



MENDED HEARTS

NEWSLETTER

JULY & AUGUST



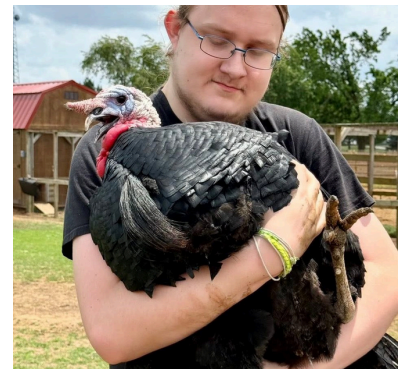
Email: info@mended-hearts.org



**Obi Wan Kenobi
stays cool**



**Newcomers Alice and Lucy
meet their first client**



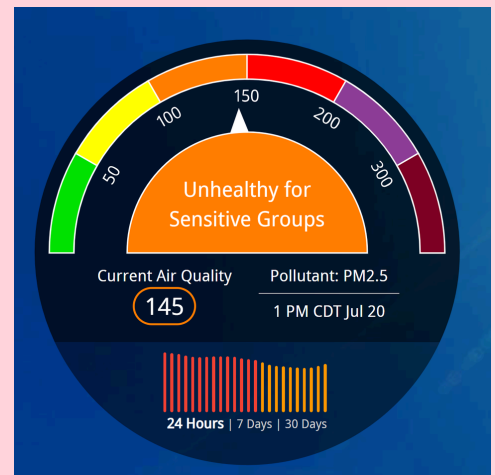
**Turkeys need
love, too**

WELCOME, CIARA!

Ciara Trimble-Roddy is completing her counseling internship with Mended Hearts. She earned her undergraduate degree in psychology from the University of Missouri-Saint Louis and has worked in community mental health, inpatient settings, and case management. Ciara is committed to integrating a holistic, person-centered approach and is passionate about creating a safe, inclusive, and welcoming space. Ciara is seeing clients and plans to stay at Mended Hearts once she is done with her Master's degree.



The summer heat and poor air quality have a negative impact on animals as well as people. While we understand that you and your children love riding as part of therapy, if the Air Quality Index registers 150 or above or the heat index (air temperature + humidity percentage) is 150 or higher, we may skip riding and instead focus on improving equine comfort through bathing/cool hosing. Our equines are our partners in therapy, and their health and safety are as important to us as yours.



www.airnow.gov

MENDED HEARTS
• Hippotherapy •

OCCUPATIONAL THERAPY
USING HIPPO THERAPY
AS A TREATMENT TOOL

GOAL-DRIVEN THERAPY. REAL-LIFE RESULTS.

This isn't just riding—
it's goal-driven therapy
for real-life results.

Hippotherapy is a powerful tool used by an Occupational Therapist to help improve movement, regulation, strength, and independence in everyday life.

SERVICES PROVIDED USING EVIDENCE-BASED PRACTICE.

WE HELP WITH:

- Strength, balance & coordination
- Sensory regulation & attention
- Fine motor skills & handwriting
- Daily living skills & independence
- Confidence & emotional regulation

PERFECT FOR INDIVIDUALS WITH:

- Autism Spectrum Disorder
- ADHD
- Sensory Processing Challenges
- Developmental Delays
- Neurological Conditions
- Emotional/Behavioral Regulation Difficulties
- Orthopedic or Postural Needs

TO BEGIN SERVICES:

- PHYSICIAN REFERRAL**
Must include Occupational Therapy evaluation & treatment.
- INITIAL EVALUATION**
Comprehensive OT evaluation completed on-site.
- INTAKE FORMS**
Medical history, consent forms & liability waiver.
- WHAT TO WEAR**
Long pants, closed-toe shoes & weather-appropriate clothing.

Now Accepting
NEW CLIENTS!

Building skills for life through movement, connection & purpose.

309-383-4323
 madison@mended-hearts.org
MENDED HEARTS STABLE
Where healing begins & hearts are mended.

Mended Hearts is Now Offering Occupational Therapy

Are you or your child receiving occupational therapy services at another provider? Madison Silverthorn is a licensed occupational therapist who integrates equine movement using evidence-based strategies and clinical reasoning to engage sensory, motor, and cognitive systems in ways that support functional outcomes. Madison accepts most insurance plans as well as Medicare, and she offers a sliding fee for self-pay clients. Ask for physician referral forms at the front desk, or we can fax them to your doctor.