



69th IC4A



INDOOR CHAMPIONSHIPS



MARCH

2 — 4,
1990



Gordon Track
& Tennis Facility

HARVARD
UNIVERSITY

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Profile of a Champion: Cover Story — C.J. Hunter

by Penn State Sports Information

UNIVERSITY PARK, Pa. -- Competition at the college level can be extremely intense at times, but for Penn State senior shot putter C.J. Hunter, confidence is the name of the game.

And why shouldn't he be confident?

Hunter is, after all, a three-time All-American, holding six IC4A championship titles for indoor and outdoor shot putting. He currently holds Penn State's Greenberg indoor sports complex shot put record, with a mark of 62'9", and his personal best is a throw of 63'10 3/4" -- and these accomplishments just scratch the surface of Hunter's talent. He also threw himself into first place titles last year in the Colonial Relays, the Penn Relays, and the New York Summer Games, while firing shots at the NCAA competition for second place indoors and fourth place outdoors. Already this season he took second at the Bud Lite Invitational in Johnson City, Tennessee. Today at the 1990 IC4A championships, Hunter will attempt to win the first-place titles once more. If he takes the title in both indoors and outdoors again, he will be one of the few track players ever to win eight IC4A titles.

Yet, with all the pressure of repeating, Hunter seems calm and ready. He has a plan of strategy, which he thinks will be the key to this year's success. "I'm not really worried about the earlier meets indoors. Instead of getting my big throws earlier indoors, I want to save them until the right time." He plans to work himself up for the outdoor competitions later on in the season. Hunter says for the time being, training is most important, and the early meets are only an indication of how he's progressing. So for this indoor season, he has allowed fate to run its course.

Fate itself seems to have played a major role in Hunter's career as a Penn State track star. He went to Franklin D. Roosevelt High School in Hyde Park, New York and had no intention of competing in track and field. In his sophomore year, his best friend, who happened to be a javelin thrower, convinced Hunter to try track and field. "He told me track was fun, so I just went out for it."

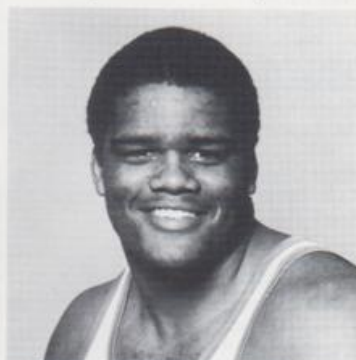
Originally interested in the discus, Hunter quickly began to make his mark in the shot put. Now at Penn State, he participates in the shot put, discus throw (his best effort makre at 174'2"), the hammer, and the 35-lb. weight.

He became part of the Nittany Lion squad because he believed Penn State offered him the best combination of athletics and academics. "I just felt good about Penn State."

Head coach Harry Groves remembers one instance when he was unsure if Hunter would join the Lions. "There are two FDR High Schools in New York state. Somehow the recruiting information that I sent to C.J. ended up at the wrong one, and because there was no C.J. Hunter at that school, they threw all the information out." But fortunately the mix-up was corrected, and Hunter became a driving force in the Penn State lineup.

Hunter also had another motivation for coming to Penn State -- his mother. Hunter says his mother greatly influenced his decision to throw for the Lions. "She has been incredibly supportive -- not just of me but of everybody else on the team. She's a big Penn State track fan." In fact, Hunter's mother frequently makes the trip to Penn State from their home in Waters Landing, Maryland to attend the Lions' home meets.

Track, however, was not Hunter's only love. In fact, he was a prep football star. At 6-1 and 280 pounds, he definitely had the build and speed for a college football



career. However, certain factors and personal desires pushed him toward track and field. "I played football in high school, and I was fairly good at it. But I didn't get recruited for it here at Penn State. Most schools either recruited me for track or football -- not both. So I chose track because I'd rather be in the Olympics than the Super Bowl."

Hunter's efforts are plainly a result of his pride and confidence in himself. "I like individual sports where everything is on you. If it's done well, then you did it all. If it's not, then it's all your fault."

Hunter's confidence seems to show throw his determination and hard work. For a 20-second competition, Hunter says he trains anywhere from 25 to 30 hours a week. "I think the training is more fun than competing. The training itself psyches me up for the meets. The whole week you work on technique, but if you're not mentally prepared, it's just not going to happen." His assurance in himself is his mental preparation. Hunter believes that if you don't have faith in yourself, you cannot expect to succeed.

Groves says Hunter's determination is admirable. "He trains harder during the week than most athletes on the team. There have been times when I've seen him literally crawl out of that weight room."

Hunter's efforts are an inspiration to the team, according to Groves. "What makes him so much fun to have on the team is that he really works to achieve his goals and do the best he can."

Even though he has a busy schedule, Hunter seems to find time to think of others. He often helps other team members with technique and training. When Nittany Lion pole vaulter Tom Kleban sustained a neck injury in a pool accident last summer, Hunter was the first to visit him in the hospital. Groves says there is more to Hunter than athletic ability. "Beneath all that toughness and strength that comes with being a competitor like C.J., there's a pretty compassionate guy."

This is Hunter's last year as a Nittany Lion thrower, but he plans to push forward with his interest in track. This summer he wants to compete in the Goodwill Games, and then hopefully it's on to the '92 Olympics. He plans to put his major, political science, on the backburner for awhile and instead pursue track and field. "I just want to be around track. Right now, my life is track."

But for the present, Hunter wants to concentrate his efforts on the task at hand -- the IC4A championships. As always, he is confident about the upcoming IC4A meet and says his plan of attack will be "winning" -- plain and simple.

In Memoriam



PACKOWSKI

Last August, four members of the U.S. Naval Academy's track and cross country program were killed in a tragic automobile accident.

On behalf of the I.C.A.A.A. Coaches' Association, we are dedicating this 1990 Indoor Championship Program to the memory of these fine young athletes . . .

Midshipman First Class Robert P. Packowski, USN
1987 IC4A Steeplechase Champion - 8:49.5

Midshipman Second Class William J. Donovan, Jr., USN
Midshipman Second Class Donald L. Landry, USN
Midshipman Second Class Andrew G. Meyers, USN

Our heartfelt sympathy and prayers go out to their families, friends, and fellow mates of Bancroft Hall.

We will remember them, not only as student-athletes, but also for the dedication they were undertaking at Annapolis to serve . . . their God . . . their Country . . . and the U.S. Navy. Shipmates . . . we'll miss you!



DONOVAN



LANDRY



MEYERS



Clayton W. Chapman, ECAC Commissioner

Clayton W. Chapman was named the fourth Commissioner during the 51-year history of the Eastern College Athletic Conference and officially took over his duties July 1 following the retirement of Scotty Whitelaw.

Chapman will oversee the nation's largest athletic conference, which has swelled to 264 member colleges and universities and offers over 90 men's and women's championships in 19 different sports.

Referred to by many as "The Eastern Voice of the NCAA Manual," Clayton joined the ECAC in 1971 as Assistant to the Commissioner, after serving as the Assistant Director of Athletics at Cornell University, his alma mater, as well as the Executive Secretary of the Ivy Group.

At the ECAC Clayton is the secretary of the Eligibility Committee and Infractions Committee, the assignor of soccer officials, and the chief administrator for the Eastern Sprint and Intercollegiate Rowing Association's

national championships. Additionally, Chapman oversees the Eastern Intercollegiate Gymnastics League, the Intercollegiate Fencing Association and the Eastern Seaboard Intercollegiate Swimming Championships.

Chapman is a native of Lancaster, N.Y., where attended public schools before enrolling at Cornell. During his freshman year he was a tight end on the Big Red freshman football team and after taking up rowing, became an outstanding oarsman. Clayton captained the undefeated 1957 Cornell crew which won the Grand Challenge Cup at Henley, England. His crew that year also won its third straight national (IRA) title and second consecutive Eastern Sprint Championship.

After graduating with a mechanical engineering degree, Chapman entered the Air Force and served for three years before returning to Cornell as freshman crew coach in 1961. Names Assistant Athletic Director at Cornell in 1969 before his move to the ECAC, Clayton was inducted into the Cornell University Athletic Hall of Fame in 1982 for his many contributions to Cornell.

Chapman lives in Sandwich, Mass., with his wife Kerstin and they are the parents of two daughters, Analie, a graduate of Dartmouth College and Maria, a 1989 graduate of the U.S. Naval Academy.

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RECORDS FOR IC4A EVENTS

Our thanks to Walter Murphy of "EASTERN TRACK" for assistance in compiling these records.

TRACK EVENTS

55 METERS

1989 IC4A Champion — 6.34, Raghib Ismail, Notre Dame
IC4A Meet Record — 6.13, Lee McRae, Pittsburgh, '86
IC4A Collegiate — 6.00 Lee McRae, '86
Gordon Track — 6.25, Lee McNeill, East Carolina, '87
Collegiate Indoor — 6.00, Lee McRae, '86
American Indoor — 6.00, Lee McRae, '86
World Indoor "Best" — Lee McRae, '86

55 METER HURDLES

1989 IC4A Champion — 7.32, Eric Cannon, Pittsburgh
IC4A Meet Record — 7.14, Eugene Norman, Rutgers, '83
IC4A Collegiate — 6.89y, Renaldo Nehemiah, Maryland, '79
Gordon Track — 7.16, William Skinner, Maryland, '87
Collegiate Indoor — 6.89y, Renaldo Nehemiah, '79
American Indoor — 6.82y, Renaldo Nehemiah, '82
World Indoor "Best" — 6.82y, Renaldo Nehemiah, '82

200 METERS

1989 IC4A Champion — 21.59, Michael Timpson, Penn State
IC4A Meet Record — 21.53, Willie McNeill, East Carolina, '88
IC4A Collegiate — 21.11, Michael Timpson, Penn State, '89
Gordon Track — 21.10, Brady Crain, N.Y. Pioneers, '86
Collegiate Indoor — 20.59, Michael Johnson, Baylor, '89
American Indoor — 20.59, Michael Johnson, '89
World Indoor — 20.36, Bruno Marie-Rose, France, '87

400 METERS

1989 IC4A Champion — 47.92, Donald Thrower, Maryland
IC4A Meet Record — 46.81, Steve Morgan, Princeton, '87
Michael Timpson, Penn State, '89
IC4A Collegiate — 46.22, Bruce Phillip, Manhattan, '89
Gordon Track — 46.64, Bruce Phillip, '89
Collegiate Indoor — 45.79, Antonio McKay, Georgia Tech, '84
American Indoor — 45.04, Danny Everett, USA, '90
World Indoor — 45.04, Danny Everett, USA, '90

500 METERS

1989 IC4A Champion — 1:01.49, Bruce Phillip, Manhattan
IC4A Meet Record — 1:00.84, Michael Greene, Navy, '87
IC4A Collegiate — 1:00.84, Michael Greene, '87
Gordon Track — 1:00.84, Michael Greene, '87
Collegiate Indoor — 1:00.84, Michael Greene, '87
American Indoor — 1:00.17, Ken Lowery, Chicago State T.C., '87
World Indoor "Best" — 1:00.17, Ken Lowery, '87

800 METERS

1989 IC4A Champion — 1:50.09, Paul Rowbotham, Villanova
IC4A Meet Record — 1:48.74y, Mark Belger, Villanova, '78
1:48.19m, Ray Levitre, Penn State, '87
IC4A Collegiate — 1:47.84, John Marshall, Villanova, '88
Gordon Track — 1:48.08, Jack Armour, Westchester R.C., '90
Collegiate Indoor — 1:44.84, Paul Ereng, Virginia, '89
American Indoor — 1:45.85, Ocky Clark, DeOliveira T.C., '89
World Indoor — 1:44.84, Paul Ereng, Kenya, '89

1,000 METERS

1989 IC4A Champion — 2:25.62, Elton Lewis, C.W. Post
IC4A Meet Record — 2:22.19, Tracy Baskin, Seton Hall, '87
IC4A Collegiate — 2:19.79, Adam Dixon, Harvard, '81
Gordon Track — 2:19.79, Adam Dixon, '81
Collegiate Indoor — 2:19.64, Doug Consiglio, Arkansas, '86
American Indoor — 2:18.19, Ocky Clark, DeOliveira, T.C., '89
World Indoor — 2:16.4, Rob Druppers, Netherlands, '88

ONE MILE

1989 IC4A Champion — 4:07.55, Brad Schlapak, Northeastern
IC4A Meet Record — 4:00.06, Mike Stahr, Georgetown, '88
IC4A Collegiate — 3:55.5, Sydney Maree, Villanova, '81
Gordon Track — 3:56.77, Sydney Maree, Puma T.C., '90
Collegiate Indoor — 3:55.0, Tony Waldrop, North Carolina, '74
American Indoor — 3:51.8, Steve Scott, Sub-4 Track Club, '81
World Indoor — 3:49.78, Eamonn Coghlan, Ireland, '83

3,000 METERS

1989 IC4A Champion — 8:18.12, Dan Garrett, Notre Dame
IC4A Meet Record — 7:54.91, Sydney Maree, Villanova, '81
IC4A Collegiate — 7:51.46, Kevin King, Georgetown, '85
Gordon Track — 7:51.69, Sydney Maree, Puma T.C., '90
Collegiate Indoor — 7:46.42, Joe Falcon, Arkansas, '89
American Indoor — 7:39.94, Steve Scott, Tiger T.C., '89
World Indoor — 7:39.2, Emiel Puttemans, Belgium, '73

5,000 METERS

1989 IC4A Champion — 14:11.85, Ron Markezich, Notre Dame
IC4A Meet Record — 13:58.55, Eric Carter, Penn State, '86
IC4A Collegiate — 13:22.17, Geoff Smith, Providence, '82
Gordon Track — 13:36.56, John Treacy, Johnson/Wales T.C., '86
Collegiate Indoor — 13:20.4, Suleiman Nyambui, UTEP, '81

ONE MILE RELAY

1989 IC4A Champion — 3:14.91, Seton Hall (Redmond Palmer 48.9),
Price Licorish 49.2, Harold Rollins 48.4, Gable Barmer 48.9)
IC4A Meet Record — 3:12.38, Villanova '86 (Grant Davis 49.1, Tony
Valentine 48.4, Edwin Modibedi 47.8, Chip Jenkins 47.1)
IC4A Collegiate — 3:09.68, Seton Hall '81 (Washington Njiri 47.3, Mike
Paul 47.5, Linval Francis 48.3, Derrick Peynado 46.6)
Gordon Track — 3:09.68, Seton Hall '81 (Washington Njiri 47.3,
Mike Paul 47.5, Linval Francis 48.3, Derrick Peynado 46.6)
Collegiate Indoor — 3:06.3, USC '80
American Indoor — 3:06.02, US National Team '87 (Walter McCoy 47.5,
Chip Jenkins 46.0, Ken Lowery 46.1, Clarence Daniel 46.5)
World Indoor — 3:05.9, USSR '70

TWO MILE RELAY

1989 IC4A Champion — 7:34.72, George Mason (Mike Anthony 1:55.5,
Paul Gambrah 1:52.4, Ernest Barrett 1:54.0, John Cook 1:52.9)
IC4A Meet Record — 7:26.90, Georgetown '87 (Mike Huber 1:54.6,
Bob Leonardo 1:51.8, Jim Grelle 1:51.6, Miles Irish 1:48.9)
IC4A Collegiate — 7:21.90, Villanova '83 (John Borgese 1:52.8, John
Keyworth 1:51.2, Mike England 1:48.9, Marcus O'Sullivan 1:49.0)
Gordon Track — 7:26.90, Georgetown '87 (Mike Huber 1:54.6,
Bob Leonardo 1:51.8, Jim Grelle 1:51.6, Miles Irish 1:48.9)
Collegiate Indoor — 7:19.92, Arkansas '83 (Ed Williams 1:50.8,
Tom Moloney 1:49.7, David Swain 1:50.4, Frank O'Mara 1:49.1)
American Indoor — 7:20.8y, U. Chicago Track Club '74 (Tom Bach,
Ken Sparks, Lowell Paul, Rick Wohlhuter)
World Indoor — 7:17.8, USSR '71

DISTANCE MEDLEY RELAY

1989 IC4A Champion — 9:54.7y, Georgetown (Mike Jasper 1:55.2,
Chris Brown 51.6, Steve Holman 3:07.7, Ethan Frey 4:10.9)
IC4A Meet Record — 9:44.56y, Villanova '87 (Joe Manion 1:55.9,
Paul O'Regan 49.2, Sean O'Neill 2:56.4, Gerry O'Reilly 4:03.1)
IC4A Collegiate — 9:35.37y, Villanova '82 (John Marshall 1:52.6m,
Carlton Young 47.1, John Hunter 2:57.3, Ross Donoghur 3:58.4)
Gordon Track — 9:44.56y, Villanova '87 (Joe Manion 1:55.9, Paul O'Regan
49.2, Sean O'Neill 2:56.4, Gerry O'Reilly 4:03.1)
Collegiate Indoor — 9:35.37y, Villanova '82 (see above)
American Indoor — 9:39.8y, Pittsburgh '71

FIELD EVENTS

HIGH JUMP

1989 IC4A Champion — 7-1.75 (2:18), Tony Barton, George Mason
 IC4A Meet Record — 7-6.5 (2:30), Nick Saunders, Boston Univ. '83
 IC4A Collegiate — 7-7.25 (2:32), Franklin Jacobs, F.D.U., '78
 Gordon Track — 7-6.25 (2:29), Nick Saunders, '83
 Collegiate Indoor — 7-9.25 (2:37), Hollis Conway, S.W. Louisiana, '89
 American Indoor — 7-9.25 (2:37), Hollis Conway, '89
 World Indoor — 7-11.50 (2:43), Javier Sotomayor, Cuba '89

POLE VAULT

1989 IC4A Champion — 17-4.25 (5:29), John Finney, Maryland
 IC4A Meet Record — 17-4.25 (5:29), John Finney, '89
 IC4A Collegiate — 18-8.25 (5:70), Istvan Bagyula, George Mason, '90
 Gordon Track — 17-6.25 (5:34), Mark Strawderman, Rhode Island, '82
 Collegiate Indoor — 18-10 (5:74), Billy Olson, Abilene Christian, '82
 American Indoor — 19-3.75 (5:89), Billy Olson, Pacific Coast Club, '86
 World Indoor — 19-9.25 (6:03), Sergey Bubka, USSR, '89

LONG JUMP

1989 IC4A Champion — 24-9.25 (7:55), Vincent Smith, Princeton
 IC4A Meet Record — 26-5.5 (8:06), D.D. Manns, James Madison, '79
 IC4A Collegiate — 26-7 (8:10), Ray Humphrey, Georgetown, '86
 Gordon Track — 26-5.5 (8:06), D.D. Manns, '87
 Collegiate Indoor — 27-10.25 (8:49), Carl Lewis, Houston, '81
 American Indoor — 28-10.25 (8:79), Carl Lewis, Santa Monica T.C., '84
 World Indoor — 28-10.25 (8:79), Carl Lewis, '84

TRIPLE JUMP

1989 IC4A Champion — 50-7.25 (15:42), Eugene Koranteng, George Mason
 IC4A Meet Record — 54-5.25 (16:59), Ray Humphrey, Georgetown, '86
 IC4A Collegiate — 54-5.25 (16:59), Ray Humphrey, '86
 Gordon Track — 52-2.75 (15:92), Cyril Mowatt, Georgetown, '87
 Collegiate Indoor — 57-5 (17:50), Charlie Simpkins, Baptist, '86
 American Indoor — 58-3.25 (17:76), Mike Conley, Tyson Track Club, '87
 World Indoor — 58-3.25 (17:76), Mike Conley, '87

SHOT PUT

1989 IC4A Champion — 62-11.5 (19:19), C.J. Hunter, Penn State
 IC4A Meet Record — 64-10 (19:76), August Wolf, Princeton, '83
 IC4A Collegiate — 66-1.75 (20:16), August Wolf, '83
 Gordon Track — 63-10.75 (19:47), Art McDermott, Boston Univ., '84
 Collegiate Indoor — 70-6.5 (21:50), Terry Albritton, Stanford, '77
 American Indoor — 74-4.25 (22:66), Randy Barnes, Mazda T.C., '89
 World Indoor — 74-4.25 (22:66), Randy Barnes, '89

35 LB. WEIGHT THROW

1989 IC4A Champion — 64-10.75 (19:78), Simon Linscheid, Iona
 IC4A Meet Record — 71-4.25 (21:75), Conor McCullough, Boston Univ., '86
 IC4A Collegiate — 73-8 (22:45), Declan Hegerty, Boston Univ., '84
 Gordon Track — 72-11.75 (22:24), Jud Logan, NYAC, '86
 Collegiate Indoor — 78-6.5 (23:94), Tore Johnsen, UTEP, '84
 American Indoor — 77-9.5 (23:71), Jud Logan, '85
 World Indoor — 45.05, Thomas Schonlebe, G.D.R., '88



PENTATHLON

1989 IC4A Champion — 3,924 points, Brian Otley, Dartmouth
 (7.68, 22-5.25, 38-3.5, 6-8, 2:43.5)
 IC4A Meet Record — 4,224 points, Rob Muzzio, George Mason, '87
 (7.76, 23-0, 53-9.25, 6-7, 2:43.1)
 IC4A Collegiate — 4,246 points, Bill Motti, Mount St. Mary's, '85
 Gordon Track — 4,224 points, Rob Muzzio, '87
 (7.76, 23-0, 53-9.25, 6-7, 2:43.1)
 Collegiate Indoor — 4,451 points, Sheldon Blockburger, LSU, '87
 (7.89, 25-4.75, 45-11.25, 6-8, 2:38.80)
 American Indoor — 4,451 points, Sheldon Blockburger (see above), '87
 World Indoor "Best" — 4,451 points, Sheldon Blockburger (see above), '87

NOTE: "IC4A Collegiate" Records are "best ever" performances by individuals or relay teams of ICAAAA Member Schools, while representing their schools at any level of Indoor competition.

The 55m, 55mHH, DMR, 35-Wt., and Pentathlon are not officially recognized as World Record events . . . hence, "Best"!

QUALIFYING STANDARDS IC4A & NCAA

TRACK EVENT	Acceptable Qualifying Events (IC4A Only)	IC4A		NCAA	
		Auto Time	Manual Time	Auto Time	Manual Time
55 Meters	55 Meters	6.48	6.2	6.19	None
	60 Yards	6.48	6.2		
	50 Meters	6.02	5.8		
55 Meter Hurdles	55 Meters	7.52	7.3	7.25	None
	60 Yards	7.52	7.3		
	50 Meters	6.92	6.7		
200 Meters	200 Meters	22.55	21.20	None	None
	200 Meters	None	None	21.50	None
	* 200 Meters	22.25	22.0	20.90	None
	200 Yards	22.55	22.3		
	* 220 Yards	22.25	22.0		
400 Meters	400 Meters	49.61	49.4	47.00	46.7
	400 Meters	None	None	47.80	47.5
	* 400 Meters	49.11	48.9	46.60	46.3
	400 Yards	49.91	49.7		
	* 440 Yards	49.41	49.2		
500 Meters	500 Meters	1:05.54	1:05.3	Not an NCAA Event	
	* 500 Meters	1:04.94	1:04.7		
	600 Yards	1:12.14	1:11.9		
	* 600 Yards	1:11.54	1:11.3		
800 Meters	800 Meters	1:54.25	1:54.0	1:49.54	1:49.3
	* 800 Meters	1:53.45	1:53.2		
	880 Yards	1:54.95	1:54.7		
	* 880 Yards	1:54.15	1:53.9		
1,000 Meters	1,000 Meters	2:28.28	2:28.1	Not an NCAA Event	
	* 1,000 Meters	2:27.38	2:27.2		
	1,000 Yards	2:13.48	2:13.3		
	* 1,000 Yards	2:12.58	2:12.4		
One Mile	One Mile	4:14.64	4:14.4	4:02.00	4:01.7
	* One Mile	4:13.54	4:13.3		
	1,500 Meters	3:55.84	3:55.6		
3,000 Meters	3,000 Meters	8:24.24	8:24.1	8:02.00	8:01.7
	* 3,000 Meters	8:22.14	8:21.9		
	Two Miles	9:04.64	9:04.4		
	* Two Miles	9:02.44	9:02.2		
5,000 Meters	5,000 Meters	14:37.54	14:37.3	13:59.00	13:58.7
	Three Miles	14:05.24	14:05.0		
One Mile Relay	One Mile Relay	3:21.84	3:21.6	3:10.70	3:10.4
	* One Mile Relay	None	None	3:13.50	3:13.2
	* One Mile Relay	3:19.84	3:19.6	3:07.90	3:07.6
	1,600 Meter Relay	3:20.64	3:20.4	3:09.50	3:09.2
	* 1,600 Meter Relay	None	None	3:12.30	3:12.0
	* 1,600 Meter Relay	3:18.64	3:18.4	3:06.70	3:06.4
Two Mile Relay	Two Mile Relay	7:49.70	7:49.5	7:26.50	7:26.2
	* Two Mile Relay	7:46.50	7:46.3		
	3,200 Meter Relay	7:46.50	7:46.3	7:23.50	7:23.2
	* 3,200 Meter Relay	7:43.30	7:43.1		
Distance Medley Relay	4,400 Yards	10:16.34	10:16.1	Not an NCAA Event	
	* 4,400 Yards	10:13.34	10:13.1		
	* 4,000 Meters	10:12.94	10:12.7		
	* 4,000 Meters	10:09.94	10:09.7		

NOTE: * = NCAA Standard for 200m-220y tracks!
 * = NCAA Standard for tracks measuring less than 200m-220y per lap!
 * = Standard for tracks measuring over 200m-220y per lap!

FIELD EVENT	Metric	Imperial	Metric - ONLY (for NCAA)
High Jump	2.05	6-8.75	2.25
Pole Vault	4.04	15-2.75	5.26
Long Jump	7.11	23-4	7.80
Triple Jump	14.20	46-7	16.10
Shot Put	15.34	50-4	18.46
35-lb. Weight Throw	16.36	53-8	17.88
Pentathlon	3,600 points (Top-15 provision is no longer in effect)		Not an NCAA Event
			18.00



WINNERS OF ICAAAA OUTDOOR TRACK AND FIELD CHAMPIONSHIPS 1876 - 1990

1876—Princeton
1877—Columbia
1878—Columbia
1879—Columbia
1880—Harvard
1881—Harvard
1882—Harvard
1883—Harvard
1884—Harvard*
1885—Harvard
1886—Harvard
1887—Yale
1888—Harvard
1889—Yale
1890—Harvard
1891—Harvard*
1892—Harvard
1893—Yale
1894—Yale
1895—Yale
1896—Yale
1897—Pennsylvania
1898—Pennsylvania
1899—Pennsylvania
1900—Pennsylvania
1901—Harvard
1902—Yale*
1903—Yale
1904—Yale
1905—Cornell
1906—Cornell
1907—Pennsylvania
1908—Cornell
1909—Harvard
1910—Pennsylvania
1911—Cornell
1912—Pennsylvania
1913—Pennsylvania

1914—Cornell
1915—Cornell*
1916—Cornell
1917—Meet Canceled because of
World War I
1918—Cornell
1919—Cornell
1920—Pennsylvania
1921—California
1922—California
1923—California
1924—Yale
1925—Southern California
1926—Southern California
1927—Stanford
1928—Stanford
1929—Stanford
1930—Southern California
1931—Southern California
1932—Southern California*
1933—Southern California
1934—Stanford
1935—Southern California
1936—Cornell
1937—Pittsburgh
1938—Southern California
1939—Southern California
1940—Pittsburgh
1941—New York University
1942—Penn State
1943—New York University
1944—Navy
1945—Navy
1946—Navy
1947—New York University
1948—Yale
1949—Michigan State

1950—Yale
1951—Cornell
1952—Manhattan
1953—Manhattan
1954—Penn State
1955—Manhattan
1956—Manhattan
1957—Villanova
1958—Villanova
1959—Penn State
1960—Villanova
1961—Villanova
1962—Villanova*
1963—Villanova
1964—Villanova
1965—Maryland
1966—Maryland
1967—Maryland
1978—Villanova
1969—Maryland
1970—Villanova*
1971—Villanova
1972—Pennsylvania
1973—Navy
1974—Penn State
1975—Seton Hall
1976—Maryland
1977—Maryland*
1978—Villanova
1979—Villanova
1980—Maryland
1981—Maryland
1982—Princeton
1983—George Mason
1984—Villanova
1985—George Mason
1986—Penn State*
1987—Penn State
1988—Penn State
1989—George Mason

Five Legs Needed for Retirement

*Retired Championship Cup

An IC4A Salute . . . To Two Great Guys

By Larry Byrne, ECAC Track Administrator

Permit me a moment of sentimentality, but the pending retirement of two loyal and dedicated life-long track coaches . . . JACK WARNER and ROY CHERNOCK . . . necessitates expressing my personal feelings about these two native New Yorkers (like myself), each of with whom I have shared a warm and lengthy professional relationship.



JACK WARNER
Cornell 1967-90

President, IC4A Coaches Association - 1977

I met Jack at Butler Stadium at Quantico, VA in March of 1953, when we were running mates on the Marine Corps Schools track team. Just a few weeks ago we both recalled an incident from that season, when one of the spectators at the Quantico-Camp Lejeune dual meet, the ex-Commandant of the Corps, Clifton Cates, jumped up in the stands and yelled at the starter . . . "Shoot that gun" . . . in a distance race that had one lap to go. The startled official, awakening to his error, and glancing up at the shine of those stars on the man's collar, promptly fired the "gun-lap" signal, to which the General replied, for all the crowd to hear . . . "That's better," and sat down to watch the rest of the meet. Later that year, Jack was appointed as coach of the Quantico cross-country team, and I, having "retired" from competition, served as Lieutenant Warner's assistant.

In the ensuing years, I managed to cross paths with Jack, at the Drake Relays when he was the "weights" coach at University of Kansas, and later visited the Colgate campus on several occasions during the 60s when Jack was the coach of the Red Raiders.

About the time Jack became head coach at Cornell, I was beginning my apprenticeship as a high school and later a collegiate official, and met up with Jack at many scholastic meets in Ithaca, and for the past 15 years, in the circle of IC4A officials and coaches. Throughout these years, there has always been that close camaraderie of having spent some very gung-ho times together . . . a feeling that only those who have served under the Eagle, Globe and Anchor can truly appreciate.

So, Jack, the best of everything to you and Betty in the many years to come, and we can always look back . . . with fondest memories . . . to Butler Stadium and Cliff Cates . . . Semper Fi, from the "old Sarge!"



I knew Roy Chernock in passing, during his competitive years at NYU in the late 40s, on an IC4A Championship team that included: Larry Ellis, Irv Mondschein, Irving Kintisch, Bruce MacDonald, IC4A Coaches all, at one time or another . . . and subsequently during Roy's ultra-successful reign as coach at Oceanside High School on Long Island, during the 60s, where his teams won four New York State titles.

But I really got to know, and develop a 20-plus year friendship with Roy, when he was coaching at C.W. Post (my alma mater) and I was an assistant at a local high school, Chaminade; and Roy was gracious in allowing our 4 x 100m relay and jumpers to work-out at Post. After developing a Division II powerhouse at Post, Roy moved on to Bernard Baruch College, a mid-town New York "campus" in the City University system. Working for Met Life at the time, I was just a block from Baruch, and would occasionally slip into the world famous 69th Regiment Armory . . . and watch Roy's runners work-out on a tiny track, ducking tennis balls from the courts on the infield.

From the "Sidewalks of New York" I followed Roy's career onto the ivy covered campus of Old Nassau, as Larry Ellis' assistant for two years, and finally Williamsburg, in 1977, as mentor of William & Mary, where I was a visitor at a number of Colonial Relays, a very popular and successful early-season outdoor meet. On many occasions in the past two decades, Roy and I have discussed the merits of scholastic track and field prospects, and I've always felt honored that Roy sought out my advice and recommendations in such matters.

Now, as Roy and Ethel move south to enjoy the golf and sunshine in Palm Beach County, I will miss him. At times, he's been the "Royal opposition", but always in the best interest of our sport. Especially the IC4A will remember Roy's contributions for years to come. Mazel Tov, my friend!



ROY CHERNOCK
William & Mary 1977-90

President, IC4A Coaches Association - 1990

LIST OF ENTRANTS (Continued)

M.I.T.

Shirt: White
Shorts: Red
600—Clarke, John-Paul, '91
601—Dunzo, Mark, '91
602—Garcia, James, G
603—Kelley, Sean, '90
604—Kowalski, Joseph, '90
605—Makatiani, Boniface, '90
606—Masalsky, Christopher, '91
607—Moose, Garrett, '91
608—Piepergerdes, Michael, '92
609—Rubenstein, Daniel, '92
610—Scannell, Kevin, '92
611—Shank, Eric, '90
612—Singhose, William, '90
613—Tewksbury, John, '92
614—Washington, Thomas, '92

MONMOUTH

Shirt: White
Shorts: Navy
615—Hendricks, John, '91
616—Kelly, Patrick, '93
617—Klem, James, '93
618—Warner, Nicolas, '91

MONTCLAIR STATE

Shirt: White/Red
Shorts: Red
619—Diaz, Jaime, '93
620—Major, Brian, '93
621—Miller, Kevin, '93
622—Morales, Michale, '93
623—Peters, Welsey, '93
624—Piersanti, Robert, '93
625—Wilkerson, John, '91
626—Williams, Abdul, '92
627—Williams, Anthony, '93
628—Williams, Derrick, '93
629—Zahir, Kyronne, '92

MORGAN STATE

Shirt: White
Shorts: Orange
1175—Baker, Troy, '91
1176—Coleman, Joe (Damon), '91
1177—Durant, Chris, '92
1178—Pyne, Darryl, '93

MT. ST. MARY'S

Shirt: White
Shorts: Blue
630—Farrell, Tim, '91
631—Hyttén, Even, '90
632—Pendergast, Rob, '93
633—Poole, Malcolm, '92
634—Skogheim, Dag-Frode, '92
635—Smith, Andre, '92

NAVY

Shirt: Gold
Shorts: Navy
636—Barkdoll, Tim, '90
637—Berkhout, Broderick, '90
638—Berra, Nick, '91
639—Borden, Anthony, '93
640—Boyd, Mike, '91
641—Brown, Donald, '91
642—Byrd, Mike, '90
643—Cash, Eric, '91
644—Clevenger, Bryant, '91
645—Conover, Michael, '91
646—D'Ambra, Mark, '92
647—Flores, Frank, '92
648—Gilmore, Mark, '90
649—Howard, Matt, '91
650—Hunt, Mark, '90
651—Keller, Greg, '93
652—Kerley, Lucas, '93
653—Kleinpeter, Mark, '92
654—Lehman, Matthew, '93
655—Leverette, Glenn, '90
656—Lundblad, Peter, '92
657—Molina, Luis, '93
658—Morton, Darren, '90
659—Nordstorm, Jeff, '92
660—Novak, Chris, '93
661—Proctor, Brian, '93
662—Sehnert, Robert, '91
663—Short, Tom, '91
664—Slade, Acie, '92
665—Stackhouse, Clay, '90
666—Taylor, Jonathan, '93
667—Terrell, Anthony, '91
668—Thomas, Dennis, '90
669—Tipton, Chris, '90

670—Venters, Efram, '90
671—Weissenfels, Robert, '90
672—Wahsburn, Todd, '93
673—Wood, Steve, '90

NEW HAMPSHIRE

Shirt: Blue
Shorts: Blue
674—Basha, Christopher, '93
675—Borromeo, Barney, '91
676—Clegg, Scott, '93
677—Geil, Todd, '93
678—Gustavson, Gary, '90
679—Hall, Randy, '90
680—Landvov, Ryan, '90
681—McKeown, Adam, '90
682—O'Shaughnessy, Daniel, '92
683—Ponders, Billy, '91
684—Powers, Mathew, '91
685—Sallade, Jeffrey, '92
686—Sargent, Douglas, '92
687—Sarette, Steven, '92
688—Stone, Joseph, '93
689—Taylor, Gregory, '91
690—Velasquez, Garrett, '90
691—White, Eugene, '91
692—Wipf, Gregory, '92

NEW HAVEN

Shirt: White/Blue
Shorts: Blue
693—Sweeney, Orville, '91
694—Rivers, Mark, '90

NEW YORK TECH

Shirt: Blue
Shorts: Blue
695—Ankle, O'Neil, '92
696—Bailey, Selwin, '93
697—Boswell, Ralston, '92
698—Burnett, Howard, '91
699—Donaldson, Stephen, '90
700—Edwards, Paul, '93
701—Harriott, Livingston, '91
702—King, Andrew, '93
703—McCray, Reggie, '91
704—McFarlane, Robert, '93
705—Sparks, Ray, '91
706—Wallace, Orrett, '93

NORTHEASTERN

Shirt: Black
Shorts: Black
707—Breveleri, Matt, '94
708—Crook, Matt, '92
709—Davies, Scott, '92
710—DiBasio, Dino, '91
711—Fishman, Jayme, '93
712—Gomes, Mark, '92
713—Grant, Andrew, '94
714—Halvorsen, Anders, '93
715—Hayward, Glenn, '94
716—Hirsh, Andy, '91
717—Johnson, Brian, '90
718—Joline, Bruno, '90
719—Jones, Ron, '91
720—Kortick, Paul, '94
721—Lewis, Peter, '93
722—Martin, Steve, '94
723—McCrea, Charles, '91
724—Muse, Tyrone, '93
725—Neddeau, Erik, '94
726—Pitt, Cliff, '93
727—Rice, Steve, '94
728—Rooney, Steve, '91
729—Shine, Dennis, '91
730—Spence, Craig, '93
731—Spencer, Dammon, '92
732—Stallings, Mike, '94
733—Tenney, Bryan, '90
734—Wareham, Harry, '93

NOTRE DAME

Shirt: Gold
Shorts: Navy Blue
735—Cahill, Ryan, '91
736—Cole, John, '91
737—Coyle, John, '93
738—Decker, Lance, '93
739—Devanny, Patrick, '92
740—Fitzgerald, Robert, '90
741—Hobbs, William, '90
742—Kearns, Patrick, '91
743—Lavery, Mark, '91
744—Maloney, Paul, '93
745—Matteo, Gregory, '91
746—McLaughlin, Steven, '90
747—Mundy, Hugh, '93

748—O'Connor, Michael, '90
749—O'Rourke, Thomas, '90
750—Peppard, Brian, '92
751—Pollard, William, '93
752—Rogan, Michael, '90
753—Schneider, Shawn, '92
754—Searcy, Yan, '90
755—Setzer, Marvin, '92
756—Smith, Jeffrey, '91
757—Smith, Rodney, '92
758—Soroka, Gregory, '92
759—Vnadenberg, Scott, '91
760—Varga, James, '90
761—Victor, Xavier, '90
762—Watson, Glenn, '90
763—Whelan, Kevin, '90

PENNSYLVANIA

Shirt: Red/Blue
Shorts: Navy
764—Bertsen, Eric, '91
765—Brown, Greg, '91
766—Costner, Jason, '92
767—Devine, Joe, '92
768—Ekert, Kurt, '92
769—Fein, Tom, '93
770—Fera, Peter, '91
771—Gardner, Coltrane, '91
772—Giagrande, Joe, '90
773—Ginsberg, Dave, '91
774—Guastella, Michael, '92
775—Gubeno, Chris, '90
776—Harrington, Bill, '90
777—Higgins, Marcus, '93
778—Horrocks, Dave, '92
779—Kipness, Rob, '90
780—Leahy, Chris, '90
781—Lung, Doug, '93
782—Lyons, Michael, '93
783—Mott, Ako, '93
784—Overholt, Richard, '90
785—Prowell, Mike, '92
786—Rouse, Al, '95
787—Saglio, Jesse, '93
788—Shafritz, Adam, '90
789—Shultz, Carlos, '93
790—Smart, Cecil, '92
791—Vrabec, George, '90
792—Wiley, Craig, '90
793—Yearwood, Gabby, '93

PENN STATE

Shirt: White/Blue
Shorts: Royal Blue
794—Algeri, Mark, '92
795—Anderson, Mark, '90
796—Boyd, Stephen, '91
797—Brown, Steven, '90
798—Cannon, Marshall, '90
799—Caraher, Phil, '91
800—Castillo, Mike, '90
801—Chichester, John, '91
802—Crepanuk, Kevin, '92
803—Crescenzi, Michael, '92
804—Cucel, Tom, '93
805—Elder, Scott, '92
806—Ferrell, Derik, '93
807—Frank, Michael, '92
808—Hall, Ricardo, '91
809—Heffner, David, '93
810—Hunter, C., '90
811—Kelley, Kevin, '93
812—Keyes, Brad, '91
813—Large, Greg, '90
814—Marsden, David, '91
815—Meier, Terry, '92
816—Mellott, Philip, '93
817—Morrow, Austin, '91
818—Novak, Jeff, '90
819—O'Reilly, Aidan, '92
820—Radzwich, Robert, '92
821—Rogers, Greg, '93
822—Romanowicz, John, '90
823—Scott, Andrew, '92
824—Stegbauer, Joe, '91
825—Stockhausen, Pete, '92
826—Strange, Jon, '92
827—Sturtevant, Eric, '90
828—Taylor, Marc, '92
829—Ternay, Mason, '93
830—Walker, Kirby, '92
831—Walsh, Barry, '90
832—Walter, Doug, '90
833—Waltz, Craig, '93
834—Webb, Tim, '90

835—Wimmer, Mark, '93
836—Wiley, Kevin, '91
837—Yount, Jim, '90

PHILADELPHIA TEXTILE

Shirt: Silver
Shorts: Burgundy
838—Cass, James, '90
839—Donnelly, Jim, '90
840—Mansfield, Martin, '91
841—Rasdel, Mornez, '90
842—Shaw, Dean, '93
843—Swift, Ian, '90
844—Tirendi, Thomas, '93
845—Williams, Byron, '90

PITTSBURGH

Shirt: Blue
Shorts: Gold
846—Adegbite, Steve, '93
847—Bodnar, Jason, '92
848—Bradley, Devvon, '93
849—Brown, William, '93
850—Buckner, Jehvon, '92
851—Burton, J.J., '92
852—Colton, Matt, '90
853—Dowling, Keith, '91
854—Downer, Eric, '92
855—Duelli, Dominick, '92
856—Ellis, Elbert, '91
857—Formica, Mike, '91
858—Forrester, Steve, '92
859—Friedrich, Paul, '90
860—Gillaspie, Darrin, '90
861—Hamilton, James, '92
862—Howard, Mathew, '93
863—Humphrey, Scott, '91
864—Jobson, Franz, '92
865—Malobicky, Neil, '91
866—Maxwell, Lindsey, '92
867—Mighty, Rowan, '90
868—Nauman, Chris, '92
869—Rasy, Michael, '93
870—Rice, Sam, '92
871—Semay, Dave, '92
872—Shields, Brett, '92
873—Smith, Wayne, '93
874—Stephens, James, '92
875—Swartout, Tom, '92
876—Twyman, Matt, '92
877—Walcott, Maurice, '91
878—Walthall, Todd, '92
879—Whitley, Brian, '93
880—Woshner, Craig, '92

PRINCETON

Shirt: Orange
Shorts: Black
881—Alala, Joe, '92
882—Aro, Mark, '92
883—Berko-Boateng, Justin, '92
884—Burke, Thomas, '93
885—Burke, William, '91
886—Burnett, John, '93
887—Carpenter, Michael, '91
888—Chang, Rudy, '91
889—Chen, Ron, '90
890—Dyer, Al, '90
891—Ford, Nate, '93
892—Haley, Kevin, '91
893—Henry, Adam, '91
894—Indris-Santana, Alexi, '93
895—Jacobs, Judson, '93
896—Jones, Andy, '93
897—Kennedy, Darren, '93
898—Larson, Scott, '92
899—Manville, Duncan, '90
900—Mathews, Charles, '90
901—McGuire, Kevin, '93
902—Meinz, Mathew, '90
903—O'Brien, Joseph, '92
904—Opie, Robin, '93
905—Prudenti, John, '93
906—Richards, Jay, '92
907—Sax, Brian, '93
908—Seley, Peter, '90
909—Simmons, Omar, '92
910—Smith, Vincent, '90
911—Vanasek, Richard, '92

LIST OF ENTRANTS (Continued)

PROVIDENCE

Shirt: White
Shorts: Black
912—Beauchesne, Eric, '92
913—Burke, David, '91
914—Cody, Scott, '92
915—Connors, Kevin, '91
916—Duggan, John, '90
917—Evans, John, '90
918—Logan, Paul, '93
919—Mullaney, Bill, '90
920—Murphy, Niall, '90
921—Scanlan, Michael, '90
922—Teague, Chris, '93

RHODE ISLAND

Shirt: White
Shorts: Blue/Yellow
923—Allen, Robert, '91
924—Cannon, Bryan, '90
925—Clark, Thomas, '92
926—DeBaker, Paul, '92
927—Deleka, Scott, '94
928—DeStefano, David, '93
929—Dunn, Timothy, '91
930—Ratcliff, Richard, '91
931—Whitney, Brett, '91
932—Winslow, Edward, '91
933—Woods, Jeffery, '91

RIDER

Shirt: Silver/Red/White
Shorts: Red
934—Armstrong, Terence, '93
935—Aschmies, John, '91
936—Bewley, Joel, '91
937—Blass, Kevin, '92
938—Bond, Chris, '90
939—Calhoun, Greg, '91
940—Cullen, Joe, '93
941—Dattner, Greg, '93
942—Ervin, Gary, '93
943—Hess, Lance, '93
944—Hinton, Rich, '91
945—Jackson, Mike, '92
946—McFarlane, Rohan, '90
947—Mosley, Rajah, '92
948—Murphy, Charles, '93
949—Newman, Doug, '93
950—Reilly, Scott, '90
951—Rizzolo, Marty, '93
952—Robinson, Dwayne, '93
953—Stopyra, Keith, '93
954—Vinson, Dennis, '91
955—Yakowenko, Tom, '90
956—Young, Roger, '92

RUTGERS

Shirt: White
Shorts: Red
957—Austin, Patrick, '92
958—Brown, Kevin, '91
959—Carnegie, Oral, '91
960—Cassaveu, Bob, '90
961—Colca, Eric, '92
962—Diana, Dan, '93
963—Dugas, Scott, '92
964—Friedlander, Allan, '92
965—Goodlowe, Rasheed, '93
966—Hamilton, Hai, '90
967—Henry, Ken, '91
968—Hess, Steve, '90
969—Johns, Jeff, '90
970—Keating, Steve, '90
971—Murphy, Sean, '90
972—Romanowski, Scott, '93
973—Sanders, Pat, '90
974—Singletary, David, '92
975—Theobald, Steve, '90
976—Thomas, Marcus, '92
977—Thomas, Micky, '91
978—Tilton, Doug, '91
979—Wiggins, Frank, '92

ST. JOHN'S

Shirt: White
Shorts: Red
980—Abrahams, Michael, '91
981—Castro, Janos, '92
982—Daniels, David, '91
983—DeLain, Leander, '93
984—Dow, Kipchoge, '91
985—Egger, Christopher, '92
986—Furlong, Michael, '92
987—Glass, Derrick, '92
988—Grant, Paul, '92
989—Hegarty, Niall, '92

990—Humble, Jason, '93
991—Ingingo, Vincenzo, '92
992—Joiner, Devant, '92
993—Kehrli, Thomas, '91
994—Kennedy, Declan, '91
995—Makuch, Stephen, '90
996—McAleer, Gregory, '92
997—Miller, Craig, '93
998—Moreira, Peter, '90
999—Nicholson, Stephen, '90
1000—Ostneberg, Christopher, '90
1001—Sheehan, Geoffrey, '91
1002—Soares, Dennis, '92
1003—Thompson, Ricardo, '91
1004—Vanboden, Kevin, '90

ST. JOSEPH'S

Shirt: Red
Shorts: Grey
1005—Bierling, Jack, '93
1006—Carney, Tim, '93
1007—Costantino, Nick, '91
1008—Dart, George, '90
1009—Gilmore, Tom, '93
1010—Hefferan, Steve, '91
1011—Hopta, Jim, '90
1012—Margre, Joe, '92
1013—McCray, Curtis, '90
1014—McGinn, Joe, '92
1015—Morrison, Gary, '92
1016—Sanchious, Ted, '90
1017—Trombetta, Steve, '92
1018—Wilson, Gabe, '92
1019—Wykle, Mark, '90

SETON HALL

Shirt: White
Shorts: White
1020—Ally, Abdillahi, '90
1021—Aszklar, Paul, '91
1022—Cameron, Andrew, '91
1023—Dickenson, Gordon, '93
1024—Hemsley, Alex, '91
1025—McGlashan, Patrick, '93
1026—Palmer, Remond, '90
1027—Simmons, Sean, '92
1028—Stoute, Maurice, '91
1029—Washington, Enrique, '92
1030—Worth, William, '92
1031—Worthen, James, '92

SOUTHERN CONNECTICUT

Shirt: Blue
Shorts: White
1032—Antaya, Bob, '93
1033—Burdick, Ben, '91
1034—Cary, Tom, '92
1035—Davenport, Bob, '91
1036—Desrocher, Russ, '90
1037—Gagnon, Bob, '90
1038—Hager, Brian, '90
1039—Hilliman, Joe, '91
1040—Mason, Mike, '91
1041—Mullarkey, Mark, '91
1042—Murphy, Ryan, '93
1043—O'Neill, Pat, '93
1044—Rivera, Estaban, '91
1045—Susi, Mike, '92
1046—Szczepanik, Greg, '91
1047—Wimler, Tom, '91

SYRACUSE

Shirt: Orange/Blue
Shorts: Blue
1048—Breithaupt, Ken, '90
1049—Cantrell, James, '91
1050—Cordts, David, '90
1051—Dering, Steve, '91
1052—Ellis, Martin, '90
1053—Fiske, Barry, '90
1054—Fountain, Barry, '90
1055—Fountain, Pieter, '90
1056—Francis, Kirl, '93
1057—Gray, TJ, '91
1058—Gaulay, Mike, '91
1059—Hartley, Matt, '91
1060—Ismail, Qadry, '92
1061—Johnson, Antonio, '92
1062—Jones, Archer, '92
1063—Kawase, KC, '93
1064—McDonough, Nick, '93
1065—McGurin, Greg, '90
1066—McQueen, Kevin, '92
1067—Navarro, Jamie, '92
1068—Opdyke, Eric, '93
1069—Parham, Steve, '92

1070—Perry, Tom, '91
1071—Ricker, Jason, '92
1072—Smith, Chris, '93
1073—Snook, Bruce, '90
1074—Stephens, John, '93
1075—Stranko, Brian, '93
1076—Wuerth, Julian, '92

TEMPLE

Shirt: White
Shorts: Red
1077—Baker, Ronald, '92
1078—Barnes-Hawkins, James, '92
1079—Blake, Clifford, '91
1080—Drayton, Rich, '93
1081—Hopkins, David, '93
1082—McGurn, Michael, '91
1083—Mills, Aaron, '91
1084—Powell, Basil, '92
1085—Rolley, Aron, '92
1086—Strawbridge, Rupert, '93
1087—White, Steven, '92
1088—Williams, Jason, '93
1089—Young, Kirk, '90

TOWSON STATE

Shirt: Gold/Black
Shorts: Black
1090—Brown, Mark, '90
1091—Davis, Harry, '92
1092—Funk, Brian, '93
1093—Megary, Mark, '90
1094—Neidhammer, Drew, '91
1095—Simpkins, Lamonte, '93

TUFTS

Shirt: White
Shorts: Navy
1096—Swift, Steven, '93

VILLANOVA

Shirt: White
Shorts: Navy
1097—Case, John, '91
1098—Dallo, Marc, '93
1099—Frieli, Jan, '90
1100—Howe, Quentin, '90
1101—Jackson, Howard, '90
1102—Kelly, Finn, '91
1103—McDermott, Chris, '93
1104—Mitchell, Gene, '90
1105—O'Regan, Aiden, '91
1106—Pollis, Tim, '92
1107—Rainey, Mark, '90
1108—Seeger, Michael, '91
1109—Sigey, Joseph, '92
1110—Streleckis, Michael, '90
1111—Sumner, Brad, '93
1112—Van Horn, Charles, '91
1113—Worrell, Jeremy, '90

WEST VIRGINIA

Shirt: White/Gold
Shorts: Gold
1114—Akinruntan, Lekan, '92
1115—Andrews, Fred, '93
1116—Bowie, William, '92

1117—Brooks, Buck, '93
1118—Byrnes, Joe, '92
1119—Comer, Jamie, '93
1120—Connelly, Matt, '92
1121—Core, Jeff, '93
1122—DeCarlo, Don, '90
1123—Dion, Tom, '92
1124—French, John, '91
1125—Greenlee, Bill, '90
1126—Hayes, Carl, '92
1127—Holliman, Ed, '90
1128—Hulme, Paul, '91
1129—Jarvis, Jeff, '91
1130—Jett, James, '93
1131—Mann, Steve, '93
1132—Mundy, Mike, '91
1133—Putney, Richard, '93
1134—Riley, Marcus, '93
1135—Rozgonyi, Paul, '90
1136—Sanford, James, '93
1137—Sprouse, Dave, '91
1138—Torchia, Karl, '92
1139—Via, Tim, '93
1140—Williams, Pete, '93
1141—Yeater, David, '93

WILLIAM & MARY

Shirt: Green
Shorts: Gold
1142—Cunningham, Jay, '93
1143—Delsite, Bryan, '93
1144—Doyle, Gary, '91
1145—Howell, Michael, '92
1146—Krause, Kevin, '93
1147—Malloy, Sean, '92
1148—Nixon, Jay, '93
1149—Vandergrift, Paul, '91

YALE

Shirt: White
Shorts: Yale Blue
1150—Anderson, Calvin, '93
1151—Armanini, Adrian, '93
1152—Brown, John, '90
1153—Clarke, Charles, '93
1154—Dodge, Christopher, '93
1155—Feital, Bryan, '90
1156—Garrett, Michael, '91
1157—Gaugush, Kevin, '90
1158—Gibney, Anthony, '93
1159—Gibson, James, '91
1160—Goldblatt, David, '90
1161—Kreutzer, David, '93
1162—Leonard, Keith, '93
1163—Lesko, Robert, '91
1164—Meinhardt, Robert, '91
1165—Michel, Jason, '91
1166—McNulty, Andre, '93
1167—Palladino, Michael, '91
1168—Vanasek, James, '92
1169—Walker, Mathew, '92
1170—Warren, Michael, '90
1171—Way, James, '90
1172—Wemple, Richard, '92
1173—Wilson, Glen, '91
1174—Woolery, Wilhelm, '93



114th IC4A

OUTDOOR TRACK & FIELD CHAMPIONSHIPS

Thursday - Sunday
May 17 - 20, 1990

Clint Frank Track YALE UNIVERSITY

67 YEARS OF I.C.A.A.A.

Winners of IC4A Indoor Championship Events, 1922—1989

Year	Site and Size of Track	Top Three Team Scores
1922	102nd Engineers Armory, NYC (220y Banked Board)	Cornell 35.5; Dartmouth 25; Pennsylvania 24
1923	- same -	Pennsylvania 29; Cornell 26; Dartmouth 18
1924	- same -	Pennsylvania 21.33; Princeton 20; Yale 20
1925	- same -	Georgetown 37; Harvard 24.25; Pennsylvania 22.5
1926	- same -	Harvard 28; Georgetown 25.5; Pennsylvania 23.5
1927	- same -	Harvard 23.43; Yale 20.5; Cornell 29.29
1928	- same -	Pennsylvania 29; Cornell 26; Dartmouth 18
1929	- same -	N.Y.U. 25; Georgetown 22.5; Pennsylvania 21.25
1930	- same -	Cornell and Pennsylvania 27.5-tie; Harvard 20.5
1931	- same -	Pennsylvania 38.1; Harvard 19; Cornell 17.7
1932	Kingsbridge Armory, Bronx (293.3y Banked Board)	N.Y.U. 31; Harvard 24; Pennsylvania 23.5
1933	- same -	Yale 32; N.Y.U. 28; Manhattan 21
1934	Madison Square Garden-III...(160y Banked Board)	Manhattan 28.5; N.Y.U. 24.5; Yale 20
1935	(50th St. & 8th Av) - same -	Manhattan 26; Cornell 16.5; Harvard 16
1936	- same -	Manhattan 26; Yale 18.5; Harvard 17.75
1937	- same -	Columbia 34.36; Princeton 19.76; Manhattan 19.43
1938	- same -	Columbia 27; Manhattan 24; Yale 18
1939	- same -	Manhattan 36; N.Y.U. 20; Fordham 15
1940	- same -	N.Y.U. 27; Manhattan 21; Penn State 17.5
1941	- same -	Fordham 25.25; Pittsburgh 18; N.Y.U. 18
1942	- same -	Penn State 21.7; Fordham 20.5; New Hampshire 18
1943	- same -	N.Y.U. 48; Fordham 20.5; Cornell 13
1944	- same -	Army 47; Navy 36.5; Dartmouth 19
1945	- same -	Army 73.5; Navy 55.5; N.Y.U. 19
1946	- same -	Army 53.5; N.Y.U. 35; Manhattan 22
1947	- same -	N.Y.U. 35; Manhattan 30; Penn State 16
1948	- same -	N.Y.U. 31.5; Yale 23.25; Manhattan 18
1949	- same -	Michigan State 35.4; Yale 26.4; Seton Hall 20
1950	- same -	Michigan State 21; Seton Hall 20; Manhattan 19.5
1951	- same -	Manhattan 29; Seton Hall 27.29; Georgetown 22
1952	- same -	Manhattan 40.5; Army 18; Georgetown 14
1953	- same -	Manhattan 36; Penn State 22.5; Columbia 17
1954	- same -	Yale 19; Boston U. 18.5; Manhattan 17
1955	- same -	Manhattan 27; Villanova 22.5; Penn State 18
1956	- same -	Manhattan 36; Villanova 34; Pittsburgh 15.83
1957	- same -	Villanova 46; Manhattan 22.5; Penn State 12.61
1958	- same -	Villanova 29.33; Manhattan 27; Pittsburgh 11.5
1959	- same -	Penn State 20.47; Manhattan 20; Yale 17
1960	- same -	Villanova 27; Yale 23.2; Manhattan 16
1961	- same -	Yale 30; Villanova 29; Manhattan 20
1962	- same -	Villanova 31.5; Yale 16.125; N.Y.U. 15.625
1963	- same -	Villanova 27; Navy 18; Yale 17
1964	- same -	Villanova 22; Manhattan 21; Harvard 14
1965	- same -	Villanova 24; Maryland 21.5; Harvard 14
1966	- same -	Maryland 28; Villanova 17; Harvard 14
1967	- same -	Villanova 36; Army 18; Notre Dame 17
1968	Madison Square Garden-IV...(160y Banked Board)	Villanova 47; Harvard 24; Army 16.5
1969	(33rd St. & 8th Av) - same -	Villanova 46; Maryland 32.5; Harvard 21
1970	- same -	Villanova 41.5; Maryland 28.5; Yale 13
1971	Jadwin Gym, Princeton U...(220y Flat Synthetic)	Villanova 42; Pennsylvania 21; Pittsburgh 21
1972	- same -	Pennsylvania 26; Villanova 24; Adelphi 21
1973	- same -	Manhattan 45; Navy 24; Pennsylvania 14.5
1974	- same -	Villanova 29; Seton Hall and Manhattan 28
1975	- same -	Seton Hall 37; Maryland 34; William & Mary 27
1976	- same -	Maryland 38; Seton Hall 34; Villanova 29
1977	- same -	Villanova 51; Maryland 37; Seton Hall 20
1978	- same -	Villanova 64; Maryland 39; Northeastern 29
1979	- same -	Villanova 99; Maryland 73; Manhattan 34

1980-	Jadwin Gym, Princeton U....(220y Flat Synthetic)	Villanova 66; F.D.U. 58; Maryland 44.5
1981-	- same -	Maryland 97; F.D.U. 73; Villanova 63
1982-	- same -	F.D.U. 56; Villanova 47; Maryland 43.5
1983-	- same -	Villanova 92; George Mason and Rutgers 50
1984-	- same -	Penn State 62; George Mason 61; Georgetown 56
1985-	- same -	Villanova 59; Penn State 57; Boston U. 53
1986-	- same -	Villanova 52; Penn State 50; and Boston U., George Mason and Georgetown 42
1987-	Gordon Track, Harvard U.(220y Banked Synthetic)	Penn State 53; Villanova 52; George Mason 46
1988-	Jadwin Gym, Princeton U.	Georgetown 70; George Mason 60; Penn State 51
1989-	- same -	George Mason 72; Penn State 65; Princeton 40

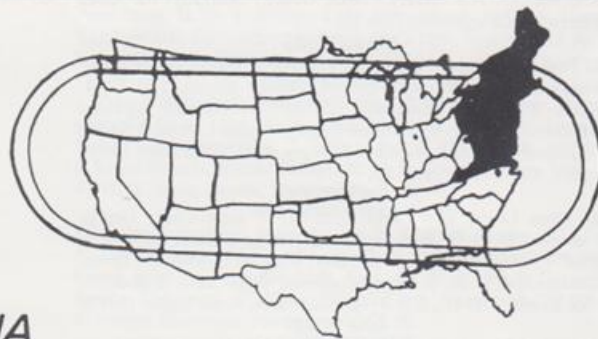
Team Championship Trophies:

Villanova	(20) '57-'58-'60-'62-'63-'64-'65-'67-'68-'69-'70-'71-'74-'77-'78-'79-'80-'83-'85-'86
Manhattan	(10) '34-'35-'36-'39-'51-'52-'53-'55-'56-'73
N.Y.U.	(6) '29-'32-'40-'43-'47-'48
Pennsylvania	(5.5) '23-'24-'28-'*30-'31-'72 (* - 1930 - tied w/Cornell)
Penn State	(4) '42-'59-'84-'87
Army (USMA)	(3) '44-'45-'46
Yale	(3) '33-'54-'61
Maryland	(3) '66-'76-'81
Harvard	(2) '26-'27
Columbia	(2) '37-'38
Michigan State	(2) '49-'50
Georgetown	(2) '25-'88
Cornell	(1.5) '22-'*30 (tied w/Pennsylvania)
Fordham	(1) '41
Seton Hall	(1) '75
F.D.U.	(1) '82
George Mason	(1) '89



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68TH ICAAAA INDOOR TRACK AND FIELD CHAMPIONSHIP RESULTS JADWIN GYMNASIUM, PRINCETON UNIVERSITY MARCH 3 — 5, 1989

55 METER DASH

1. Raghib Ismail, Notre Dame, 6.34; 2. Salaam Gabria, Villanova, 6.35; 3. Clay Stackhouse, Navy, 6.38; 4. Maury Bonner, Holy Cross, 6.39; 5. Willie McNeill, East Carolina, 6.39; 6. Antonio Johnson, Syracuse, 6.44; 7. Vincent Smith, Princeton, 6.46; 8. Rusty Setzer, Notre Dame, 6.47.

55 METER HURDLES

1. Eric Cannon, Pittsburgh, 7.32; 2. Qadry Ismail, Syracuse, 7.41; 3. Brett Shields, Pittsburgh, 7.53; 4. Kevin McQueen, Syracuse, 7.54; 5. Andrew Dean-Neil, Seton Hall, 7.57; 6. Wayne Detmer, Yale, 7.59; 7. Bart Bailey, F.D.U., 7.60; 8. Charles Lackey, Rider, 7.61.

200 METERS

1. Michael Timpson, Penn State, 21.59; 2. Clay Stackhouse, Navy, 21.69; 3. Salaam Gabria, Villanova, 21.85; 4. Patrick O'Connor, George Mason, 21.95; 5. Wayne Seaton, Fordham, 21.99; 6. Brian Irving, East Carolina, 22.03; 7. Donald Thrower, Maryland, 22.08; 8. Rusty Setzer, Notre Dame, 22.11.

400 METERS

1. Donald Thrower, Maryland, 47.92; 2. Chris Brown, Georgetown, 48.48; 3. David Price, Pittsburgh, 48.51; 4. Efreem Venters, Navy, 49.16; 5. Sherwin Sterling, C.W. Post, 49.19; 6. Redmond Palmer, Seton Hall, 49.52; 7. David Sheppard, Delaware, 49.63; 8. Walter McCall, Manhattan, finished 6th at 49.30 but was disqualified - running out of lane.

500 METERS

1. Bruce Phillip, Manhattan, 1:01.49; 2. Steve Neal, Manhattan, 1:03.52; 3. Harold Rollins, Seton Hall, 1:03.94; 4. Gable Barmer, Seton Hall, 1:03.97; 5. Shawn Vass, George Mason, 1:04.02; 6. David Jones, Seton Hall, 1:04.30; 7. David Rusnock, Central Connecticut, 1:04.68; 8. John Waggoner, William & Mary, 1:05.43; 9. Yan Searcy, Notre Dame, 1:05.62; 10. Greg Meeropol, Georgetown, 1:06.73.

800 METERS

1. Paul Rowbotham, Villanova, 1:50.08; 2. David Moore, Pittsburgh, 1:50.98; 3. Ernest Barrett, George Mason, 1:51.32; 4. Keefe Clemons, Princeton, 1:51.67; 5. Howard Jackson, Villanova, 1:52.89; 6. Terrence Dugan, Boston College, 1:53.10; 7. Robert Campbell, William & Mary, 1:53.38; 8. John Trautmann, Georgetown, 1:55.32.

1,000 METERS

1. Elton Lewis, C.W. Post, 2:25.62; 2. John Cook, George Mason, 2:25.93; 3. Paul Gambrah, George Mason, 2:25.94; 4. Paul Vandegrift, William & Mary, 2:26.31; 5. Quentin Howe, Villanova, 2:27.28; 6. Mark Anderson, Penn State, 2:28.36; 7. Jose Barros, F.D.U., 2:31.4; 8. David Warth, Notre Dame, D.N.S.

ONE MILE

1. Brad Schlapak, Northeastern, 4:07.55; 2. William Rathburn, Cornell, 4:10.74; 3. John Duggan, Providence, 4:10.74; 4. Jan Friedli, Villanova, 4:12.77; 5. William Burke, Princeton, 4:12.83; 6. Doug Walter, Penn State, 4:12.89; 7. Steve West, Bucknell, 4:12.99; 8. Mark Manley, Georgetown, 4:15.40.

3,000 METERS

1. Dan Garrett, Notre Dame, 8:18.12; 2. Ken Frazier, Penn State, 8:19.97; 3. John Schwab, LaSalle, 8:20.27; 4. Niall Murphy, Providence, 8:20.34; 5. Ryan Cahill, Notre Dame, 8:23.95; 6. Pete Sherry, Georgetown, 8:24.69; 7. Raymond Pugsley, Dartmouth, 8:24.92; 8. Mike Donahue, Georgetown, 8:28.00; 9. George Grant, Boston College, 8:29.88.

5,000 METERS

1. Ron Markezich, Notre Dame, 14:11.85; 2. Joseph Lemay, Princeton, 14:15.12; 3. Eric Lukens, Cornell, 14:28.94; 4. Brian Lenihan, Dartmouth, 14:34.30; 5. Michael Pieroni, Boston College, 14:35.67; 6. Tom O'Rourke, Notre Dame, 14:36.95; 7. Richard Beaver, Dartmouth, 14:39.70; 8. David Burke, Providence, 14:52.65; 9. Brian Laird, Penn State, 14:58.57; 10. Chris Bianchi, Northeast, 14:59.1.

4 x 440 YARD RELAY

1. Seton Hall, 3:14.91; 2. Manhattan, 3:15.04; 3. George Mason, 3:20.89; 4. Boston University, 3:20.98; 5. Maryland, 3:21.87; 6. Pittsburgh, 3:22.33; 7. Navy, 3:22.54; 8. New York Tech, 3:29.2.

4 x 880 YARD RELAY

1. George Mason, 7:34.72; 2. Yale, 7:35.18; 3. Rutgers, 7:37.71; 4. Georgetown, 7:38.78; 5. Pittsburgh, 7:39.08; 6. Penn State, 7:40.57; 7. Iona, 7:50.60.

DISTANCE MEDLEY RELAY

1. Georgetown, 9:54.07; 2. Manhattan, 9:56.59; 3. St. John's, 9:56.79; 4. Dartmouth, 9:57.50; 5. Fordham, 9:58.16; 6. Notre Dame, 10:03.56; 7. Navy, 10:14.20; 8. Connecticut, 10:21.28.

HIGH JUMP

1. Tony Barton, George Mason, 2.18; 2. Charles Forlidas, Princeton, 2.15; 3. Zondra Thompson, St. John's, 2.10; 4. Timothy Corbitt, Connecticut, 2.10; 5. Terrence Ferguson, Brown, 2.10; 5. Bill Pearson, Rider, 2.10.

POLE VAULT

1. John Finney, Maryland, 5.29; 2. Mark Murphy, Brown, 4.88; 3. Mark Allgeri, Penn State, 4.88; 4. Tom Kleban, Penn State, 4.88; 5. Adolph Brown, William & Mary, 4.75; 5. James Way, Yale, 4.75.

LONG JUMP

1. Vincent Smith, Princeton, 7.55; 2. Alfred Dyer, Princeton, 7.51; 3. Eugene Koranteng, George Mason, 7.46; 4. Keith Davis, New Haven, 7.30; 5. Michael Timpson, Penn State, 7.28; 6. Wayne Detmer, Yale, 7.20.

TRIPLE JUMP

1. Eugene Koranteng, George Mason, 15.42; 2. Tom Mowatt, Georgetown, 15.36; 3. Harold Terrell, Navy, 15.32; 4. Tony Barton, George Mason, 15.21; 5. Richard Hall, Penn State, 15.14; 6. Mark Thompson, Brown, 15.13.

SHOT PUT

1. C.J. Hunter, Penn State, 19.19; 2. Ralph Tamm, Iona, 17.33; 3. Phil Caraher, Penn State, 16.83; 4. Andrew Cary, Connecticut, 16.80; 5. Herbert Anderson, Dartmouth, 16.79; 6. Robert Sehnert, Navy, 16.71.

35 LB. WEIGHT THROW

1. Simon Linscheid, Iona, 19.78; 2. Charles Bailey, Navy, 19.54; 3. Tony Washington, Syracuse, 19.33; 4. Daniel Ford, Dartmouth, 18.98; 5. Robert Allen, Rhode Island, 18.70; 6. Chris Hall, Syracuse, 18.00.

PENTATHLON

1. Brian Otley, Dartmouth, 2,924; 2. Barry Walsh, Penn State, 3,850; 3. Eric Steenstra, Penn State, 3,809; 4. Mark Ivanov, Bentley, 3,773; 5. Steven Theobald, Rutgers, 3,734; 6. Joe Pierce, Georgetown, 3,700.

FINAL TEAM STANDINGS

1. George Mason, 72; 2. Penn State, 65; 3. Princeton, 40; 4. Notre Dame, 34; 4. Manhattan, 34; 6. Navy, 33; 7. Georgetown, 32; 7. Villanova, 32; 9. Pittsburgh, 31; 10. Dartmouth, 24; 10. Seton Hall, 24; 12. Maryland, 22; 13. Iona, 18; 14. Syracuse, 16; 15. Cornell, 14; 16. C.W. Post, 12; 16. St. John's, 12; 18. Yale, 11.5; 19. Brown, 10.5; 20. Northeastern, 10; 20. Providence, 10; 22. Rutgers, 8; 22. Connecticut, 8; 24. F.D.U., 6; 24. LaSalle, 6; 26. William & Mary, 5.5; 27. Bentley, 4; 27. New Haven, 4; 27. Holy Cross, 4; 27. Fordham, 4; 27. Boston University, 4; 32. Boston College, 3; 32. East Carolina, 3; 34. Rhode Island, 2; 35. Rider, 1.5.



113TH ANNUAL ICAAAA OUTDOOR TRACK AND FIELD CHAMPIONSHIP RESULTS JUMBO ELLIOTT TRACK, VILLANOVA UNIVERSITY MAY 18 — 21, 1989

100 METERS

1. Salaam Gariba, Villanova, 10.43; 2. Patrick O'Connor, George Mason, 10.46; 3. Randy Jones, Duke, 10.51; 4. Willie McNeill, East Carolina, 10.57; 5. Ralson Boswell, New York Tech, 10.59; 6. Edward Holliman, West Virginia, 10.61; 7. Vincent Smith, Princeton, 10.65; 8. Isaac Robinson, East Carolina, 10.88.

200 METERS

1. Patrick O'Connor, George Mason, 20.87; 2. Willie McNeill, East Carolina, 20.93; 3. Howard Burnett, New York Tech, 21.02; 4. Randy Jones, Duke, 21.06; 5. Brian Irving, East Carolina, 21.46; 6. Donald Thrower, Maryland, 21.71; 7. Wayne Seaton, Fordham, 21.76.

400 METERS

1. Remond Palmer, Seton Hall, 47.42; 2. Alexander Strachan, Manhattan, 47.78; 3. Donald Thrower, Maryland, 47.92; 4. Desi Wynter, James Madison, 48.05; 5. Shawn Vass, George Mason, 48.10; 6. Gable Barmer, Seton Hall, 48.8; 7. David Price, Pittsburgh, 49.1; 8. Livingston Harriott, N.Y. Tech, 49.4.

800 METERS

1. John Cook, George Mason, 1:48.47; 2. Paul Rowbotham, Villanova, 1:48.90; 3. Ernest Barrett, George Mason, 1:48.97; 4. Michael Jasper, Georgetown, 1:49.51; 5. Bruce Harris, Villanova, 1:49.64; 6. David Moore, Pittsburgh, 1:49.68; 7. Keefe Clemons, Princeton, 1:51.44; 8. James Siedliski, Rutgers, 1:52.50.

1,500 METERS

1. Frank Conway, Providence, 3:47.05; 2. Brad Schlapak, Northeastern, 3:47.14; 3. Paul Vandegrift, William & Mary, 3:49.32; 4. Quentin Howe, Villanova, 3:49.78; 5. Norman Kennedy, Dartmouth, 3:49.95; 6. Bill Mullaney, Providence, 3:50.74; 7. Steve Agar, Manhattan, 3:52.47; 8. Garrett Barry, Iona, 3:52.82; 9. Aidan O'Reilly, Penn State, 3:54.4; 10. Randy Hall, New Hampshire, 3:55.6.

3,000 METER STEEPLECHASE

1. Brian Lenihan, Dartmouth, 8:59.0; 2. Brian Laird, Penn State, 9:01.0; 3. Tyno Carter, Army, 9:01.6; 4. Richard Beaver, Dartmouth, 9:03.5; 5. Mark Manley, Georgetown, 9:05.4; 6. Steffen Nelson, Dartmouth, 9:08.0; 7. Callum Henderson, Boston U., 9:13.6; 8. Geoffrey Sheehan, St. John's, 9:17.6.

5,000 METERS

1. Michael Donaghu, Dartmouth, 14:05.90; 2. Steven Brown, Penn State, 14:12.76; 3. Patrick Lavery, Fordham, 14:17.37; 4. Joseph Lemay, Princeton, 14:20.48; 5. Rick Granquist, Rutgers, 14:29.48; 6. Ryan Cahill, Notre Dame, 14:41.13; 7. Keith Dowling, Pittsburgh, 14:46.1; 8. Brian Cann, Harvard, 14:51.0.

10,000 METERS

1. Steven Brown, Penn State, 30:21.91; 2. Eric Lukens, Cornell, 30:35.66; 3. Chris Bianchi, Northeastern, 30:41.28; 4. Michael Pieroni, Boston College, 30:47.04; 5. Peter O'Brien, Bucknell, 30:52.11; 6. Dermot Fitzpatrick, Boston College, 30:57.20; 7. Eric Grossman, Brown, 31:07.8; 8. Michael Dolan, Army, 31:18.8.

110 METER HURDLES

1. Eric Cannon, Pittsburgh, 13.59; 2. Elbert Ellis, Pittsburgh, 13.82; 3. Bart Bailey, Fairleigh-Dickinson, 13.89; 4. Glenn Watson, Notre Dame, 14.122; 5. Charles Lackey, Rider, 14.17; 6. Ed Smith, West Virginia, 14.23; 7. Qadry Ismail, Syracuse, 14.38; 8. Kevin McQueen, Syracuse, 14.43.

400 METER HURDLES

1. Andrew Dean-Neil, Seton Hall, 50.91; 2. Steve Neal, Manhattan, 50.96; 3. Mark Thompson, Brown, 51.33; 4. Brian Otley, Dartmouth, 54.24; 5. Dave Lishebo, Mount St. Mary's, 54.42; 6. Martin Ellis, Syracuse, 55.5.

4 x 100 METER RELAY

1. George Mason, 40.51; 2. East Carolina, 40.64; 3. New York Tech, 40.74; 4. Pennsylvania, 41.05; 5. West Virginia, 41.17; 6. James Madison, 41.72; 7. Seton Hall, 41.99; 8. Princeton, 42.25.

4 x 400 METER RELAY

1. Seton Hall, 3:10.38; 2. George Mason, 3:10.94; 3. James Madison, 3:12.32; 4. New York Tech, 3:13.31; 5. Pittsburgh, 3:13.92; 6. Princeton, 3:14.08; 7. Dartmouth, 3:15.14; 8. Villanova, 3:19.5.

HIGH JUMP

1. Tony Barton, George Mason, 2.18; 2. Andy Hirsch, Northeastern, 2.15; 3. Charles Forlidas, Princeton, 2.09; 3. Zondra Thompson, St. John's, 2.09; 5. Darryl Pitt, Maryland, 2.09; 6. Gary Doyle, William & Mary, 2.09; 6. Andy Gatt, Colgate, 2.09; 6. Dave Daigler, George Mason, 2.09.

POLE VAULT

1. Istvan Bagyla, George Mason, 5.13; 2. John Finney, Maryland, 5.03; 3. James Way, Yale, 4. Kevin Matheny, George Mason, 4.83; 5. Tom Kleban, Penn State, 4.83; 5. Mark Murphy, Brown, 4.83; 7. Scott Ostrem, Princeton, 4.83; 8. Greg Brown, Pennsylvania, 4.73.

LONG JUMP

1. Alfred Dyer, Princeton, 7.74; 2. Eugene Koranteng, George Mason, 7.47; 3. Mark Rainey, Villanova, 7.43; 4. Jeremy Worrell, Villanova, 7.29; 5. Wayne Detmer, Yale, 7.28; 6. Xavier Victor, Notre Dame, 7.20; 7. Vincent Smith, Princeton, 7.17; 8. Ron Pullie, Brown, 7.17.

TRIPLE JUMP

1. Ricardo Hall, Penn State, 15.41; 2. Eugene Koranteng, George Mason, 15.38; 3. Tony Barton, George Mason, 15.22; 4. Zondra Thompson, St. John's, 15.14; 5. Wendall Bonhomme, Northeastern, 15.10; 6. Andrew Hirshfeld, Vermont, 14.81; 7. Tommie Campbell, Rhode Island, 14.76; 8. Michael Sanders, Cornell, 14.74.

SHOT PUT

1. C.J. Hunter, Penn State, 17.69; 2. Robert Sehnert, Navy, 17.38; 3. Herbert Anderson, Dartmouth, 17.20; 4. Phil Caraher, Penn State, 16.99; 5. Andrew Cary, Connecticut, 16.96; 6. Tom Van Demark, Manhattan, 16.92; 7. Chris Hall, Syracuse, 16.46; 8. Cory Gubner, Maryland, 15.85.

DISCUS THROW

1. Tony Washington, Syracuse, 57.06; 2. Nicholas Sweeney, Harvard, 52.32; 3. John Walker, Rhode Island, 49.52; 4. Steven Yates, Maryland, 49.16; 5. Jeffrey Rettig, Dartmouth, 48.74; 6. Kevin Nichols, Boston College, 48.24; 7. Alan Clevenger, Navy, 47.98; 8. James Brown, Dartmouth, 47.46.

HAMMER THROW

1. Simon Linscheid, Iona, 61.24; 2. J. Evan Brown, 59.82; 3. Gerald Ryan, Manhattan, 59.52; 4. John Walker, Rhode Island, 59.32; 5. Bob Graham, Iona, 58.08; 6. Grady Drago, Boston University, 57.62; 7. Daniel Ford, Dartmouth, 57.00; 8. Anders Halversen, Northeastern, 55.88.

JAVELIN THROW

1. Roger Austin, Iona, 71.28; 2. Bill Parisi, Iona, 70.06; 3. Glenn Miller, Navy, 66.34; 4. Tom Allen, Northeastern, 65.64; 5. Chris Athanasia, Yale, 65.54; 6. Craig Young, Army, 65.34; 7. Rich Rebeck, Bucknell, 64.94; 8. Myles Derieg, Princeton, 62.68.

DECATHLON

1. Barry Walsh, Penn State, 7,472; 2. Steven Theobald, Rutgers, 6,927; 3. Tom Kleban, Penn State, 6,882; 4. Michael Wellington, New Hampshire, 6,790; 5. James Maurer, Drexel, 6,732; 6. Eric Steenstra, Penn State, 6,715; 7. Erick Greffrath, Penn State, 6,691; 8. James Gulick, LaSalle, 6,597.

FINAL TEAM STANDINGS

1. George Mason, 100.33; 2. Penn State, 68.5; 3. Dartmouth, 47; 4. Villanova, 34; 5. Seton Hall, 31; 6. Iona, 30; 7. Northeastern, 28; 8. Manhattan, 23; 9. East Carolina, 22; 10. Maryland, 21; 10. Pittsburgh, 21; 12. Princeton, 20; 13. New York Tech, 18; 14. Navy, 14; 15. Providence, 11; 15. Syracuse, 11; 15. James Madison, 11; 18. Yale, 10; 18. Duke, 10; 18. Rhode Island, 10; 18. Rutgers, 10; 22. St. John's, 9; 23. Cornell, 8; 23. Harvard, 8; 25. Brown, 7.5; 26. Army, 7; 27. William & Mary, 6.33; 28. F.D.U., 6; 28. Georgetown, 6; 28. Boston College, 6; 28. Fordham, 6; 28. Notre Dame, 6; 33. New Hampshire, 4; 33. Pennsylvania, 4; 33. West Virginia, 4; 36. Drexel, 2; 36. Connecticut, 2; 36. Bucknell, 2; 36. Rider, 2; 36. Mt. St. Mary's, 2; 41. Boston University, 1; 41. Vermont, 1; 43. Colgate, .33.

Winners of IC4A Indoor Championship Events, 1922—1989

Compiled by Larry Byrne

	Dash	100	200	400	500	800	1000	1500	2000	3000	5000	10K	15K	20K	30K	40K	50K	60K	70K	80K	90K	100K	110K	120K	130K	140K	150K	160K	170K	180K	190K	200K	210K	220K	230K	240K	250K	260K	270K	280K	290K	300K	310K	320K	330K	340K	350K	360K	370K	380K	390K	400K	410K	420K	430K	440K	450K	460K	470K	480K	490K	500K	510K	520K	530K	540K	550K	560K	570K	580K	590K	600K	610K	620K	630K	640K	650K	660K	670K	680K	690K	700K	710K	720K	730K	740K	750K	760K	770K	780K	790K	800K	810K	820K	830K	840K	850K	860K	870K	880K	890K	900K	910K	920K	930K	940K	950K	960K	970K	980K	990K	1000K	1010K	1020K	1030K	1040K	1050K	1060K	1070K	1080K	1090K	1100K	1110K	1120K	1130K	1140K	1150K	1160K	1170K	1180K	1190K	1200K	1210K	1220K	1230K	1240K	1250K	1260K	1270K	1280K	1290K	1300K	1310K	1320K	1330K	1340K	1350K	1360K	1370K	1380K	1390K	1400K	1410K	1420K	1430K	1440K	1450K	1460K	1470K	1480K	1490K	1500K	1510K	1520K	1530K	1540K	1550K	1560K	1570K	1580K	1590K	1600K	1610K	1620K	1630K	1640K	1650K	1660K	1670K	1680K	1690K	1700K	1710K	1720K	1730K	1740K	1750K	1760K	1770K	1780K	1790K	1800K	1810K	1820K	1830K	1840K	1850K	1860K	1870K	1880K	1890K	1900K	1910K	1920K	1930K	1940K	1950K	1960K	1970K	1980K	1990K	2000K	2010K	2020K	2030K	2040K	2050K	2060K	2070K	2080K	2090K	2100K	2110K	2120K	2130K	2140K	2150K	2160K	2170K	2180K	2190K	2200K	2210K	2220K	2230K	2240K	2250K	2260K	2270K	2280K	2290K	2300K	2310K	2320K	2330K	2340K	2350K	2360K	2370K	2380K	2390K	2400K	2410K	2420K	2430K	2440K	2450K	2460K	2470K	2480K	2490K	2500K	2510K	2520K	2530K	2540K	2550K	2560K	2570K	2580K	2590K	2600K	2610K	2620K	2630K	2640K	2650K	2660K	2670K	2680K	2690K	2700K	2710K	2720K	2730K	2740K	2750K	2760K	2770K	2780K	2790K	2800K	2810K	2820K	2830K	2840K	2850K	2860K	2870K	2880K	2890K	2900K	2910K	2920K	2930K	2940K	2950K	2960K	2970K	2980K	2990K	3000K	3010K	3020K	3030K	3040K	3050K	3060K	3070K	3080K	3090K	3100K	3110K	3120K	3130K	3140K	3150K	3160K	3170K	3180K	3190K	3200K	3210K	3220K	3230K	3240K	3250K	3260K	3270K	3280K	3290K	3300K	3310K	3320K	3330K	3340K	3350K	3360K	3370K	3380K	3390K	3400K	3410K	3420K	3430K	3440K	3450K	3460K	3470K	3480K	3490K	3500K	3510K	3520K	3530K	3540K	3550K	3560K	3570K	3580K	3590K	3600K	3610K	3620K	3630K	3640K	3650K	3660K	3670K	3680K	3690K	3700K	3710K	3720K	3730K	3740K	3750K	3760K	3770K	3780K	3790K	3800K	3810K	3820K	3830K	3840K	3850K	3860K	3870K	3880K	3890K	3900K	3910K	3920K	3930K	3940K	3950K	3960K	3970K	3980K	3990K	4000K	4010K	4020K	4030K	4040K	4050K	4060K	4070K	4080K	4090K	4100K	4110K	4120K	4130K	4140K	4150K	4160K	4170K	4180K	4190K	4200K	4210K	4220K	4230K	4240K	4250K	4260K	4270K	4280K	4290K	4300K	4310K	4320K	4330K	4340K	4350K	4360K	4370K	4380K	4390K	4400K	4410K	4420K	4430K	4440K	4450K	4460K	4470K	4480K	4490K	4500K	4510K	4520K	4530K	4540K	4550K	4560K	4570K	4580K	4590K	4600K	4610K	4620K	4630K	4640K	4650K	4660K	4670K	4680K	4690K	4700K	4710K	4720K	4730K	4740K	4750K	4760K	4770K	4780K	4790K	4800K	4810K	4820K	4830K	4840K	4850K	4860K	4870K	4880K	4890K	4900K	4910K	4920K	4930K	4940K	4950K	4960K	4970K	4980K	4990K	5000K	5010K	5020K	5030K	5040K	5050K	5060K	5070K	5080K	5090K	5100K	5110K	5120K	5130K	5140K	5150K	5160K	5170K	5180K	5190K	5200K	5210K	5220K	5230K	5240K	5250K	5260K	5270K	5280K	5290K	5300K	5310K	5320K	5330K	5340K	5350K	5360K	5370K	5380K	5390K	5400K	5410K	5420K	5430K	5440K	5450K	5460K	5470K	5480K	5490K	5500K	5510K	5520K	5530K	5540K	5550K	5560K	5570K	5580K	5590K	5600K	5610K	5620K	5630K	5640K	5650K	5660K	5670K	5680K	5690K	5700K	5710K	5720K	5730K	5740K	5750K	5760K	5770K	5780K	5790K	5800K	5810K	5820K	5830K	5840K	5850K	5860K	5870K	5880K	5890K	5900K	5910K	5920K	5930K	5940K	5950K	5960K	5970K	5980K	5990K	6000K	6010K	6020K	6030K	6040K	6050K	6060K	6070K	6080K	6090K	6100K	6110K	6120K	6130K	6140K	6150K	6160K	6170K	6180K	6190K	6200K	6210K	6220K	6230K	6240K	6250K	6260K	6270K	6280K	6290K	6300K	6310K	6320K	6330K	6340K	6350K	6360K	6370K	6380K	6390K	6400K	6410K	6420K	6430K	6440K	6450K	6460K	6470K	6480K	6490K	6500K	6510K	6520K	6530K	6540K	6550K	6560K	6570K	6580K	6590K	6600K	6610K	6620K	6630K	6640K	6650K	6660K	6670K	6680K	6690K	6700K	6710K	6720K	6730K	6740K	6750K	6760K	6770K	6780K	6790K	6800K	6810K	6820K	6830K	6840K	6850K	6860K	6870K	6880K	6890K	6900K	6910K	6920K	6930K	6940K	6950K	6960K	6970K	6980K	6990K	7000K	7010K	7020K	7030K	7040K	7050K	7060K	7070K	7080K	7090K	7100K	7110K	7120K	7130K	7140K	7150K	7160K	7170K	7180K	7190K	7200K	7210K	7220K	7230K	7240K	7250K	7260K	7270K	7280K	7290K	7300K	7310K	7320K	7330K	7340K	7350K	7360K	7370K	7380K	7390K	7400K	7410K	7420K	7430K	7440K	7450K	7460K	7470K	7480K	7490K	7500K	7510K	7520K	7530K	7540K	7550K	7560K	7570K	7580K	7590K	7600K	7610K	7620K	7630K	7640K	7650K	7660K	7670K	7680K	7690K	7700K	7710K	7720K	7730K	7740K	7750K	7760K	7770K	7780K	7790K	7800K	7810K	7820K	7830K	7840K	7850K	7860K	7870K	7880K	7890K	7900K	7910K	7920K	7930K	7940K	7950K	7960K	7970K	7980K	7990K	8000K	8010K	8020K	8030K	8040K	8050K	8060K	8070K	8080K	8090K	8100K	8110K	8120K	8130K	8140K	8150K	8160K	8170K	8180K	8190K	8200K	8210K	8220K	8230K	8240K	8250K	8260K	8270K	8280K	8290K	8300K	8310K	8320K	8330K	8340K	8350K	8360K	8370K	8380K	8390K	8400K	8410K	8420K	8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TEAM SCORING GRID

[illegible]

First Place; 10 pts.; Second: 8 pts.; Third: 6 pts.; Fourth: 4 pts.; Fifth: 2 pts.; Sixth: 1 pt.

69th ANNUAL ICAAAA INDOOR TRACK and FIELD CHAMPIONSHIPS



Friday, Saturday and Sunday, March 2 - 4, 1990

Albert H. Gordon Indoor Track and Tennis Facility
Harvard University, Cambridge, Massachusetts



ORDER OF EVENTS AND TIME SCHEDULE

FRIDAY AFTERNOON:

- | | |
|---------------------|-------|
| 1. Pentathlon | 12:00 |
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SATURDAY AFTERNOON:

- | | | |
|---------------------|---------------------------|-------|
| 2. 55 Meter Hurdles | - Trials - Place and Time | 11:00 |
| 3. 55 Meter Dash | - Trials - Place and Time | 11:45 |
| 4. Weight Throw | - Trials and FINAL | 12:00 |
| 5. Long Jump | - Trials and FINAL | 12:00 |
| 6. One Mile Run | - Trials - Place and Time | 12:10 |
| 7. 400 meter Run | - Trials - Place and Time | 12:40 |
| 8. High Jump | - FINAL | 1:00 |
| 9. 800 meter Run | - Trials - Place and Time | 1:10 |
| 10. 500 meter Run | - Trials - Place and Time | 1:35 |
| 11. 1,000 meter Run | - Trials - Place and Time | 1:50 |
| 12. 3,000 meter Run | - Trials - Place | 2:05 |
| 13. 200 meter dash | - Trials - Place and Time | 2:35 |
| 14. Distance Medley | - Trials - Place and Time | 3:10 |
| 15. 4 x 880y Relay | - Trials - Place and Time | 3:35 |
| 16. 4 x 440y Relay | - Trials - Place and Time | 3:55 |

SUNDAY AFTERNOON:

- | | | |
|----------------------|--------------------------------------|-------|
| 17. 5,000 meter Run | - (Unseeded Section .. if necessary) | 11:40 |
| 18. Pole Vault | - FINAL | 11:40 |
| 19. Triple Jump | - Trials and FINAL | 11:40 |
| 20. Shot Put | - Trials and FINAL | 12:00 |
| 21. 55 meter Hurdles | - Semi-Finals - Place | 12:00 |
| 22. 55 meter Dash | - Semi-Finals - Place | 12:10 |
| 23. 5,000 meter Run | - FINAL (Seeded Section) | 12:20 |
| 24. One Mile Run | - FINAL | 12:40 |
| 25. 400 meter Run | - FINAL | 12:50 |
| 26. 800 meter Run | - FINAL | 12:55 |
| 27. 500 meter Run | - FINAL | 1:00 |
| 28. 1,000 meter Run | - FINAL | 1:05 |
| 29. 55 meter Hurdles | - FINAL | 1:15 |
| 30. 55 meter Dash | - FINAL | 1:20 |
| 31. 3,000 meter Run | - FINAL | 1:30 |
| 32. 200 meter Dash | - FINAL | 1:50 |
| 33. Distance Medley | - FINAL | 1:55 |
| 34. 4 x 880y Relay | - FINAL | 2:10 |
| 35. 4 x 440y Relay | - FINAL | 2:25 |

NOTES: BLUE Relay Cards must be turned in to Chief Clerk ONE (1) HOUR before scheduled relay event, and names on these cards must appear in "running Order"!

Throwing implements must be checked-in ONE (1) HOUR before, at event site.