



Reset Life Circles

Time to press the reset button? Feeling stuck or disconnected?

Experiencing a personal or professional life transition?

Need a self-esteem boost?

**Join us for an 8-week in-person group experience to
help you reset and redefine your life!**

Reset Life Circles consist of 5-8 women per group who meet in a welcoming & confidential environment and together discover tools to move through stuck points toward a more fulfilling life. Groups are facilitated by professional life coach, Dr. Insha Mir.

Dates To Be Determined

\$159 for eight 90-minute sessions

Full and partial scholarships available!

Invest in yourself in 2022!

**FOR MORE INFO, COMPLETE A BRIEF INTEREST
FORM BY SCANNING THE QR CODE, EMAIL
RESETLIFEPROGRAMS@GMAIL.COM, OR STOP BY
THE RESET.LIFE OFFICE LOCATED INSIDE SUNRISE
ON MAIN BOUTIQUE, 1244 MAIN STREET, SUITE 2,
GREEN BAY, WI 54302**



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