

### **Delmarva**

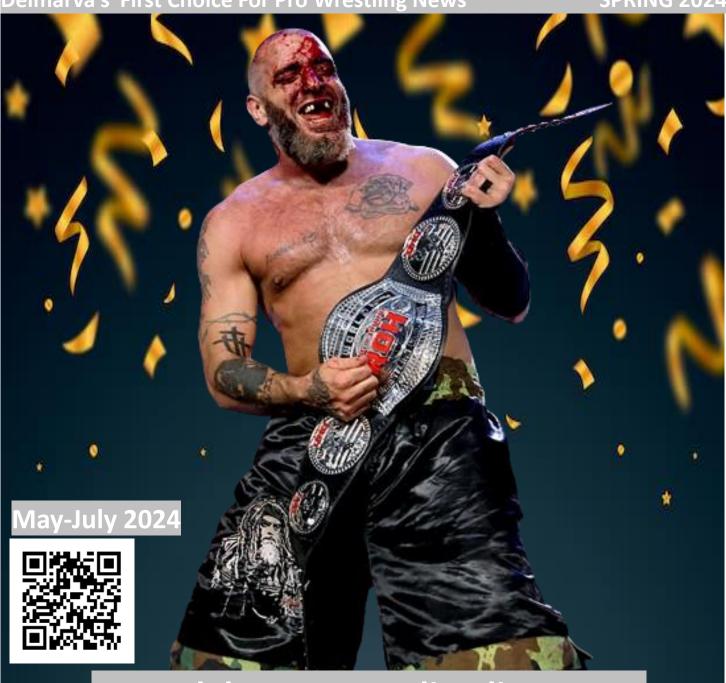
## Wrestling

Free

Digest

Delmarva's First Choice For Pro Wrestling News

**SPRING 2024** 



www.delmarvawrestlingdigest.com



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### Delmarva Wrestling Digest, LLC

Publisher/Owner- Kevin Wilcox

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**Deadline for Summer issue July 15th** 





WRESTLING

DIGEST

### FOR INQUIRIES:

Message:

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MakaylaDphotography@yahoo.com

NORK







## LIVE PRO WRESTLING

DELAWARE PERMIT #APP-000076970



VETTIX.ORG



# RIPLS

## PURMITE

FEATURING THE 2024 HONOR CUP!

SATURDAY JUNE 1ST / DOORS 6P.M. - BELLTIME 7P.M.
MARYDEL FIRE DEPARTMENT / 110 FIREHOUSE LANE. MARYDEL, DE
TICKETS \$20.00 / 5 AND UNDER FREE W/PAYING ADULT
FOR INFO CALL 302-331-5408 / VISIT DCWPROWRESTLING.COM



THE FOLIOUR FIRM











**@DCWNOLIMITS** 

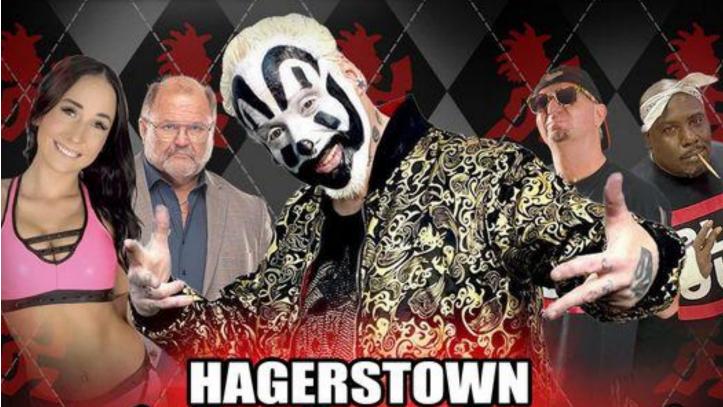


DCWPROWRESTLING



DCWNOLIMITS





# HAGERSTOWN with the clown!

Tickets start at \$20

DOORS OPEN AT 6:30 PM FOR MEET-N-GREET WITH WRESTLERS

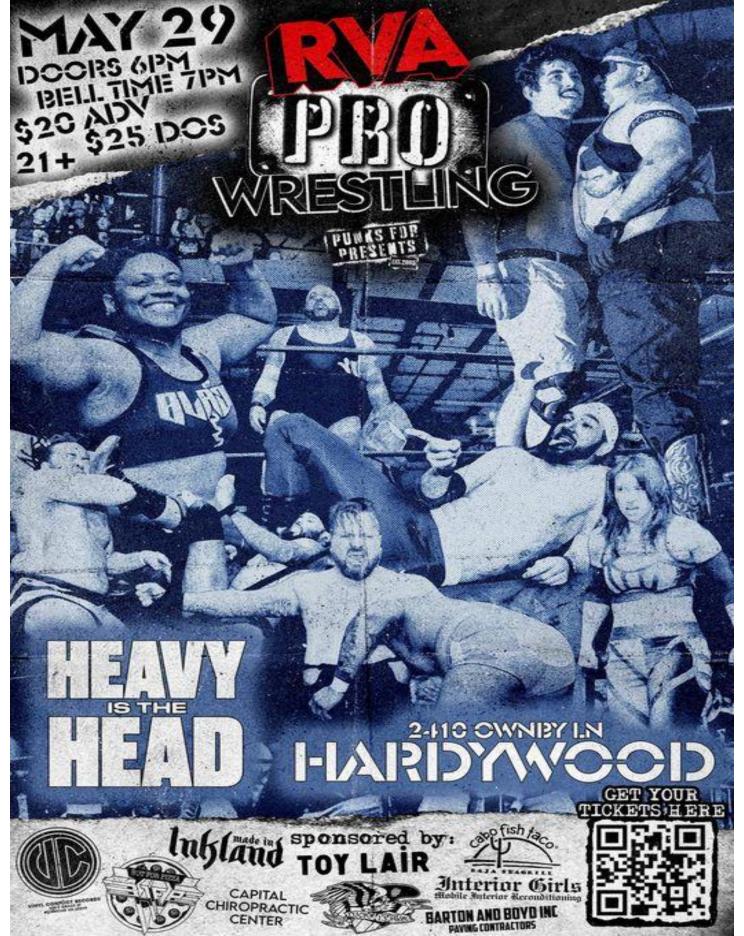
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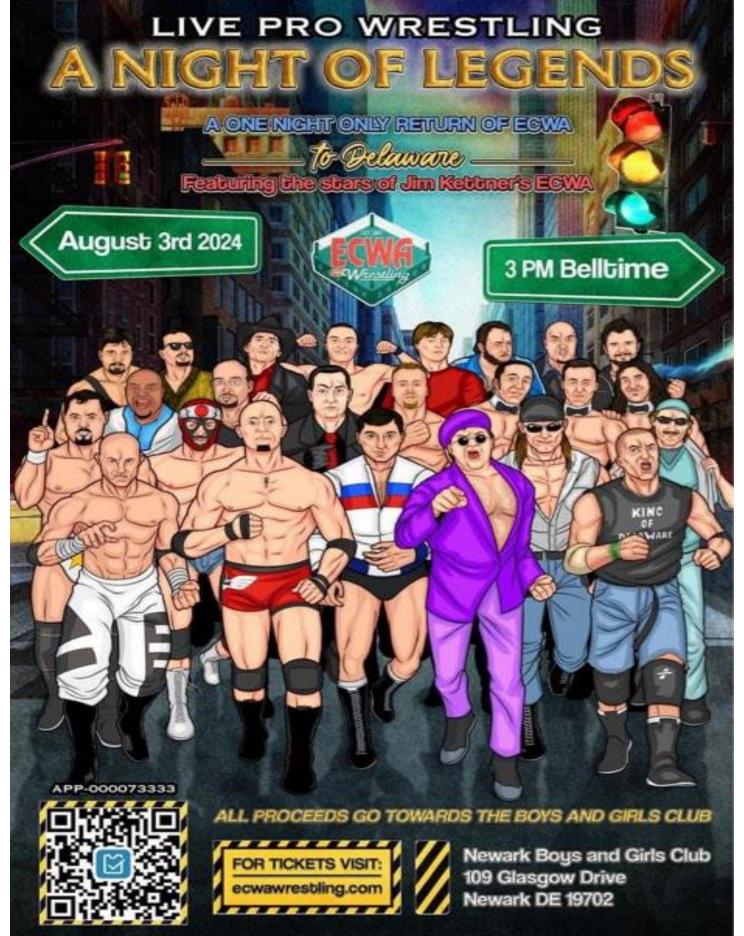
ADRENALINE CHAMPIONSHIP WRESTLING

Card subject to change.









Western Sussex Boys & Girls Club

# SUMMER BASKETBALL LEAGUE

Enroll in the Western Sussex Basketball League this summer to refine your skills, form lasting connections, and advance as an athlete!

June 6th - August 8th

Ages 9-13

### **Registration Information**

- Registration must be completed between April 15th - May 20th
- Payment must be made inperson by cash or check
- · Payments are non-refundable



BOYS & GIRLS CLUBS

child

Western Sussex

Western Sussex Boys & Girls Club

310 Virginia Avenue Seaford, DE 19973 To Learn More Contact:

Marcus Prattis 302-628-3789 | mprattis@bgclubs.org

Volunteer Coaches Needed



# ZAL FOOTBALL CAMP

JULY 19, 2024 | 9AM-1PM | BOYS & GIRLS AGES 6-16 |
ARCHBISHOP SPALDING HIGH SCHOOL | SEVERN, MD







BAAM SUMMER LEAGUE

# 





FREE AND OPEN TO ALL COUNTIES!

**Boys Junior Division** Ages 8 to 10

> Girls Division Ages 10 to 13

**Boys Senior Division** Ages 11 to 13 year





### BAAM ATHLETIC CENTER

31 JOWITE ST. | EASTON, MD 21601

OPENING DAY

SATURDAY, JUNE 8

#### IMPORTANT DATES

- € 5/11 Parent/Player Orientation
- @ 5/18 Skills Assessment
- € 5/21 Team Selection
- ₹ 5/28 First week of practice

SUPPORTED BY:



JACK CONSTRUCTION



MALBOT COUNTY **HEALTH DEPARTMENT** 



A campaign to promote mental health awareness.

JUNE 29, 2024 3PM-8PM

## JOIN US VENDORS NEEDED



For more information call Kevin 443-477-1505 or email KevinWilcox@delmarvawrestlingdigest.com



THE CROSS CHRISTIAN ACADEMY

110 HOLLY ST. SEAFORD

DELAWARE

## SUBSTANCE USE & MENTAL ILLNESS IN U.S. ADULTS (18+)

FROM THE 2014 NATIONAL SURVEY ON DRUG USE AND HEALTH (NSDUH)

Behavioral health (substance use and mental health) issues affect millions in the United States each year.

SUBSTANCE USE IN THE U.S.

RARARA

1 IN 12

adults had a Substance Use Disorder (SUD) in the past year

In the past month,

U.S. adults engaged in binge drinking

That's 59.4 MILLION

That's 20.2 MILLION adults who have

AAAAA AAAAAA

In the past month,

U.S. adults used illicit drugs

That's 24.6 MILLION adults MENTAL HEALTH IN THE U.S.

Nearly

1 in 5

U.S. adults had Any Mental Illness (AMI) in the past year That's
43.6
MILLION
adults with AMI

Including

9.8 MILLION adults with Serious Mental Illness (SMI)



Substance Use Disorder (SUD) 7.9 MILLION adults had both

Any Mental Illness (AMI)

Co-Occurring Behavioral Health Disorders in the U.S.

- Any Mental Illness (AMI) is defined as individuals having any mental, behavior, or emotional disorder in the past year that met DSM-IV criteria (excluding developmental and substance use disorders).
- Serious Mental Illness (SMI) is defined as adults with any mental, behavior, or emotional disorder that substantially interfered with or limited one or more major life activities.
- Substance Use Disorder (SUD): Individuals with alcohol or illicit drug dependence or abuse are defined as having SUD. The questions used to measure dependence and abuse are based on criteria in the fourth edition of the Diagnostic and Statistical Manual of Mental Disorders (DSM-IV).

**SOURCE**: Substance Abuse and Mental Health Services Administration, Center for Behavioral Health Statistics and Quality. 2014 National Survey on Drug Use and Health.





Trauma

Feeling depressed or anxious

CALL, TEXT, AND CHAT 988

988 LIFELINE

Thoughts of suicide

Drinking too much or drug use



# WARNING SIGNS of Mental Illness

Diagnosing mental illness isn't a straightforward science. We can't test for it the same way we can test blood sugar levels for diabetes. Each condition has its own set of unique symptoms, though symptoms often overlap. Common signs and/or symptoms can include:

- Feeling very sad or withdrawn for more than two weeks
- Trying to harm or end one's life or making plans to do so
- Severe, out-of-control, risk-taking behavior that causes harm to self or others
- Sudden overwhelming fear for no reason, sometimes with a racing heart, physical discomfort or difficulty breathing
- Significant weight loss or gain



- Drastic changes in mood, behavior, personality or sleeping habits
- **Extreme difficulty concentrating** or staying still
- Intense worries or fears that get in the way of daily activities

\*Various communities and backgrounds might view this sign differently based on their beliefs and experiences. Some people within these communities and cultures may not interpret hearing voices as unusual.



### **WORRIED ABOUT YOURSELF OR SOMEONE** YOU CARE ABOUT?

If you notice any of these symptoms, it's important to ask questions



Try to understand what they're experiencing and how their daily life is impacted



Making this connection is often the first step to getting treatment

mental illness begins by age

### KNOWLEDGE IS POWER



Talk with a health care professional



Learn more about mental illness



Take a mental health education class



Call the NAMI HelpLine at 800-950-NAMI (6264)

















WHEN AND WHERE YOU NEED IT.

Find Delaware treatment providers accepting new patients — with or without insurance — at

### TreatmentConnection.com.



Search services confidentially



Reach out anonymously



Learn about treatment



Available with or without insurance

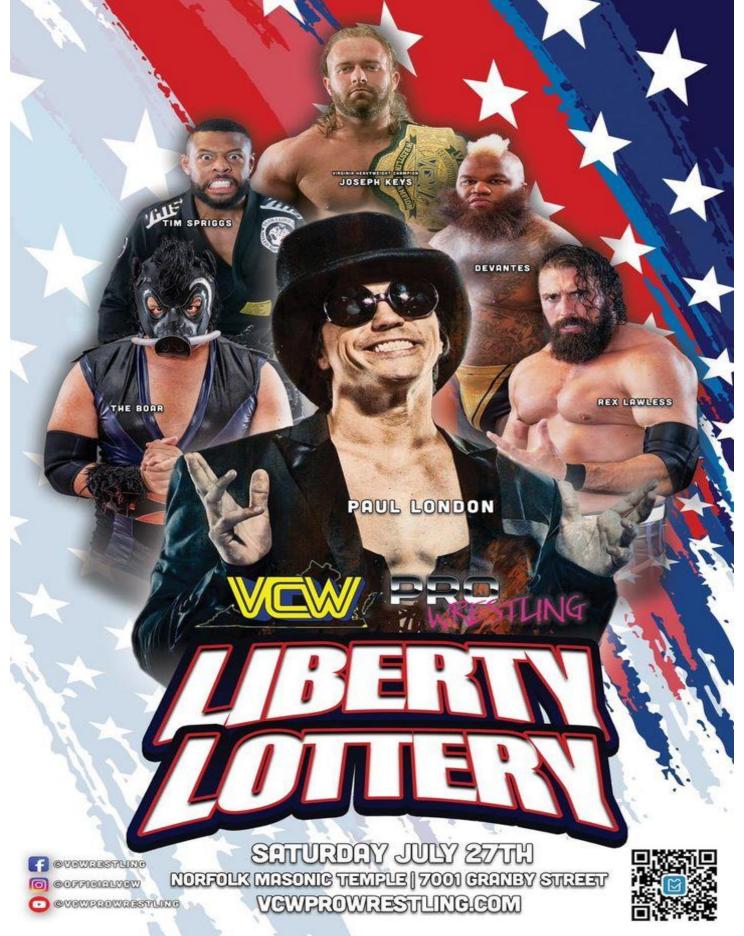






FEATURING FORMER WWE SUPERSTARS ELIJAH FKA ELIAS & MICKIE JAMES SATURDAY, JUNE 15 | 2 1300 RUSSELL SIREET NO 21230

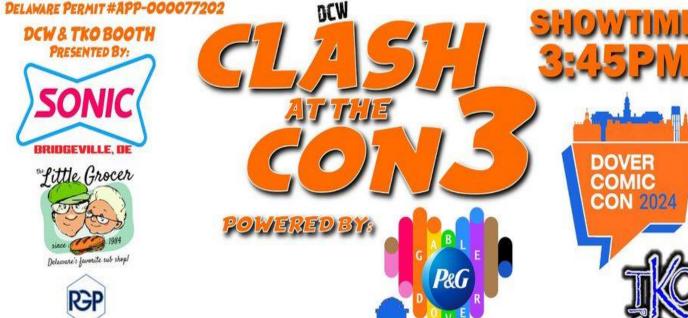












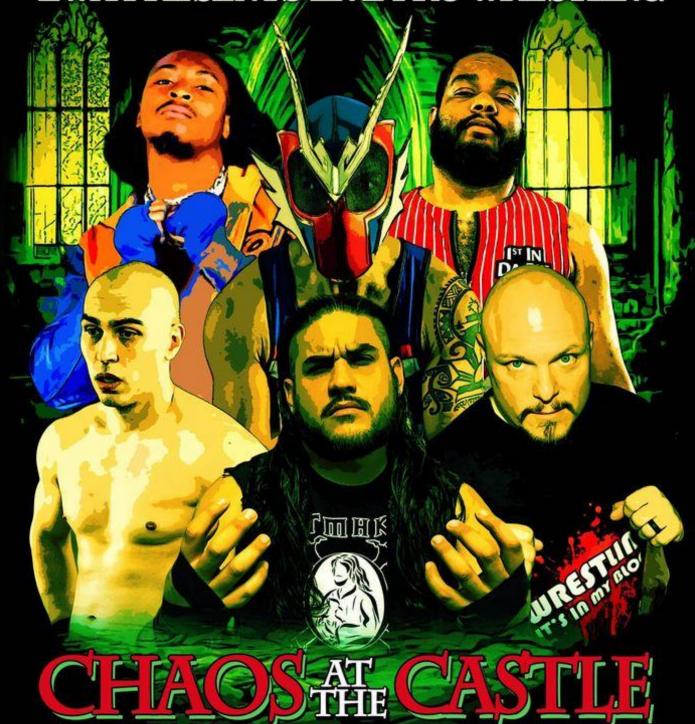


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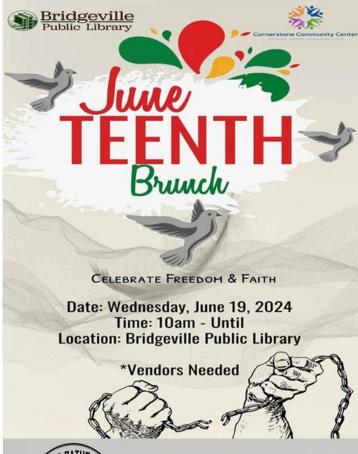


# DELMARVA WRESTLING DIGEST PRESENTS APP-000077811 MENTAL HEALTH JUNE 29, 2024 DOORS OPEN @5PM BELL TIME 5:30 THE CROSS CHRISTIAN ACADEMY 110 HOLLY ST. SEAFORD, DELAWARE FLOOR SEATS \$15 BLEACHERS \$10 KIDS \$2 FOR TICKETS CALL (443) 477-1505













### Beard Care Set



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