

# NDC: Agriculture and Health Education Workshop



- Gardening Demonstration
- Tips and Tricks to Care for your Garden
- Diabetes Management and Prevention Information
- Pre-reservation Diet and Wild Food Demonstration



**Family Friendly!**  
**Lunch Served!**

## When?

Saturday, April 7<sup>th</sup>  
9am – 2:30pm

## Where?

Nalwoodi Denzhone Life Center  
in Gilson Wash  
Route 6, Mile Post 7.5



**USDA** OAO  
Office of Advocacy  
and Outreach

For More Information, call 480-734-5210

# NDC Workshop Agenda

## Saturday, April 7<sup>th</sup>

Time	Topic	Presenter
9:00am– 9:30am	Welcome , Introductions and Overview	Mr. Bryce Barnes NDC Board Representative
9:30am– 10:30am	Apache Wild Foods	Twila Cassadore
10:30am– 11:30am	Gardening Education	Chris Jones UA Cooperative Extension
11:30am– 12:00pm	Lunch Served	
12:00pm– 1:00pm	Greenhouse, Hoop House, and Gardening Demo	Mr. Juan Arias UA Cooperative Extension
1:00pm– 2:00pm	Healthy Diet and Nutrition	SCAHC Diabetes Prevention
2:00pm- 2:30pm	Wrap Up	Mr. Bryce Barnes NDC Board Representative