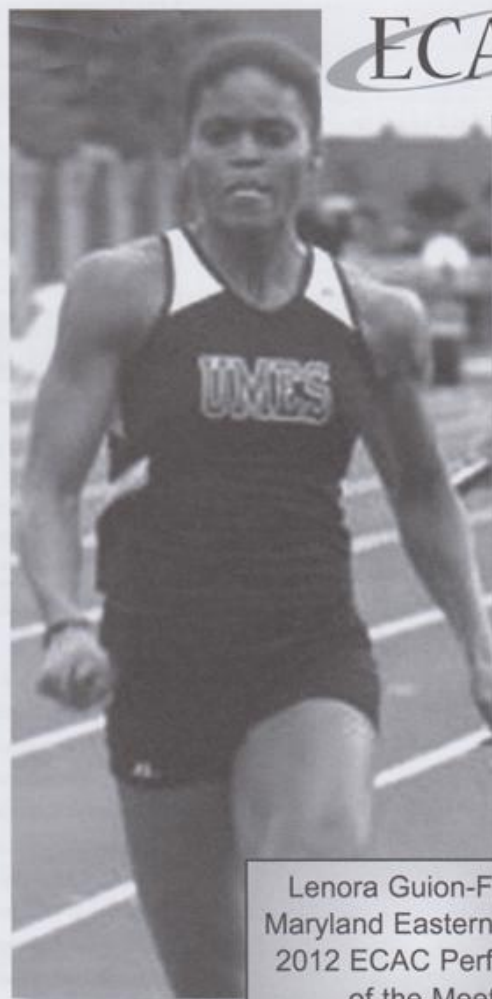


2013 IC4A/ECAC Indoor Track and Field Championships



Nick Huber
Cornell University
2012 IC4A Champion
Heptathlon



Lenora Guion-Firmin
Maryland Eastern Shore
2012 ECAC Performer
of the Meet



Boston University
Indoor Track & Field Center
Boston, Massachusetts
March 1-3, 2013





Eastern College Athletic Conference®

Commissioners

Steve Bamford	2013-Present
Rudy Keeling	2007-2013
Steve Bamford	2006-2007
Philip Buttafuoco	1998-2006
Clayton Chapman	1989-1998
Robert Whitelaw	1972-1989
George Shiebler	1970-1972
Asa S. Bushnell	1938-1970

Competition

The ECAC administers nearly 100 championships for 37 men's and women's sports. The ECAC also serves as the primary league for Division III men's hockey (3), Division III women's hockey (2) and Division I men's lacrosse. In addition, the ECAC provides leadership assistance for numerous affiliate organizations including the Intercollegiate Association of Amateur Athletes in America (IC4A), Intercollegiate Fencing Association (IFA), Eastern Intercollegiate Gymnastics League (EIGL), Eastern Intercollegiate Wrestling Association (EIWA), Eastern Association of Rowing Colleges (EARC), Eastern Association of Women's Rowing Colleges (EAWRC), Intercollegiate Rowing Association (IRA), ECAC Hockey League (ECACHL), and Eastern College Athletic Conference Sports Information Directors Association (ECAC-SIDA).

Officiating

The ECAC assigns over 4,400 officials in 11 sports across Divisions I, II and III, including men's and women's basketball, fencing, football, men's gymnastics, men's and women's ice hockey, men's and women's soccer, softball and wrestling. The bureaus assign for both conference and NCAA championships and totaled over 46,000 assignments last year.

Awards

The ECAC publicizes the achievements of over 2,000 student-athletes annually through the Player of the Week program and postseason all-stars. There are 20 sports for which the ECAC selects Players of the Week throughout the regular season, and 12 sports where all-star teams are honored. During the fall convention each year, the Honors Dinner awards program recognizes institutions, administrators, student-athletes, and officials for yearly and career achievements.

About the ECAC

The Eastern College Athletic Conference (ECAC) is the nation's largest athletic conference and only multi-divisional conference, with approximately 300 Division I, II and III colleges and universities from Maine to North Carolina and westerly to Colorado. Established in 1938 with 58 charter members, the ECAC has since emerged as the nationwide leader in service. The Asa S. Bushnell Center, named after inaugural commissioner Asa S. Bushnell, serves as the main office for the ECAC. It is located in Centerville, Mass., on Cape Cod.

After Asa S. Bushnell molded the organization from its formation to his retirement in 1970, George Shiebler took over as commissioner from 1970-72. Robert M. "Scotty" Whitelaw (1972-89) guided the ECAC through one of the most significant events in its history, as the Eastern Association of Intercollegiate Athletics for Women (EAIW) was consolidated into the ECAC in 1983. With the addition of women's sports, the ECAC doubled its number of championships and greatly increased its membership. Clayton Chapman (1989-98), Phil Buttafuoco (1998-2006) and Steve Bamford (2006-07) have also carried the title of commissioner through the last 22 years. Commissioner Rudy Keeling assumed chief administrator duties on May 1, 2007 until his retirement in 2013. Steve Bamford returned as interim commissioner in 2013.

It's My ECAC. It's Your ECAC. It's Our ECAC!

Asa S. Bushnell Internship Program

The prestigious Asa S. Bushnell internship program, named after the first commissioner of the ECAC and established in 1976, offers college graduates from ECAC member institutions hands-on experience in all the areas of the only multi-divisional conference in the country. Former interns proudly represent the ECAC in all fields of the sports industry as directors of athletics, commissioners, broadcasting executives, professional franchise front-office executives, sports information directors and coaches.

ADMINISTRATIVE STAFF

Interim Commissioner	Steve Bamford
Assistant Commissioner for Finance/SWA	Karen Roberts
Assistant Commissioner for Programs and Services	Ben Layton
Payroll Administrator	Lisa Nurse
Director of Communications	Roger Crosley
Director of Rowing	Gary Caldwell
Director of Special Events	David Morin
Director of Officiating	Mary Bradbury
Assistant Administrator for Officiating	Steve Rossetti
Coordinator of Football Officiating	Bill Ward
Administrative Assistant of Officiating	Mackenzie Larsen
Coordinator of Sport Administration - Leagues and Affiliates	Ben Rosenfeld
Asa S. Bushnell Championships Assistant	Natalie Hozak
Asa S. Bushnell Communications Assistant	Katie Meline
Asa S. Bushnell Leagues and Affiliates Assistant	Stephanie Scarpato

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ORDER OF EVENTS

FRIDAY MARCH 1st.

4:00 PM IC4A Heptathlon
4:15 PM ECAC Pentathlon

SATURDAY MARCH 2nd

10:00 AM IC4A 60 HH – Heptathlon
10:00 IC4A Triple Jump – T/F
10:00 IC4A 35 Wt. Throw – T/F
10:15 IC4A 60 HH – Trials
10:30 IC4A 60 Dash – Trials
10:45 IC4A 1 Mile – Trials
11:00 IC4A High Jump - Final
11:05 IC4A 400 – Trials
11:20 IC4A 500 – Trials
11:35 IC4A 800 – Trials
11:50 IC4A 1000 – Trials
12:05 IC4A 200 – Trials
12:25 IC4A 5000 - Sections
To Follow IC4A DMR - Trials
To Follow 4x800 – Trials
To Follow 4x400 – Trials

3:00 PM ECAC 60 H – Trials
3:00 ECAC Triple Jump – T/F
3:00 ECAC 20 Wt. Throw – T/F
3:00 ECAC Pole Vault – Final
3:20 ECAC 60 Dash – Trials
3:30 ECAC High Jump – Final
3:35 ECAC 1 Mile – Trials
3:50 ECAC 60 H – Semi Final
4:00 ECAC 60 Dash- Semi Final
4:15 ECAC 400 – Trials
4:35 ECAC 500 – Trials
4:50 ECAC 800 – Trials
5:05 ECAC 1000 – Trials
5:20 ECAC 200 – Trials
5:40 ECAC 5000 -Sections

To Follow ECAC 4x800 – Trials
To Follow ECAC 4x400 – Trials

SUNDAY MARCH 3

9:30 AM IC4A Long Jump – T/F
To Follow ECAC Long Jump – T/F
9:30 ECAC Shot Put – T/F
To Follow IC4A Shot Put – T/F
11:00 IC4A Pole Vault – Final
11:00 IC4A 60 HH – Semi Final
11:15 IC4A 60 Dash – Semi Final
11:30 ECAC DMR – Sections
12:00 IC4A 60 HH – Final
12:10 ECAC 60 H – Final
12:20 IC4A 60 Dash – Final
12:30 ECAC 60 Dash – Final
12:45 ECAC 1 Mile – Final
12:50 IC4AAA 1 Mile – Final
1:00 ECAC 400 – Final
1:05 IC4AAA 400 – Final
1:15 ECAC 500 – Final
1:20 IC4AAA 500 – Final
1:30 ECAC 800 – Final
1:35 IC4AAA 800 – Final
1:40 ECAC 1000 – Final
1:45 IC4AAA 1000 – Final
1:55 ECAC 200 – Final
2:05 IC4AAA 200 – Final
2:15 ECAC 3000 – Sections
2:30 IC4AAA 3000 _ Sections
2:45 IC4AAA DMR – Final
To Follow ECAC 4x800 – Final
To Follow IC4AAA 4x800 – Final
To Follow ECAC 4x400 – Final
To Follow IC4AAA 4x400 – Final
To Follow ECAC/IC4AAA Awards Ceremony

2012 - 2013 IC4A Track & Field Institutions

Institution	Head Coach	Institution	Head Coach
Adelphi University	Katie Rees	Morgan State University	Neville Hodge
Albany, University at	Roberto Vives	Mount St. Mary's University	Jim Stevenson
Army-USMA	Troy Engle	Navy-USNA	Steve Cooksey
Bates College	Al Fereshetian	New Hampshire, University of	Jim Boulanger
Binghamton, SUNY	Mike Thompson	New Jersey, College of (III)	Phil Jennings
Boston College	Matt Kerr	New Jersey City University (III)	Charles Mays
Boston University	Robyne Johnson	New Jersey Technology Institute	Al Alonso
Brandeis (III)	John Evans	New York University (III)	Nicholas McDonough
Bryant University	Stephanie Reilly	Northeastern University	Cathrine Erickson
Brown University	Tim Springfield	Notre Dame, University of	Joe Piane
Bucknell University	Kevin Donner	Penn State University	Beth Alford-Sullivan
Canisius College	Nate Huckle	Pennsylvania, University of	Robin Martin
Central Connecticut University	Eric Blake	Pittsburgh, University of	Alonzo Webb
Cheyney University (II)	James Williams	Princeton University	Fred Samara
Colgate University	Art McKinnon	Providence University	Ray Treacy
Columbia University	Willy Wood	Quinnipiac University	Carolyn Martin
Connecticut, University of	Greg Roy	Ramapo College (III)	Michael Jackson
Coppin State University	Carl Hicks	Rhode Island, University of	John Copeland
Cornell University	Nathan Taylor	Rider University	Bob Hamer
Dartmouth College	Barry Harwick	Robert Morris University	Michael Smith
Delaware State University	Duane Henry	Rutgers University	Mike Mulqueen
Duke University	Norm Ogilvie	Rutgers-Camden (III)	Joe Puleo
Duquesne University	Jim Lear	Sacred Heart University	Christian Morrison
Eastern Carolina University	Curt Kraft	St. Francis College (NY)	Kyle Brown
Fairfield University	John Sagnelli	Saint Francis University (Pa)	Doug Hoover
Fairleigh Dickinson University	Sharlen Milwood-Lee	St. Joseph's University	Mike Glavin
Fordham University	Tom Dewey	St. Peter's College	Michael Massone
George Mason University	Andy Gerard	Seton Hall University	John Moon
George Washington University	Terry Weir	Siena College	Joanne Dow
Georgetown University	Pat Henner	Southern Connecticut State University (II)	John Wallin
Hampton University	Steve Lewis	Stony Brook University	Andy Ronan
Harvard University	Jason Saretsky	Syracuse University	Chris Fox
Hofstra University	Pater Alfano	Temple University	Eric Mobley
Holy Cross, College of	Jim Kavanagh	Tufts University (III)	Ethan Barron
Hunter College (III)	Damion Jones	Vermont, University of	Matt Belfield
Iona College	Ricardo Santos	Villanova University	Marcus O'Sullivan
La Salle University	Dan Ireland	Virginia Commonwealth Institute	Jon Riley
Lafayette College	Julio Piazza	Virginia Military Institute	Darrin Webb
Lehigh University	Matt Utesch	Wagner University	Joseph Stasi
Liberty University	Brant Tolsma	Wheaton College (III)	Dave Cusano
Lincoln University (II)	Ray Williams	William & Mary, College of	Steve Walsh
Long Island University	Julia Sandiford	Yale University	Marc Davis
Loyola University of Maryland	Rick Woods		Dave Shoehalter
Maine, University of	Mark Lech		
Manhattan College	Dan Mecca		
Mansfield University of Penn. (II)	Michael Rohl		
Marist College	Pete Colaizzo		
Maryland, University of	Andrew Valmon		
Maryland-Baltimore County	David Bobb		
Maryland Eastern Shore	Ernest Barrett		
Massachusetts-Amherst, University of	Ken O'Brien		
Massachusetts Inst. of Technology (III)	Halston Taylor		
Merchant Marine Academy, United States (III)	Donald Wilburn		
Monmouth University	Joe Compagni		

2012-2013 IC4A Coaches Association

President	Bob Hamer, Rider University
1st VP	Chris Campbell, US Naval Academy
2nd VP	Duane Henry, Delaware State University
3rd VP	
Sec-Treasurer	Jim Hurt, St. John's University
Ex. Officer	Joe Compagni, Monmouth University
	Dave Shoehalter, Yale University

2012 - 2013 ECAC® Division I Women's Track & Field Institutions

Institution	Head Coach
Albany, University at	Roberto Vives
American University	Matt Centrowitz
Binghamton University	Mike Thompson
Boston College	Randy Thomas
Boston University	Robyne Johnson
Brown University	Tom Springfield
Bryant University	Stephanie Reilly
Bucknell University	Kevin Donner
Central Connecticut State University	Eric Blake
Colgate University	Laura Nardelli
Columbia University	Willy Wood
Connecticut, University of	Bill Morgan
Coppin State University	Alecia Shields-Gadson
Cornell University	Rich Bowman
Dartmouth College	Sandra Ford-Centonze
Delaware, University of	Wendy McFarlane
Delaware State University	Duane Henry
Duke University	Norm Ogilvie
Duquesne University	Bryan Delsite
East Carolina University	Curt Kraft
Fairleigh Dickinson University	Sharlene Milwood-Lee
Fordham University	Tom Dewey
George Mason University	Andrew Gerard
Georgetown University	Patrick Henner
Hampton University	Maurice Pierce
Harvard University	Jason Saretsky
Holy Cross, College of the	Egetta Alfonso
Howard University	Curtis Pittman
Illinois at Chicago, University of	Jim Knoedel
Iona College	Ricardo Santos
James Madison University	Ta' Frias
Lafayette College	Julio Piazza
La Salle University	Dan Ireland
Lehigh University	Matt Utesch
Liberty University	Brant Tolsma
Long Island University	Simon Hodnett
Loyola University of Maryland	Amy Horst
Maine, University of	Mark Lech
Manhattan College	Dan Mecca
Marist College	Peter Colaizzo
Maryland, University of	Andrew Valmon

Institution	Head Coach
Maryland-Baltimore County, University of	David Bobb
Maryland Eastern Shore, University of	Ernest Barrett
Massachusetts, University of	Julie LaFreniere
Monmouth University	Joe Compagni
Morgan State University	Neville G. Hodge
Mount St. Mary's University (Md.)	Jim Stevenson
New Hampshire, University of	Casey Carroll
New Jersey Institute of Technology	Al Alonso
Northeastern University	Catherine Erikson
Pennsylvania, University of	Steve Dolan
Pennsylvania State University	Beth Alford-Sullivan
Pittsburgh, University of	Alonzo Webb
Princeton University	Peter Farrell
Providence College	Ray Treacy
Quinnipiac University	Carolyn Martin
Rhode Island, University of	Laurie Feit-Melnick
Rider University	Bob Hamer
Robert Morris University	Michael Smith
Rutgers University	James Robinson
Sacred Heart University	Christian Morrison
Saint Francis University (Pa.)	Doug Hoover
Saint Joseph's University (Pa.)	Kevin Quinn
Saint Peter's University	Michael Massone
Saint Francis College (N.Y.)	Kyle Brown
Saint John's University	Jim Hurt
Stony Brook University	Andy Ronan
Syracuse University	Chris Fox
Temple University	Eric Mobley
Towson University	Roger Erricker
United States Military Academy	Troy Engle
United States Naval Academy	Carla Criste
Vermont, University of	Matthew Belfield
Villanova University	Gina Procaccio
Virginia, University of	Bryan Fetzer
Virginia Commonwealth University	Jon Riley
Virginia Military Institute	Darrin Webb
Wagner College	Joe Stasi
West Virginia University	Sean Cleary
William & Mary, College of	Stephen Walsh
Yale University	Marc Davis

2013 I.C.A.A.A. INDOOR TRACK AND FIELD STANDARDS

EVENT	AUTO	HAND
60 Meter Dash:	0:06.98	0:06.7
55 Meter Dash :	0:06.48	0:06.2
60 Meter Hurdles:	0:08.25	0:08.1
55 Meter Hurdles:	0:07.75	0:07.5
200 Meters:	0:22.24	0:22.0
400 Meters:	0:49.20	0:48.9
500 Meters:	1:05.20	1:05.0
800 Meters:	1:54.90	1:54.6
1000 Meters:	2:28.95	2:28.7
One Mile:	4:14.90	4:14.7
3000 Meters:	8:27.20	8:27.0
5000 Meters:	14:45.40	14:45.1
4x400 Meter Relay:	3:19.90	3:19.6
One Mile Relay:	3:21.10	3:20.8
4x800 Relay:	7:53.00	7:52.7
2 Mile Relay:	7:56.20	7:55.8
Distance Medley Relay:	10:19.70	10:19.4
Distance Medley Relay- Yards:	10:22.10	10:21.7

FIELD EVENTS

Event	2013 Standard
High Jump	2.04
Pole Vault	4.80
Long Jump	7.02
Heptathlon	5000 points or Top 15 to complete field
Shot Put	15.70
Weight Throw	16.90
Triple Jump	14.45



2013 ECAC INDOOR TRACK AND FIELD STANDARDS

RUNNING EVENTS

Event 2013 Standard (FAT)	2013 Standard (Hand)
55 M 7.16	
60 M 7.68	
55 MH 8.24	
60 MH 8.80	
200 M 25.04	
400 M 57.04	56.8
500 M 1:16.04	1:15.8
800 M 2:14.44	2:14.2
1000 M 2:56.24	2:56.0
1500 M 4:36.94	4:36.7
Mile 4:59.04	4:58.8
3000 M 9:58.94	9:58.7
5000 M 17:33.64	17:33.4
4 x 400 M 3:52.54	3:52.3
4 x 400 YDS 3:53.64	3:53.4
4 x 800 M 9:25.24	9:25.0
4 x 880 YDS 9:28.24	9:28.0
DMR (M) 12:08.64	12:08.4
DMR (YDS) 12:13.64	12:13.4

FIELD EVENTS

Event	2013 Standard
High Jump	1.70m
Long Jump	5.70m
Triple Jump	11.90m
Pole Vault	3.60m
Shot Put	13.50m
20 Lb. Wt.	16.00m
Pentathlon	3450 Pts or Top 15 to complete field



2012 ECAC® Division I Indoor Track and Field Championship Results

60 Meter Dash			
1. Gillon, T.	SO Rutgers	7.55	
2. Walton, S.	SR Boston Univ.	7.56	
3. Fuller, C.	SR Long Island	7.57	
4. Hayes, D.	JR VCU	7.57	
5. Norman, B.	SO Hampton	7.57	

200 Meter Dash			
1. Guilon-Firmin	JR Maryland-East	23.85	
2. Caruso, V.	JR Delaware	24.00	
3. Lovely, R.	SO St. John's	24.03	
4. Ruth, A.	SO Rutgers	24.30	
5. Walton, S.	SR Boston Univ.	24.35	

400 Meter Run			
1. Guilon-Firmin	JR Maryland-East	53.19L	
2. McGee, C.	JR George Mason	54.21L	
3. LaRose, K.	JR St. Francis	54.69	
4. Porter, K.	FR VCU	54.74	
5. Williams, L.	SO Monmouth	54.98	

500 Meter Run			
1. Barowski, C.	FR Princeton	1:12.38L	
2. Mooney, C.	FR St. John's	1:12.77L	
3. Groff, A.	JR Connecticut	1:13.11L	
4. Hand, J.	JR Princeton	1:13.50	
5. Dornevil, K.	SO Delaware State	1:13.68	

800 Meter Run			
1. Anais, C.	SR Maryland-East	2:07.11L	
2. Feldman, G.	JR Princeton	2:07.84L	
3. Ngarambe, Y.	SO Vermont	2:09.49	
4. Burggraf, M.	JR Liberty	2:09.79	
5. Strickland, V.	SR Penn	2:10.42	

1,000 Meter Run			
1. Breagy, S.	SR Rhode Island	2:49.20	
2. Parker, J.	SR Cornell	2:49.77	
3. Reiner, A.	JR James Madison	2:50.98	
4. Fanning, K.	SO Albany	2:51.31	
5. Perry, J.	JR Lehigh	2:51.55	

One Mile Run			
1. Adler, M.	SO Boston Univ.	4:46.06L	
2. Neumeyer, R.	FR Iona	4:47.17L	
3. Mikaelian, A.	JR Princeton	4:48.45	
4. Kayali, N.	JR Yale	4:49.08	
5. Mack, J.	JR Howard	4:51.72	

3,000 Meter Run			
1. McNiffm, S.	JR Connecticut	9:41.28	
2. Marvin, E.	JR Yale	9:42.28	
3. Harman, K.	JR James Madison	9:43.72	
4. Garry, K.	FR Yale	9:45.87	
5. Stasiuk, A.	JR Boston College	9:46.50	

5,000 Meter Run			
1. Powers, M.	SR Vermont	16:25.36	
2. Kellner, K.	JR Cornell	16:25.57	
3. Rowland, H.	JR Iona	16:29.82	
4. McGlinchey, M.	SO La Salle	16:33.22	
5. Joly-Testault, M.	JR Iona	16:40.58	

60 Meter Hurdles			
1. Ward, S.	SR Villanova	8.18@	
2. Gaines, J.	SR Long Island	8.37L	
3. Norman, B.	SO Hampton	8.51	
4. Abdur-Rashed, S.	SR Northeastern	8.60	
5. James, L.	FR Delaware	8.62	

4 x 400 Meter Relay			
1. George Mason University	3:39.87L		
2. Maryland - Eastern Shore	3:43.97		
3. Cornell University	3:44.25		
4. Rutgers University	3:44.92		
5. University of Connecticut	3:45.12		

4 x 800 Meter Relay			
1. Cornell University	8:50.52		
2. College of Holy Cross	8:59.44		
3. James Madison University	9:01.43		
4. Duquesne University	9:01.78		
5. Monmouth University	9:02.34		

Distance Medley			
1. Harvard University	11:27.55		
2. Boston College	11:38.26		
3. Cornell University	11:40.52		
4. Rutgers University	11:42.51		
5. La Salle University	11:45.75		

High Jump			
1. McLaren, N.	SO Connecticut	1.86mL	
2. Barwise, A.	JR Boston Univ.	1.83mL	
3. Bikanova, I.	SO Connecticut	1.76m	
4. Hirst, M.	JR Harvard	1.76m	
5. Watkins, R.	JR Monmouth	1.72m	

Pole Vault			
1. Worthen, T.	JR Princeton	3.90m	
2. Pickford, K.	SO Rhode Island	3.80m	
3. Sing, J.	SR Va. Military	J3.80m	
4. Houseknecht, R.	SR Liberty	J3.80m	
5. Pace, A.	SO Harvard	J3.80m	

Long Jump			
1. Gaines, J.	SR Long Island	6.18mL	
2. McNish, P.	JR Albany	6.03mL	
3. McDonald, M.	JR James Madison	5.94m	
4. Ofoche, U.	JR Columbia	5.93m	
5. Ruth, A.	SO Rutgers	5.86m	

Triple Jump			
1. Epps, C.	JR Coppin St.	12.92mL	
2. Eke, N.	FR Columbia	12.61m	
3. Gaines, J.	SR Long Island	J12.61m	
4. Okobi, N.	SR Rutgers	12.37m	
5. Okeke, Q.	JR Columbia	12.31m	

Shot Put			
1. Henry, V.	SR Maryland-Eas	15.87m	
2. Imbesi, V.	JR Cornell	15.00m	
3. Mealer, R.	SO Morgan State	14.81m	
4. Deller, A.	JR UMBC	14.61m	
5. Berg, E.	JR Dartmouth	14.47m	

Weight Throw			
1. Williams, J.	SO Liberty	19.06m	
2. Smith, A.	SR Sacred Heart	18.77m	
3. Henry, V.	SR Maryland-Eas	18.40m	
4. Phelps, A.	SR Navy	17.77m	
5. Hinton, D.	SO St. John's	17.56m	

Indoor Pentathlon			
1. Calder, C.	SR Hampton	2:20.31	
2. Labreck, J.	SR Maine	2:23.70	
3. Early, K.	SR New Hampshire	2:24.01	
4. Walsh, L.	SR Monmouth	2:24.54	
5. Monk, J.	JR James Madison	2:24.74	

2012
Team Results

1. Cornell University	55
2. Maryland - Eastern Shore	54
3. Princeton University	44
4. University of Connecticut	36
5. Rutgers University	34
6. Boston University	33
7. Long Island University	32
8. St. John's University	28
(tie) James Madison University	28
10. Harvard University	26.5
11. Liberty University	24.5
12. University of Rhode Island	23
13. Hampton University	21
14. Yale University	20
15. Iona College	18
(tie) George Mason University	18
17. Boston College	17
(tie) Columbia University	17
(tie) Monmouth University	17
20. University of Vermont	16
(tie) University of Delaware	16
22. Morgan State University	14
23. Villanova University	13
(tie) Sacred Heart University	13
(tie) University at Albany	13
26. Virginia Commonwealth Univ.	12
27. Coppin State College	11
(tie) Duquesne University	11
29. University of Maine	10
30. Saint Francis University (PA)	9
(tie) La Salle University	9
32. U.S. Naval Academy	8
(tie) College of Holy Cross	8
(tie) UMBC	8
35. Northeastern University	7
36. Manhattan College	6
(tie) College of William & Mary	6
(tie) Virginia Military Institute	6
39. University of Pennsylvania	5
(tie) Lehigh University	5
41. Delaware State University	4
(tie) Dartmouth University	4
43. University of New Hampshire	3
(tie) Colgate University	3
(tie) St. Joseph's University (PA)	3
(tie) Temple University	3
47. Stony Brook University	2
48. Binghamton University	1.5

RESULTS OF THE 2012 IC4A INDOOR CHAMPIONSHIPS

2012
Results

1. Cornell University	74
2. University of Connecticut	59
3. Rutgers University	39
(tie) Maryland-Eastern Shore	39
5. College of William & Mary	33
6. Hampton University	29
(tie) Harvard University	29
8. University of Rhode Island	28
9. Monmouth University	27
(tie) Liberty University	27
(tie) Fordham University	27
12. Duquesne University	26
(tie) Bucknell University	26
14. Temple University	24
15. Central Connecticut University	20
(tie) George Mason University	20
17. St. Peter's University	17.5
(tie) Coppin State College	17.5
19. University of Sacred Heart	17
(tie) United States Military Academy	17
21. Morgan State University	15.5
(tie) United States Naval Academy	15.5
23. Iona College	13
24. Mount St. Mary's University	12
(tie) Manhattan College	12
(tie) Long Island University	12
27. Boston University	11
28. La Salle University	10
29. Providence University	8
(tie) St. Francis College (NY)	8
31. Stony Brook University	6
(tie) St. Joseph's University (Pa.)	6
(tie) University of Pennsylvania	6
(tie) Massachusetts Inst. of Tech	6
(tie) University at Albany	6
(tie) Va. Military Institute	6
37. University of New Hampshire	5
(tie) Dartmouth University	5
39. Colgate University	4
(tie) Rider University	4
41. UMBC	3
(tie) Brown University	3
43. Yale University	2
(tie) Binghamton University	2
45. Boston College	1
(tie) Wagner University	1
(tie) Lehigh University	1

60 Meters		
1 Dixon, R.	SR Hampton	6.73
2 Mahlung, N.	JR Long Island	6.78
3 Aaronson, C.	SR Cornell	6.80
4 Radden, A.	JR Central Conn	6.86
5 Stewart, J.	SR Long Island	6.87

200 Meters		
1 Walsh, A.	JR Umes	20.89
2 Radden, A.	JR Central Conn	20.96
3 Dixon, R.	SR Hampton	21.36
4 Page, R.J.	JR Boston U.	21.36
5 Cummings, D.	SO Connecticut	21.38

400 Meters		
1 Hutchison, J.	SO Hampton	46.75
2 Charles, T.	SR Morgan State	47.25
3 Senick, J.	SR Boston U.	47.33
4 Arent, R.	SR Bucknell	47.46
5 Bennett, T.	SR Coppin State	47.49

500 Meters		
1 Caidenhead, C.	SO Rutgers	1:02.08
2 Kensy, T.	SR Army	1:02.46
3 Persson, K.	JR St. Peter's	1:02.66
4 Courtney, T.	JR Liberty	1:03.46
5 Davidson, A.	SO Rhode Island	1:03.61

800 Meters		
1 Admirand, R.	FR Cornell	1:49.03
2 Wilson, D.	SR Harvard	1:49.98
3 Gibilisco, L.	JR Mt St Mary	1:50.00
4 Brown, Z.	JR Umes	1:50.74
5 Raphael, C.	JR George Mason	1:51.17

1000 Meters		
1 Palmer, F.	JR Monmouth	2:25.09
2 Kellar, W.	FR Temple	2:25.11
3 Townsend, A.	JR St Joseph's PA	2:26.23
4 Russell, K.	JR Army	2:26.38
5 Decker, L.	FR Dartmouth	2:27.38

One Mile		
1 Clark, J.	JR Connecticut	4:03.82
2 Fitzgerald, K.	SR Fordham	4:05.52
3 Tyson, C.	SR William & Mary	4:06.57
4 Ross, N.	SO La Salle	4:07.40
5 McFall, W.	JR Cornell	4:08.05

3000 Meters		
1 Spisak, J.	JR Duquesne	8:07.07
2 Quinn, S.	FR Providence	8:08.11
3 Speakman, E.	FR Stony Brook	8:08.33
4 McGrath, A.	JR William & Mary	8:10.41
5 Gunzenhauser, R.	SO William & Mary	8:10.64

5000 Meters		
1 Hardin, J.	SO William & Mary	14:04.12
2 McGrath, A.	JR William & Mary	14:07.65
3 Soderberg, A.	SR Iona	14:10.27
4 Alexander, S.	SR Central Conn.	14:11.15
5 Byrne, J.	FR Iona	14:11.41

60 Meter Hurdles		
1 Jean-Louis, B.	SR Sacred Heart	7.83
2 McFrazier, J.	SO Temple	7.85
3 Smith, A.	SR Umes	7.86
4 Handy, L.	SR George Mason	8.04
5 Rosado, J.	JR Sacred Heart	8.10

4x400 Meter Relay		
1 Rhode Island University		3:09.84
2 Rutgers University		3:10.14
3 Coppin State College		3:11.15
4 Umes		3:13.21
5 United State Military Academy		3:14.43

4x800 Meter Relay		
1 Cornell University		7:24.08
2 Fordham University		7:25.29
3 St. Francis (New York)		7:27.70
4 La Salle University		7:28.45
5 University of Connecticut		7:31.78

Men's Distance Medley		
1 Duquesne University		9:50.80
2 United State Naval Academy		9:51.10
3 University of Pennsylvania		9:52.23
4 University of Connecticut		9:54.23
5 Colgate University		9:54.57

High Jump		
1 Blair, M.	SO Cornell	2.20m
2 Fajoyomi, D.	SO Fordham	2.17m
3 James, N.	JR Connecticut	2.17m
4 Lucas, A.	SR St. Peter's	2.09m
5 Baskerville, B.	SO Coppin State	2.04m

Pole Vault		
1 Duggan, K.	SR Connecticut	5.20m
2 Weiler, N.	JR Harvard	5.20m
3 Shepherd, K.	SR Liberty	5.20m
4 Roach, P.	SO Cornell	4.95m
5 Alexander, R.	SR Connecticut	4.95m

Long Jump		
1 Crawford, C.	FR Rutgers	7.63m
2 Johnson, A.	SR Manhattan	7.59m
3 Howell, K.	SR Albany	7.17m
4 DeFreitas, VJ.	JR Duquesne	7.12m
5 Woodley, R.	JR Rhode Island	7.09m

Triple Jump		
1 Cain, O.	SO Umes	15.39m
2 Pickett, G.	SO Temple	15.39m
3 Woodley, R.	JR Rhode Island	15.39m
4 Webley, D.	SR George Mason	15.29m
5 Putman, T.	SR Rutgers	15.15m

Shot Put		
1 Mozia, S.	FR Cornell	18.19m
2 Elardo, V.	SR Monmouth	18.00m
3 Glauser, B.	FR Harvard	17.95m
4 Paey, B.	SR New Hampshire	17.75m
5 Jeffrey, E.	SO Monmouth	17.22m

Weight Throw		
1 Barr, T.	SR Bucknell	19.57m
2 Smith, R.	JR Liberty	19.25m
3 Umachi, C.	SR MIT	18.97m
4 Joseph, L.	JR Bucknell	18.83m
5 Kusiak, T.	JR Rhode Island	18.79m

Heptathlon		
1 Huber, N.	SR Cornell	5373
2 Waruch, J.	JR Connecticut	5286
3 Wood, A.	JR VMI	5218
4 FitzSimmons, T	SR Mt. St. Mary	5110
5 Formica, V.	SR Cornell	5060



Montez Blair
Cornell University
2012 IC4A Champion
High Jump

IC4A INDOOR RECORDS

60 Meters				One Mile			
2012 IC4A Champion	6.73	Reggie Dixon, Hampton		2012 IC4A Champion	4:03.82	Joe Clark, Connecticut	
IC4A Meet Record	6.60	Dixon	11	IC4A Meet Record	4:00.06	Mike Stahr, Georgetown	88
Boston Univ. Facility	6.93	Darius Velez, unattached	11	Boston Univ. Facility	3:50.92	Galen Rupp, Nike	13
		Connor Reilly, Dartmouth	11	IC4A Collegiate	3:55.5	Sidney Maree, Villanova	81
IC4A Collegiate	6.50	Lee McRae, Pittsburgh	87	Collegiate	3:55.54	Miles Batty, Brigham Young	12
Collegiate	6.45	Leonard Myles-Mills, BYU	99	American	3:49.89	Bernard Legat, Nike	05
American	6.39	Maurice Greene, Nike	98&01 01	World	3:48.45	Hicham El Guerrouj, Morocco	97
World	6.39	Greene, USA	98&01 01				
60 Meter Hurdles				3,000 Meters			
2012 IC4A Champion	7.83	Bertony Jean-Louis, Sacred Heart		2012 IC4A Champion	8:07.07	Jim Spisak, Duquesne	
IC4A Meet Record	7.72	Maurice Wignall, George Mason	00	IC4A Meet Record	7:53.16	Josh McDougal, Liberty	06
Boston Univ. Facility	8.01	Jean-Louis	11	Boston Univ. Facility	7:46.60	Mark Carroll, adidas	05
IC4A Collegiate	7.49	Jarret Eaton, Syracuse	12	IC4A Collegiate	7:47.50	Adrian Blincoe, Villanova	02
Collegiate	7.47	Reggie Toran, Wisconsin	97	Collegiate	7:38.59	Alistair Cragg, Arkansas	04
American	7.36	Greg Foster, World Class A C	87	American Collegiate	7:44.69	Galen Rupp, Oregon	09
		Allen Johnson, Nike	04	American	7:32.43	Bernard Legat, Nike	07
		Terrence Trammell, Track Star	10	World	7:24.90	Daniel Komen, Kenya	98
World	7.30	Colin Jackson, Great Britain	94				
200 Meters				5,000 Meters			
2012 IC4A Champion	20.89	Andre Walsh, UMES		2012 IC4A Champion	14:04.12	Josh Hardin, William & Mary	
IC4A Meet Record	20.85	Paul-Vince Obuon, VMI	04	IC4A Meet Record	13:37.32	Josh McDougal, Liberty	07
Boston Univ. Facility	20.85	Obuon	04	Boston Univ. Facility	13:37.32	McDougal	07
IC4A Collegiate	20.40	LaShawn Merritt, E. Carolina	05	IC4A Collegiate	13:19.54	Leonard Korir, Iona	12
Collegiate	20.10	Wallace Spearman, Arkansas	05	Collegiate	13:08.28	Lawi Laiang, Arizona	12
American	20.10	Spearman	05	American Collegiate	13:18.12	Galen Rupp, Oregon	09
World	19.92	Frank Fredericks, Namibia	96	American	13:07.15	Bernard Legat, Nike	12
				World	12:49.60	Kenenisa Bekele, Ethiopia	04
400 Meters				4 x 400 Meter Relay			
2012 IC4A Champion	46.75	Je'veon Hutchinson, Hampton		2012 IC4A Champion	3:09.84	Rhode Island (Victor Booth, Ben Lakeman, Mark Castilletti, Anthony Davidson)	
IC4A Meet Record	45.83	Obra Hogans, Seton Hall	04				
Boston Univ. Facility	45.83	Hogans	04	IC4A Meet Record	3:06.98m	Deleware State '11 (Tariq Devore, L. Murray, Ryan Carter, Donte Holmes 3:11.14y, James Madison '93 (Jerry Roney 48.4; Bradley Meade 47.6; Tevis Brunson 47.5; Kelly Hawkins 47.6)	
IC4A Collegiate	44.93	LaShawn Merritt, E. Carolina	05				
Collegiate	44.57	Kerron Clement, Florida	05	Boston Univ. Facility	3:07.57	Seton Hall '03	IC4A
American	44.57	Clement	05	Collegiate	3:05.61,	Penn State '12 (Aaron Nadolsky 47.1, Brandon Bennett-Green 46.5, Casmir Loxsom 46.0, Brady Gehert 45.7)	
World	44.57	Clement	05				
500 Meters				Collegiate	3:03.51,	Florida '05 (Sekou Clarke 46.8; Bernard Middleton 46.1, Stefan Pastor 45.5, Kerron Clement 45.1)	
2012 IC4A Champion	1:02.08	Corey Caidenhead, Rutgers		American	3:01.96,	US National Team '99 (Kerron Clement 46.10; Wallace Spearmon 45.94; Darold Williamson 45.18; Jeremy Warner 44.74)	
IC4A Meet Record	1:00.84	Michael Greene, Navy	87				
Boston Univ. Facility	1:01.39	Gregory Gomes, Seton Hall	06	World	3:02.83,	US National Team '99 (Andre Morris 45.85; Dameron Johnson 46.18; Deon Minor 46.05; Milton Campbell 44.75)	
IC4A Collegiate	1:00.63	Brycen Spratling, Pittsburgh	12				
Collegiate	1:00.63	Spratling	12				
American	1:00.17	Ken Lowery, Chicago State TC	87				
World "Best"	1:00.17	Lowery, USA	87				
800 Meters				4 x 800 Meter Relay			
2012 IC4A Champion	1:49.03	Rutger Admirand, Cornell		2012 ECAC Champion	8:50.52	Cornell (Liz Reamer, Lauren Lloyd, Bryony Bonavita, Molly Glantz)	
IC4A Meet Record #	1:48.74y	Mark Belger, Villanova	78				
	1:48.19m	Ray Levitre, Penn State	87	ECAC Meet Record	8:41.73	Villanova	88
Boston Univ. Facility	1:46.63	Sam Burley, Asics	06	ECAC Collegiate	8:25.5	Villanova, '87 (Gina Procaccio 2:05.6, Michelle DiMuro 2:09.9, Celeste Halliday 2:05.5)	
IC4A Collegiate	1:44.84	Paul Ereng Virginia	89	Debbie Grant	2:04.5		
Collegiate	1:44.84	Ereng	89	Collegiate	8:25.5	Villanova, '87 (same as above)	
American Collegiate	1:45.88	Derrick Peterson, Missouri	99	American	8:25.5	Villanova, '87 (same as above)	
American	1:45.00	Johnny Gray, Santa Monica TC	92	World	8:06.24	Russian National Team, '11	
World	1:42.67	Wilson Kipketer, Denmark	97				
1,000 Meters							
2012 IC4A Champion	2:25.09	Ford Palmer, Monmouth					
IC4A Meet Record	2:21.28	Sam Gabemariam, Georgetown	99				
Boston Univ. Facility	2:21.54	Richard Kiplaget, Iona	06				
IC4A Collegiate	2:19.53	Robby Creese, Penn State	12				
Collegiate	2:19.53	Creese	12				
American	2:17.86	David Krummenacker, adidas	02				
World	2:14.96	Wilson Kipketer, Denmark	00				

= In winning the 880 yard run in 1978, Belger clocked 1:48.74 (= 1:48.11 @ meters), a time intrinsically superior to the current Metric Meet Record, hence both marks will be carried!

IC4A INDOOR RECORDS

Distance Medley Relay

2012 IC4A Champion 9:50.80

IC4A Meet Record 9:36.25,

Boston Univ. Facility 9:40.80

IC4A Collegiate 9:29.12,

Collegiate 9:25.97,

American 9:25.97,

World "Best" 9:25.97,

Duquesne (Adam Shrawder,
Mike Strein, Dave Farina, Jim Spisak)
Providence '09 (Channon,
Stannard, Dewey, McCarthy)
Providence College '04
Villanova '03 (Ryan Hayden 2:55.1;
Nic O'Brien 47.1; Paul Moser 1:49.8;
Adrian Blincoe 3:57.1)
Texas '08 (Kyle Miller 2:54.11;
Danzell Fortson 46.90, Jacob
Hernandez 1:47.00, Leo Manzano
3:57.96)

Texas '08 ~ same as above

Texas '08 ~ same as above

High Jump

2012 IC4A Champion 7-2.5 (2.20)

IC4A Meet Record 7-6.5 (2.30)

Boston Univ. Facility 7-1.5 (2.17)

IC4A Collegiate 7-7.25 (2.32)

Collegiate 7-9.25 (2.39)

American 7-10.5 (2.40)

World 7-11.5 (2.43)

Montez Blair, Cornell
Nick Saunders, Boston Univ 83
Jean Huguens, UMBC 03
Franklin Jacobs, FDU 78
Hollis Conway, SW Louisiana 89
Conway, Nike International 91
Javier Sotomayor, Cuba 89

Pole Vault

2012 IC4A Champion 17-0.75 (5.20)

IC4A Meet Record 18-8.5 (5.70)

Boston Univ. Facility 18-6.5 (5.65)

IC4A Collegiate 19-1 (5.82)

Collegiate 19-2.25 (5.85)

American 19-9 (6.02)

World 20-2 (6.15)

Kyle Duggan, Connecticut
Istvan Bagyula, Geo. Mason 92
Rory Quiller, Binghamton 08
Bagyula 92
Jacob Davis, Texas 99
Jeff Hartwig, Nike 02
Sergey Bubka, Ukraine 93

Long Jump

2012 IC4A Champion 25-0.5 (7.63)

IC4A Meet Record 26-5.5 (8.06)

Boston Univ. Facility 25-0.25 (7.63)

IC4A Collegiate 26-7 (8.10)

Collegiate 28-2.25 (8.59)

American 28-10.25(8.79)

World 28-10.25(8.79)

Corey Crawford, Rutgers
D.D. Manns, James Madison 87
Anthony Wallace, JMU 03
Ray Humphrey, Georgetown 86
Miguel Pate, Alabama 02
Carl Lewis, Santa Monica TC 84
Carl Lewis, USA 84

Triple Jump

2012 IC4A Champion 50-6 (15.39)

IC4A Meet Record 54-5.25 (16.59)

Boston Univ. Facility 53-0.25 (16.16)

IC4A Collegiate 54-8 (16.66)

Collegiate 57-5 (17.50)

American 58-3.25 (17.76)

World 58-9.5 (17.92)

Owen Cain, UMES
Ray Humphrey, Georgetown 86
Chavous Nichols, Penn State 03
Eugene Koranteng, Geo Mason 86
Charles Simpkins, Baptist 86
Mike Conley, Tyson TC 87
Teddy Tamgho, France 11

Shot Put

2012 IC4A Champion 59-8.25 (18.19)

IC4A Meet Record 64-10 (19.76)

Boston Univ. Facility 63-8.75 (19.42)

IC4A Collegiate 66-1.75 (20.16)

Collegiate 71-3.5 (21.73)

American 74-4.25 (22.66)

World 74-4.25 (22.66)

Stephen Mozia, Cornell
August Wolf, Princeton 83
Milan Jotanovic, Manhattan 06
Wolf 83
Ryan Whiting, Arizona State 08
Randy Barnes, Mazda TC 89
Barnes, USA 89

35-LB Weight Throw

2012 IC4A Champion 64-2.5 (19.57)

IC4A Meet Record 72-10 (22.22)

Boston Univ. Facility 70-0.5 (21.35)

IC4A Collegiate 76-1 (23.19)

Collegiate 82-3.5 (25.08)

American 84-10.25 (25.86)

World "Best" 84-10.25 (25.86)

Tom Barr, Bucknell
Sean McGeheary, Boston Coll 97
Tom Freeman, Manhattan 03
Jacob Freeman, Manahattan 02
Kibwe Johnson, Ashland 07
Lance Deal, NYAC 95
Deal, USA 95

Heptathlon2012 IC4A Champion 5,373 points Nick Huber, Cornell
(7.26, 21-3.25, 41-10, 6-3.5/8.36, 13-3, 2:46.00)

IC4A Meet Record 5,463 points Aaron King, Connecticut 11

Boston Univ. Facility 5,353 points B. Hoskins, Liberty 08

IC4A Collegiate 6,138 points Curtis Beach, Duke 12

(7.03, 24-8.75, 41-5, 6-6.25/8.15, 16-0.75, 2:23.63)

Collegiate 6,499 points, Ashton Eaton, Oregon 10

(6.71, 25-4.5, 43-0.5, 6-11/7.77, 16-8.75, 2:32.67)

American 6,645 points, Eaton, Nike 12

(6.79, 26-9.25, 47-9.25, 6-8/7.68, 17-0.75, 2:32.77)

World 6,645 points, Eaton, USA (same as above) 12

92 Years of IC4A Indoor Track and Field Championships Meets: 1922-2012

Year	Site and Size of Track	Top Three Team Scores	Year	Site and Size of Track	Top Three Team Scores
1922	102nd Engineers Armory, NYC	Cornell 35.5; Dartmouth 25; Penn 24	1975	- same - Seton Hall 37; Maryland 34; William & Mary 27	
1923	- same -	Penn 29; Cornell 26; Dartmouth 18	1976	- same - Maryland 38; Seton Hall 34; Villanova 29	
1924	- same -	Penn 21.33; Princeton 20; Yale 20	1977	- same - Villanova 51; Maryland 37; Seton Hall 20	
1925	- same -	Georgetown 37; Harvard 24.25; Penn 22.5	1978	- same - Villanova 64; Maryland 38; Northeastern 29	
1926	- same -	Harvard 28; Georgetown 25.5; Penn 23.5	1979	- same - Villanova 99; Maryland 73; Manhattan 34	
1927	- same -	Harvard 23.43; Yale 20.4; Cornell 29.29	1980	Princeton Villanova 66; F.D.U. 58; Maryland 44.5	
1928	- same -	Penn 29; Cornell 26; Dartmouth 18	1981	- same - Maryland 97; F.D.U. 73; Villanova 63	
1929	- same -	N.Y.U. 25; Georgetown 22.5; Penn 21.25	1982	- same - F.D.U. 56; Villanova 47; Maryland 43.5	
1930	- same -	Cornell and Penn 27.5 tie; Harvard 20.5	1983	- same - Villanova 92; George Mason and Rutgers 50	
1931	- same -	Penn 38.1; Harvard 19; Cornell 17.7	1984	- same - Penn State 62; George Mason 61; Georgetown 56	
1932	Kingsbridge Armory Bronx	N.Y.U. 31; Harvard 24; Penn 23.5	1985	- same - Villanova 59; Penn State 57; Boston U. 53	
1933	- same -	Yale 32; N.Y.U. 28; Manhattan 21	1986	- same - Villanova 52; Penn State 50	
1934	Madison Square Garden	Manhattan 28.5; N.Y.U. 24.5; Yale 20		Boston U. George Mason and Georgetown 42	
1935	- same -	Manhattan 26; Cornell 16.5; Harvard 16	1987	Harvard Penn State 53; Villanova 52; George Mason 46	
1936	- same -	Manhattan 26; Yale 18.5; Harvard 17.75	1988	Princeton Georgetown 70; George Mason 60; Penn State 51	
1937	- same -	Columbia 34.36; Princeton 19.76; Manhattan 19.43	1989	- same - George Mason 72; Penn State 65; Princeton 40	
1938	- same -	Columbia 27; Manhattan 24; Yale 18	1990	Harvard George Mason 103; Penn State 56; Georgetown 53.5	
1939	- same -	Manhattan 36; N.Y.U. 20; Fordham 15	1991	Princeton George Mason 102; Georgetown 66; Penn State 47	
1940	- same -	N.Y.U. 27; Manhattan 21; Penn State 17.5	1992	- same - Manhattan 64; George Mason 58;	
1941	- same -	Fordham 25.25; Pittsburgh 18; N.Y.U. 18		Georgetown and Villanova 57	
1942	- same -	Penn State 21.7; Fordham 20.5; New Hampshire 18	1993	Harvard Georgetown 67; Villanova 60; George Mason 52	
1943	- same -	N.Y.U. 48; Fordham 20.5; Cornell 13	1994	Princeton Georgetown 87; George Mason 62.5; Seton Hall 58	
1944	- same -	Army 47; Navy 36.5; Dartmouth 19	1995	- same - Georgetown 86; Seton Hall 74; Princeton 61.5	
1945	- same -	Army 73.5; Navy 55.5; N.Y.U. 19	1996	Harvard Georgetown 87.5; Connecticut 53; Manhattan 48	
1946	- same -	Army 53.5; N.Y.U. 35; Manhattan 22	1997	Princeton Georgetown 81; Connecticut 37.5; Manhattan 36	
1947	- same -	N.Y.U. 35; Manhattan 30; Penn State 16	1998	Cornell Georgetown 81; Penn State 65; Manhattan 44	
1948	- same -	N.Y.U. 31.5; Yale 23.25; Manhattan 18	1999	Reggie Lewis Georgetown 99; Virginia Tech 56; Liberty 51.5	
1949	- same -	Michigan State 35.4; Yale 26.4; Seton Hall 20	2000	Harvard Georgetown 79; Virginia Tech 67; Penn State 47	
1950	- same -	Michigan State 21; Seton Hall 20; Manhattan 19.5	2001	Reggie Lewis Penn State 73; Seton Hall 68; Georgetown 55	
1951	- same -	Manhattan 29; Seton Hall 27.29; Georgetown 22	2002	- same - Georgetown 65; Connecticut 56; Penn State 54	
1952	- same -	Manhattan 40.5; Army 18; Georgetown 14	2003	Boston U..Penn State 84; Seton Hall 54; Georgetown 49	
1953	- same -	Manhattan 36; Penn State 22.5; Columbia 17	2004	- same - Manhattan 60; Seton Hall 47; Army 34	
1954	- same -	Yale 19; Boston U 18.5; Manhattan 17	2005	- same - Rutgers 74.33; Manhattan 52; Iona 34	
1955	- same -	Manhattan 27; Villanova 22.5; Penn State 18	2006	- same - Penn State 71; Cornell 55; Rutgers 54	
1956	- same -	Manhattan 36; Villanova 34; Pittsburgh 15.83	2007	- same - Cornell 50; Seton Hall 45; Georgetown 42	
1957	- same -	Villanova 46; Manhattan 22.5; Penn State 12.61	2008	- same - Georgetown 86; Liberty 67; Delaware St 45	
1958	- same -	Villanova 29.33; Manhattan 27; Pittsburgh 11.5	2009	- same - Albany 72.5; Connecticut 67.5; Delaware St. 48	
1959	- same -	Penn State 20.47; Manhattan 20; Yale 17	2010	- same - Albany 68.5; George Mason 65; Cornell & Liberty 45.5	
1960	- same -	Villanova 27; Yale 23.3; Manhattan 16	2011	- same - U/Connecticut 73.5; Liberty/Rutgers 46	
1961	- same -	Yale 30; Villanova 29; Manhattan 20	2012	- same - Cornell 74; U/Connecticut 59; Md-ES & Rutgers 39	
1962	- same -	Villanova 31.5; Yale 16.125; N.Y.U. 15.625			
1963	- same -	Villanova 27; Navy 18; Yale 17			
1964	- same -	Villanova 22; Manhattan 21; Harvard 14			
1965	- same -	Villanova 24; Maryland 21.5; Harvard 14			
1966	- same -	Maryland 28; Villanova 17; Harvard 14			
1967	- same -	Villanova 36; Army 18; Notre Dame 17			
1968	Madison Square Garden	Villanova 47; Harvard 24; Army 16.5			
1969	- same -	Villanova 46; Maryland 32.5; Harvard 21			
1970	- same -	Villanova 41.5; Maryland 28.5; Yale 13			
1971	Princeton	Villanova 42; Penn 21; Pittsburgh 21			
1972	- same -	Penn 26; Villanova 24; Adelphi 21			
1973	- same -	Manhattan 45; Navy 24; Pennsylvania 14.5			
1974	- same -	Villanova 29; Seton Hall and Manhattan 28			

Team Championship Trophies

Villanova	(20)	'57, '58, '60, '62, '63, '64, '65, '67, '68, '69, '70, '71, '74, '77, '78, '79, '80, '83, '85, '86
Manhattan	(12)	'34, '35, '36, '39, '51, '52, '53, '55, '56, '73, '92, '04
Georgetown	(12)	'25, '88, '93, '94, '95, '96, '97, '98, '99, '00, '02, '08
Penn State	(7)	'42, '59, '84, '87, '01, '03, '06
N.Y.U.	(6)	'29, '32, '40, '43, '47, '48
Pennsylvania	(5.5)	'23, '24, '28, '30, '31, '72 (* tied w/Cornell)
Cornell	(3.5)	'22, '30 (*tied w/Penn), '07, '12
Army (USMA)	(3)	'44, '45, '46
Yale	(3)	'33, '54, '61
Maryland	(3)	'66, '76, '88
George Mason	(3)	'89, '90, '91
Albany	(2)	'09, '10
Harvard	(2)	'26, '27
Columbia	(2)	'37, '38
Michigan State	(2)	'49, '50
Fordham	(1)	'41
Seton Hall	(1)	'75
F.D.U.	(1)	'82
Rutgers	(1)	'05
U/Connecticut	(1)	'11

2013 IC4A /ECAC® Indoor Track and Field Championships

91 Years of IC4A Indoor Track and Field Championship Meets: 1922-2012

(This chart shows the total number of event winner by school)

* = Schools no longer members of the IC4A.

This listing was compiled by Larry Byrne & Bernice DeMello

	500	1000	1500	2000	2500	3000	3500	4000	4500	5000	5500	6000	6500	7000	7500	8000	8500	9000	9500	10000	10500	11000	11500	12000	12500	13000	13500	14000	14500	15000	15500	16000	16500	17000	17500	18000	18500	19000	19500	20000	20500	21000	21500	22000	22500	23000	23500	24000	24500	25000	25500	26000	26500	27000	27500	28000	28500	29000	29500	30000	30500	31000	31500	32000	32500	33000	33500	34000	34500	35000	35500	36000	36500	37000	37500	38000	38500	39000	39500	40000	40500	41000	41500	42000	42500	43000	43500	44000	44500	45000	45500	46000	46500	47000	47500	48000	48500	49000	49500	50000	50500	51000	51500	52000	52500	53000	53500	54000	54500	55000	55500	56000	56500	57000	57500	58000	58500	59000	59500	60000	60500	61000	61500	62000	62500	63000	63500	64000	64500	65000	65500	66000	66500	67000	67500	68000	68500	69000	69500	70000	70500	71000	71500	72000	72500	73000	73500	74000	74500	75000	75500	76000	76500	77000	77500	78000	78500	79000	79500	80000	80500	81000	81500	82000	82500	83000	83500	84000	84500	85000	85500	86000	86500	87000	87500	88000	88500	89000	89500	90000	90500	91000	91500	92000	92500	93000	93500	94000	94500	95000	95500	96000	96500	97000	97500	98000	98500	99000	99500	100000	100500	101000	101500	102000	102500	103000	103500	104000	104500	105000	105500	106000	106500	107000	107500	108000	108500	109000	109500	110000	110500	111000	111500	112000	112500	113000	113500	114000	114500	115000	115500	116000	116500	117000	117500	118000	118500	119000	119500	120000	120500	121000	121500	122000	122500	123000	123500	124000	124500	125000	125500	126000	126500	127000	127500	128000	128500	129000	129500	130000	130500	131000	131500	132000	132500	133000	133500	134000	134500	135000	135500	136000	136500	137000	137500	138000	138500	139000	139500	140000	140500	141000	141500	142000	142500	143000	143500	144000	144500	145000	145500	146000	146500	147000	147500	148000	148500	149000	149500	150000	150500	151000	151500	152000	152500	153000	153500	154000	154500	155000	155500	156000	156500	157000	157500	158000	158500	159000	159500	160000	160500	161000	161500	162000	162500	163000	163500	164000	164500	165000	165500	166000	166500	167000	167500	168000	168500	169000	169500	170000	170500	171000	171500	172000	172500	173000	173500	174000	174500	175000	175500	176000	176500	177000	177500	178000	178500	179000	179500	180000	180500	181000	181500	182000	182500	183000	183500	184000	184500	185000	185500	186000	186500	187000	187500	188000	188500	189000	189500	190000	190500	191000	191500	192000	192500	193000	193500	194000	194500	195000	195500	196000	196500	197000	197500	198000	198500	199000	199500	200000	200500	201000	201500	202000	202500	203000	203500	204000	204500	205000	205500	206000	206500	207000	207500	208000	208500	209000	209500	210000	210500	211000	211500	212000	212500	213000	213500	214000	214500	215000	215500	216000	216500	217000	217500	218000	218500	219000	219500	220000	220500	221000	221500	222000	222500	223000	223500	224000	224500	225000	225500	226000	226500	227000	227500	228000	228500	229000	229500	230000	230500	231000	231500	232000	232500	233000	233500	234000	234500	235000	235500	236000	236500	237000	237500	238000	238500	239000	239500	240000	240500	241000	241500	242000	242500	243000	243500	244000	244500	245000	245500	246000	246500	247000	247500	248000	248500	249000	249500	250000	250500	251000	251500	252000	252500	253000	253500	254000	254500	255000	255500	256000	256500	257000	257500	258000	258500	259000	259500	260000	260500	261000	261500	262000	262500	263000	263500	264000	264500	265000	265500	266000	266500	267000	267500	268000	268500	269000	269500	270000	270500	271000	271500	272000	272500	273000	273500	274000	274500	275000	275500	276000	276500	277000	277500	278000	278500	279000	279500	280000	280500	281000	281500	282000	282500	283000	283500	284000	284500	285000	285500	286000	286500	287000	287500	288000	288500	289000	289500	290000	290500	291000	291500	292000	292500	293000	293500	294000	294500	295000	295500	296000	296500	297000	297500	298000	298500	299000	299500	300000	300500	301000	301500	302000	302500	303000	303500	304000	304500	305000	305500	306000	306500	307000	307500	308000	308500	309000	309500	310000	310500	311000	311500	312000	312500	313000	313500	314000	314500	315000	315500	316000	316500	317000	317500	318000	318500	319000	319500	320000	320500	321000	321500	322000	322500	323000	323500	324000	324500	325000	325500	326000	326500	327000	327500	328000	328500	329000	329500	330000	330500	331000	331500	332000	332500	333000	333500	334000	334500	335000	335500	336000	336500	337000	337500	338000	338500	339000	339500	340000	340500	341000	341500	342000	342500	343000	343500	344000	344500	345000	345500	346000	346500	347000	347500	348000	348500	349000	349500	350000	350500	351000	351500	352000	352500	353000	353500	354000	354500	355000	355500	356000	356500	357000	357500	358000	358500	359000	359500	360000	360500	361000	361500	362000	362500	363000	363500	364000	364500	365000	365500	366000	366500	367000	367500	368000	368500	369000	369500	370000	370500	371000	371500	372000	372500	373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2013 IC4A/ECAC® Indoor Track and Field Championships

	Dash	HH	200	400	500	800	1000	Mile	3000	5000	4x400 Relay	4x800 Relay	D M Relay	High Jump	Pole Vault	Long Jump	Triple Jump	Shot Put	Weight Throw	Hept.	TOTAL
Md. Eastern Shore			1	1													1				3
LaSalle														0.5	2						2.5
*West Chester														2							2
*Marquette															2						2
*Colby									1										1		2
*Virginia		2																			2
Bates												1							1		2
*Delaware				2																	2
*Buffalo																2					2
Bucknell									1										1		2
Temple					1									0.5							1.5
*Bentley																				1	1
*Springfield																				1	1
Marist									1												1
*New Haven				1																	1
*Wesleyan									1												1
Massachusetts																			1		1
*Rochester									1												1
*Johns Hopkins									1												1
Lafayette	1																				1
Robert Morris														1							1
*NC-Wilmington															1						1
Wagner																		1			1
Stony Brook									1												1
Rider									1												1
*California															0.5						0.5
*UMASS-Lowell				0.5																	0.5
	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Dash includes: 60y/70y/50m/55m/60m; High Hurdles includes: 60y/70y/50m/55m/60m; 400m includes 440y; 500m includes 600y/680m; 800m includes 880y;

Mile includes 1,500m; 3,000 includes 3 Miles; 5,000 includes 3 Miles; One Mile Relay included 4x400m Relay; Two Mile Relay includes 4x800m

2013 IC4A/ECAC Division I Outdoor Track & Field Championships

Hosted by: Princeton University, Princeton, N.J.

Date: Friday-Sunday, May 10-12, 2013

Declaration Deadline: Tuesday, April 23, 2013

www.ecac.org/championships

INDOOR RECORDS FOR ECAC EVENTS

Our thanks to Walter Murphy of "EASTERN TRACK" for assistance in compiling these records

60 Meters

2012 ECAC Champion	7.55	Tylia Gillon, Rutgers	
ECAC Meet Record	7.35	Erica Bloiomfield, Seton Hall	00
ECAC Collegiate	7.27	Connie Moore, Penn State	04
Collegiate	7.09	Angela Williams, So. California	01
American	6.95	Gail Devers, Nike International	93
		Marion Jones, Nike Int'l	98
World	6.92	Irina Privalova, Russia	93& 95

60 Meter Hurdles

2012 ECAC Champion	8.18	Shericka Ward, Villanova	
ECAC Meet Record	8.18	Ward	12
ECAC Collegiate	8.18	Candy Young, FDU	81
Collegiate	7.78	Brianna Rollins, Clemson	13
American	7.72	Lolo Jones, Asics	10
World	7.68	Susanna Kallur, Sweden	08

200 Meters

2012 ECAC Champion	23.85	Lenora Guion-Firmin, Maryland-East	
ECAC Meet Record	23.37	Cydonie Mothersill, Geo Mason	99
ECAC Collegiate	22.60	Connie Moore, Penn State	04
Collegiate	22.40	Bianca Knight, Texas	08
American	22.33	Gwen Torrence, Mizuno	96
World	21.87	Merlene Ottey, Jamaica	93

400 Meters

2012 ECAC Champion	53.19	Lenora Guion-Firmin, Maryland-East	
ECAC Meet Record	52.99	Lori McCauley, Rutgers	83
ECAC Collegiate	52.11	Flirtisha Harris, Seton Hall	94
Collegiate	50.54	Francena McCorory, Hampton	10
American	50.54	McCorory	10
World	49.59	Jarmila Kratochvilova, Czech.	82

500 Meters

2012 ECAC Champion	1:12.38	Cecilia Barowski, Princeton	
ECAC Meet Record	1:09.23	Aliann Pompey, Manhattan	00
ECAC Collegiate	1:08.70	Shana Cox, Penn State	10
Collegiate	1:09.16	Francena McCorory, Hampton	07
American	1:08.70	Shana Cox, adidas	10
World "Best"	1:06.31	Olesya Forsheva, Russia	06

800 Meters

2012 ECAC Champion	2:07.11	Cynthia Anais, Maryland-East	
ECAC Meet Record	2:04.42	Morgan Uceny, Cornell	06
ECAC Collegiate	2:02.19	Chantee Earl, Pittsburgh	00
Collegiate	2:00.75	Nicole Cook, Tennessee	05
American	1:58.71	Nicole Teter, Nike	02
World	1:55.82	Jolanda Ceplak, Slovenia	02

= In winning the 880 yard run in 1978, Belger clocked 1:48.74 (= 1:48.11 @ meters), a time intrinsically superior to the current Metric Meet Record, hence both marks will be carried!

1,000 Meters

2012 ECAC Champion	2:49.20	Siobhan Breagy, Rhode Island	
ECAC Meet Record	2:43.01	Kate Vermeulen, West Virginia	99
ECAC Collegiate	2:41.00	Kate Van Buskirk, Duke	11
Collegiate	2:41.00	Van Buskirk	11
American Collegiate	2:41.83	Joetta Clark, Tennessee	83
American	2:34.19	Jen Toomey, Nike	04
World	2:30.94	Maria Mutola, Mozambique	99

One Mile

2012 ECAC Champion	4:46.06	Monica Adler, Boston Univ	
ECAC Meet Record	4:32.30	Darlene Beckford, Harvard	80
ECAC Collegiate	4:28.31	Vicki Huber, Villanova	88
Collegiate	4:25.91	Jenny Simpson, Colorado	09
American	4:20.50	Mary Decker, Athletics West	82
World	4:17.14	Doina Melinte, Romania	90

3,000 Meters

2012 ECAC Champion	9:41.28	Shauna McNiff, Connecticut	
ECAC Meet Record	9:09.49	Jenny Stricker, Harvard	83
ECAC Collegiate	8:49.18	Kim Smith, Providence	04
Collegiate	8:42.03	Jenny Simpson, Colorado	09
American	8:33.25	Shalane Flanagan, Nike	07
World	8:23.72	Meseret Defar, Ethiopia	07

5,000 Meters

2012 ECAC Champion	16:25.36	Morgan Powers, Vermont	
ECAC Meet Record	15:53.50	Paula Renzi, Penn State	85
ECAC Collegiate	15:14.18	Kim Smith, Providence	04
Collegiate	15:14.18	Smith	04
American Collegiate	15:34.5	Margaret Groos, Virginia	81
American	14:47.62	Shalane Flanagan, Nike	09
World	14:24.37	Meseret Defar, Ethiopia	09

4 x 400 Meter Relay

2012 ECAC Champion	3:39.87	George Mason (Cierra McGee, Daianna Barron, Taylor Wheaton, Dominique Graham)	
ECAC Meet Record	3:37.08	Georgetown	98
ECAC Collegiate	3:33.39	Penn State (Dominique Blake, Briene Simmons, Shana Cox, Aleesha Barber)	
Collegiate	3:27.66	Texas, '03 (Keisha Downer 52.8, Raasin McIntosh 51.7, Moushaumi Robinson 51.5, Sanya Richards 51.5)	
American	3:27.34	USA National Team, '10 (Debbie Dunn) 51.25, Deedee Trotter 52.55, Natasha Hastings 52.67, Allyson Felix 50.87	
World	3:23.37	Russian National Team, '06	

4 x 800 Meter Relay

2012 ECAC Champion	8:50.52	Cornell (Liz Reamer, Lauren Lloyd, Bryony Bonavita, Molly Glantz)	
ECAC Meet Record	8:41.73	Villanova	88
ECAC Collegiate	8:25.5	Villanova, '87 (Gina Procaccio 2:05.6, Debbie Grant 2:04.5, Michelle DiMuro 2:09.9, Celeste Halliday 2:05.5)	
Collegiate	8:25.5	Villanova, '87 (same as above)	
American	8:25.5	Villanova, '87 (same as above)	
World	8:06.24	Russian National Team, '11	



Tylia Gillon
Rutgers University
2012 ECAC Champion
60 Meters

INDOOR RECORDS FOR ECAC EVENTS

Our thanks to Walter Murphy of "EASTERN TRACK" for assistance in compiling these records

Distance Medley Relay

2012 ECAC Champion 11:27.55

ECAC Meet Record 11:04.45

ECAC Collegiate 10:54.34

Collegiate 10:50.98

American 10:50.98

World "Best" 10:50.98

Harvard (Nicole Cochran, Erika
Veidis, Meghan Looney, Kailyn Kuzmuk)
Providence '99Villanova, '88 (Celeste Halliday
2:06.8, Michelle DiMuro 56.1, Kathy
Franey 3:22.7, Vicki Huber 4:28.8Tennessee '09 (Phoebe Wright
3:23.18, Brittany Jones53.51, Channele Price 2:03.18, Sarah
Bowman 4:31.11

Tennessee '09 (same as above)

Tennessee '09 (same as above)

High Jump

2012 ECAC Champion 6-1.25 (1.86)

ECAC Meet Record 6-2 (1.88)

ECAC Collegiate 6-5.5 (1.97)

Collegiate 6-6 (1.98)

American 6-7.5 (2.02)

World 6-9.75 (2.08)

Natasha McLaren, Connecticut

Flicia Hodges, Temple

Dora Gyorffy, Harvard 00

Destinee Hooker, Texas 09

Chaunte Lowe, Nike 12

Kajsa Bergqvist, Sweden 06

Pole Vault

2012 ECAC Champion 12-9.5 (3.90)

ECAC Meet Record 13-6 (4.11)

ECAC Collegiate 13-11.75 (4.26)

American Collegiate 14-10.25 (4.53)

American 16-0 (4.88)

World 16-5.25 (5.01)

Tory Worthen, Princeton

Worthen 10

Ashlyn Lierandi, Liberty 10

Andrea Wildrick, Liberty 02

Amy Linnen, Arizona 02

Jenn Suhr, adidas 12

Yelena Isinbayeva, Russia 12

Long Jump

2012 ECAC Champion 20-3.5 (6.18)

ECAC Meet Record 21-6 (6.55)

ECAC Collegiate 21-11.75 (6.67)

Collegiate 22-8 (6.91)

American Collegiate 22-8 (6.91)

American 23-8.75 (7.23)

World 24-2.25 (7.37)

Jessie Gaines, Long Island

Diane Guthrie, George Mason 95

Jeomi Maduka, Cornell 09

Elva Goulbourne, Auburn 02

Whitney Gipson, TCU 12

Brittney Reese, Nike 12

Heike Drechsler, Germany 88

Triple Jump

2012 ECAC Champion 42-4.75 (12.92)

ECAC Meet Record 43-6 (13.26)

ECAC Collegiate 46-4 (14.12)

Collegiate 46-9 (14.25)

American Collegiate 46-7.75 (14.20)

American 46-8.25 (14.23)

World 50-4.25 (15.16)

Christina Epps, Coppin State

Trecia Smith, Pittsburgh 99

Trecia Smith, Pittsburgh 97

Suzette Lee, Louisiana State 97

Erica McLain, Stanford 08

Sheila Hudson-Strudwick 95

Tatyana Lebedeva, Russia 04

Shot Put

2012 ECAC Champion 52-0.75 (15.87)

ECAC Meet Record 55-0.75 (16.78)

ECAC Collegiate 57-8.25 (17.58)

Collegiate 62-10 (19.15)

American 65-3.75 (19.89)

World 73-10 (22.50)

Vanessa Henry, Maryland-East

Cleopatra Borel, Maryland 02

Rebecca O'Brien, Buffalo 12

Laura Gerraughty, No. Carolina 04

Jill Camarena-Williams, NYAC 87

Helena Fibingerova, Czech 77

25-LB Weight Throw

2012 ECAC Champion 62-6.5 (19.06)

ECAC Meet Record 66-3 (20.19)

ECAC Collegiate 74-10.5 (22.82)

Collegiate 83-10.25 (25.56)

American 83-10.25 (25.56)

World "Best" 83-10.25 (25.56)

Jocelyn Williams, Liberty

Kate Johnston, Penn State 05

Jennifer Leatherman, Penn State 06

Brittney Riley, Southern Illinois 07

Riley (same as above) 07

Riley (same as above) 07

Pentathlon

2012 ECAC Champion 3979 points

ECAC Meet Record 4108 points

ECAC Collegiate 4342 points

Collegiate 4555 points

American Collegiate 4496 points

American 4753 points

World 5013 points

Jesse Labreck, Maine

(8.54, 5-7.75, 30-8.75, 19-6, 2:23.70)

Rebecca Grube, Virginia 95

Gayle Hunter, Penn State 09

(8.50, 5-4.25, 40-0.5, 20-11.25, 2:13.73)

Brianne Theisen, Oregon 12

(8.38, 6-2, 42-2.75, 19-8, 2:16.90)

Jacquelyn Johnson, Arizona State 08

(8.23, 5-10, 38-11, 20-2.5, 2:13.45)

DeDee Nathan, Indiana T. C. 99

(8.26, 6-1.25, 49-6.5, 20-5.75, 2:18.98)

Nataliya Dobrynska, Ukraine 12

(8.38, 6-0.5, 54-2, 21-6.75, 2:11.15)

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Honorary Meet Director:

Larry Byrne

Assistant Meet Director:

Tom Stewart

ECAC Representative:

Ben Layton

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Larry Byrne

Tom Stewart

Jim Hurt, St. John's

Duane Henry, Delaware State

Bob Hamer, Rider

Chris Campbell, Navy

Joe Compagni, Monmouth

Robyne Johnson, Boston U.

Referees:

Mark Young, Running

Jim Herbert, Field

Rob Doran, Heptathlon

Jury of Appeals:

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Chairperson

Chris Campbell, Navy

Bob Hamer, Rider

Duane Henry, Delaware State

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