

STARTERS

FRIED PICKLES 7.99
Hand breaded & served with house ranch

CHILI CHEESE FRIES 9.99
Seasoned fries, house made chili, cheese sauce & fry sauce, chives

FRIED GREEN TOMATOES 9.99
Breaded & topped with pimento cheese, tomato bacon jam & red pepper coulis

WINGS!! 7.00
5 jumbo bone-in wings served with our own jerk buffalo and ranch. Other sauces and "naked" options avail

BASKET O' FRIES 5.99
Served with our special fry sauce

THE LIGHTER SIDE

CAESAR CHICKEN WRAP 7.99
Grilled sweet tea brined chicken, romaine, house Caesar, mozzarella cheese

BUFFALO CHICKEN WRAP 7.99
Grilled sweet tea brined chicken, romaine, house ranch, tomato, mozzarella, and our house jerk buffalo sauce

VEGGIE RANCH WRAP 7.99
Charred Vegetable medley, romaine, tomato, mozzarella and house ranch

CAESAR SALAD 7.99
Romaine, mozzarella, house Caesar, house made croutons

Add Grilled or Fried Chicken +3.00

MAKE IT A COMBO!!

**Add a drink and a side
Only 4.99**

**See back of menu for options*

SMASH BURGERS

THE APPALACHIAN SMASH 8.99
Topped with Chef Matt's tomato bacon jam & melted pimento cheese YUM!

THE CLASSIC SMASH 5.99
Cheddar, romaine, tomato, caramelized onion & garlic aioli

THE ONION SMASH 7.99
Smashed directly onto a bed of onions on the grill & topped with our fry sauce and pickles

MAKE YOUR SMASH A DOUBLE! +2.75

MAKE YOUR SMASH A TRIPLE! +5.00

Gluten Free Buns available upon request

DAWGS

THE NRV DAWG 6.99
Topped with brown mustard, a generous helping of our house made chili & diced onion
Add slaw + .99

THE APPALACHIAN DAWG 6.99
Pimento cheese & tomato bacon jam

THE NO-FRILLS DAWG 3.99
Topped with your choice of ketchup or yellow mustard

CHICK BIRD

THE MOUNTAIN MAN 8.99
Sweet tea brined chicken breast, balsamic aioli, tomato bacon jam, & romaine. Grilled or Fried

CHICKEN NUGGETS 7.49
Sweet tea brined chicken hand cut & breaded.

FRIED GREEN CHICKEN SALAD SANDWICH 7.99
House made chicken salad, fried green tomato slice, garlic aioli, and romaine on Texas toast

SAMMIES & NOODS

THE PHILLY 8.99
Shaved prime rib grilled with peppers and onions and house made cheez wiz

THE MAC & CHEESE 9.99
Cavatappi pasta (fancy for curly!) tossed in our house made cheese sauce

Top your Mac! +3.00 Chicken (grilled or fried), Ground beef or Philly Steak

THE HERBIVORE 8.99
Our house made veggie patty with lettuce and green tomato jam. Served on a kaiser bun. Not gluten free.

HAM & SWISS GONE COUNTRY 7.99
Country Ham s & swiss, mayo,mustard, tomato, & romaine on texas toast

MAMA'S GRILLED CHEESE 2.99
Melted cheddar cheese on buttered texas toast

**FOR THE LITTLES \$6.99
(12 & UNDER, PLEASE)**

All kiddo meals include a choice of side, a fruit cup and a choice of lemonade or a bottle of water

**LAYLA.S RO-RO'S (MAC & CHEESE)
KIDDO SMASH W/ CHEESE & KETCHUP**

**CHICKEN NUGGETS
KIDDO DAWG W/ KETCHUP OR MUSTARD**

SIDES

SEASONED FRIES	3.99
CHARRED VEGGIE MEDLEY	3.99
SIGNATURE COLE SLAW	3.99
MAC & CHEESE	3.99
ONION PETALS	4.25
SIDE CAESAR SALAD	4.25
SIDE GARDEN SALAD	4.25
PASTA SALAD	4.25

BEVERAGES

SWEET TEA WITH A HINT OF MINT	3.00
FRESH-SQUEEZED LEMONADE	3.00
BOTTLED WATER	2.00
CANNED SODA	2.00

HERSHEY'S ICE CREAM

8OZ SCOOP	3.75
KID'S SCOOP	3.00
MILKSHAKE	5.25
PRE-PACKAGED PINTS	7.50

OUR "HIGH COTTON" SPECIALS

**ON FRIDAY NIGHTS AND
ALL DAY SATURDAY
(OR UNTIL WE SELL OUT)**

**PAST SPECIALS HAVE FEATURED
PRIME STEAKS, SHRIMP, PORK
TENDERLOIN, BBQ, ITALIAN
SPECIALS AND EVEN SEA BASS.
SPECIALS ARE POSTED ON SOCIAL
MEDIA FRIDAY AFTERNOONS.**



OPEN YEAR ROUND!

**YES! WE CATER!
PERSONAL CHEF SERVICES ALSO AVAILABLE
(Chef Matt will come to your home or other
venue and cook for your family or event.)**

**419 ROANOKE STREET
CHRISTIANSBURG, VA 24073**

**(540) 267-1968
gftandgrill@gmail.com**

**WED - SAT
11-2 LUNCH
5-8 DINNER**

Consuming raw or under-cooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.