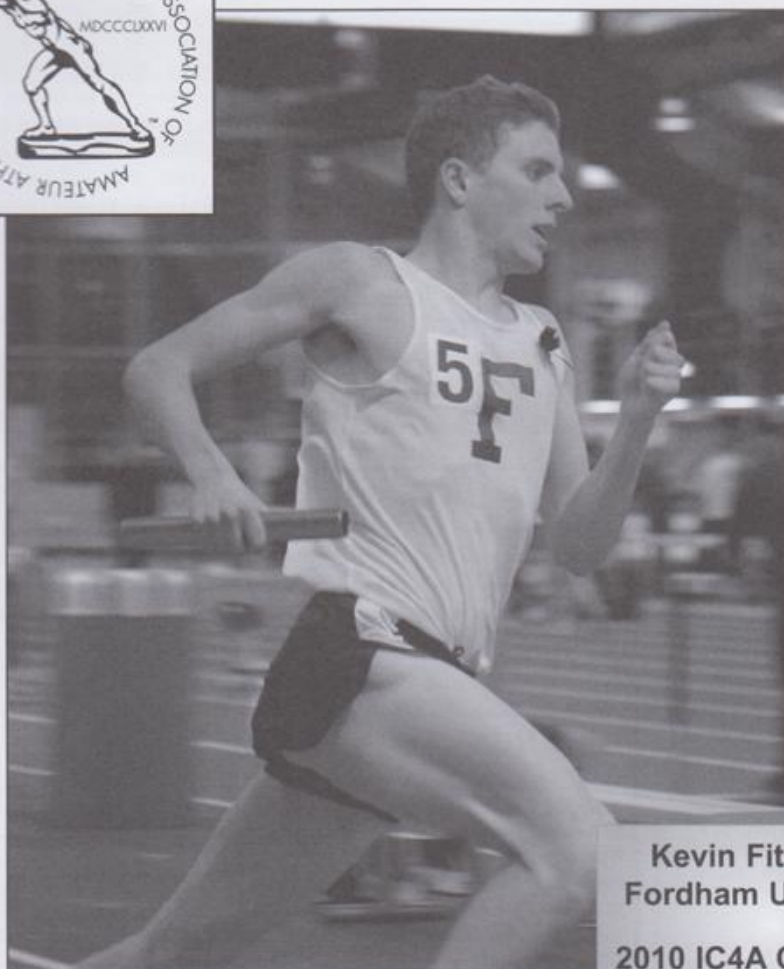


2011 IC4A Indoor Track and Field Championships



Kevin Fitzgerald
Fordham University
2010 IC4A Champion
1,000 Meter Run



Boston University
Indoor Track and Field Pavilion
Boston, Massachusetts
March 5-6, 2011





Eastern College Athletic Conference®

Commissioners

Rudy Keeling	2007-present
Steve Bamford	2006-2007
Philip Buttafuoco	1998-2006
Clayton Chapman	1989-1998
Robert Whitelaw	1972-1989
George Shiebler	1970-1972
Asa S. Bushnell	1938-1970

Competition

The ECAC administers nearly 100 championships for 37 men's and women's sports. The ECAC also serves as the primary league for Division III men's hockey (3), Division III women's hockey (2), and Division I men's lacrosse. In addition, the ECAC provides leadership assistance for numerous affiliate organizations including the Intercollegiate Association of Amateur Athletes in America (IC4A), Intercollegiate Fencing Association (IFA), Eastern Intercollegiate Gymnastics League (EIGL), Eastern Intercollegiate Wrestling Association (EIWA), Eastern Association of Rowing Colleges (EARC), Eastern Association of Women's Rowing Colleges (EAWRC), Intercollegiate Rowing Association (IRA), ECAC Hockey League (ECACHL), and Eastern College Athletic Conference Sports Information Directors Association (ECAC-SIDA).

Officiating

The ECAC assigns over 4,400 officials in 11 sports across Divisions I, II, and III, including men's and women's basketball, fencing, football, men's gymnastics, men's and women's ice hockey, men's and women's soccer, softball, and wrestling. The bureaus assign for both conference and NCAA championships and totaled over 46,000 assignments last year.

Awards

The ECAC publicizes the achievements of over 2,000 student-athletes annually through the Player of the Week program and postseason all-stars. There are 20 sports for which the ECAC selects Players of the Week throughout the regular season, and 12 sports where all-star teams are honored. During the fall convention each year, the recognition awards program honors institutions, administrators, student-athletes, and officials for yearly and career achievements.

About the ECAC

The Eastern College Athletic Conference (ECAC) is the nation's largest athletic conference and only multi-divisional conference, with approximately 300 Division I, II and III colleges and universities from Maine to North Carolina and westerly, to Illinois. Established in 1938 with 58 charter members, the ECAC has since emerged as the nationwide leader in service. The Asa S. Bushnell Center, named after inaugural commissioner Asa S. Bushnell, serves as the main office for the ECAC. It is located in Centerville, Massachusetts on Cape Cod.

After Asa S. Bushnell molded the organization from its formation to his retirement in 1970, George Shiebler took over as commissioner from 1970-1972. Robert M. "Scotty" Whitelaw (1972-1989) guided the ECAC through one of the most significant events in its history, as the Eastern Association of Intercollegiate Athletics for Women (EAIW) was consolidated into the ECAC in 1983. With the addition of women's sports, the ECAC doubled its number of championships and greatly increased its membership. Clayton Chapman (1989-1998), Phil Buttafuoco (1998-2006), and Steve Bamford (2006-2007) have also carried the title of commissioner through the last 21 years. Current commissioner Rudy Keeling assumed chief administrator duties on May 1, 2007. As Commissioner, Keeling has revealed a new strategic plan for the ECAC emphasizing membership services, conference office operations, academic and athletic excellence and equity as well as diversity and inclusion.

It's My ECAC. It's Your ECAC. It's Our ECAC!

Asa S. Bushnell Internship Program

The prestigious Asa S. Bushnell internship program, named after the first commissioner of the ECAC and established in 1976, offers college graduates from ECAC member institutions hands-on experience in all the areas of the only multi-divisional conference in the country. Former interns proudly represent the ECAC in all fields of the sports industry as directors of athletics, commissioners, broadcasting executives, professional franchise front-office executives, sports information directors and coaches.

Administrative Staff

Commissioner	Rudy Keeling
Assistant Commissioner of Finance/SWA	Karen Roberts
Director of Business Services	Cheryl Serijan
Director of Communications	Patrick Stewart
Director of Division III Governance	Jennifer Pacelli
Director of Marketing	Shane Brey
Director of Sport Administration	Michael Letzeisen
Director of Sport Administration	Ben Layton
Administrator for Officiating and Special Projects	Steve Bamford
Assistant Administrator for Officiating	Steve Rossetti
Director of Football Officiating	Bill Ward
Coordinator of Operations and Officiating	Pat Colbert
Coordinator of Marketing and Sport Administration	Matt Fogg
Administrative/Events Coordinator	Ashley Wills
Asa S. Bushnell Championships Assistant	Alex Lerch
Asa S. Bushnell Communications Assistant	Michael Nosek
Asa S. Bushnell Leagues and Affiliates Assistant	Ashley Nolan
Asa S. Bushnell Marketing Assistant	Charlie Cannan

1311 Craigville Beach Road, Centerville, Massachusetts 02632

Office: 508/771-5060 • www.ecac.org • www.ecacsports.com

Table of Contents

About the ECAC.....	Inside Front Cover
Table of Contents.....	1
Order of Events.....	1
IC4A Track and Field Officers and Institutions.....	2
IC4A Coaches.....	3
2011 IC4A Indoor Standards.....	4
2011 IC4A Officials.....	5
2010 IC4A Indoor Championship Results.....	6
Championship and Track Records.....	7-8
All-Time Championship Results.....	9
Championship History by Event.....	10-11
2011 IC4A Outdoor Championship Information.....	11
ECAC Sponsors.....	12

ORDER OF EVENTS & TIME SCHEDULE

SATURDAY:

Heptathlon	60 Meter Dash	11:00
Heptathlon	Long Jump	
Heptathlon	Shot Put	
Heptathlon	High Jump	
Pole Vault	Final	12:00
60m High Hurdles	Trials – Place and Time	1:00
60m Dash	Trials – Place and Time	1:20
One Mile Run	Trials – Place and Time	1:40
400meter Dash	Trials – Place and Time	2:00
Long Jump	Trials and Final	2:00
800meter Run	Trials – Place and Time	2:20
500meter Run	Trials – Place and Time	2:50
35 Lb. Weight Throw	Final	3:00
1000meter Run	Trials – Place and Time	3:10
3000meter Run	Final – Sections on Time	3:20
200meter Dash	Trials	3:40
Distance Medley	Trials – Place and Time (1200-400-800-1600)	4:00
4x800m Relay	Trials – Place and Time	4:25
4x400m Relay	Trials – Place and Time	4:50

SUNDAY:

Heptathlon	60 Meter High Hurdles	9:30
Heptathlon	Pole Vault	
Heptathlon	1000 Meter Run	
Shot Put	Final	11:00
Triple Jump	Final	11:00
High Jump	Final	12:00
60m High Hurdles	Semi-Finals	12:15
60m Dash	Semi-Finals	12:30
One Mile Run	Final	12:45
400meter Dash	Final	12:55
800meter Run	Final	1:05
500meter Run	Final	1:10
60m High Hurdles	Final	1:25
60m Dash	Final	1:30
1000meter Run	Final	1:35
5000meter Run	Final – Sections on Time	1:40
200meter Dash	Final	2:10
Distance Medley	Final (1200-400-800-1600)	2:25
4x800 Meter Relay	Final	2:35
4x400 Meter Relay	Final	2:45
IC4A AWARDS CEREMONY		3:00

2010 - 2011 IC4A COACHES

SCHOOL

ADELPHI (II)
 ALBANY
 ARMY
 BATES (III)
 BINGHAMTON
 BOSTON COLLEGE
 BOSTON UNIVERSITY
 BRANDEIS (III)
 BRYANT
 BROWN
 BUCKNELL
 CANISIUS
 CENTRAL CONNECTICUT
 COLGATE
 COLUMBIA
 CONNECTICUT
 COPPIN STATE
 CORNELL
 DARTMOUTH
 DELAWARE
 DELAWARE STATE
 DUKE
 DUQUESNE
 EAST CAROLINA
 FAIRFIELD
 FAIRLEIGH DICKINSON
 FORDHAM
 GEORGE MASON
 GEORGE WASHINGTON
 GEORGETOWN
 HAMPTON
 HARVARD
 HOFSTRA
 HOLY CROSS
 HUNTER (III)
 IONA
 LASALLE
 LAFAYETTE
 LEHIGH
 LIBERTY
 LINCOLN (II)
 LONG ISLAND
 LONGWOOD
 LOYOLA
 MAINE
 MANHATTAN
 MANSFIELD (II)
 MARIST
 MARYLAND
 UMBC
 MASSACHUSETTS
 MASS. INST. TECH. (III)
 USMMA (III)
 MONMOUTH
 MORGAN STATE

HEAD COACH

Adam Siepiola
 Roberto Vives
 Troy Engle
 Al Fereshetian
 Mike Thompson
 Matt Kerr
 Robyne Johnson
 John Evans
 Stephanie Reilly
 Michelle Eisenreich
 Kevin Donner
 Peter Osmond
 Eric Blake
 Art McKinnon
 Willy Wood
 Greg Roy
 Carl Hicks
 Nathan Taylor
 Barry Harwick
 James Fischer
 Duane Henry
 Norm Ogilvie
 Jim Lear
 Curt Kraft
 John Sagnelli
 Sharlene Milwood-Lee
 Tom Dewey
 Andy Gerard
 Brian Beil
 Pat Henner
 Steve Lewis
 Jason Saretsky
 Peter Alfano
 Jim Kavanagh
 Damion Jones
 Ricardo Santos
 Charles Torpey
 Julio Piazza
 Matt Utesch
 Brant Tolsma
 Cyrus Jones
 Simon Hodnett
 Catherine Hanson
 Rick Woods
 Mark Lech
 Dan Mecca
 Michael Rohl
 Pete Colaizzo
 Andrew Valmon
 David Bobb
 Ken O'Brien
 Halston Taylor
 Donald Wilburn
 Joe Compagni
 Neville Hodge

MOUNT ST. MARY'S
 NAVY
 NEW HAMPSHIRE
 NEW JERSEY, COLL. OF (III)
 NEW JERSEY CITY (III)
 NEW JERSEY TECH
 NEW YORK UNIV. (III)
 NORTHEASTERN
 NOTRE DAME
 PENN STATE
 PENNSYLVANIA
 PITTSBURGH
 PRINCETON
 PROVIDENCE
 QUINNIPIAC
 RAMAPO (III)
 RHODE ISLAND
 RIDER
 ROBERT MORRIS
 RUTGERS
 RUTGERS -CAMDEN (III)
 SACRED HEART
 ST. FRANCIS COLLEGE (NY)
 ST. FRANCIS UNIV. (PA)
 ST. JOSEPH'S (PA)
 ST. PETER'S
 SETON HALL
 SIENA
 SO. CONNECTICUT (II)
 STONY BROOK
 SYRACUSE
 TEMPLE
 TUFTS (III)
 VERMONT
 VILLANOVA
 VIRGINIA
 VIRGINIA COMMONWEALTH
 VIRGINIA MILITARY INST.
 WAGNER
 WHEATON (III)
 WILLIAM and MARY
 YALE

Jim Stevenson
 Steve Cooksey
 Jim Boulanger
 Phil Jennings
 Charles Mays
 Al Alonso
 Nicholas McDonough
 Sherman Hart
 Joe Piane
 Beth Alford-Sullivan
 Charles Powell
 Alonzo Webb
 Fred Samara
 Ray Treacy
 Carolyn Martin
 Michael Jackson
 John Copeland
 Bob Hamer
 Michael Smith
 Mike Mulqueen
 Joe Puleo
 Christian Morrison
 Kyle Brown
 Gordon Thomson
 Mike Glavin
 Michael Massone
 John Moon
 Alison Wade
 John Wallin
 Andy Ronan
 Chris Fox
 Eric Mobley
 Ethan Barron
 Matt Belfield
 Marcus O'Sullivan
 Jason Vigilante
 Jon Riley
 Darrin Webb
 Joseph Stasi
 Paul Souza
 Steve Walsh
 Marc Davis
 Dave Shoehalter

2010-2011 ICAAAA COACHES ASSOCIATION

President: Jim Lear, Duquesne
 1st VP: Dave Shoehalter, Yale
 2nd VP: Bob Hamer, Rider
 3rd VP: Chris Campbell, US Naval Academy
 Sec-Treas. Jim Hurt, St. John's
 Ex-Officio: Joe Compagni, Monmouth
 Darrin Webb, Virginia Military

2011 IC4A INDOOR TRACK AND FIELD STANDARDS

	AUTO	HAND
60 Meter Dash:	0:06.98	0:06.7
55 Meter Dash :	0:06.48	0:06.2
60 Meter Hurdles:	0:08.25	0:08.1
55 Meter Hurdles:	0:07.75	0:07.5
200 Meters:	0:22.24	0:22.0
400 Meters:	0:49.20	0:48.9
500 Meters:	1:05.20	1:05.0
800 Meters:	1:54.90	1:54.6
1000 Meters:	2:29.95	2:29.7
One Mile:	4:14.90	4:14.7
3000 Meters:	8:27.20	8:27.0
5000 Meters:	14:47.40	14:47.1
4x400 Meter Relay:	3:19.90	3:19.6
One Mile Relay:	3:21.10	3:20.8
4x800 Relay:	7:53.00	7:52.7
2 Mile Relay:	7:56.20	7:55.8
Distance Medley Relay:	10:19.70	10:19.4
Distance Medley Relay- Yards:	10:22.10	10:21.7



2011 IC4A OFFICIALS

Meet Director

Steve Bartold

Honorary Meet Director

Larry Byrne

Assistant Meet Director

Tom Stewart

ECAC Representative

Ben Layton

Meet Administration

Bernice DeMello

Games Committee

Steve Bartold

Larry Byrne

Tom Stewart

Pete Schuder

Jim Hurt, St. John's

Jim Lear, Duquesne

Dave Shoehalter, Yale

Bob Hamer, Rider

Joe Compagni, Monmouth

Robyne Johnson, Boston U.

Referees

Pete Schuder, Running

Ed Gorman, Field

Pete Schuder, Heptathlon

Jury of Appeals

Joe Compagni, Monmouth,
Chairperson

Chris Campbell, Navy

Bob Hamer, Rider

Jim Lear, Duquesne

Dave Shoehalter, Yale

Photo Timing Provided by (LANCER TIMING)

Rick Berryman

Jaime Berryman

Brian Seitz

Media Relations

Larry Byrne

Bernice DeMello

Alex Lerch, ECAC

Announcers

Larry Newman

Andy Boyajian

Starters

Tom McTaggart, Chief

Carmen Iannucci

Diane Wright

Clerks of Course

Yvonne Grimes, Chief

Bob Fontaine

Umpires

Liz Haygood - Chief

Bill Eisenring

Lisa Kerr

Keeper of Laps

Rod Wiltshire

Custodian of Awards

Barbara Gaulien

Bonnie Sullivan

Results Processing

Barbara Gaulien

Bonnie Sullivan

Clerk of Officials

Barbara Gaulien

Bonnie Sullivan

Implements, Weights & Measures

Ed Gorman

High Jump

Richard Mann - Chief

William Pollinger

Michael "Max" Tucker

Long Jump and Triple Jump

Jim Herbert - Chief

Jesse Jackson

Jerrold Leanness

Ken Martin

Dave Rizzo

Fred Seiger

Pole Vault

Bob Gemske, Chief

Rob Doran

Kevin Ferriter

Rick LaJoie

Shot-Put and Weight Throw

Mike Wolak - Chief

Ed Bennett, Jr.

Bill McDermott

Tim Murphy

Jeff Siekierski

Beth Wolak

Heptathlon

Pete Schuder- Chief

Ed Bennett (SP)

Rob Doran (PV)

Bob Gemske (PV)

Jim Herbert(LJ-HJ)

Rick LaJoie (PV)

Jerry Leanness (LJ)

Ken Martin (LJ)

Bill McDermott (SP)

Tim Murphy (SP)

Bill Pollinger (HJ)

Fred Sieger (LJ)

Mike Sullivan (PV)

Michael Tucker (LJ-HJ)

Rod Wiltshire (LJ)

Beth Wolak (SP)

Mike Wolak (SP)

Photo:

Dominic Devaud
Maryland-Baltimore County
2010 IC4A Champion
Heptathlon

RESULTS OF THE 2010 IC4A INDOOR CHAMPIONSHIPS

2010 Results

1) Albany	68.50
2) George Mason	65
3) Liberty	45.50
Cornell	45.50
5) Delaware State	37
6) Syracuse	33
7) UMBC	32
8) Navy	28
9) Rutgers	25
William and Mary	25
11) Seton Hall	22
12) Manhattan	20.50
13) Temple	20
14) Long Island	19
15) Morgan State	16
VCU	16
17) Connecticut	15
Pittsburgh	15
19) Hampton	13
Rider	13
21) Duke	12
22) Army	11
Binghamton	11
UNH	11
Maryland ES	11
26) Maine	10.50
27) Harvard	10
Northeastern	10
VMI	10
Fordham	10
31) Iona	9
32) Lehigh	8.50
33) Pennsylvania	8
Sacred Heart	8
Bucknell	8
36) St. Joseph's	7
Dartmouth	7
38) Duquesne	5
39) St. Francis (NY)	4.50
40) Lafayette	4
Monmouth	4
Brown	4
URI	4
44) Coppin State	3
Boston U	3
Lincoln	3
47) Colgate	2
Boston College	2
UMass Amherst	2
50) So. Conn. St.	1.50
51) LaSalle	1
Mt. St. Mary's	1

March 6-7, 2010- Boston University, Boston, Massachusetts

55 Meters

1 Moore, Larrone	11 Delaware State	6.31
2 Aaronson, Chase	12 Cornell	6.35
3 Anderson, Aaron	11 Hampton	6.36
4 Ruffin, Rachann	12 George Mason	6.37
5 Reilly, Connor	13 Dartmouth	6.38

200 Meters

1 Moore, Larrone	11 Delaware State	21.04
2 Vaughn, Nick	12 George Mason	21.24
3 Robertson, Nil-Amon	10 Rutgers	21.25
4 Carter, Ryan	13 Delaware State	21.26
5 Anderson, Aaron	11 Hampton	21.44

400 Meters

1 Fothergill, Allodin	10 Maryland ES	46.45
2 Bowen, Kevin	10 Morgan State	46.68
3 Cox, Christopher	11 Seton Hall	46.83
4 Arnett, Cazal	11 Binghamton	46.91
5 Murray, Leslie	12 Delaware State	47.12

500 Meters

1 Wilson, Kevin	11 George Mason	1:02.17
2 Ellis, Kamar	10 Seton Hall	1:02.31
3 McClain, Kenny	12 Cornell	1:02.97
4 Hewitson, Joshua	12 UMBC	1:03.35
5 Beauvais, Alie	10 Albany	1:03.43

800 Meters

1 Kitur, Felix	11 VMI	1:50.38
2 Wade, Nick	09 Cornell	1:50.68
3 Hudak, Alex	10 Manhattan	1:51.04
4 Mostrag, Axel	12 VCU	1:51.40
5 Kitur, Felix	11 William & Mary	1:51.43

1000 Meters

1 Fitzgerald, Kevin	12 Fordham	2:27.91
2 DellaPelle, Dom.	12 Navy	2:29.11
3 Reynolds, Robert	12 George Mason	2:29.23
4 Mahoney, Sean	10 William & Mary	2:29.32
5 Carrington, Chirs	13 George Mason	2:29.43

One Mile

1 Fogarty, Tyler	11 Albany	4:09.72
2 Lund, Josh	11 Duke	4:09.91
3 Moore Jonathan	11 Albany	4:10.16
4 Medrano, Tito	13 Syracuse	4:10.20
5 Woodard, Lewis	11 William & Mary	4:10.74

3000 Meters

1 Soroko, Mike	11 Rider	8:13.42
2 Scull, Jeff	10 Syracuse	8:13.97
3 Baumeister, T.	13 Iona	8:13.98
4 Busby, Daniel	10 Syracuse	8:14.20
5 Kostelnik, James	12 Duke	8:14.67

5000 Meters

1 Kigen, Evans	10 Liberty	14:15.90
2 Bixler, Curtis	10 Syracuse	14:16.62
3 Hanko, Andrew	11 Navy	14:19.69
4 Edmonds, Josh	10 Liberty	14:20.86
5 McDonnell, Kevin	12 St. Joseph's	14:22.67

55 Meter Hurdles

1 Sylve, Domonick	11 Army	7.32
2 Jean-Louis, B.	12 Sacred Heart	7.34
3 Grady, Kyle	10 Rutgers	7.42
4 Gueye, Amadou	13 Syracuse	7.44
5 Yehl, Andrew	10 Bucknell	7.53

4x400 Meter Relay

1 George Mason University	3:07.43
2 Seton Hall University	3:08.12
3 Delaware State University	3:09.25
4 University at Albany	3:11.31
5 Long Island University	3:11.93

4x800 Meter Relay

1 University at Albany	7:28.18
2 University of Pittsburgh	7:29.12
3 US Naval Academy	7:30.01
4 University of Pennsylvania	7:30.57
5 Cornell University	7:31.87

Men's Distance Medley

1 Harvard University	9:44.16
2 William & Mary	9:44.80
3 George Mason University	9:46.57
4 Duquesne University	9:46.73
5 Brown University	9:47.81

High Jump

1 Powell, C.	11 Liberty	2.09m	6-10.25
2 Brown, Dean	11 Temple	2.04m	6-08.25
3 Gaulden, Ellis	10 Rutgers	2.04m	6-08.25
3 Hrush, Nick	11 Cornell	2.04m	6-08.25
5 Bryant, Anthony	12 St. Francis	2.04m	6-08.25

Pole Vault

1 Brinkley, Kevin	11 VCU	5.15m	16-10.75
2 Zamora, Richard	10 Cornell	4.90m	16-00.75
3 Meverden, Zach	11 UConn	4.90m	16-00.75
4 Sheperd, Kolby	11 Liberty	4.90m	16-00.75
5 Brian McGovern	13 Manhattan	4.90m	16-00.75

Long Jump

1 Richards, Brian	13 UConn	7.15m	23-05.50
2 Ruginski, Jamie	13 Manhattan	7.11m	23-04.00
3 Casimo, Fred	11 Lincoln	7.10m	23-03.50
4 Graham, Valette	10 Albany	7.08m	23-02.75
5 Tutunjian, S.	12 Albany	7.06m	23-02.00

Triple Jump

1 Siddeeq, Nasim	10 Albany	15.55m	51-00.25
2 Gilreath, Victor	10 UMBC	15.05m	49-04.50
3 Powell, Clarence	11 Liberty	15.03m	49-03.75
4 Ijelu, Folarin	12 Pittsburgh	14.94m	49-00.25
5 Handy, Lavell	12 George Mason	14.74m	48-04.50

Shot Put

1 Hunter, Nate	10 Northeastern	18.00m	59-00.75
2 Benjamin, Tyron	10 Morgan State	17.70m	58-01.00
3 Paey, Brice	11 UNH	17.61m	57-09.50
4 Smith, Ryan	13 Liberty	16.94m	55-07.00
5 Elardo, Vincent	11 Monmouth	16.93m	55-06.50

Weight Throw

1 Mujanovic, Seid	10 Manhattan	20.56m	67-05.50
2 Buffalo, Bryce	10 Temple	19.89m	65-03.25
3 Van Orde, Mark	10 Navy	18.78m	61-07.50
4 Kaste, Jeffrey	10 UNH	18.72m	61-05.00
5 West, Grant	10 Temple	18.67m	61-03.00

Heptathlon

1 Devaud, Dominic	10 UMBC	5232
2 Wills, Freddie	10 Albany	5217
3 Onto, Keith	11 UMBC	5183
4 Woodbridge, G.	11 Liberty	5152
5 Waruch, Jacob	12 Connecticut	5116



Kevin Brinkley
Virginia Commonwealth University
2010 IC4A Champion
Pole Vault

IC4A INDOOR RECORDS

60 Meters			1,000 Meters		
2010 IC4A Champion	6.31	Larrone Moore, Delaware State (55m)	2010 IC4A Champion	2:27.91	Kevin Fitzgerald, Fordham University
IC4A Meet Record	6.69	Chaz Clemons, Lincoln	IC4A Meet Record	2:21.28	Sam Gabemariam, Georgetown
Boston Univ. Facility	6.93	Darius Velez, unattached	Boston Univ. Facility	2:21.54	Richard Kiplaget, Iona
		Connor reilly, Dartmouth	IC4A Collegiate	2:19.60	Ryan Foster, Penn State
IC4A Collegiate	6.40	Lee McRae, Pittsburgh	Collegiate	2:19.57	Christian Smith, Kansas State
Collegiate	5.99	Leonard Myles-Mills, BYU	American	2:17.86	David Krummenacker, adidas
American	6.39	Maurice Green, Nike	World	2:14.96	Wilson Kipketer, Denmark
World	6.39	Green, USA			
60 Meter Hurdles			One Mile		
2010 IC4A Champion	7.32	Domonick, Sylve, Army (55m)	2010 IC4A Champion	4:09.72	Tyler Fogarty, University at Albany
IC4A Meet Record	7.72	Maurice Wignall, George Mason	IC4A Meet Record	4:00.06	Mike Stahr, Georgetown
Boston Univ. Facility	8.01	Jean-Louise Bertony, Sacred Hrt	Boston Univ. Facility	3:57.75	David McCarthy, Providence
IC4A Collegiate	7.61	Mike Wray, Pittsburgh	IC4A Collegiate	3:55.5	Sidney Maree, Villanova
Collegiate	7.47	Reggie Toran, Wisconsin	Collegiate	3:55.0	Tony Waldrop, North Carolina
American	7.36	Greg Foster, World Class AC	American	3:49.89	Bernard Legat, Nike
		Allen Johnson, Nike	World	3:48.45	Hicham El Guerrouj, Morocco
		Terrence Trammell, Track Star			
World	7.30	Colin Jackson, Great Britain			
200 Meters			3,000 Meters		
2010 IC4A Champion	21.04	Larrone Moore, Delaware State	2010 IC4A Champion	8:13.42	Mike Sorodo, Rider University
IC4A Meet Record	20.85	Paul-Vince Obuon, VMI	IC4A Meet Record	7:53.16	Josh McDougal, Liberty
Boston Univ. Facility	20.85	Obuon	Boston Univ. Facility	7:46.60	Mark Carroll, adidas
IC4A Collegiate	20.40	LaShawn Merritt, E. Carolina	IC4A Collegiate	7:47.50	Adrian Blincoe, Villanova
Collegiate	20.10	Wallace Spearman, Arkansas	Collegiate	7:38.59	Alistair Cragg, Arkansas
American	20.10	Spearman	American Collegiate	7:44.69	Galen Rupp, Oregon
World	19.92	Frank Fredericks, Namibia	American	7:32.43	Bernard Legat, Nike
			World	7:24.90	Daniel Komen, Kenya
400 Meters			5,000 Meters		
2010 IC4A Champion	46.45	Allodin Fothergill, Maryland ES	2010 IC4A Champion	14:15.90	Evans Kigen, Liberty University
IC4A Meet Record	45.83	Obra Hogans, Seton Hall	IC4A Meet Record	13:37.32	Josh McDougal, Liberty
Boston Univ. Facility	45.83	Hogans	Boston Univ. Facility	13:37.32	McDougal
IC4A Collegiate	44.93	LaShawn Merritt, E. Carolina	IC4A Collegiate	13:22.17	Geoff Smith, Providence
Collegiate	44.57	Kerron Clement, Florida	Collegiate	13:18.12	Galen Rupp, Oregon
American	44.57	Clement	American	13:11.50	Bernard Legat, Nike
World	44.57	Clement	World	12:49.60	Kenenisa Bekele, Ethiopia
500 Meter			4 x 400 Meter Relay		
2010 IC4A Champion	1:02.17	Kevin Wilson, George Mason	2010 IC4A Champion	3:07.43	George Mason
IC4A Meet Record	1:00.84	Michael Greene, Navy	(Kevin Wilson, Nick Vaughn, David Verburg, Ja-Vell Bullard)		
Boston Univ. Facility	1:01.39	Gregory Gomes, Seton Hall	IC4A Meet Record	3:07.43m	George Mason '10
IC4A Collegiate	1:00.84	Greene	3:11.14y,	James Madison '93	
Collegiate	1:00.82	Lesiba Masheto, Illinois	(Jerry Roney 48.4; Bradley Meade 47.6; Tevis Brunson 47.5; Kelly Hawkins 47.6)		
American	1:00.17	Ken Lowery, Chicago State TC	Boston Univ. Facility	3:07.57	Seton Hall '03
World "Best"	1:00.17	Lowery, USA	IC4A Collegiate	3:06.42	George Mason '95
800 Meters					
2010 IC4A Champion	1:50.38	Felix Kitur, Virginia Military	Collegiate	3:03.51	Florida '05
IC4A Meet Record #	1:48.74y	Mark Belger, Villanova	(Sekou Clarke 46.8; Bernard Middleton 46.1; Stefan Pastor 45.5; Kerron Clement 45.1)		
	1:48.19m	Ray Levitre, Penn State	3:01.96	US National Team '99	
Boston Univ. Facility	1:46.63	Sam Burley, Asics	(Kerron Clement 46.10; Wallace Spearman 45.94; Darold Williamson 45.18; Jeremy Warnier 44.74)		
IC4A Collegiate	1:44.84	Paul Ereng, Virginia	3:02.83,	US National Team '99	
Collegiate	1:44.84	Ereng	(Andre Morris 45.85; Dameon Johnson 46.18; Deon Minor 46.05; Milton Campbell 44.75)		
American Collegiate	1:45.88	Derrick Peterson, Missouri			
American	1:45.00	Johnny Gray, Santa Monica TC			
World	1:42.67	Wilson Kipketer, Denmark			

= In winning the 880 yard run in 1978, Belger clocked 1:48.74 (= 1:48.11 @ meters), a time intrinsically superior to the current Metric Meet Record, hence both marks will be carried!

IC4A INDOOR RECORDS

4 x 800 Meter Relay

2010 IC4A Champion	7:28.18, University at Albany
IC4A Meet Record	7:20.09, Connecticut '09
Boston Univ. Facility	7:27.24, Connecticut (same as above)
IC4A Collegiate	7:17.77, George Mason '89 (Mike Anthony 1:52.7; Paul Gambah 1:49.2; Ernest Barrett 1:47.9; John Cook 1:48.0)
Collegiate	7:17.45, Clemson '89 (Mike Radziwinski 1:51.0; David Wittman 1:49.7; Phillip Greyling 1:48.6; Terrence Herrington 1:49.1)
American	7:13.94, Global Athletics '00 (Joey Woody 1:49.34; Karl Paranya 1:48.31; Rich Kenah 1:48.48; David Krummenacker 1:47.81)
World	7:13.94, Global Athletics '00 (same as above)

Distance Medley Relay

2010 IC4A Champion	9:44.18 Harvard University
IC4A Meet Record	9:38.84, Georgetown '02 (Corey Smith, Robert Wingate-Robinson, Jesse O'Connell, Chris Miltenberg)
Boston Univ. Facility	9:40.80 Providence College '04
IC4A Collegiate	9:29.12, Villanova '03 (Ryan Hayden 2:55.1; Nic O'Brien 47.1; Paul Moser 1:49.8; Adrian Blincoe 3:57.1)
Collegiate	9:25.97, Texas '08 (Kyle Miller 2:54.11; Danzell Fortson 46.90; Jacob Hernandez 1:47.00; Leo Manzano 3:57.96)
American	9:25.97, Texas '08 - same as above
World "Best"	9:25.97, Texas '08 - same as above

High Jump

2010 IC4A Champion	6-10.25 (2.09)	Clarence Powell, Liberty
IC4A Meet Record	7-6.5 (2.30)	Nick Saunders, BU 83
Boston Univ. Facility	7-1.5 (2.17)	Jean Huguens, UMBC 03
IC4A Collegiate	7-7.25 (2.32)	Franklin Jacobs, FDU 78
Collegiate	7-9.25 (2.39)	H. Conway, SW Louisiana 89
American	7-10.5 (2.40)	Conway, Nike Intern. 91
World	7-11.5 (2.43)	Javier Sotomayor, Cuba 89

Pole Vault

2010 IC4A Champion	16-10.75 (5.15)	Kevin Brinkley, VCU
IC4A Meet Record	18-8.5 (5.70)	I. Bagyula, Geo. Mason 92
Boston Univ. Facility	18-6.5 (5.65)	R. Quiller, Binghamton 08
IC4A Collegiate	19-1 (5.82)	Bagyula 92
Collegiate	19-2.25 (5.85)	Jacob Davis, Texas 99
American	19-9 (6.02)	Jeff Hartwig, Nike 02
World	20-2 (6.16)	Sergey Bubka, Ukraine 93

Long Jump

2010 IC4A Champion	23-05.50 (7.15)	Brian Richards, UConn
IC4A Meet Record	26-5.5 (8.06)	D. Manns, JMU 87
Boston Univ. Facility	25-0.25 (7.63)	Anthony Wallace, JMU 03
IC4A Collegiate	26-7 (8.10)	R Humphrey, Georgetown 86
Collegiate	28-2.25 (8.59)	Miguel Pate, Alabama 02
American	28-10.25 (8.79)	Carl Lewis, Santa Monica TC 84
World	28-10.25 (8.79)	Carl Lewis, USA 84

Triple Jump

2010 IC4A Champion	51-0.25 (15.55)	Sideeq, Nasim, Albany
IC4A Meet Record	54-5.25 (16.59)	Ray Humphrey, Georgetown 86
Boston Univ. Facility	53-0.25 (16.16)	C. Nichols, Penn State 03
IC4A Collegiate	54-8 (16.66)	E. Koranteng, Geo Mason 86
Collegiate	57-5 (17.50)	Charles Simpkins, Baptist 86
American	58-3.25 (17.76)	Mike Conley, Tyson TC 87
World	58-6 (17.83)	Aliecer Urrutia, Cuba 97
		Christian Olsson, Sweden 04

Shot Put

2010 IC4A Champion	59-00.25 (18.00)	Nate Hunter, Northeastern
IC4A Meet Record	64-10 (19.76)	August Wolf, Princeton 83
Boston Univ. Facility	63-8.75 (19.42)	Milan Jotanovic, Manhattan 06
IC4A Collegiate	66-1.75 (20.16)	Wolf 83
Collegiate	71-3.5 (21.73)	Ryan Whiting, Arizona State 08
American	74-4.25 (22.66)	Randy Barnes, Mazda TC 89
World	74-4.25 (22.66)	Barnes, USA 89

35-LB Weight Throw

2010 IC4A Champion	67-05.50 (20.56)	Seid Mujanovic, Manhattan
IC4A Meet Record	72-10 (22.22)	Sean McGeheary, BC 97
Boston Univ. Facility	70-0.5 (21.35)	Tom Freeman, Manhattan 03
IC4A Collegiate	76-1 (23.19)	J. Freeman, Manhattan 02
Collegiate	82-3.5 (25.08)	Kibwe Johnson, Ashland 07
American	84-10.25 (25.86)	Lance Deal, NYAC 95
World "Best"	84-10.25 (25.86)	Deal, USA 95

Heptathlon

2010 IC4A Champion	5,232 points	Dominic, Devaud, UMBC
IC4A Meet Record	5,353 points	Brandon Hoskins, Liberty 08
IC4A Collegiate	5,744 points	Abdur-Rahim, Dartmouth 04
Collegiate	6,256 points	Ashton Eaton, Oregon 10
American	6,568 points	Ashton Eaton 11
World	6,568 points	Eaton, USA (above) '11



Nate Hunter
Northeastern University
2010 IC4A Champion
Shot Put

89 Years of IC4A Indoor Track and Field Championships Meets: 1922-2010

Year	Site and Size of Track	Top Three Team Scores	Year	Site and Size of Track	Top Three Team Scores
1922	102nd Engineers Armory, NYC	Cornell 35.5; Dartmouth 25; Penn 24	1976	- same -	Maryland 38; Seton Hall 34; Villanova 29
1923	- same -	Penn 29; Cornell 26; Dartmouth 18	1977	- same -	Villanova 51; Maryland 37; Seton Hall 20
1924	- same -	Penn 21.33; Princeton 20; Yale 20	1978	- same -	Villanova 64; Maryland 38; Northeastern 29
1925	- same -	Georgetown 37; Harvard 24.25; Penn 22.5	1979	- same -	Villanova 99; Maryland 73; Manhattan 34
1926	- same -	Harvard 28; Georgetown 25.5; Penn 23.5	1980	Princeton	Villanova 66; F.D.U. 58; Maryland 44.5
1927	- same -	Harvard 23.43; Yale 20.4; Cornell 29.29	1981	- same -	Maryland 97; F.D.U. 73; Villanova 63
1928	- same -	Penn 29; Cornell 26; Dartmouth 18	1982	- same -	F.D.U. 56; Villanova 47; Maryland 43.5
1929	- same -	N.Y.U. 25; Georgetown 22.5; Penn 21.25	1983	- same -	Villanova 92; George Mason and Rutgers 50
1930	- same -	Cornell and Penn 27.5 tie; Harvard 20.5	1984	- same -	Penn State 62; George Mason 61; Georgetown 56
1931	- same -	Penn 38.1; Harvard 19; Cornell 17.7	1985	- same -	Villanova 59; Penn State 57; Boston U. 53
1932	Kingsbridge Armory Bronx	N.Y.U. 31; Harvard 24; Penn 23.5	1986	- same -	Villanova 52; Penn State 50
1933	- same -	Yale 32; N.Y.U. 28; Manhattan 21	1987	Harvard	Boston U. George Mason and Georgetown 42
1934	Madison Square Garden	Manhattan 28.5; N.Y.U. 24.5; Yale 20	1988	Princeton	Penn State 53; Villanova 52; George Mason 46
1935	- same -	Manhattan 26; Cornell 16.5; Harvard 16	1989	- same -	Georgetown 70; George Mason 60; Penn State 51
1936	- same -	Manhattan 26; Yale 18.5; Harvard 17.75	1990	Harvard	George Mason 72; Penn State 65; Princeton 40
1937	- same -	Columbia 34.36; Princeton 19.76; Manhattan 19.43	1991	Princeton	George Mason 103; Penn State 56; Georgetown 53.5
1938	- same -	Columbia 27; Manhattan 24; Yale 18	1992	-same-	George Mason 102; Georgetown 66; Penn State 47
1939	- same -	Manhattan 36; N.Y.U. 20; Fordham 15	1993	Harvard	Manhattan 64; George Mason 58; Georgetown and Villanova 57
1940	- same -	N.Y.U. 27; Manhattan 21; Penn State 17.5	1994	Princeton	Georgetown 67; Villanova 60; George Mason 52
1941	- same -	Fordham 25.25; Pittsburgh 18; N.Y.U. 18	1995	- same -	Georgetown 87; George Mason 62.5; Seton Hall 58
1942	- same -	Penn State 21.7; Fordham 20.5; New Hampshire 18	1996	Harvard	Georgetown 86; Seton Hall 74; Princeton 61.5
1943	- same -	N.Y.U. 48; Fordham 20.5; Cornell 13	1997	Princeton	Georgetown 87.5; Connecticut 53; Manhattan 48
1944	- same -	Army 47; Navy 36.5; Dartmouth 19	1998	Cornell	Georgetown 81; Connecticut 37.5; Manhattan 36
1945	- same -	Army 73.5; Navy 55.5; N.Y.U. 19	1999	Reggie Lewis	Georgetown 81; Penn State 65; Manhattan 44
1946	- same -	Army 53.5; N.Y.U. 35; Manhattan 22	2000	Harvard	Georgetown 99; Virginia Tech 56; Liberty 51.5
1947	- same -	N.Y.U. 35; Manhattan 30; Penn State 16	2001	Reggie Lewis	Georgetown 79; Virginia Tech 67; Penn State 47
1948	- same -	N.Y.U. 31.5; Yale 23.25; Manhattan 18	2002	- same -	Penn State 73; Seton Hall 68; Georgetown 55
1949	- same -	Michigan State 35.4; Yale 26.4; Seton Hall 20	2003	Boston U.	Georgetown 65; Connecticut 56; Penn State 54
1950	- same -	Michigan State 21; Seton Hall 20; Manhattan 19.5	2004	- same -	Penn State 84; Seton Hall 54; Georgetown 49
1951	- same -	Manhattan 29; Seton Hall 27.29; Georgetown 22	2005	- same -	Manhattan 60; Seton Hall 47; Army 34
1952	- same -	Manhattan 40.5; Army 18; Georgetown 14	2006	- same -	Rutgers 74.33; Manhattan 52; Iowa 34
1953	- same -	Manhattan 36; Penn State 22.5; Columbia 17	2007	-same-	Penn State 71; Cornell 55; Rutgers 54
1954	- same -	Yale 19; Boston U 18.5; Manhattan 17	2008	-same-	Cornell 50; Seton Hall 45; Georgetown 42
1955	- same -	Manhattan 27; Villanova 22.5; Penn State 18	2009	-same-	Georgetown 86; Liberty 67; Delaware St 45
1956	- same -	Manhattan 36; Villanova 34; Pittsburgh 15.83	2010	-same-	Albany 72.5, Connecticut 67.5, Delaware St. 48
1957	- same -	Villanova 46; Manhattan 22.5; Penn State 12.61			Albany 68.5, George Mason 65, Cornell & Liberty 45.5
1958	- same -	Villanova 29.33; Manhattan 27; Pittsburgh 11.5			
1959	- same -	Penn State 20.47; Manhattan 20; Yale 17			
1960	- same -	Villanova 27; Yale 23.3; Manhattan 16			
1961	- same -	Yale 30; Villanova 29; Manhattan 20			
1962	- same -	Villanova 31.5; Yale 16.125; N.Y.U 15.625			
1963	- same -	Villanova 27; Navy 18; Yale 17			
1964	- same -	Villanova 22; Manhattan 21; Harvard 14			
1965	- same -	Villanova 24; Maryland 21.5; Harvard 14			
1966	- same -	Maryland 28; Villanova 17; Harvard 14			
1967	- same -	Villanova 36; Army 18; Notre Dame 17			
1968	Madison Square Garden	Villanova 47; Harvard 24; Army 16.5			
1969	- same -	Villanova 46; Maryland 32.5; Harvard 21			
1970	- same -	Villanova 41.5; Maryland 28.5; Yale 13			
1971	Princeton	Villanova 42; Penn 21; Pittsburgh 21			
1972	- same -	Penn 26; Villanova 24; Adelphi 21			
1973	- same -	Manhattan 45; Navy 24; Pennsylvania 14.5			
1974	- same -	Villanova 29; Seton Hall and Manhattan 28			
1975	- same -	Seton Hall 37; Maryland 34; William & Mary 27			

Team Championship Trophies

Villanova	(20)	'57, '58, '60, '62, '63, '64, '65, '67, '68, '69, '70, '71, '74, '77, '78, '79, '80, '83, '85, '86
Manhattan	(12)	'34, '35, '36, '39, '51, '52, '53, '55, '56, '73, '92, '04
Georgetown	(12)	'25, '88, '93, '94, '95, '96, '97, '98, '99, '00, '02, '08
Penn State	(7)	'42, '59, '84, '87, '01, '03, '06
N.Y.U.	(6)	'29, '32, '40, '43, '47, '48
Pennsylvania	(5.5)	'23, '24, '28, '30, '31, '72 (* tied w/Cornell)
Army (USMA)	(3)	'44, '45, '46
Yale	(3)	'33, '54, '61
Maryland	(3)	'66, '76, '88
George Mason	(3)	'89, '90, '91
Cornell	(2.5)	'22, '30 (*tied w/Penn), '07
Albany	(2)	'09, '10
Harvard	(2)	'26, '27
Columbia	(2)	'37, '38
Michigan State	(2)	'49, '50
Fordham	(1)	'41
Seton Hall	(1)	'75
F.D.U.	(1)	'82
Rutgers	(1)	'05

The 90th Annual Indoor Track and Field Championships

89 Years of IC4A Indoor Track and Field Championship Meets: 1922-2010

(The chart depicts the total number of winners by institution)

* Institution no longer member of the IC4A

This listing was compiled by Larry Byrne and Bernice DeMelo

	Dash	HH	200	400	500	800	1000	Mile	3000	5000	4x400 Relay	4x800 Relay	D M Relay	High Jump	Pole Vault	Long Jump	Triple Jump	Shot Put	Weight Throw	Hept.	TOTAL
Villanova	5	7		5.5	9	9	12	19	11	3	15	9	10	4	5.5	2	4	1		1	132
Manhattan	4	3.5		1	8	3	3	5	7	1	8	8	2	5.33	0.2	7	5	10	14	1	96.03
Georgetown	1	2			3	4	10	10	6	6	3	13	9	1.5		5	5	6	3		87.5
Penn State	1	6	2	0.5	3	3	2	6	5	4		5	1	5	1.5	7	2	6		3	63
Seton Hall	6	1	3	11.5	10	3	4				16	4				1					59.5
Maryland	2	5		1	3			1	1					6	12	11	3	6	1		52
N.Y.U.	3	2			1		3	4	2		8	7		2.83		5		5	2		44.83
Yale	0.5	7			7		2	1	4	1	2		2	1.83	11.5	1		3	1		44.83
George Mason		4		1	6	2	1				3	2		4	3	2	8			4	40
Princeton				0.5		2	1	3	1	1	2.5	5		0.5	4.5	6	1	8	3		39
Pennsylvania	4	1				2	1	4	1		2	2		1.67	5.17	4	1	4	2		34.84
Pittsburgh	5	4					3		2		6	2	1		1.2	8	1	1			34.2
Cornell	1	3		1				1	2		1	3		2.5	3.83	2	2	4	5		31.33
Dartmouth		3					2	2	2		1	2	2	6.83	1.33	1		3	3	1	30.16
Navy	2	1		0.5	4		1	1	1	1			2	3	2.2	3	1	3	4		29.7
Harvard	2	4						4	2		1	1	1	2	3.83			2	6		28.83
Fordham	3				4		6	1	3			9		2							28
Army	3.5	3		1				2	3	1					3.8	1		2	3	2	25.3
Columbia	4							1	3			1		4.67	2.2	2		4.5			22.37
Boston University	1	1							1	1				6	1	2		2	6		21
Rutgers	1	2	2		5		1		1			1	1	3	1			1		1	20
Syracuse	6	2			2				1		3.5	3					1	1			19.5
Connecticut	2	1		1			3					1	1	1		1		3		3	17
Rhode Island		1			2				1						3.7				9		16.7
Notre Dame	4	1					1	1	4	2				1	1	1					16
Iona						1	2	3	3	3			2						1		15
Northeastern								2	4			1						5	3		15
Liberty	1		1	2					3	2				1	2				1	2	15
Boston College	1						2	1				4	2	2				0.5	2		14.5
Brown	1	3				1		2						0.5				4	3		14.5
Providence						1	2	2	1	6			1								13
William & Mary		4				1	1		1	1			2	1	1	1					13
F.D.U.	2			3		1				1	1			3							11
*-West Virginia	2	2	4				1		1							1					11
East Carolina	3		2	2							2					1			1		11
Mount St. Mary's								2												9	11
*-James Madison		3					2		1		1					3					10
Morgan State		1	1	2							3			1		2					10
Holy Cross	3							1	1		1	2		1							9
*-St. John's					1		1	3			1			1				1			8
Maryland Baltimore	2		2					1						2						1	8
Delaware State	3	1	1			1					1					1					8
Albany		1				3		1			1	1					1				8
Tufts		4							1		1								1		7
*-Virginia Tech	1	1	1			1					1				1				1		7
So. Connecticut															1		1		5		7
Duke	1	1						1							2	1				1	7
*-Michigan State		1						1				1				3					6
Lincoln	4													2							6
Colgate									1	1	1			2.5							5.5
M.I.T.	1	1										1		0.33		1			1		5.33
*-New York Tech				2	1		1												1		5
St. Joseph's					1		2							1			1				5
Virginia Military	1		2			1								1							5
New Hampshire														1	3						4
*-C.W. Post								1									3				4
Adelphi				1	2						1										4
*-Bowdoin		0.5																1	2		3.5
*-Richmond						1		1	1												3
*-American											1				2						3
Binghamton				1											2						3
VA Commonwealth								1	1						1						3
Long Island	1										1					1					3
LaSalle														0.5	2						2.5
*-West Chester														2							2

IC4A, An ECAC Affiliate

	Dash	HH	200	400	500	800	1000	Mile	3000	5000	4x400 Relay	4x800 Relay	D M Relay	High Jump	Pole Vault	Long Jump	Triple Jump	Shot Put	Weight Throw	Hept.	TOTAL
*-Marquette															2						2
*-Colby									1										1		2
Virginia		2																			2
Bates											1								1		2
Maine																			2		2
Delaware				2																	2
*-Buffalo																2					2
Temple					1									0.5							1.5
*-Bentley																				1	1
*-Springfield																				1	1
Marist									1												1
*-New Haven				1																	1
*-Wesleyan								1													1
Massachusetts																			1		1
*-Rochester									1												1
*-Johns Hopkins									1												1
Lafayette	1																				1
Robert Morris														1							1
*-NC-Wilmington															1						1
Monmouth																		1			1
Wagner																		1			1
Sacred Heart			1																		1
Bucknell									1												1
Stony Brook									1												1
Rider									1												1
Md. Eastern Shore				1																	1
Duquesne													1								1
*-California															0.5						0.5
*-UMASS-Lowell				0.5																	0.5
(88)	89	90	22	40	75	40	72	89	89	35	89	89	40	89	89	89	40	89	89	31	1375

Dash includes: 60y/70y/50m/55m/60m; High Hurdles includes: 60y/70y/50m/55m; 400m includes 440y; 500m includes 600y/600m; 800m includes 880y;
Mile includes 1,500m; 3,000 includes 2 Miles; 5,000 includes 3 Miles; One Mile Relay included 4x400m Relay; Two Mile Relay includes 4x800m

2011 IC4A/ECAC Division I Outdoor Track & Field Championships

Hosted by: Princeton University, Princeton, N.J.

Date: Friday-Sunday, May 13-15, 2011

Declaration Deadline: Tuesday, April 26, 2011

www.ecac.org/championships