

INFORMED CONSENT CHECKLIST FOR ONLINE THERAPY/TELEPSYCHOLOGICAL SERVICES

- There are potential benefits and risks of video-conferencing (eg. Limits to patient confidentiality) that differ from in-person sessions.
- Confidentiality still applies for telepsychology services, and nobody will record the session with the permission from the other person(s).
- We agree to use the video-conferencing platform selected for our virtual session, and the psychotherapist will explain how to use it.
- You need to use a webcam or smartphone during the session.
- It is important to be in a quiet, private space that is free of distractions (including cell phone or other devices) during the session.
- It is important to use a secure internet connection rather than public/free WIFI.
- It is important to be on time. If you need to cancel or change your tele-appointment, you must notify the psychotherapist 24 hours in advance or a cancellation fee will apply.
- We need a back-up plan (eg. Phone number where you can be reached) to restart the session or to reschedule it, in the event of technical problems.
- We need a safety plan that includes at least one emergency contact and the closest ER to your location, in the event of a crisis situation.
- As your social worker, I may determine that due to certain circumstances, telepsychology is no longer appropriate and that we should resume our sessions in person or by telephone.

Social Worker Name: Tracy Stober Signature: *Tracy Stober*

Patient Name: _____ Signature: _____ Date: _____