

THE EXTRA MILE LEADERSHIP

Helpful Resources for Aquatics



*compiled by
Kathryn MacPhee*





Thank you!

THE EXTRA MILE- LEADERSHIP TRAINING & CONSULTING

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KATHRYN MACPHEE



OWNER
SPEAKER

LEAD FACILITATOR

My name is Kathryn MacPhee. I am a proud ST.FX grad in Human Kinetics and also have had the privilege to complete a certificate in Nonprofit Leadership at the MSVU. I have an extensive background in Recreation Management with a focus in Aquatics, but teaching and mentoring have always been what gets me jazzed.

My previous role as the Lifesaving Society's Programs and Communications Manager, provided me a front row seat to hot topics and trends within the Aquatic Industry. This role combined with my extensive background managing a variety of Aquatic Facilities has given me a wealth of knowledge and experience that I love to share with Managers and my participants.

PLAY BY THE RULES

THE RULES THAT GOVERN AQUATICS

GOVERNMENT REGULATIONS & STANDARDS

- Aquatic Legislation/Guidelines
- OH&S
- Labor Standards

LIFESAVING SOCIETY SAFETY STANDARDS

- General Recommendations
- Swimming Pool
- Waterfront
- COVID

EMPLOYER STANDARD OPERATING PROCEDURES

Challenge the way that things are being done. Are your SOP's solid and based off of the right criteria. Often it's because "this is the way we've always done it."

Know the Rules.

Familiarize yourself with the regulations, legislation and guidelines that govern you.

Say what you are going to do.

Have you created solid policies & procedures?

Do what you say.

Are all team members following these SOP's

Be able to Prove it.

Is there a signed form in their file that staff have read & understood SOP's

PLAY BY THE RULES

THE RULES THAT GOVERN AQUATICS

Government Regulations & Standards

[Nova Scotia Operational Guidelines for Aquatic Facilities](#)

[New Brunswick Public Pool Safety Standard](#)

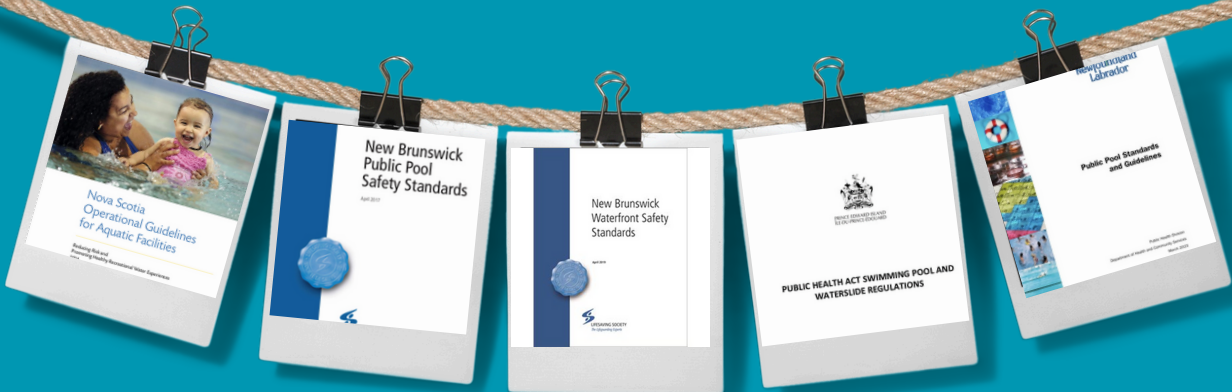
[New Brunswick Waterfront Safety Standards](#)

[Public Health Act Swimming Pool and Waterslide Regulations](#)

[NL Public Pool Standards & Guidelines](#)

[NL Public Pools Regulations under the Public Health Act](#)

AQUATICS



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PLAY BY THE RULES

THE RULES THAT GOVERN AQUATICS

Government Regulations & Standards

 [Worksafe for Life Nova Scotia](#)

 [NovaSafe](#)

 [Occupational Health & Safety NL](#)

 [Worksafe PEI](#)

 [Worksafe New Brunswick](#)

 [Nova Scotia Employment Rights](#)

 [New Brunswick Employment Standards](#)

 [Newfoundland Labor Standards](#)

 [PE Employment Standards](#)


OH&S

LABOR STANDARDS

PLAY BY THE RULES

THE RULES THAT GOVERN AQUATICS

Lifesaving Society Safety Standards



General Standards



Swimming Pool Standards



Waterfront Standards



COVID-19

Lifesaving Society Canada has a Safety Standards Commission that sets National Safety Standards.

These standards are based off of coroners' recommendations, evidence-based research and industry best practices. They do not replace or supersede local, provincial/territorial or federal legislation or regulations, but are considered the standard to which aquatic professionals should strive towards to minimize risk and ensure facilities are as safe as possible. They are also an excellent resource for manager's when creating facility standard operating procedures (SOP's)

www.lifesaving.ca



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MANAGING RISK

Create a culture of safety

Aquatic Facility Safety Plan Template

**IF IT IS
FORSEEABLE
THEN IT IS
PREVENTABLE**



Lifesaving Society Program Guides

[Nova Scotia](#)

[New Brunswick](#)

[Newfoundland](#)

[Prince Edward Island](#)

GRANTS & FUNDING

Nova Scotia Opportunities



[Sport Nova Scotia Funding](#)



[Active Communities Fund](#)



[Community Recreation Capital Grant](#)



[Recreation Facility Development Grant](#)



[Planning Assistance Program](#)



[Recreation Community Development Grant](#)



[Sport Hosting](#)



[Sport Support Program](#)



[Funding - Culture, history and sport](#)

