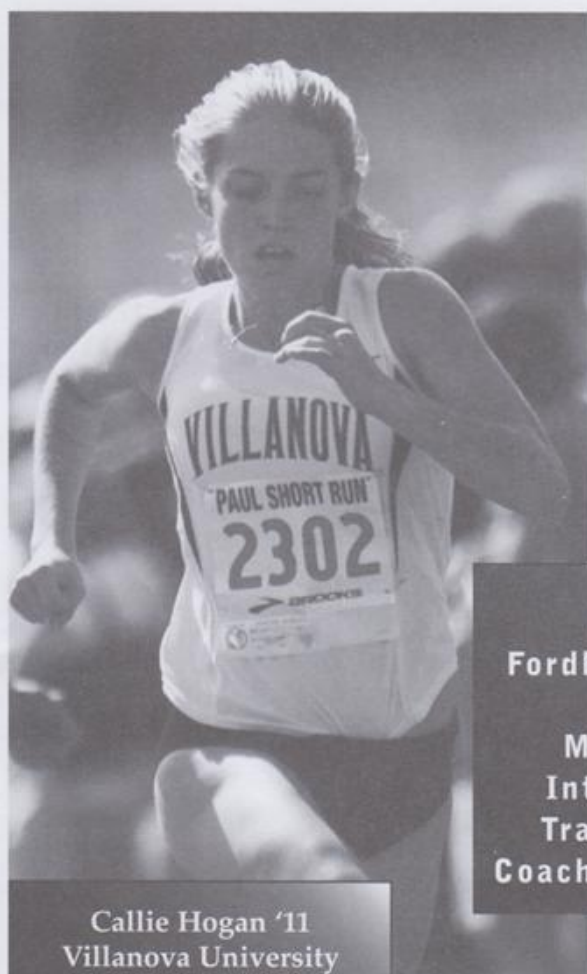


2008 ECAC® IC4A Cross Country Championships

Van Cortlandt Park, Bronx, New York
November 22, 2008



Callie Hogan '11
Villanova University
2007 Champion



Daniel Nunn '08
Georgetown University
2007 Champion

Hosted by
Fordham University
and the
Metropolitan
Intercollegiate
Track and Field
Coaches' Association



2008 ECAC® IC4A Cross Country Championships

Dear Cross Country Fans,

As the Eastern College Athletic Conference celebrates its 70th year, I am proud of the commitment the conference has made to the Intercollegiate Association of Amateur Athletes of America (IC4A) and to the sport of cross country. Our partnership with the IC4A, the oldest and most prestigious collegiate cross country and track & field organization in the United States, has afforded both organizations increased opportunities and enhanced experiences for our student-athletes. Host of championships for 130 years, the IC4A is dedicated to promoting and developing the growth of cross country. Together, we continue to seek new ways to fulfill the ECAC mission of initiating, stimulating and improving intercollegiate athletics programs. I take pride in our association, the progress we have made and the direction we are heading.

I salute the former ECAC and IC4A student-athletes who have distinguished themselves in past competitions, and those who will strive for excellence this weekend.

Enjoy the event.

Lindy Keeling

Commissioner of the ECAC

ECAC Division I Member Institutions

Albany	Harvard	Pittsburgh
American	Hofstra	Princeton
Army	Holy Cross	Providence
Binghamton	Illinois-Chicago	Quinnipiac
Boston College	Iona	Rhode Island
Boston University	James Madison	Rider
Brown	La Salle	Robert Morris
Bryant	Lafayette	Rutgers
Bucknell	Lehigh	Sacred Heart
Buffalo	Liberty	St. Francis (NY)
Canisius	Long Island University-Brooklyn	Saint Francis (PA)
Central Connecticut State	Longwood	St. John's (NY)
Colgate	Loyola College (MD)	Saint Joseph's (PA)
Columbia	Maine	St. Peter's
Connecticut	Manhattan	Seton Hall
Coppin State	Marist	Siena
Cornell	Maryland	Stony Brook
Dartmouth	Maryland-Baltimore County	Syracuse
Davidson	Massachusetts	Temple
Delaware	Monmouth	Towson
Delaware State	Morgan State	Vermont
Drexel	Mount Saint Mary's (MD)	Villanova
Duke	Navy	Virginia
Duquesne	New Hampshire	VMI
East Carolina	New Jersey Institute of Technology	Wagner
Fairfield	Niagara	West Virginia
Fairleigh Dickinson	Northeastern	William & Mary
Fordham	North Carolina-Wilmington	Yale
George Mason	Northeastern	
George Washington	Pennsylvania	
Georgetown	Penn State	

RACE SCHEDULE



Coaches' Race (IC4A-5M/ECAC-5km)	9:30 a.m.
ECAC Championship (5000 Meters)	10:15 a.m.
IC4A Championship (5 Miles)	10:45 a.m.
ECAC University Division (5000 Meters)	11:30 a.m.
IC4A University Division (5 Miles)	12:00 noon

2008 ECAC® Division I Cross Country Athletes of the Week

The ECAC honors more than 2,500 student-athletes in Division I, II and III member institutions. In 2008, the following Division I cross country athletes have been recognized for their achievements.

Women

September 10, 2008
Chelsea Bollerman --- Quinnipiac

September 17, 2008
Amy Watson --- Navy

September 24, 2008
Stephanie Fulmer --- Bucknell

October 1, 2008
Megan Brandeland --- Princeton

October 8, 2008
Nicol Traynor --- Richmond

October 15, 2008
Brecken Drager --- Wagner

October 22, 2008
Liz Costello --- Princeton

October 29, 2008
Sarah Mosser --- Boston

November 2, 2008
Liz Costello --- Princeton

Men

September 10, 2008
Ry Sanderson --- Central Connecticut State

September 17, 2008
Matt Llano --- Richmond

September 24, 2008
Josh Eddy --- Duquesne

October 1, 2008
Jonathan Anderson --- Army

October 8, 2008
Sam Chelanga --- Liberty

October 15, 2008
Andrew Mulvaney --- Massachusetts

October 22, 2008
Sam Chelanga --- Liberty

October 29, 2008
Alex Felce --- Stony Brook

November 2, 2008
Michael Maag --- Princeton



INTERCOLLEGIATE ASSOCIATION OF AMATEUR ATHLETES OF AMERICA

Founded in 1876

Executive Committee

Irwin Cohen, Chair

Rudy Keeling, Secretary/Treasurer, ECAC Commissioner

Mike Cross, Princeton University

John Kane, Boston College

Jack McDonald, Quinnipiac University

Patricia Nicol, Southern Connecticut State University

Kevin Quinn, St. Joseph's University

Steve Bartold, IC4A Track Administrator

IC4A Member Institutions

Adelphi (II)	Fairfield	MIT(III)	Robert Morris
American International	Fairleigh Dickinson	Mercy	Rutgers
Albany	Fordham	Monmouth	Sacred Heart
Army	George Mason	Montclair State (III)	Saint Francis Univ. (PA)
Bates (III)	George Washington	Morgan State	Saint Joseph's (PA)
Bentley (II)	Georgetown	Mount Saint Mary's (MD)	St. Francis College (NY)
Binghamton	Harvard	Navy	St. Peter's
Boston College	Hofstra	New Hampshire	St. Thomas Aquinas (II)
Boston University	Holy Cross	New Haven (II)	Seton Hall
Brandeis (III)	Hunter (III)	College of New Jersey (III)	Siena
Brown	Iona	New Jersey Tech	Southern Connecticut (II)
Bucknell	La Salle	New York Tech (II)	Stonehill (II)
Buffalo	Lafayette	New York University (III)	Stony Brook
Canisius	Lehigh	Northeastern	Syracuse
Central Connecticut	Liberty	North Carolina-Wilmington	Temple
Colgate	Lincoln (III)	Notre Dame	Tufts (III)
Columbia	Long Island University	Pace (II)	USMMA (III)
Connecticut	Longwood	Penn State	Vermont
Coppin State	Loyola College (MD)	Pennsylvania	Villanova
Cornell	Maine	Philadelphia (II)	Virginia
Dartmouth	Manhattan	Pittsburgh	Virginia Military Institute
Delaware	Marist	Princeton	Wagner
Delaware State	Maryland	Providence	Wheaton (III)
Duke	Maryland-Baltimore County	Quinnipiac	William & Mary
Duquesne	Massachusetts	Rhode Island	Yale
East Carolina	Massachusetts-Lowell (II)	Rider	

2007 ECAC Cross Country Team Champion

Villanova University



2007 IC4A Cross Country Team Champion

Georgetown University



2008 Women's Teams

<u>CHAMPIONSHIP</u>	<u>UNIVERSITY</u>
Buffalo	Albany
Cornell	Army
Delaware	Binghamton
Duke	Bucknell
Georgetown	Canisius
Harvard	Colgate
James Madison	Columbia
LaSalle	Dowling
Maryland	Fairfield
Saint Joseph's (PA)	Fordham
West Virginia	George Mason
William & Mary	Hofstra
Yale	Holy Cross
	Long Island-Brooklyn
	Longwood
	Loyola (MD)
	Manhattan
	Marist
	Mercy
	Monmouth
	New Hampshire
	New Jersey Tech (II)
	Philadelphia
	Pittsburgh
	Rider
	Sacred Heart
	Saint Rose (II)
	Saint Francis University
	St. Francis College
	St. John's
	Seton Hall
	Siena
	Temple
	Towson
	Wagner

2008 Men's Teams

<u>CHAMPIONSHIP</u>	<u>UNIVERSITY</u>
Binghamton	Adelphi (II)
Buffalo	Albany
Columbia	Army
Cornell	Bucknell
Delaware	Canisius
Duke	Colgate
Duquesne	Fairfield
George Mason	Fordham
Georgetown	Hofstra
Harvard	Holy Cross
LaSalle	Longwood
Long Island-Brooklyn	Loyola (MD)
Marist	Manhattan
Maryland	Mercy
Massachusetts	Monmouth
New Hampshire	New Jersey Tech (II)
Rutgers	Philadelphia
Princeton	Pittsburgh
Rider	Rutgers
Saint Joseph's (PA)	Sacred Heart
William & Mary	Saint Francis (PA)
Yale	Saint Rose (II)
	St. Francis (NY)
	Seton Hall
	Siena
	Temple
	Wagner

2007 ECAC Women's Results

Van Cortlandt Park, N.Y. - 5,000 Meter Run

CHAMPIONSHIP DIVISION (NCAA QUALIFIER)

<u>Individual Results</u>			<u>Team Results</u>	
<u>Name (Year)</u>	<u>School</u>	<u>Time</u>		
1. Callie Hogan (11)	Villanova	17:48	1. Villanova	43
2. Akilah Vargas (08)	Villanova	17:56	2. William & Mary	58
3. Liz Deir (11)	Princeton	17:57	3. Cornell	83
4. Emily Anderson (10)	William & Mary	17:57	4. Georgetown	124
5. Allison Smith (11)	Villanova	18:06	5. Yale	154
6. Christina DeRosa (08)	Massachusetts	18:09	6. James Madison	163
7. Stephanie Pancoast (10)	Cornell	18:10	7. Columbia	213
8. Cary Lipovsky (08)	La Salle	18:12	8. Massachusetts	217
9. Avril Ogrodnick (10)	Georgetown	18:15	9. Delaware	229
10. Kelsey Malmquist (11)	Georgetown	18:19	10. Saint Joseph's (PA)	252
11. Erin Prillaman (08)	William & Mary	18:22	11. La Salle	260
12. Amanda Marino (11)	Villanova	18:23	12. Duke	262
13. Brooke Russell (11)	Princeton	18:25		
14. Katie Sullivan (11)	Cornell	18:27		
15. Emily Gousen (08)	William & Mary	18:28		
16. Anna Parker (08)	William & Mary	18:29		
17. Ingrid Sproll (08)	Yale	18:29		
18. Alison Parris (10)	James Madison	18:30		
19. Natasha Labeaud (09)	Georgetown	18:35		
20. Kayley Byrne (10)	William & Mary	18:35		
21. Kerri Lyons (10)	Cornell	18:36		
22. Jessica Davlin (09)	Duke	18:38		
23. Kelli Buck (09)	Yale	18:38		
24. Caroline Schultz (11)	Cornell	18:39		
25. Christina Antonopo (10)	Delaware	18:40		

UNIVERSITY DIVISION

<u>Individual Results</u>			<u>Team Results</u>	
<u>Name (Year)</u>	<u>School</u>	<u>Time</u>		
1. Elizabeth Kennedy (08)	Colgate	18:14	1. New Hampshire	68
2. Erica Jesseman (11)	New Hampshire	18:15	2. Colgate	96
3. Stacey Marion (11)	Colgate	18:25	3. Army	153
4. Cailin Lynam (10)	Monmouth	18:31	4. Towson	158
5. Ashley Horton (11)	Binghamton	18:39	5. Binghamton	178
6. Laura LaPlante (10)	New Hampshire	18:41	6. Manhattan	189
7. Laura Cummings (09)	Albany	18:42	7. Monmouth	216
8. Brigid Moriarty (09)	Fordham	18:59	8. Bucknell	238
9. Meredith Malloy (10)	Monmouth	19:01	9. Albany	287
10. Meghan Curran (09)	Army	19:04	10. Fordham	301
11. Kerry Cahill (08)	Seton Hall	19:06	11. Siena	315
12. Michelle Donadio (10)	Towson	19:06	12. Stony Brook	325
13. Stephanie Schoenem (10)	Army	19:07	13. Canisius	374
14. Courtney Hamer (10)	New Hampshire	19:09	14. Rider	387
15. Carolina Cortes (11)	Stony Brook	19:09	15. St. John's	389
16. Kimberly DeLoreto (11)	Sacred Heart	19:10	16. Sacred Heart	391
17. Mary Sullivan (09)	Hofstra	19:12	17. Hofstra	392
18. Adriana Roel (11)	Manhattan	19:13	18. Seton Hall	442
19. Tyneka Greene (09)	St. John's	19:16	19. Temple	455
20. Elizabeth Morrisse (09)	New Hampshire	19:17	20. Adelphi	481
21. Brina Seguire (11)	Siena	19:18	21. Longwood	500
22. Lisa Voltaire (10)	Stony Brook	19:19	22. Mansfield	609
23. Shannon Kovack (09)	St. Francis (NY)	19:20	23. Fairfield	710
24. Ashley Morgan (10)	Army	19:23	24. NJIT	804
25. Kim Hassett (09)	Bucknell	19:23	25. Mercy	829

All-time ECAC Women's Champions

CHAMPIONSHIP DIVISION

<u>Year</u>	<u>Champion</u>	<u>Individual Winner</u>	<u>Time</u>
1985	Penn State	Jenny Strickler, Harvard	17:11.6
1986	Yale	Vickie Huber, Villanova	16:38.4
1987	Yale	Vickie Huber, Villanova	16:33.0
1988	Yale	Cassie O'Neill, George Mason	17:07.0
1989	Villanova	Vickie Huber, Villanova	16:03.0
1990	Villanova	Sonia O'Sullivan, Villanova	16:56.0
1991	Villanova	Sonia O'Sullivan, Villanova	16:00.5
1992	Villanova	Carole Zajac, Villanova	16:28.2
1993	Villanova	Carole Zajac, Villanova	16:41.2
1994	Villanova	Jennifer Rhines, Villanova	16:25.0
1995	Providence	Jennifer Rhines, Villanova	16:34.0
1996	Villanova	Kristine Jost, Villanova	16:26.0
1997	Yale	Emily Germano, Cornell	17:39.8
1998	Virginia	Ariana Kelly, Yale	17:41.5
1999	Duke	Sheela Agrawal, Duke	17:42.6
2000	Bucknell	Sylvia Chelimo, Gardner-Webb	17:23.1
2001	James Madison	Cynthia Dunham, James Madison	17:50.7
2002	Cornell	Leonora Joy, Stony Brook	17:43.1
2003	Yale	Kate Boyles, Cornell	17:56.4
2004	La Salle	Jenny Darcy, La Salle	17:48.0
2005	Cornell	Katherine McKinstry, Yale	17:47.5
2006	Cornell	Reilly Kiernan, Princeton	17:56.9
2007	Villanova	Callie Hogan, Villanova	17:48.0

UNIVERSITY DIVISION

<u>Year</u>	<u>Champion</u>	<u>Individual Winner</u>	<u>Time</u>
1989	Lafayette	Kate Fonshell, Villanova	17:54.0
1990	Manhattan	Chrissy Smith, Syracuse	19:04.0
1991	Navy	Kristen Opdyke, Bucknell	17:33.0
1992	La Salle	Patricia McCormack, Seton Hall	19:59.2
1993	Fordham	Siobhan Murphy, St. John's	18:10.7
1994	Fordham	Jessica Wilhelm, Bucknell	18:37.0
1995	Yale	Margaret McParland, Manhattan	18:20.0
1996	Boston University	Noreen O'Brien, Boston University	17:52.0
1997	George Washington	Molly DeMark, Colgate	18:27.4
1998	Colgate	Erin Hayes, St. John's	18:18.7
1999	Lehigh	Laura Nann, Lafayette	18:42.0
2000	Princeton	Ruth Chege, Seton Hall	18:23.1
2001	East Carolina	Johanna Allen, East Carolina	18:10.1
2002	Princeton	Ashley Urick, Army	18:31.8
2003	New Hampshire	Lesley Read, New Hampshire	18:12.9
2004	New Hampshire	Megan Hepp, New Hampshire	18:01.0
2005	New Hampshire	Catherine Parker, New Hampshire	18:10.5
2006	Colgate	Katie Radzik, Binghamton	18:02.8
2007	New Hampshire	Elizabeth Kennedy, Colgate	18:14.0

2007 IC4A Men's Results

Van Cortlandt Park, N.Y. - 10,000 Meter Run

CHAMPIONSHIP DIVISION (NCAA QUALIFIER)

<u>Individual Results</u>			<u>Team Results</u>	
<u>Name (Year)</u>	<u>School</u>	<u>Time</u>		
1. Daniel Nunn (08)	Georgetown	25:13	1. Georgetown	38
2. Alex Mason (10)	Georgetown	25:21	2. Duke	73
3. Bo Waggoner (11)	Duke	25:22	3. William & Mary	121
4. Chris Spooner (08)	Duke	25:24	4. Princeton	137
5. David Alfano (08)	La Salle	25:25	5. Massachusetts	160
6. Jared Bell (09)	Yale	25:26	6. Yale	178
7. Rasheed Thompson (08)	Georgetown	25:27	7. Duquesne	193
8. Kevin McDermott (09)	Duke	25:28	8. Marist	216
9. Alex Bean (10)	Georgetown	25:29	9. Columbia	241
10. Sam Luff (09)	Cornell	25:31	10. La Salle	255
11. Charlie Swartz (10)	William & Mary	25:33	11. Iona	285
12. Dennis Walsh (11)	Princeton	25:34	12. St. Joseph's	295
13. Andrew McCann (10)	Massachusetts	25:35	13. George Mason	302
14. Girma Segni (09)	Marist	25:36	14. Rider	358
15. David Raucci (09)	Marist	25:38	15. Delaware	389
16. Jeffrey Hill (11)	Massachusetts	25:39		
17. Drew Midland (10)	William & Mary	25:39		
18. Tim Branigan (10)	Princeton	25:40		
19. Kyle Murray (09)	St. Joseph's (PA)	25:43		
20. Owen Boyle (10)	Georgetown	25:44		
21. Murat Kayali (09)	Yale	25:45		
22. James Picard (10)	William & Mary	25:46		
23. Derek Dutille (09)	Duquesne	25:46		
24. Daniel Gerber (10)	Georgetown	25:47		
25. Cory Nanni (11)	Duke	25:47		

UNIVERSITY DIVISION

<u>Individual Results</u>			<u>Team Results</u>	
<u>Name (Year)</u>	<u>School</u>	<u>Time</u>		
1. Ricardo Estremera (08)	Albany	25:35	1. New Hampshire	62
2. Jon Anderson (09)	Army	25:45	2. Army	67
3. Tobias Lundgren (11)	Manhattan	25:53	3. Binghamton	151
4. Brent Powers (09)	New Hampshire	25:54	4. Bucknell	178
5. Josh Wooten (08)	Mansfield	25:58	5. Manhattan	197
6. Pawel Kornaszewski (09)	Seton Hall	26:13	6. Hofstra	222
7. Matt Lowenthal (08)	Fordham	26:14	7. Fordham	231
8. Wesley Dinnan (10)	New Hampshire	26:21	8. Loyola	251
9. Joshun Kearns (10)	New Hampshire	26:23	9. Monmouth	258
10. Chris Heibel (09)	Loyola (MD)	26:23	10. Mansfield	265
11. Zach Reiter (10)	Army	26:29	11. Albany	278
12. Greg Griffith (10)	Army	26:30	12. Sacred Heart	286
13. Connor Martin (09)	Binghamton	26:34	13. Rhode Island	300
14. Milos Vuckovic (11)	Manhattan	26:36	14. Temple	314
15. Josh Weidner (09)	Army	26:39	15. Seton Hall	351
16. Brian Yurkewecz (09)	Albany	26:39	16. Adelphi	367
17. Craig Coon (10)	Binghamton	26:39	17. Stony Brook	451
18. Matt Dispensa (08)	Adelphi	26:40	18. Longwood	462
19. J. Wesley Moseman (10)	New Hampshire	26:40	19. Philadelphia	517
20. Joe Foley (09)	Bucknell	26:42	20. Siena	603
21. Peter Forgach (10)	Monmouth	26:43	21. Fairfield	652
22. Matthew O'Connor (09)	New Hampshire	26:44	22. Dowling	688
23. Adin Mickle (09)	Temple	26:45	23. NJIT	709
24. Randy Hadzor (08)	Monmouth	26:46	24. Saint Peter's (NJ)	714
25. Conor McNamara (10)	Bucknell	26:46	25. Mercy	767

All-time IC4A Men's Champions

Championship Division

Year	Champion	Individual Winner	Time
1908	Cornell	H.C. Young, Cornell	34:14.0
1909	Cornell	Tell S. Bema, Cornell	33:05.5
1910	Cornell	John Paul Jones, Cornell	33:34.0
1911	Cornell	John Paul Jones, Cornell	33:41.6
1912	Harvard	John Paul Jones, Cornell	32:09.5
1913	Cornell	Robert St. B. Boyd, Harvard	34:37.0
1914	Cornell	D.F. Potter, Cornell	34:00.6
1915	Maine	John W. Overton, Yale	33:21.2
1916	Cornell	John W. Overton, Yale	35:30.8
1917	Pennsylvania	Ivan C. Dresser, Cornell	33:00.0
1918	Not held because of WWI		
1919	Syracuse	John Simmons, Syracuse	32:55.0
1920	Cornell	John L. Romig, Penn State	33:01.0
1921	Cornell	Robert E. Brown, Cornell	35:20.5
1922	Syracuse	Walter Higgins, Columbia	32:21.8
1923	Syracuse	J. Verne, John Hopkins	32:10.0
1924	Pittsburgh	H. Booth, John Hopkins	32:10.0
1925	Syracuse	Macaulay L. Smith, Yale	31:24.0
1926	Penn State	Willard L. Tibbets, Harvard	30:24.0
1927	Penn State	William J. Cox, Penn State	30:04.0
1928	Penn State	William J. Cox, Penn State	30:36.8
1929	Pennsylvania	James L. Reid, Harvard	30:11.0
1930	Penn State	Francis C. Lindsay, Maine	30:06.0
1931	Harvard	Harry L. Richardson, Maine	30:06.0
1932	Manhattan	C.S. Chamberlain, Mich. St.	30:19.2
1933	Michigan State	Daniel E. Dean, Pennsylvania	29:23.0
1934	Michigan State	George H. Barker, NYU	28:58.8
1935	Michigan State	Thomas C. Ottey, Mich. St.	30:00.0
1936	Michigan State	Thomas C. Ottey, Mich. St.	31:54.6
1937	Michigan State	J. Edward Bechtold, Mich. St.	26:23.3
1938	Manhattan	Kenneth E. Waite, Mich. St.	26:26.3
1939	Manhattan	Howard W. Welch, Cornell	26:54.0
1940	Rhode Island	William J. Smith, Penn State	26:33.3
1941	Rhode Island	Leslie MacMitchell, NYU	26:28.6
1942	Rhode Island	Leslie MacMitchell, NYU	26:02.8
1943	Dartmouth	Leslie MacMitchell, NYU	26:40.1
1944	Navy	Frank Dixon, NYU	27:34.1
1945	Army	Donald Burnham, Dartmouth	28:12.9
1946	New York Univ.	Vincent W. Barry, Navy	27:34.1
1947	Manhattan	John T. Hanley, Dartmouth	28:21.3
1948	Michigan State	Curtis C. Stone, Penn State	27:07.9
1949	Army	Robert Black, Rhode Island	25:37.1
1950	Penn State	Robert Black, Rhode Island	25:00.4
1951	Penn State	Richard Shea, Army	25:14.7
1952	Michigan State	Richard Shea, Army	25:21.1
1953	Michigan State	Richard Shea, Army	24:55.1
1954	Manhattan	C. Capozzoli, Georgetown	24:30.1
1955	Pittsburgh	John Kelley, Boston U.	24:51.7
1956	Michigan State	George A. Terry, Boston U.	24:46.4
1957	Michigan State	Harry Kennedy, Michigan St.	24:30.3
1958	Michigan State	Harry Kennedy, Michigan St.	24:01.8
1959	Michigan State	Crawford Kennedy, Mich. St.	24:14.8
1960	Penn State	Crawford Kennedy, Mich. St.	24:21.4
1961	Michigan State	Crawford Kennedy, Mich. St.	23:51.8
1962	Villanova	Robert Love, Brown	25:40.4
1963	Notre Dame	Steve Machooka, Cornell	26:02.9
1964	Georgetown	Victor Zwolak, Villanova	24:47.3
1965	Georgetown	Victor Zwolak, Villanova	24:46.8
1966	Villanova	Joseph Lynch, Georgetown	24:41.8
1967	Villanova	Eamon O'Reilly, Georgetown	24:24.2
1968	Villanova	Charles Messenger, Villanova	24:15.6
1969	Villanova	Arthur Dulong, Holy Cross	24:04.4
1970	Villanova	S. Stageberg, Georgetown	24:32.4
1971	Villanova	Arthur Dulong, Holy Cross	24:06.8
1972	Manhattan	Donald Walsh, Villanova	24:10.4
1973	Manhattan	Robert Wheeler, Duke	24:27.0
1974	Massachusetts	Michael Keogh, Manhattan	24:03.8
1975	Northeastern	John Hartnett, Villanova	24:00.0
1976	Harvard	Dennis Trujillo, Army	24:20.8
1977	Massachusetts	David Merrick, Pennsylvania	23:51.0
1978	Villanova	Curt Alitz, Army	23:58.1
1979	Villanova	John Flora, Northeastern	24:17.0
1980	Bucknell	Sydney Maree, Villanova	24:04.0
1981	Providence	Sydney Maree, Villanova	23:59.4
1982	Providence	Soloman Chebor, FDU	24:11.9
1983	Villanova	Stephen Binns, Providence	23:52.5
1984	Providence	Brendan Quinn, Providence	29:43.0
1985	West Virginia	Richard O'Flynn, Providence	30:05.0
1986	Dartmouth	Richard O'Flynn, Providence	29:49.4
1987	Dartmouth	J. Ndaysienga, West Virginia	30:39.4
1988	Dartmouth	Dean Crowe, Boston Univ.	29:55.0
		Eric Carter, Penn State	30:34.0
		Greg Whiteley, Brown	29:57.0

Year	Champion	Individual Winner	Time
1989	Georgetown	S. Cheruiyot, Mt. St. Mary's	29:12.6
1990	Connecticut	Peter Rono, Mt. St. Mary's	30:57.3
1991	Providence	Terrance Mahon, Villanova	30:17.2
1992	Providence	Louis Quintana, Villanova	29:57.3
1993	Georgetown	Jason Stewart, Army	29:00.0
1994	Georgetown	Louis Quintana, Villanova	30:12.0
1995	Georgetown	Mark Carroll, Providence	29:24.0
1996	Villanova	Dan Brown, Army	29:28.0
1997	Princeton	Tony Barroco, Princeton	24:48.7
1998	Princeton	Matt Lane, William & Mary	24:06.3
1999	Princeton	Steven Ondieki, FDU	24:24.0
2000	Penn State	Mike DiGennaro, Delaware	24:52.4
2001	Bucknell	Matt Spring, Manhattan	25:04.6
2002	Cornell	John Bitok, Syracuse	25:05.8
2003	James Madison	Casey Moriarty, Yale	24:57.6
2004	La Salle	Chris Foster, Penn State	24:55.0
2005	Duke	Ryan Sheehan, St. Francis U.	24:58.9
2006	William & Mary	Charles Moran, JMU	24:38.1
2007	Georgetown	Daniel Nunn, Georgetown	25:13.0

University Division

Year	Champion	Individual Winner	Time
1977	FDU	Paul Streebs, FDU	25:06.1
1978	Millersville	Mark Kimball, Boston Univ.	24:51.5
1979	Boston University	Mark Kimball, Boston Univ.	25:01.9
1980	William & Mary	F. Huggins, William & Mary	25:22.0
1981	Millersville	Gregg Cauler, Millersville	25:08.3
1982	William & Mary	Andy Whitney, William & Mary	24:27.1
1983	No Championship held		
1984	No Championship held		
1985	No Championship held		
1986	No Championship held		
1987	No Championship held		
1988	No Championship held		
1989	Fordham	Timothy Dunn, Rhode Island	30:57.0
1990	Syracuse	Tom Perry, Syracuse	33:37.2
1991	Seton Hall	Brian Spoorie, Seton Hall	32:00.7
1992	Yale	David McCombs, Liberty	32:05.2
1993	Princeton	Brian Quinn, St. John's	30:58.6
1994	Providence	Jesse Breeden, Rider	32:02.0
1995	Syracuse	Greg Powell, Duquesne	31:26.0
1996	Lafayette	David Robinson, Lafayette	31:51.0
1997	Manhattan	Sean Lynch, Manhattan	25:18.6
1998	St. Francis (NY)	Paul Borge, Towson	25:08.0
1999	Manhattan	Steve Gourley, Lehigh	25:43.9
2000	Marist	Michael Nehr, Marist	25:28.7
2001	Colgate	John Bitok, Syracuse	25:34.0
2002	Princeton	Xavier Deboissezon, Colgate	25:40.5
2003	New Hampshire	Stephen Meinelt, UNH	24:49.5
2004	Stony Brook	Robbie Freeman, Albany	25:17.0
2005	Army	Tyler Raymond, Manhattan	25:24.6
2006	Fordham	Jaime Julia-Perez, Adelphi	25:49.8
2007	New Hampshire	Ricardo Estremera, Albany	25:35.0

Future ECAC and IC4A Championship Dates:

IC4A Indoor Track & Field Championships

March 7-8, 2009

Boston University, Boston, MA

ECAC DI Indoor Track & Field Championships

March 7-8, 2009

Reggie Lewis Track & Athletic Center, Boston, MA

IC4A Outdoor Track & Field Championships

May 15-17, 2009

Princeton University, Princeton, NJ

ECAC DI Outdoor Track & Field Championships

May 15-17, 2009

Princeton University, Princeton, NJ