

13th ECAC Championships
George Mason University, Fairfax, VA
May 18-19, 1996

4x100 relay—1, West Virginia (Maxine Dawkins, Pat Itanyi, Mandy Valentine, Marlene Dawkins) 45.43. 2, Seton Hall, 45.57. 3, George Mason, 45.72. 4, Virginia, 46.02. 5, St. John's, 46.38. 6, Temple, 46.71. 7, East Carolina, 46.72. 8, Northeastern, 46.73.

1,500—1, Kristin Manwaring, Dartmouth, 4:23.04. 2, Joline Staeheli, Georgetown, 4:23.63. 3, Christine Jost, Villanova, 4:25.76. 4, Angela Graham, Boston College, 4:27.83. 5, Jessica Totaro, Mt. St. Mary's, 4:28.02. 6, Samantha Bates, James Madison, 4:29.08. 7, Rebecca Donaghue, Massachusetts, 4:29.35. 8, Tanya Baker, Princeton, 4:30.71.

100 high hurdles—1, Keri Hinderlie, Syracuse, 13.41. 2, Kia Davis, Villanova, 13.73. 3, Andrea Melton, Boston College, 13.84. 4, Nicole Belcher, Seton Hall, 13.91. 5, Pat Itanyi, West Virginia, 14.05. 6, Veronica Dyer, Syracuse, 14.21. 7, Natwon Harp, Fairleigh Dickinson, 14.30.

400—1, Ameerah Bello, Morgan State, 52.12. 2, Janelle Johnson, George Mason, 53.15. 3, Sandy McFarland, Syracuse, 53.32. 4, Stacy-Ann Williams, St. John's, 54.75. 5, Amy Ross, Georgetown, 54.76. 6, Shenecia Sessoms, North Carolina-Wilmington, 55.55. 7, Kesha Walley, Villanova, 55.76. 8, Lisa Kaiser, Mt. St. Mary's, 55.90.

100—1, Maxine Dawkins, West Virginia, 11.55. 2, Inshallah Saunders, Temple, 11.69. 3, Philippa Arnett, Morgan State, 11.76. 4, Katrina Jarrett, Seton Hall, 11.82. 5, Sophia Tasker, Manhattan College, 11.84. 6, Carla Powell, East Carolina, 12.06. 7, Eboni Green, St. John's, 12.06. 8, Becky Arugunes, George Mason, 12.17.

800—1, Miesha Marzell, Georgetown, 2:04.68. 2, Staci Hubbard, George Mason, 2:04.91. 3, Maxine Clarke, Georgetown, 2:06.68. 4, Jurga Marcinkeviciute, Villanova, 2:08.27. 5, Angie Martin, Pittsburgh, 2:08.54. 6, Heather Moul, Mt. St. Mary's, 2:09.36. 7, Twana Allen, Coppin State, 2:10.87. 8, Krestena Sullivan, Villanova, 2:12.70.

400 int. hurdles—1, Angela Lee, Virginia, 57.64. 2, Renea Jordan, George Mason, 57.67. 3, Nadia McNeil, Georgetown, 58.01. 4, Simone Garel, George Mason, 59.08. 5, Shana Fadis, Pittsburgh, 59.79. 6, Shirley Licorish, Northeastern, 59.92. 7, Aiyanna Burton, Princeton, 1:01.82. 8, Lidia Dickinson, Rutgers, 1:01.17.

200—1, Ameerah Bello, Morgan State, 23.26. 2, Maxine Dawkins, West Virginia, 23.36. 3, Philippa Arnett, Morgan State, 23.66. 4, Katrina Jarrett, Seton Hall, 24.03. 5, Inshallah Saunders, Temple, 24.15. 6, Lou Ann Williams, Seton Hall, 24.33. 7, Dine Potter, Manhattan, 24.55.

Triple jump—1, Trecia Smith, Pittsburgh, 43-6½. 2, Sharline White, Fairleigh Dickinson, 42-8. 3, Nadine Gordon, St. John's, 41-8½. 4, Jamila Codrington, Syracuse, 41-2½. 5, Katherine Blackett, Villanova, 40-10¼. 6, Tiffany King, Virginia, 39-11½. 7, Anna-Kate Jarman, Liberty, 39-6. 8, Tamara Peeples, Connecticut, 39-4½.

Hammer—1, Theresa Findlay, Northeastern, 181-7. 2, Kim Johnson, Syracuse, 177-0. 3, Tamika Powell, George Mason, 173-11. 4, LaTanya Brown, St. John's, 164-10. 5, Nancy Wenzel, Central Connecticut St., 158-3. 6, Ruth Conlon, Virginia Commonwealth, 155-10. 7, Chris Della Pioli, Delaware, 153-6. 8, Michelle Clayton, East Carolina, 152-10.

3,000—1, Maria McCambridge, Providence, 9:28.63. 2, Amina Amaddah, George Mason, 9:34.53. 3, Kate Landau, Georgetown, 9:38.83. 4, Regina Gonzalez, Georgetown, 9:44.16. 5, Fran Lord, Georgetown, 9:46.64. 6, Cybelle McFadden, William & Mary, 9:48.49. 7, Megan Boden, Georgetown, 9:54.70. 8, Katie Talarico, Princeton, 9:56.77.

Shot put—1, Amy Winchester, Dartmouth, 50-10¼. 2, Lesa-Gaye Francis, Syracuse, 48-6¼. 3, Angela Bertholdt, Rhode Island, 47-10. 4, Jacqueline Sedgwick, Northeastern, 47-7¼. 5, Rosemary Harris, Northeastern, 46-4¼. 6, Theresa Findlay, Northeastern, 46-4. 7, Lorraine Smith, St. John's, 44-5½. 8, Trecia Smith, Pittsburgh, 43-10¼.

4x800—1, Georgetown (Michelle Muething, Tamara Henry, Joline Staeheli, Miesha Marzell), 8:49.98. 2, Boston University, 8:52.27. 3, Mt. St. Mary's, 8:56.07. 4, William & Mary, 8:57.27. 5, Pittsburgh, 9:00.21. 6, James Madison, 9:03.42. 7, Princeton, 9:07.37. 8, George Mason, 9:21.02.

4x400—1, George Mason (Angie Brown, Staci Hubbard, Simon Garel, Janelle Johnson), 3:35.59. 2, Seton Hall, 3:39.18. 3, Pittsburgh, 3:39.40. 4, Georgetown, 3:40.53. 5, Virginia, 3:41.28. 6, St. John's, 3:45.29. 7, Princeton, 3:47.32.

Final team standings (after seven events)—1, George Mason, 98. 2, Georgetown, 92. 3, Pittsburgh, 60. 4, West Virginia, 52. 5, Virginia, 49. 6, Villanova, 42. 7, Syracuse, 40. 8 (tie) Dartmouth and Seton Hall, 34. 10, Morgan State, 32. 11, Northeastern, 30. 12, St. John's, 27. 13, Rutgers, 26. 14, Providence, 21. 15, Rhode Island, 19. 16, Temple, 15. 17, Mt. St. Mary's, 14. 18, William & Mary, 13. 19 (tie) Princeton and Boston University, 12. 21 (tie) Boston College and East Carolina, 11. 23, Fairleigh Dickinson, 10. 24, Connecticut, 8. 25 (tie) Penn, Manhattan, Vermont and James Madison, 6. 29 (tie) Delaware and Central Connecticut St., 4. 31 (tie) Delaware St., Virginia Commonwealth and North Carolina-Wilmington, 3. 34 (tie) Liberty, Massachusetts, Bucknell, St. Joseph's, New Hampshire and Coppin State, 2. 40, Navy, 1. Working Proceed

Discus thrower shatters 12-year-old ECAC meet record

ECAC

Heptathlon—1, Trecia Smith, Pitt, 5,557 points. 2, Courtney Ruckert, George Mason, 5,360. 3, Melanie Sklepko, Villanova, 5,247. 4, Angie Jimenez, Penn, 5,013. 5, Tonya Mullins, Pitt, 4,901. 6, Shana Fadis, Pitt, 4,891. 7, Norine Nadeau, Bucknell, 4,592. 8, Jeanne Oehrlein, George Mason, 4,583.

High jump—1, Denise Durham, Rutgers, 5-10. 2, Charlen Fleming, Rhode Island, 5-10. 3, Najuma Fletcher, Pitt, 5-8. 4, Lisa Rayner, William & Mary, 5-8. 5, Daniela Pack, Boston Univ., 5-8. 6, Kristi White, Rutgers, 5-8. 7, Debbie Bray, West Virginia, 5-6. 8, Nathalie Hayden, Northeastern, 5-6.

Javelin throw—1, Jennifer Pastore, Villanova, 173-2. 2, Ann Crouse, Virginia, 160-6. 3, Danielle Lewis, Vermont, 149-6. 4, Cyndi DeRoehn, Connecticut, 143-6. 5, Brooke Speers, Rutgers, 140-10. 6, Sarah Howald, Dartmouth, 140-10. 7, Carolyn Kimball, New Hampshire, 138-5. 8, Linda Denny, Virginia, 137-5.

Long jump—1, Hitomi Takamatsu, George Mason, 21-3. 2, Angie Brown, George Mason, 21-0. 3, Trecia Smith, Pitt, 20-11. 4, Pat Itanyi, West Virginia, 20-8. 5, Kelly Miller, Virginia, 20-0. 6, Dion Gardner, Northeastern, 19-11. 7, Najuma Fletcher, Pitt, 19-9. 8, Amanda Johnson, East Carolina, 19-9.

Discus throw—1, Tamika Powell, George Mason, 168-0. 2, Gina LoMonaco, Rutgers, 155-05. 3, Amy Brown, Virginia, 154-3. 4, Michelle Fournier, Rhode Island, 152-11. 5, Amy Winchester, Dartmouth, 152-1. 6, Dana Walker, Delaware State, 147-11. 7, Typhanie Bates, Connecticut, 143-9. 8, Luana Botelho, Penn, 139-11.

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Fairfax, Virginia, May 18-19—
 (5/18—5000, 10,000, HJ, LJ, DT, JT, heats, semis).
 Leading teams (40 scored): 1. George Mason 98; 2. Georgetown 92; 3. Pitt 60; 4. West Virginia 52; 5. Virginia 49; 6. Villanova 42; 7. Syracuse 40; 8. tie, Dartmouth & Seton Hall 34; 10. Morgan State 32.
 100(0.3): 1. Max. Dawkins' (WV) 11.55; 2. Saunders' (Temp) 11.69; 3. Arnett (Morg) 11.76; 4. Jarrett (SH) 11.82.
 Heats: I(2.4)—1. Saunders' 11.47w.
 200(-0.7): 1. Bello' (Morg) 23.26; 2. Max. Dawkins' 23.36; 3. Arnett 23.66; 4. Jarrett 24.03; . . . dnf—Mar. Dawkins' (WV).
 Heats: I(0.9)—1. Arnett 23.58. II(2.1)—1. Bello' 23.22w.
 400: 1. Bello' 52.12; 2. Johnson (GM) 53.15; 3. McFarland (Syr) 53.32; 4. Williams (StJ) 54.75.
 800: 1. Marzell (Gtn) 2:04.68; 2. Hubbard (GM) 2:04.91; 3. Clarke (Gtn) 2:06.68; 4. Marcinkewiciute' (Vill) 2:08.27; 5. Martin (Pitt) 2:08.54; 6. Moul (MSM) 2:09.36; . . . 8. Sullivan' (Vill) 2:12.70.
 Heats: I—1. Marzell 2:06.07; 2. Martin 2:06.97; 3. Moul 2:08.49. II—1. Marcinkewiciute' 2:07.84; 2. Sullivan' 2:08.71; 3. Theobald (Army) 2:09.21. III—1. Clarke 2:06.45; 2. Hubbard 2:07.07; 3. Bygrave' (SH) 2:08.84; 4. Odegaard (Vt) 2:09.17. IV—1. Allen (Copp) 2:05.70; 2. Patten (WM) 2:08.77.
 1500: 1. Manwaring (Dart) 4:23.04; 2. Staeheli (Gtn) 4:23.63; 3. Jost (Vill) 4:25.76; 4. Graham' (BC) 4:27.83; 5. Totaro (MSM) 4:28.02; 6. Bates (JM) 4:29.08.
 Heats: I—1. Manwaring 4:18.94; 2. Bowes (Md) 4:21.02; 3. Donaghue (Ma) 4:22.13; 4. Tollefson (Vill) 4:23.99; 5. Baker (Prin) 4:24.39. II—1. Staeheli 4:23.39; 2. Totaro 4:23.64; 3. Graham' 4:23.67; 4. Bates 4:24.29.
 3000: 1. McCambridge' (Prov) 9:28.63; 2. Amaddah' (GM) 9:34.53; 3. K. Landau (Gtn) 9:38.83; 4. Gonzales (Gtn) 9:44.16; 5. Lord (Gtn) 9:46.64.
 5000: 1. Landau 16:14.64; 2. Harrington (Prov) 16:15.58; 3. Sanchez (Dart) 16:17.38; 4. Boden (Gtn) 16:43.03; 5. Goette (Prin) 16:46.08; 6. Dupre (Prov) 16:49.82.
 10,000: 1. Wachera' (WV) 34:43.11; 2. Servidio (Va) 34:54.06; 3. Kunz (Gtn) 35:51.68; 4. Akstin (Gtn) 35:53.58.
 100H(-0.5): 1. Hinderlie (Syr) 13.41; 2. Davis (Vill) 13.73; 3. Melton (BC) 13.84; 4. Belcher (SH) 13.91; 5. Itanyi' (WV) 14.05.
 Heats: II(2.2)—1. Hinderlie 13.36w. III(2.6)—1. Davis 13.68w. IV(0.9)—1. Belcher 13.60.
 Semis: I(2.8)—1. Belcher 13.32; 2. Davis 13.70w. II(-0.5)—1. Hinderlie 13.16; 2. Melton 13.71.

400H: 1. Lee (Va) 57.64; 2. Jordan (GM) 57.67; 3. McNeil' (Gtn) 58.01; 4. Garel (GM) 59.08; 5. Fadis (Pitt) 59.79; 6. Licorish (NEn) 59.92.
 Heats: I—1. Allen (Pitt) 59.93. II—1. Jordan 59.87. IV—1. Lee 59.74.

Relay Events

4 x 100: 1. West Virginia 45.43 (Max. Dawkins', Itanyi', Valentine, Mar. Dawkins'); 2. Seton Hall 45.57; 3. George Mason 45.72; 4. Virginia 46.02.
 Heats: III—1. George Mason 45.83.
 4 x 400: 1. George Mason 3:35.59 (Brown, Hubbard, Garel, Johnson); 2. Seton Hall 3:39.18; 3. Pitt 3:39.40; 4. Georgetown 3:40.53; 5. Virginia 3:41.28.
 Heats: I—1. George Mason 3:39.58. II—1. Georgetown 3:42.72. III—1. Syracuse 3:40.27.
 4 x 800: 1. Georgetown 8:49.98 (Muething, Henry, Staeheli, Marzell); 2. Boston U 8:52.27; 3. Mt. St. Mary's 8:56.07; 4. William & Mary 8:57.27; 5. Pitt 9:00.21; 6. James Madison 9:03.42.
 Heats: I—1. Boston U 8:54.33.

Field Events

HJ: 1. Durham (Rut) 5-10 (1.78); 2. Fleming (RI) 5-10 (1.78); 3. Fletcher' (Pitt) 5-8 (1.73); 4. Rayner (WM) 5-8 (1.73).
 LJ: 1. Takamatsu' (GM) 21-3¹/₂w (6.48); 2. Brown (SH) 21-³/₄ (6.42); 3. Smith' (Pitt) 20-11³/₄w (6.39); 4. Itanyi' 20-8w (6.30); 5. Miller (Va) 20-¹/₄ (6.10); . . . 7. Fletcher' 19-9¹/₂w (6.03).
 TJ: 1. Smith' 43-6¹/₂ (13.27); 2. White (FD) 42-8 (13.00); 3. Gordon (StJ) 41-8¹/₂ (12.71); 4. J. Codrington (Syr) 41-2¹/₂ (12.56); 5. Blackett (Vill) 40-10¹/₄ (12.45).
 SP: 1. Winchester (Dart) 50-10¹/₄ (15.50); 2. Francis (Syr) 48-6³/₄ (14.80); 3. Bertholdt (RI) 47-10 (14.58); 4. Sedgwick (NEn) 47-7³/₄ (14.52).
 DT: 1. Powell (GM) 168-0 (51.22); 2. LoMonaco (Rut) 155-5 (47.38); 3. Brown (Va) 154-3 (47.02); 4. Fournier (RI) 152-11 (46.62); 5. Winchester 152-1 (46.36).
 HT: 1. Findlay (NEn) 181-7 (55.34); 2. Johnson (Syr) 177-0 (53.96); 3. Powell 173-11 (53.00); 4. Brown (StJ) 164-10 (50.24); 5. Wenzel (CCT) 158-3 (48.24); 6. Conlon (VaC) 155-10 (47.50).
 JT: 1. Pastore (Vill) 173-2 (52.78); 2. Crouse (Va) 160-6 (48.92); 3. Lewis (Vt) 149-6 (45.56); 4. DeRoehn (Ct) 143-6 (43.74).
 Hept(5/16-17): 1. Smith' 5557; 2. Ruckert (GM) 5360; 3. Sklepko (Vill) 5247; 4. Jimenez (Pitt) 5013; 5. Mullins (Pitt) 4901.

George Mason's Powell Sets ECAC Discus Mark

By Thomas Heath
Washington Post Staff Writer

George Mason University's Tamika Powell set a meet record in the discus with a throw of 168 feet yesterday at the Eastern College Athletic Conference track and field competition in Fairfax.

The throw by the Virginia Beach native helped put her women's team in first place going into today's finals. After seven events, the GMU women had 37 points, followed by Pittsburgh (31), Virginia (27) and Georgetown (26).

The Patriots women also finished first and second in the long jump, with Hitomi Takamatsu taking first with a mark of 21-3. Angie Brown finished second, helping put the GMU women in strong position to win their third consecutive ECAC title.

"I'm happy I won, but I wish I had thrown farther," said Powell, who broke a 12-year record of 167-6 set by Elaine Sobansky of Penn State.

Also yesterday, Liberty senior Ryan Werner won his fourth decathlon in the men's Intercollegiate Association of Amateur Athletes of America (IC4A), which is being run along with the ECAC

meet at George Mason. Werner also won the individual pole vault with a height of 16-8¾.

After eight events, Liberty was leading with 46 points, followed by Connecticut and St. John's (21 apiece). George Mason, last year's champion, was struggling in 25th place with three points. But there are 14 events today, enough to lift any team to the championship.

On a scorching, humid day that bothered some athletes, Pitt freshman Trecia Smith was one who got a boost. She earned an automatic berth in the NCAA championships, which are being held later this month, by scoring 5,557 points in the heptathlon.

"If today's any indication, I know I can put it together" to reach the Olympics, said the 20-year-old Jamaican, who also took third in the long jump.

Smith won the seven-event heptathlon by taking first place in the shot put, long jump and 200-meter run. She will need to score 6,000 points to reach the Olympics, but she was one of the brightest lights in the ECAC meet.

Smith is considered Pitt's heir to Najuma Fletcher, who had a disappointing day; she fin-

ished third in the high jump and strained her hamstring while finishing seventh in the long jump.

"This is disappointing," said Fletcher, who had hoped to qualify for the Olympics in the triple jump and high jump. She still has the triple jump competition this morning.

"The sun might have had an effect," Fletcher said. "We like it warm, but not baking."

Georgetown's Kate Landau won the women's 5,000 meters in 16 minutes 14.64 seconds. The women's 10,000 was won by Charity Wachera of West Virginia in 34:43.11. Sharon Servidio of Virginia was second and Jenny Kunz of Georgetown took third.

In the men's competition, David Crabbe of Boston University won the 5,000 meters in dwindling daylight with a time of 14:16.53. Princeton's Ugwunna Ikpeowo won the men's long jump and set a new facility record with a jump of 26-0¼.

Adam Nelson of Dartmouth won the shot put with a throw of 59-5½. That beat the stadium record by 2½ inches that Nelson set a year ago.

The men's 10,000 meters on Friday was won by Karl Rasmussen of Boston University in 29:49.36. Ed Hogan of Maryland was second in 30:05.2.

Powell's discus mark puts George Mason in line for ECAC title

Tamika Powell shattered a discus mark yesterday at Fairfax, Va., that had stood for 12 years and put host George Mason in position to win its third consecutive ECAC outdoor track and field team title.

Powell's toss of 168 feet broke the meet record set by Penn State's **Elaine Sobansky** in 1984. Powell also shattered her own stadium record by more than six feet with the winning throw.

The Patriots women, who grabbed a one-two finish from **Hitomi Takamatsu** and **Angie Brown** in the long jump, led with 37 points going into the final day of the meet. Pittsburgh trailed George Mason by six points with 14 events remaining.

LOCAL COLLEGES: ECAC-IC4A's. Stacy-Ann Williams finished fourth in the 400 meters (54.75) and LaTanya Brown placed fourth in the 20-pound hammer throw for the St. John's women at the ECAC-IC4A's at George Mason

Hens' Pointin places seventh in 10,000

FAIRFAX, Va. — University of Delaware junior Tara Pointin placed seventh in the 10,000 meters Friday at the ECAC Women's Outdoor Track and Field Championships.

Pointin's time was 36:45.23, good for All-East honors. West Virginia's Charity Wachera won the race in 34:43.11.

Pointin, the two-time defending North Atlantic Conference 10,000-meter champion, earned All-East honors by placing seventh at the ECAC meet in 1994.

Sarah Cowles will run in the 3,000 and Chris Delli Paoli will compete in the hammer throw today for the Blue Hens.

Discus thrower shatters 12-year-old ECAC meet record

FAIRFAX, Va. — Tamika Powell shattered a discus mark yesterday that had stood for 12 years and put host George Mason in position to win its third consecutive ECAC outdoor track and field team title.

Powell's toss of 168 feet broke the previous meet record set by Penn State's Elaine Sobansky in 1984. Powell also shattered her own stadium record by more than six feet with the winning throw.

The Patriots women, who grabbed a one-two finish from Hitomi Takamatsu and Angie Brown in the long jump, led with 37 points going into the final day of the meet. Pittsburgh trailed George Mason by six points with 14 events remaining.

On the men's side, Liberty's 46 points were more than twice that of any other team in the 120th IC4A outdoor championships with three events remaining late Saturday. Liberty was led by Ryan Werner,

Earlier, in hot and humid weather, freshman Trecia Smith stole the

spotlight from her Pittsburgh teammate and Najuma Fletcher, a 1992 Olympian for Guyana, in the ECAC events.

Smith easily won the heptathlon with 5,557 points, a mark that automatically qualifies her for the NCAA Outdoor Championships May 29-June 1 in Eugene, Ore. She also finished third in the long jump.

"I'm from Jamaica. We've got sun all year long. I felt comfortable today," Smith said.

Fletcher, who said she couldn't concentrate, finished third in the high jump and seventh in the long jump.

In other ECAC results, Denise Durham of Rutgers captured the high jump at 5-10 and Villanova's Jennifer Pastore easily won the javelin with a toss of 173-2.

Patriots Women Win 3rd Straight ECAC Title

In the ECAC, Ameerah Belle of Morgan State won the 200 and 400 meter dashes, setting a meet record of 52.12 in the 400. She was also named the women's ECAC outstanding performer.

Freshman Trecia Smith of the University of Pittsburgh had a strong meet, winning the women's triple jump yesterday and the heptathlon on Saturday. She also placed third in the long jump over the weekend. Smith had 27 points, more than half her team's score of 49.

Manwaring, Winchester Claim ECAC Track Titles

FAIRFAX, Va. — Two Dartmouth women won ECAC titles yesterday afternoon, highlighting the Dartmouth track teams at the IC4A and ECAC championships this weekend.

Kristin Manwaring, who was named the Outstanding Female Performer at the Heptagonal Games May 5, claimed the 1,500 crown yesterday afternoon, clocking 4:23.00 to win going away. On Saturday, Manwaring broke her own school record in the qualifying heats, covering the distance in 4:18.94 to qualify for the NCAA championships and the U.S. Olympic trials.

Amy Winchester, meanwhile, won her first outdoor ECAC title in the shot put, setting a school record in the process. Her winning toss of 50-10½ marked the third

time this spring Winchester has set the school record in that event. She also placed fifth in the discus at 152-1.

Led by several other strong performances, the Dartmouth women claimed eighth place in the event with 38 points. Maribel Sanchez and Deirdre Milligan finished third and eighth, respectively, in the 5,000. Sanchez's time of 16:17.38 qualified her for the NCAAs, while Milligan's time of 16:57.90 was a provisional qualifier. Sarah Howald was sixth in the javelin at 140-10 on Saturday.



Bill Kamenjar—Sports Information

DIG IN—Junior Hitomi Takamatsu finishes in the pit, good for a jump of 20-7 1/4, which landed her a third place finish in the 1996 NCAA Indoor Champs. Other national scorers for GMU women's team were Tamika Powell (seventh place 20 lb. WT. Throw) and the 4x400 relay, which took fifth place at 3:37.67.