

### Bayley-4 Developmental Assessment

The Bayley-4 is a formal assessment tool made up of a specially designed kit of toys that is used all around the world to assess the developmental functioning of babies, toddlers, and young children.

Its main purpose is to monitor your child's developmental progress over time; to identify any area of developmental delay early and accurately; and (where indicated) aid timely referral to appropriate early intervention support to optimise your child's development.

Meg is an experienced, accredited Bayley-4 practitioner certified by Pearson Australia and will carry out this individualised play based developmental assessment with you & your baby / toddler in our clinic rooms at North Adelaide.

Appointment length varies in response to your child's age, motivation, attention, and interests – but usually last between 1-1.5 hours for 1 year olds, and 2-2.5 hours for 2 year olds. Meg keeps the Bayley-4 session light, fun, and moving along, responding to your child's needs while adhering to the strict administration requirements of the test.

Medical referral is not required for Bayley-4 developmental assessment. You can self-refer by

contacting Meg directly: M: 0424 786 611

E: meg.b.m2m@gmail.com

W: Moments to Milestones (moments2milestones.com.au)

## What will my child be asked to do?

Your child will be given a number of games, puzzles, and tasks to play with, along with some movement activities to try. This will determine if their level of thinking, language, motor ability and social-emotional skills are similar to the skills of most children their age from across Australia and NZ.

You will also be asked some questions about your child's typical day-to-day performance to help us learn more about their range of skills and social-emotional development.

# Which children can attend a Bayley-4 assessment?

Bayley-4 formal developmental assessments are available for 6-month-old babies through to young children up to the age of 42 months who can see and hear well (including if they use hearing aids / amplification devices or prescription glasses to do so).

Typically, Paediatricians / GP's prefer Bayley-4 to be performed at 1 year, 18 months, or 2 years of age. Please speak with your Doctor to be guided in regard to the ideal timing of the Bayley-4 assessment(s) for your child.

Bayley-4 is suitable and highly recommended for babies / toddlers born premature (earlier than 37 weeks into the pregnancy). We will book the appointment based on your child's corrected age — using their due date rather than birth date — up to the time they reach 24 months old. For children born extremely premature (< 28 weeks), corrected age is extended up to 36 months of age.

#### What is the fee?

The fee for Bayley-4 developmental assessment is \$550. This includes a comprehensive written report. Your private health insurer or NDIS may offer a financial contribution towards this assessment – please contact them directly for specific advice.

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### Who can come along to our child's assessment?

Our clinic room can accommodate a maximum of 2 adults accompanying your child. Both parents are absolutely welcome to attend – or your child's primary caregiver and a Grandparent. Whatever suits your family best is fine with us.

To ensure an accurate assessment for your child, it is essential that no other children attend the appointment. Baby siblings less than 1 year of age are the only exception to this policy. As such, twins above the age of 1 year old will have their Bayley-4 assessments scheduled for different times.

### What do we bring with us on the day?

- A drink and snack for your child
- A small bag containing 3 everyday items your child recognises and is familiar with
- Your child's prescription glasses

### What happens next?

Meg will talk with you at the appointment about how well your child is currently progressing with their development. Specifically, in the domains of thinking and learning; communication and language; fine and gross motor activity; and social-emotional interactions and skills.

If your child is having difficulties in certain skill areas, information will be provided to help you and your Paediatrician / family GP decide whether referral to other health care providers (such as allied health: physiotherapy, speech pathology or occupational therapy) would be the best way to intervene to enrich your child's development.

To facilitate communication and care management, your Paediatrician and family GP, together with your family, will all receive a comprehensive developmental assessment report within 2 weeks of your child's appointment. We will also send a copy to your nominated childcare or ELC provider (with your consent).

Recognising that parents are perfectly placed to help optimise your child's development through the moment-to-moment interactions you share each day, the written report will include home based learning activities, along with details for other helpful community resources, to help guide and support your family over the months ahead.

# Is Bayley-4 possible if English is not our child's primary language?

Yes, but with conditions. In accordance with the strict Bayley-4 administration rules, where English is not the primary language spoken in your family home (and specifically not the main language spoken or understood by your child), toddlers and young children older than 12 months of age will only be assessed if an <u>interpreter not related to the family</u> is present throughout the entire appointment. Please note that interpreter fees are not covered in the Bayley-4 fee schedule and are the responsibility of the family.

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