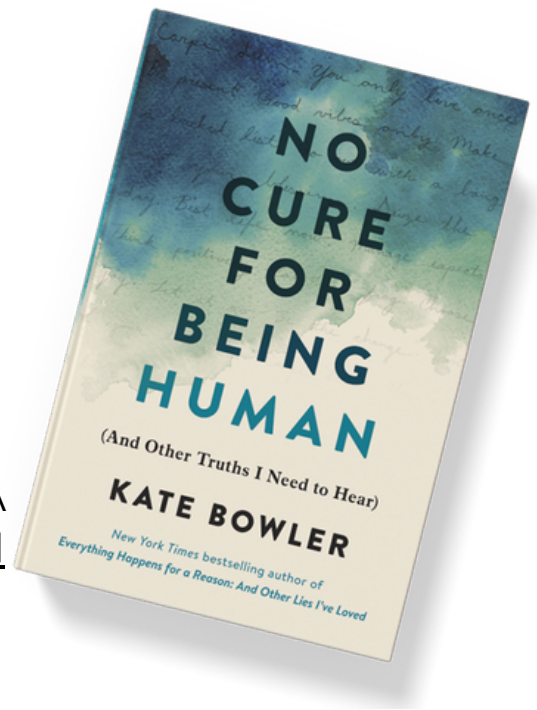


RESET.LIFE SPARK BOOK GROUP

NO CURE FOR BEING HUMAN

FALL INTO MEANINGFUL CONVERSATIONS THROUGH A 3-WEEK DISCUSSION OF NO CURE FOR BEING HUMAN BY KATE BOWLER, AWARD-WINNING AUTHOR, PODCAST HOST, AND DUKE UNIVERSITY PROFESSOR.



"Kate Bowler believed that life was a series of unlimited choices, only to find that she was stuck in a cancerous body at age 35. In No Cure for Being Human, Kate searches for a way forward as she mines the wisdom (and absurdity) of our modern "best life now" advice industry, which offers us exhausting positivity, trying to convince us that we can out-eat, out-learn and out-perform our humanness. With dry wit and unflinching honesty, Kate grapples with her cancer diagnosis, her ambition, and her faith and searches for some kind of peace with her limitations in a culture that says that anything is possible."

EVENING GROUP: VIRTUAL
TUESDAYS 6:00-7:30PM
OCTOBER 11, 18, 25

OR

DAYTIME GROUP: IN-PERSON
THURSDAYS 10:00-11:30AM
OCTOBER 13, 20, 27



To join us, please complete a brief registration form by scanning the QR code, email resetlifeprogams@gmail.com, visit our website: www.resetdotlife.org, or stop by the Reset.Life office located inside Sunrise on Main Boutique! Space is limited; reserve your spot now!

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