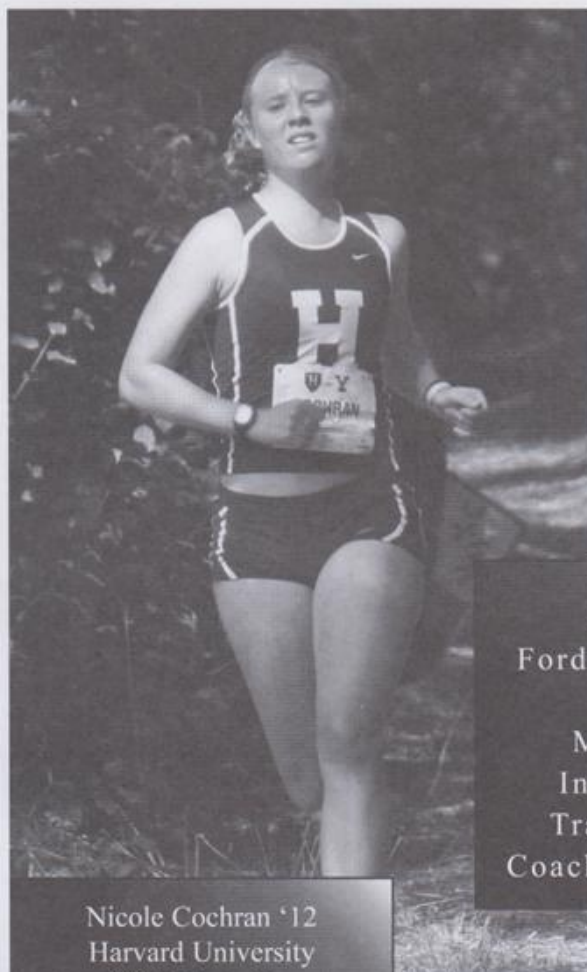


2009 ECAC® IC4A Cross Country Championships

Van Cortlandt Park, Bronx, New York
November 21, 2009



Nicole Cochran '12
Harvard University
2008 Champion

Hosted by
Fordham University
and the
Metropolitan
Intercollegiate
Track and Field
Coaches' Association



Josh Eddy '09
Duquesne University
2008 Champion



It's My ECAC. It's Your ECAC. It's Our ECAC!

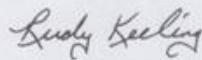
2009 ECAC® IC4A Cross Country Championships

Dear Cross Country Fans,

As the Eastern College Athletic Conference celebrates its 71st year, I am proud of the commitment the conference has made to the Intercollegiate Association of Amateur Athletes of America (IC4A) and to the sport of cross country. Our partnership with the IC4A, the oldest and most prestigious collegiate cross country and track & field organization in the United States, has afforded both organizations increased opportunities and enhanced experiences for our student-athletes. Host of championships for 130 years, the IC4A is dedicated to promoting and developing the growth of cross country. Together, we continue to seek new ways to fulfill the ECAC mission of initiating, stimulating and improving intercollegiate athletics programs. I take pride in our association, the progress we have made and the direction we are heading.

I salute the former ECAC and IC4A student-athletes who have distinguished themselves in past competitions, and those who will strive for excellence this weekend.

Enjoy the event.



Commissioner of the ECAC

RACE SCHEDULE

Coaches' Race (IC4A-8M/ECAC-5km).....	9:30 a.m.
IC4A Championship (8000 Meters)	10:15 a.m.
ECAC Championship (5000 Meters)	11:00 a.m.
IC4A University Division (8000 Meters).....	11:30 a.m.
ECAC University Division (5000 Meters).....	12:15 p.m.



ECAC Division I Member Institutions

Albany	Hampton	Penn State
American	Harvard	Pittsburgh
Army	Hofstra	Princeton
Binghamton	Holy Cross	Providence
Boston College	Illinois-Chicago	Quinnipiac
Boston University	Iona	Rhode Island
Brown	James Madison	Rider
Bryant	La Salle	Robert Morris
Bucknell	Lafayette	Rutgers
Canisius	Lehigh	Sacred Heart
Central Connecticut State	Liberty	St. Francis (NY)
Colgate	Long Island University-Brooklyn	Saint Francis (PA)
Columbia	Longwood	St. John's (NY)
Connecticut	Loyola University Maryland	Saint Joseph's (PA)
Coppin State	Maine	St. Peter's
Cornell	Manhattan	Seton Hall
Dartmouth	Marist	Siena
Davidson	Maryland	Stony Brook
Delaware	Maryland-Baltimore County	Syracuse
Delaware State	Maryland Eastern Shore	Temple
Drexel	Massachusetts	Towson
Duke	Monmouth	Vermont
Duquesne	Morgan State	Villanova
East Carolina	Mount Saint Mary's (MD)	Virginia
Fairfield	Navy	Virginia Commonwealth
Fairleigh Dickinson	New Hampshire	VMI
Fordham	New Jersey Institute of Technology	Wagner
George Mason	Niagara	West Virginia
George Washington	Northeastern	William & Mary
Georgetown	Pennsylvania	Yale

It's My ECAC. It's Your ECAC. It's Our ECAC!



INTERCOLLEGIATE ASSOCIATION OF AMATEUR ATHLETES OF AMERICA

Founded in 1876

Executive Committee

Tom Stewart, Chair

Rudy Keeling, Secretary/Treasurer, ECAC Commissioner

Mike Cross, Princeton University

John Kane, Boston College

Jack McDonald, Quinnipiac University

Patricia Nicol, Southern Connecticut State University

Kevin Quinn, St. Joseph's University

Steve Bartold, IC4A Track Administrator

IC4A Member Institutions

Adelphi (II)	Fairfield	Maryland-Baltimore County	Rutgers
Albany	Fairleigh Dickinson	Massachusetts	Rutgers-Camden (III)
Army	Fordham	MIT(III)	Sacred Heart
Bates (III)	George Mason	Monmouth	Saint Francis Univ. (PA)
Binghamton	George Washington	Montclair State (III)	Saint Joseph's (PA)
Boston College	Georgetown	Morgan State	St. Francis College (NY)
Boston University	Hampton	Mount Saint Mary's (MD)	St. Peter's
Brandeis (III)	Harvard	Navy	Seton Hall
Brown	Hofstra	New Hampshire	Siena
Bryant	Holy Cross	College of New Jersey (III)	Southern Connecticut (II)
Bucknell	Hunter (III)	New Jersey City (III)	Stony Brook
Canisius	Iona	New Jersey Tech	Syracuse
Central Connecticut	La Salle	New York University (III)	Temple
Colgate	Lafayette	Northeastern	Tufts (III)
Columbia	Lehigh	Notre Dame	USMMA (III)
Connecticut	Liberty	Penn State	Vermont
Coppin State	Lincoln (II)	Pennsylvania	Villanova
Cornell	Long Island University	Pittsburgh	Virginia
Dartmouth	Longwood	Princeton	Virginia Commonwealth
Delaware	Loyola University (Md.)	Providence	Virginia Military Institute
Delaware State	Maine	Quinnipiac	Wagner
Dowling (II)	Manhattan	Ramapo (III)	Wheaton (III)
Duke	Mansfield (II)	Rhode Island	William & Mary
Duquesne	Marist	Rider	Yale
East Carolina	Maryland	Robert Morris	

2008 ECAC Cross Country Team Champion

Cornell University



2008 IC4A Cross Country Team Champion

Duke University



2009 Women's Teams

<u>CHAMPIONSHIP</u>	<u>UNIVERSITY</u>
Boston College	Albany
Columbia	Army
Delaware	Binghamton
Duquesne	Canisius
George Mason	Colgate
Harvard	Fairfield
Iona	Fordham
James Madison	Hofstra
La Salle	Holy Cross
Princeton	Loyola (MD)
Saint Joseph's	Mansfield
Syracuse	Manhattan
West Virginia	Marist
William & Mary	Monmouth
	New Hampshire
	Rider
	Sacred Heart
	Seton Hall
	St. Francis (NY)
	St. John's
	Stony Brook
	Temple
	Towson
	Virginia

2009 Men's Teams

<u>CHAMPIONSHIP</u>	<u>UNIVERSITY</u>
Columbia	Albany
Delaware	Army (USMA)
Duke	Binghamton
Duquesne	Canisius
George Mason	Central Connecticut
Harvard	Colgate
LaSalle	Fairfield
Marist	Fordham
Massachusetts	Hofstra
Morgan State	Holy Cross
Princeton	Loyola (MD)
St. Joseph's (PA)	Mansfield
Syracuse	Manhattan
William & Mary	Monmouth
	New Hampshire
	New Jersey Tech
	Pittsburgh
	Rider
	Rutgers
	Sacred Heart
	St. Francis (NY)
	Seton Hall
	Stony Brook
	Temple
	Wagner

2008 ECAC Women's Results

Van Cortlandt Park, N.Y. - 5,000 Meter Run

CHAMPIONSHIP DIVISION

<u>Individual Results</u>			<u>Team Results</u>	
Name (Year)	School	Time		
1. Nicole Cochran (12)	Harvard	18:04	1. Cornell	67
2. Aerial Emig (09)	Cornell	18:08	2. Harvard	79
3. Erin Matyus (10)	Maryland	18:08	3. William & Mary	87
4. Jessica Propst (10)	James Madison	18:10	4. James Madison	107
5. Kristen Reed (10)	Maryland	18:12	5. Maryland	114
6. Alison Parris (11)	James Madison	18:14	6. Georgetown	181
7. Avril Orgodnick (10)	Georgetown	18:17	7. West Virginia	187
8. Christina Antonopo (09)	Delaware	18:19	8. Delaware	188
9. Lynn Morello (09)	William & Mary	18:20	9. Duke	203
10. Betsy Graney (11)	William & Mary	18:21	10. Yale	234
11. Jamie Olson (11)	Harvard	18:22	11. St. Joseph's (Pa.)	315
12. Fiona Cundy (09)	Cornell	18:22		
13. Stephanie Pancoast (10)	Cornell	18:23		
14. Meghan Burns (11)	William & Mary	18:26		
15. Kelsey Malmquist (11)	Georgetown	18:28		
16. Kailyn Kuzmuk (12)	Harvard	18:29		
17. Alison Spiker (09)	West Virginia	18:30		
18. Marcie Sobrinski (11)	Georgetown	18:33		
19. Meghan Brown (12)	Cornell	18:36		
20. Karly Hamric (10)	West Virginia	18:41		
21. Katie Sullivan (11)	Cornell	18:43		
22. Aspen Foster (09)	James Madison	18:43		
23. Eliza Ives (11)	Harvard	18:43		
24. Heather Beichner (12)	William & Mary	18:44		
25. Mary Carleton John (12)	Duke	18:45		

UNIVERSITY DIVISION

<u>Individual Results</u>			<u>Team Results</u>	
Name (Year)	School	Time		
1. Elizabeth Campbell (12)	New Hampshire	18:29	1. Columbia	107
2. Addie DiFrancesco (12)	Marist	18:38	2. Sacred Heart	118
3. Meghan Curran (09)	Army	18:40	3. Army	120
4. Brigid Moriarty (09)	Fordham	18:47	4. Binghamton	137
5. Kerri Gallagher (11)	Fordham	18:47	4. Marist	137
6. Sydney Fitzpatrick (11)	New Hampshire	18:52	6. Towson	164
7. Juli Quinn (11)	Columbia	18:57	7. Bucknell	214
8. Brecken Drager (09)	Wagner	18:58	8. Fordham	248
9. Kathleen Cervo (11)	Loyola (Md.)	19:00	9. Rider	255
10. Kathryn Sheehan (12)	Marist	19:01	10. St. John's	263
11. Jamie Schulte (09)	Binghamton	19:05	11. Holy Cross	265
12. Mekenzie Krause (12)	Sacred Heart	19:06	12. Colgate	294
13. Michelle Donadio (10)	Towson	19:07	13. New Hampshire	307
14. Paige Sutherland (12)	Holy Cross	19:08	14. Loyola (Md.)	321
15. Chelsea Pahl (12)	Army	19:08	15. Monmouth	416
16. Kelly Wojciehowski (09)	Rider	19:09	16. Manhattan	473
17. Samantha Troy (11)	Sacred Heart	19:11	17. Fairfield	500
18. Katherine Carrington (11)	Columbia	19:12	18. Wagner	512
19. Serita Lachesis (10)	Columbia	19:15	19. Siena	544
20. Tyneka Greene (09)	St. John's	19:17	20. Philadelphia	559
21. Brittany Llobell (12)	Sacred Heart	19:18	21. Temple	611
22. Ashley Morgan (10)	Army	19:20	22. Seton Hall	627
23. Ryann Cretney (12)	Binghamton	19:21	23. Longwood	643
24. Shannon Kovack (09)	St. Francis U.	19:22		
25. Jessica Kielty (09)	Colgate	19:23		

All-time ECAC Women's Champions

CHAMPIONSHIP DIVISION

<u>Year</u>	<u>Champion</u>	<u>Individual Winner</u>	<u>Time</u>
1985	Penn State	Jenny Strickler, Harvard	17:11.6
1986	Yale	Vickie Huber, Villanova	16:38.4
1987	Yale	Vickie Huber, Villanova	16:33.0
1988	Yale	Cassie O'Neill, George Mason	17:07.0
1989	Villanova	Vickie Huber, Villanova	16:03.0
1990	Villanova	Sonia O'Sullivan, Villanova	16:56.0
1991	Villanova	Sonia O'Sullivan, Villanova	16:00.5
1992	Villanova	Carole Zajac, Villanova	16:28.2
1993	Villanova	Carole Zajac, Villanova	16:41.2
1994	Villanova	Jennifer Rhines, Villanova	16:25.0
1995	Providence	Jennifer Rhines, Villanova	16:34.0
1996	Villanova	Kristine Jost, Villanova	16:26.0
1997	Yale	Emily Germano, Cornell	17:39.8
1998	Virginia	Ariana Kelly, Yale	17:41.5
1999	Duke	Sheela Agrawal, Duke	17:42.6
2000	Bucknell	Sylvia Chelimo, Gardner-Webb	17:23.1
2001	James Madison	Cynthia Dunham, James Madison	17:50.7
2002	Cornell	Leonora Joy, Stony Brook	17:43.1
2003	Yale	Kate Boyles, Cornell	17:56.4
2004	La Salle	Jenny Darcy, La Salle	17:48.0
2005	Cornell	Katherine McKinstry, Yale	17:47.5
2006	Cornell	Reilly Kiernan, Princeton	17:56.9
2007	Villanova	Callie Hogan, Villanova	17:48.0
2008	Cornell	Nicole Cochran, Harvard	18:04.0

UNIVERSITY DIVISION

<u>Year</u>	<u>Champion</u>	<u>Individual Winner</u>	<u>Time</u>
1989	Lafayette	Kate Fonshell, Villanova	17:54.0
1990	Manhattan	Chrissy Smith, Syracuse	19:04.0
1991	Navy	Kristen Opdyke, Bucknell	17:33.0
1992	La Salle	Patricia McCormack, Seton Hall	19:59.2
1993	Fordham	Siobhan Murphy, St. John's	18:10.7
1994	Fordham	Jessica Wilhelm, Bucknell	18:37.0
1995	Yale	Margaret McParland, Manhattan	18:20.0
1996	Boston University	Noreen O'Brien, Boston University	17:52.0
1997	George Washington	Molly DeMark, Colgate	18:27.4
1998	Colgate	Erin Hayes, St. John's	18:18.7
1999	Lehigh	Laura Nann, Lafayette	18:42.0
2000	Princeton	Ruth Chege, Seton Hall	18:23.1
2001	East Carolina	Johanna Allen, East Carolina	18:10.1
2002	Princeton	Ashley Urick, Army	18:31.8
2003	New Hampshire	Lesley Read, New Hampshire	18:12.9
2004	New Hampshire	Megan Hepp, New Hampshire	18:01.0
2005	New Hampshire	Catherine Parker, New Hampshire	18:10.5
2006	Colgate	Katie Radzik, Binghamton	18:02.8
2007	New Hampshire	Elizabeth Kennedy, Colgate	18:14.0
2008	Columbia	Elizabeth Campbell, New Hampshire	18:29.0

2008 IC4A Men's Results

Van Cortlandt Park, N.Y. - 10,000 Meter Run

CHAMPIONSHIP DIVISION

<u>Individual Results</u>			<u>Team Results</u>	
<u>Name (Year)</u>	<u>School</u>	<u>Time</u>		
1. Josh Eddy (09)	Duquesne	25:11	1. Duke	48
2. David Raucci (09)	Marist	25:13	2. Duquesne	87
3. Brian Guterl (11)	St. Joseph's	25:15	3. Marist	102
4. Derek Dutille (09)	Duquesne	25:17	4. Cornell	157
5. Adrien Dannemiller (11)	Cornell	25:18	5. Princeton	183
6. Andrew Brodeur (12)	Duke	25:29	6. Columbia	193
7. Nate Edelman (11)	Cornell	25:32	7. Yale	195
8. James Osborne (10)	Duke	25:33	8. William & Mary	219
9. Cory Nanni (11)	Duke	25:35	9. La Salle	222
10. Ward Tradelle (10)	Duke	25:38	10. St. Joseph's	262
11. Justin Heck (12)	Columbia	25:39	11. Harvard	271
12. Shane Sarver (09)	Duquesne	25:40	12. George Mason	274
13. Murat Kayali (09)	Yale	25:41	13. Massachusetts	278
14. Nils Fischer (09)	Massachusetts	25:42	14. Georgetown	298
15. Josh Brewer (11)	Duke	25:42	15. Delaware	307
16. Girma Segni (09)	Marist	25:43		
17. Ryan McDermott (11)	Duke	25:43		
18. Brian Sklodowski (11)	William & Mary	25:44		
19. Sean Duncan (11)	Massachusetts	25:44		
20. Dan Whitt (09)	Columbia	25:45		
21. Chris Tyson (12)	William & Mary	25:46		
22. Tim Keegan (11)	Marist	25:49		
23. Liam Boylan-Pett (09)	Georgetown	25:50		
24. James Kostelnik (12)	Duke	25:52		
25. Will Griffin (12)	Marist	25:54		

UNIVERSITY DIVISION

<u>Individual Results</u>			<u>Team Results</u>	
<u>Name (Year)</u>	<u>School</u>	<u>Time</u>		
1. Nicholas Decrescen (09)	New Hampshire	25:31	1. New Hampshire	107
2. Umar Saeed (10)	NJIT	25:32	2. Pittsburgh	137
3. Daniel McDevitt (10)	Loyola (Md.)	25:38	3. Rutgers	195
4. Joshua Christopher (11)	Pittsburgh	25:53	4. Albany	230
5. Adam Hill (09)	Binghamton	25:54	5. Army	232
6. Milos Vuckovic (11)	Manhattan	25:55	6. Fordham	234
7. Brent Powers (09)	New Hampshire	25:56	7. Loyola (Md.)	237
8. Greg Karies (12)	Pittsburgh	25:57	8. Manhattan	238
9. Ryan Pezzulo (11)	Adelphi	25:59	9. Sacred Heart	241
10. Brian Yurkewecz (09)	Albany	26:00	10. Binghamton	255
11. Gian-Paul Caccia (GR)	Loyola (Md.)	26:02	11. Bucknell	276
12. Adam Quinn (11)	Binghamton	26:03	12. Temple	282
13. Ed Sheridan (11)	Colgate	26:04	13. Colgate	283
14. Michael May (11)	Temple	26:05	14. Monmouth	287
15. Ben Hutterer (11)	Monmouth	26:07	15. Seton Hall	356
16. Brian Riley (12)	Fordham	26:08	16. Wagner	366
17. Nick Miehe (11)	Rutgers	26:10	17. Hofstra	448
18. Clifton Hilario (09)	Fordham	26:12	18. Adelphi	450
19. Pawel Kornaszewski (09)	Seton Hall	26:13	19. Rider	466
20. Richard Sniffen (12)	Albany	26:15	20. Saint Francis	477
21. Greg Griffith (10)	Army	26:17	21. NJIT	510
22. Christopher Heibel (09)	Loyola (Md.)	26:17	22. Longwood	568
23. Peter Forgach (10)	Monmouth	26:21	23. Fairfield	596
24. Marc Ouellette (09)	New Hampshire	26:23	24. Philadelphia	623
25. Travis Mahoney (12)	Temple	26:26	25. Siena	676
			26. Mercy	848

All-time IC4A Men's Champions

Championship Division

Year	Champion	Individual Winner	Time
1908	Cornell	H.C. Young, Cornell	34:14.0
1909	Cornell	Tell S. Bema, Cornell	33:05.5
1910	Cornell	John Paul Jones, Cornell	33:34.0
1911	Cornell	John Paul Jones, Cornell	33:41.6
1912	Harvard	John Paul Jones, Cornell	32:09.5
1913	Cornell	Robert St. B. Boyd, Harvard	34:37.0
1914	Cornell	D.F. Potter, Cornell	34:00.6
1915	Maine	John W. Overton, Yale	33:21.2
1916	Cornell	John W. Overton, Yale	35:30.8
1917	Pennsylvania	Ivan C. Dresser, Cornell	33:00.0
1918	Not held because of WWI		
1919	Syracuse	John Simmons, Syracuse	32:55.0
1920	Cornell	John L. Romig, Penn State	33:01.0
1921	Cornell	Robert E. Brown, Cornell	35:20.5
1922	Syracuse	Walter Higgins, Columbia	32:21.8
1923	Syracuse	J. Verne, John Hopkins	32:10.0
		H. Booth, John Hopkins	32:10.0
1924	Pittsburgh	Macaulay L. Smith, Yale	31:24.0
1925	Syracuse	Willard L. Tibbets, Harvard	30:24.0
1926	Penn State	William J. Cox, Penn State	30:04.0
1927	Penn State	William J. Cox, Penn State	30:36.8
1928	Penn State	James L. Reid, Harvard	30:11.0
1929	Pennsylvania	Francis C. Lindsay, Maine	30:06.0
		Harry L. Richardson, Maine	30:06.0
1930	Penn State	C.S. Chamberlain, Mich. St.	30:19.2
1931	Harvard	Daniel E. Dean, Pennsylvania	29:23.0
1932	Manhattan	George H. Barker, NYU	28:58.8
1933	Michigan State	Thomas C. Ottey, Mich. St.	30:00.0
1934	Michigan State	Thomas C. Ottey, Mich. St.	31:54.6
1935	Michigan State	J. Edward Bechtold, Mich. St.	26:23.3
1936	Michigan State	Kenneth E. Waite, Mich. St.	26:26.3
1937	Michigan State	Howard W. Welch, Cornell	26:54.0
1938	Manhattan	William J. Smith, Penn State	26:33.3
1939	Manhattan	Leslie MacMitchell, NYU	26:28.6
1940	Rhode Island	Leslie MacMitchell, NYU	26:02.8
1941	Rhode Island	Leslie MacMitchell, NYU	26:40.1
1942	Rhode Island	Frank Dixon, NYU	27:34.1
1943	Dartmouth	Donald Burnham, Dartmouth	28:12.9
1944	Navy	Vincent W. Barry, Navy	27:34.1
1945	Army	John T. Hanley, Dartmouth	28:21.3
1946	New York Univ.	Curtis C. Stone, Penn State	27:07.9
1947	Manhattan	Robert Black, Rhode Island	25:37.1
1948	Michigan State	Robert Black, Rhode Island	25:00.4
1949	Army	Richard Shea, Army	25:14.7
1950	Penn State	Richard Shea, Army	25:21.1
1951	Penn State	Richard Shea, Army	24:55.1
1952	Michigan State	C. Capozzoli, Georgetown	24:30.1
1953	Michigan State	John Kelley, Boston U.	24:51.7
1954	Manhattan	George A. Terry, Boston U.	24:46.4
1955	Pittsburgh	Harry Kennedy, Michigan St.	24:30.3
1956	Michigan State	Harry Kennedy, Michigan St.	24:01.8
1957	Michigan State	Crawford Kennedy, Mich. St.	24:14.8
1958	Michigan State	Crawford Kennedy, Mich. St.	24:21.4
1959	Michigan State	Crawford Kennedy, Mich. St.	23:51.8
1960	Penn State	Robert Love, Brown	25:40.4
1961	Michigan State	Steve Machooka, Cornell	26:02.9
1962	Villanova	Victor Zwolak, Villanova	24:47.3
1963	Notre Dame	Victor Zwolak, Villanova	24:46.8
1964	Georgetown	Joseph Lynch, Georgetown	24:41.8
1965	Georgetown	Eamon O'Reilly, Georgetown	24:24.2
1966	Villanova	Charles Messenger, Villanova	24:15.6
1967	Villanova	Arthur Dulong, Holy Cross	24:04.4
1968	Villanova	S. Stageberg, Georgetown	24:32.4
1969	Villanova	Arthur Dulong, Holy Cross	24:06.8
1970	Villanova	Donald Walsh, Villanova	24:10.4
1971	Villanova	Robert Wheeler, Duke	24:27.0
1972	Manhattan	Michael Keogh, Manhattan	24:03.8
1973	Manhattan	John Hartnett, Villanova	24:00.0
1974	Massachusetts	Dennis Trujillo, Army	24:20.8
1975	Northeastern	David Merrick, Pennsylvania	23:51.0

Year	Champion	Individual Winner	Time
1976	Harvard	Curt Allitz, Army	23:58.1
1977	Massachusetts	John Flora, Northeastern	24:17.0
1978	Villanova	Sydney Maree, Villanova	24:04.0
1979	Villanova	Sydney Maree, Villanova	23:59.4
1980	Bucknell	Soloman Chebor, FDU	24:11.9
1981	Providence	Stephen Binns, Providence	23:52.5
1982	Providence	Brendan Quinn, Providence	29:43.0
1983	Villanova	Richard O'Flynn, Providence	30:05.0
1984	Providence	Richard O'Flynn, Providence	29:49.4
1985	West Virginia	J. Ndaisienga, West Virginia	30:39.4
1986	Dartmouth	Dean Crowe, Boston Univ.	29:55.0
1987	Dartmouth	Eric Carter, Penn State	30:34.0
1988	Dartmouth	Greg Whiteley, Brown	29:57.0
1989	Georgetown	S. Cheruiyot, Mt. St. Mary's	29:12.6
1990	Connecticut	Peter Rono, Mt. St. Mary's	30:57.3
1991	Providence	Terrance Mahon, Villanova	30:17.2
1992	Providence	Louis Quintana, Villanova	29:57.3
1993	Georgetown	Jason Stewart, Army	29:00.0
1994	Georgetown	Louis Quintana, Villanova	30:12.0
1995	Georgetown	Mark Carroll, Providence	29:24.0
1996	Villanova	Dan Brown, Army	29:28.0
1997	Princeton	Tony Barroco, Princeton	24:48.7
1998	Princeton	Matt Lane, William & Mary	24:06.3
1999	Princeton	Steven Ondieki, FDU	24:24.0
2000	Penn State	Mike DiGennaro, Delaware	24:52.4
2001	Bucknell	Matt Spring, Manhattan	25:04.6
2002	Cornell	John Bitok, Syracuse	25:05.8
2003	James Madison	Casey Moriarty, Yale	24:57.6
2004	La Salle	Chris Foster, Penn State	24:55.0
2005	Duke	Ryan Sheehan, St. Francis U.	24:58.9
2006	William & Mary	Charles Moran, JMU	24:38.1
2007	Georgetown	Daniel Nunn, Georgetown	25:13.0
2008	Duke	Josh Eddy, Duquesne	25:11.0

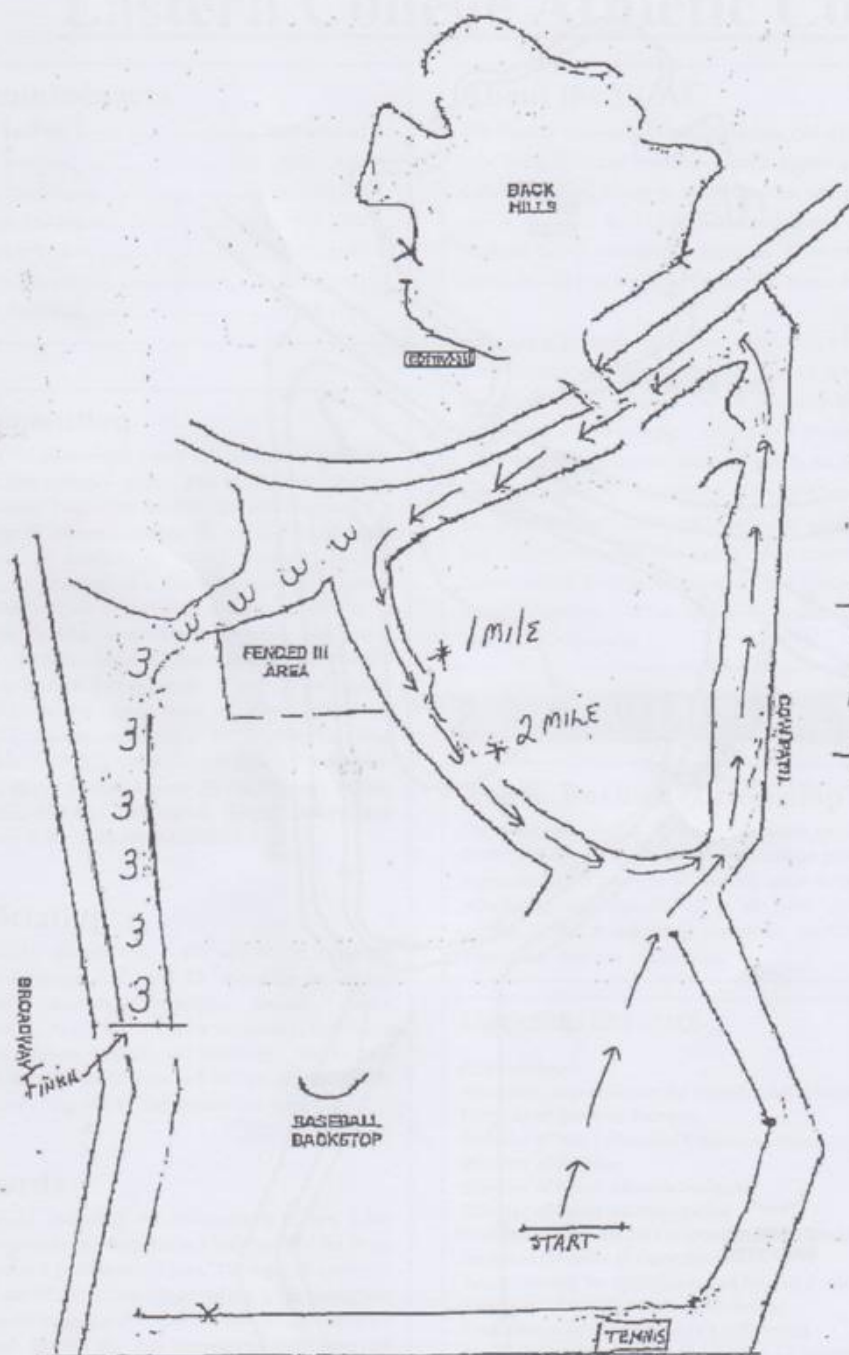
University Division

Year	Champion	Individual Winner	Time
1977	FDU	Paul Streebs, FDU	25:06.1
1978	Millersville	Mark Kimball, Boston Univ.	24:51.5
1979	Boston University	Mark Kimball, Boston Univ.	25:01.9
1980	William & Mary	F. Hudgins, William & Mary	25:22.0
1981	Millersville	Gregg Cauler, Millersville	25:08.3
1982	William & Mary	Andy Whitney, William & Mary	24:27.1
1983	No Championship held		
1984	No Championship held		
1985	No Championship held		
1986	No Championship held		
1987	No Championship held		
1988	No Championship held		
1989	Fordham	Timothy Dunn, Rhode Island	30:57.0
1990	Syracuse	Tom Perry, Syracuse	33:37.2
1991	Seton Hall	Brian Spoorire, Seton Hall	32:00.7
1992	Yale	David McCombs, Liberty	32:05.2
1993	Princeton	Brian Quinn, St. John's	30:58.6
1994	Providence	Jesse Breeden, Rider	32:02.0
1995	Syracuse	Greg Powell, Duquesne	31:26.0
1996	Lafayette	David Robinson, Lafayette	31:51.0
1997	Manhattan	Sean Lynch, Manhattan	25:18.6
1998	St. Francis (NY)	Paul Borge, Towson	25:08.0
1999	Manhattan	Steve Gourley, Lehigh	25:43.9
2000	Marist	Michael Nehr, Marist	25:28.7
2001	Colgate	John Bitok, Syracuse	25:34.0
2002	Princeton	Xavier Deboissezon, Colgate	25:40.5
2003	New Hampshire	Stephen Meinelt, UNH	24:49.5
2004	Stony Brook	Robbie Freeman, Albany	25:17.0
2005	Army	Tyler Raymond, Manhattan	25:24.6
2006	Fordham	Jaime Julia-Perez, Adelphi	25:49.8
2007	New Hampshire	Ricardo Estremera, Albany	25:35.0
2008	New Hampshire	Nicholas Decrescen, UNH	25:31.0

2009 ECAC IC4A Cross Country Championships

Hosted by Fordham University and the Metropolitan Intercollegiate Track and Field Coaches' Association

Women's 5k Course Map



START - GO RIGHT
into the cowpath
- 3 loops AROUND
"FRESHMEN LOOP" -
the last time the
athletes head towards
the finish line.

Event Directors

Steve Bartold
Tom Dewey

ECAC Liaisons

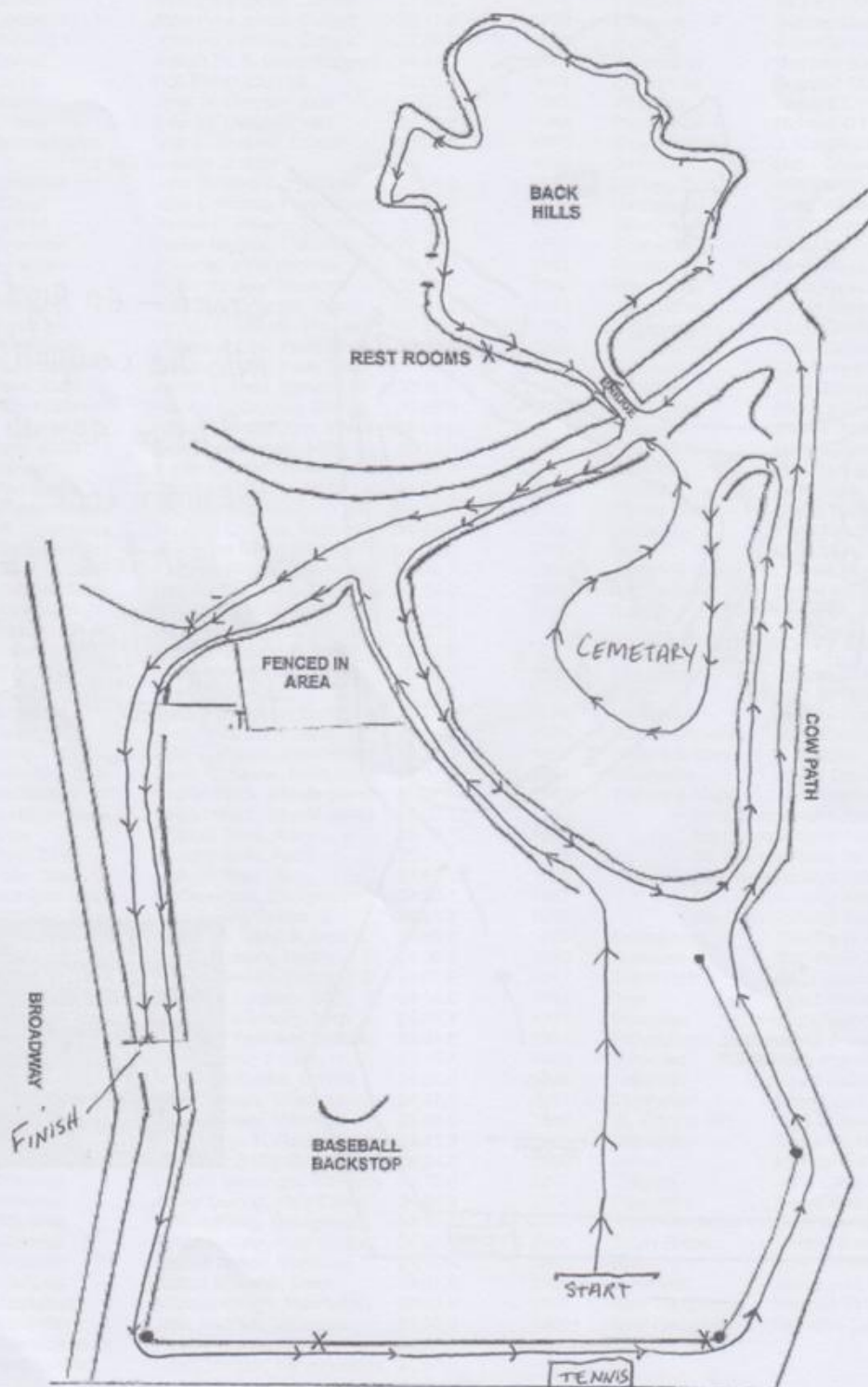
Ben Layton
Matt Fogg

2009 ECAC® IC4A Cross Country Championships

2009 ECAC IC4A Cross Country Championships

Hosted by Fordham University and the Metropolitan Intercollegiate Track and Field Coaches' Association

Men's 8k Course Map





Eastern College Athletic Conference®

Commissioners

Rudy Keeling	2007-present
Steve Bamford.....	2006-2007
Phillip Buttafuoco.....	1998-2006
Clayton Chapman.....	1989-1998
Robert Whitelaw.....	1972-1989
George Schiebler.....	1970-1972
Asa S. Bushnell.....	1938-1970

Competition

The ECAC administers nearly 100 championships for 37 men's and women's sports. The ECAC also serves as the primary league for Division III men's hockey (3), Division III women's hockey (2), and Division I men's lacrosse. In addition, the ECAC provides leadership assistance for numerous affiliate organizations including the Intercollegiate Association of Amateur Athletes in America (IC4A), Intercollegiate Fencing Association (IFA), Eastern Intercollegiate Gymnastics League (EIGL), Eastern Intercollegiate Wrestling Association (EIWA), Eastern Association of Rowing Colleges (EARC), Eastern Association of Women's Rowing Colleges (EAWRC), Intercollegiate Rowing Association (IRA), ECAC Hockey League (ECACHL), and Eastern College Athletic Conference Sports Information Directors Association (ECAC-SIDA).

Officiating

The ECAC assigns over 4,400 officials in 11 sports across Divisions I, II, and III, including men's and women's basketball, fencing, football, men's gymnastics, men's and women's ice hockey, men's and women's soccer, softball, and wrestling. The bureaus assign for both conference and NCAA championships and totaled over 46,000 assignments last year.

Awards

The ECAC publicizes the achievements of over 2,000 student-athletes annually through the Player of the Week program and postseason all-stars. There are 20 sports for which the ECAC selects Players of the Week throughout the regular season, and 12 sports where all-star teams are honored. During the fall convention each year, the recognition awards program honors institutions, administrators, student-athletes, and officials for yearly and career achievements.

About the ECAC

The Eastern College Athletic Conference (ECAC) is the nation's largest athletic conference and only multi-divisional conference, with approximately 300 Division I, II and III colleges and universities from Maine to North Carolina and westerly to Illinois. Established in 1938 with 58 charter members, the ECAC has since emerged as the nationwide leader in service. The Asa S. Bushnell Center, named after inaugural commissioner Asa S. Bushnell, serves as the main office for the ECAC. It is located in Centerville, Massachusetts on Cape Cod.

After Asa S. Bushnell molded the organization from its formation to his retirement in 1970, George Schiebler took over as commissioner from 1970-1972. Robert M. "Scotty" Whitelaw (1972-1989) guided the ECAC through one of the most significant events in its history, as the Eastern Association of Intercollegiate Athletics for Women (EAIW) was consolidated into the ECAC in 1983. With the addition of women's sports, the ECAC doubled its number of championships and greatly increased its membership. Clayton Chapman (1989-1998), Phil Buttafuoco (1998-2006), and Steve Bamford (2006-2007) have also carried the title of commissioner through the last 19 years. Current commissioner Rudy Keeling assumed chief administrator duties on May 1, 2007. As Commissioner, Keeling has revealed a new Strategic Plan for the ECAC emphasizing membership services, conference office operations, academic and athletic excellence and equity as well as inclusion and diversity.

It's My ECAC. It's Your ECAC. It's Our ECAC!

Asa S. Bushnell Internship Program

The prestigious Asa S. Bushnell internship program, named after the first commissioner of the ECAC and established in 1976, offers college graduates from ECAC member institutions hands-on experience in all the areas of the only multi-divisional conference in the country. Former interns proudly represent the ECAC in all fields of the sports industry as directors of athletics, commissioners, broadcasting executives, professional franchise front-office executives, sports information directors and coaches.

ADMINISTRATIVE STAFF

Commissioner
Associate Commissioner for Internal Affairs/SWA
Director of Business Services
Director of Marketing and Communications
Director of Finance
Director of Sport Administration
Director of Sport Administration
Director of Division III Governance and Officiating
Assistant Director of Operations
Administrator for Officiating and Special Projects
Assistant Administrator for Officiating
Coordinator of Operations and Officiating
Asa S. Bushnell Sport Administration - Championships Assistant
Asa S. Bushnell Communications Assistant
Asa S. Bushnell Sport Administration - Leagues/Affiliates Assistant
Asa S. Bushnell Marketing Assistant

Rudy Keeling
 Dea Shipp
 Cheryl Serijan
 Gordon Morton
 Karen Roberts
 Ben Layton
 Michael Letzeisen
 Dr. Keith Clarke
 Mary Conway
 Steve Bamford
 Steve Rossetti
 Patrick Colbert
 Matt Fogg
 Amanda Piccirilli
 Lindsay DeStefano
 Meghan Wisell



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Future ECAC and IC4A Championship Dates

IC4A Indoor Track & Field Championships

March 6-7, 2010

Boston University, Boston, MA

ECAC DI Indoor Track & Field Championships

March 6-7, 2010

Reggie Lewis Track & Athletic Center, Boston, MA

IC4A Outdoor Track & Field Championships

May 14-16, 2010

Princeton University, Princeton, NJ

ECAC DI Outdoor Track & Field Championships

May 14-16, 2010

Princeton University, Princeton, NJ