



MENDED HEARTS COUNSELING

About Me

Life can be challenging, but you don't have to face it alone. I provide counseling for children, teens, adults, and families in a supportive, individualized environment. I work with clients experiencing anxiety, depression, trauma, life transitions, emotional regulation challenges, and a variety of other concerns. I incorporate animal-assisted and equine-assisted therapy into my counseling practice. The connection between people and animals can help clients feel more at ease, strengthen trust, encourage emotional growth, and create meaningful opportunities for healing in a supportive environment. Before becoming a Licensed Professional Counselor, I was a special education teacher, supporting children and families through emotional, behavioral, and learning challenges. That experience continues to shape my compassionate, individualized approach to counseling. As a counselor certified through the Alliance of Therapy Dogs with experience working with horses, I thoughtfully incorporate animal-assisted and equine-assisted therapy when it supports a client's goals and therapeutic needs.



Elizabeth Kerr
MA, LPC

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My Approach

- Animal-Assisted & Equine-Assisted Therapy
- Anxiety & Depression
- Trauma Support
- Life Transitions
- Emotional Regulation
- Children, Teens, Adults & Families
- Compassionate, Client-Centered Counseling
- A Safe Space for Growth and Healing

Education & Experience

- Licensed Professional Counselor (LPC)
- M.A., Clinical Mental Health Counseling Bradley University
- B.S. in Elementary & Special Education Eureka College
- Former Special Education Teacher
- Experience training dogs and working Therapy Dogs

Now Accepting New Clients
Healing Through Compassion, Connection, and Care



EMAIL
elizabeth@mended-hearts.org



ADDRESS
1431 Lourdes Rd. Metamora, IL 61548



PHONE NUMBER
(309) 383-4323