38)	Ann Crouse, Virginia	99
Weaver Stadium	179-2 (54.61)	Raynor	06
Collegiate	202-10 (61.82)	Inna Kharun, Indiana	03
American Collegiate	202-0 (61.56)	Kara Patterson, Purdue	08
American	210-7 (64.19)	Kim Kreiner, Nike	07
World	237-2 (72.28)	Barbora Spotakova, Czech Rep.	08

Hepthalon

2008 ECAC Champion	5558	Kasey Hill, Boston College	
(14.43, 5-7.75, 40-8.75, 25.06; 18-3, 122-10, 2:17.59)			
ECAC Meet Record	5,793	Diane Guthrie, George Mason	91
Eastern Collegiate	6,527	Diane Guthrie-Gresham, George Mason	95
(13.86, 6-1.25, 45-3.5, 24.91; 55-8.5, 160-11, 2:20.82)			
Weaver Stadium	5558	Hill	08
(14.43, 5-7.75, 40-8.75, 25.06; 18-3, 122-10, 2:17.59)			
Collegiate	6,527	Guthrie-Gresham, George Mason	95
American Collegiate	6,390	Jackie Joyner-Kersey, UCLA	83
(13.77, 6-1.5, 39-8, 23.90; 21-3.25w, 147-4, 2:15.07)			
American	7,291	Joyner-Kersey, World Class AC	88
(12.69, 6-1.25, 51-10, 22.56; 23-10.25, 149-10, 2:08.51)			
World	7,291	Joyner-Kersey, USA	88

