

Cedar Lake News

Spring 2003

Volume 4, Issue 1

ANNANDALE - MAPLE LAKE MN

Letter from your President

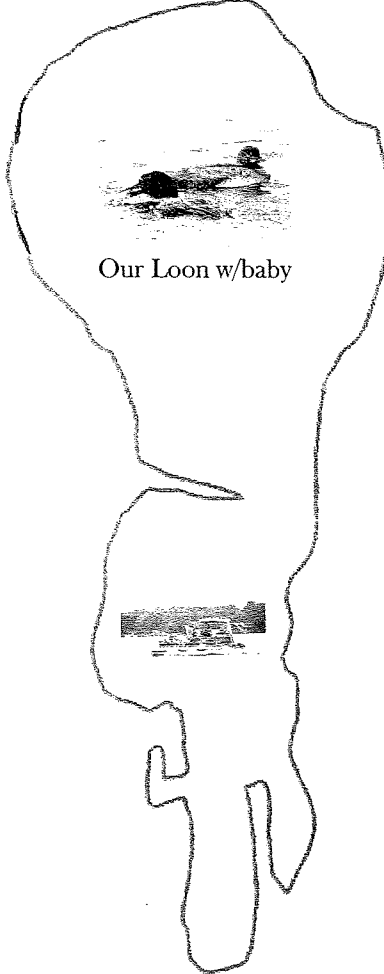
Happy spring. The ice on the lake went out April 12, and we are all looking forward to summer activities. The board has planned a number of social activities starting with the potluck dinner on May 23. I'm hoping that you all can make it. If you have new neighbors, please invite them.

There will be a fishing clinic on June 7, the 4th of July boat parade, the annual dinner on August 9 and luminary night on the same date.

This is a special year for the Cedar Lake Conservation Club because we are celebrating our 50th anniversary. We will be getting sweat shirts with a new design and plan to do something special at the annual meeting and dinner, although, at this time, we are not sure exactly what that will be. If anyone has any ideas or old documents or clippings regarding the CLCC, please contact me.

We also plan to do some education on what we can all do to keep Cedar Lake as clean as possible. One of those is the milfoil search in June. So far, we have avoided the dreaded Eurasian Milfoil, but we must continue to be vigilant. Please consider joining in the search, which is usually on the Saturday before Father's Day. As individuals we have the responsibility of having a 2 foot buffer zone between our lawns and the lakeshore, minimizing the amount of fertilizing and weed killing we do and pumping our septic systems.

As an association, we want to look into larger issues such as develop-



Our Loon w/baby

ment which may impact water quality.

Let's have a wonderful summer and do our part to maintain the quality of the lake.

Leslie Kreutter, President

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Attend The Spring Fling

The annual "Spring Fling" potluck dinner (no charge) will again be at the American Legion Club in Maple Lake on Friday, May 23rd starting at 5:30 PM with social time (cash bar) lasting until 6:30 P.M. when we will enjoy a potluck (who doesn't enjoy potlucks). So bring yourself(ves) and a dish to share and we'll have a good time renewing old acquaintances and gaining some new Cedar Lake friends.

New 50th Year adult size Cedar Lake sweat shirts will be available at this get-together. They will sell for \$25.00 each.

See you there

Note: If you have guests you'd like to bring they are most welcome but we ask that you make the dish you bring a bit larger so we're sure not to run out. Thanks much!

Letter From Your Editor

Ahhhh spring!!!!!!!

Ahhhh spring!!!!!!!

Ahhh!!!!!!! You can't tell I'm happy to see spring can you!??? I'll be really happy if I don't think about putting a dock in; putting a boat lift in; putting a boat lift cover on; putting boats in; raking, cutting grass; cleaning; fixing; fixing; fixing; ah gee—will winter be here soon?

I'm anxious to go to the Spring Fling so I can see your faces again. That should be a good time. I hope Your Editor—continued on page 2

Memorial Day Commemorates

MEMORIAL DAY IS

Memorial Day is on the last Monday in May and honors those men and women who lost their lives serving their country.

What we celebrate as Memorial Day today, began at the end of the Civil War. Family members of the many soldiers slain in battle would visit the grave sites of their fallen relatives or friends and decorate the graves with flowers.

On May 5, 1868, General John Logan proclaimed this day a holiday through his General Order No. 11. The day was entitled Decoration Day and was first observed on May 30, 1868. The northern states celebrated this day every year, but the southern states celebrated a day similar to this on a different day until sometime after World War I.

In 1882, the name Decoration day was changed to Memorial Day, and in 1971, Memorial Day was declared a national holiday to be held on the last Monday of May every year.

Over the years it has come to serve as a day to remember all U.S. men and women killed or missing in action in all wars.

If you are here in the United States, please remember to display your flag, not just for the day but for the whole weekend. Let's not forget the real reason for having this holiday. The quote below says it all.

"It is, in a way, an odd thing to honor those who died in defense of our country in wars far away. The imagination plays a trick. We see these soldiers in our mind as old and wise. We see them as something like the Founding Fathers, grave and gray-haired. But most of them were boys when they died, they gave up two lives -- the one they were living and the one they would have lived. When they died, they gave up their chance to be husbands and fathers and grandfathers. They gave up their chance to be revered old men. They gave up everything for their county, for us. All we can do is remember."

-- Ronald Wilson Reagan, Remarks at Veteran's Day ceremony, Arlington National Cemetery Arlington, Virginia, November 11, 1985

IDEAS, INPUT, CRITIQUE, SUGGESTIONS

Your Board wants to hear from you with any of your ideas, critique, comments, suggestions, questions or any other input. PLEASE address your correspondence to the Cedar Lake Board at P.O. Box 192, Annandale, MN 55302

WOULD YOU LIKE TO SERVE ON YOUR BOARD?

If you would like to serve on the Board of Directors for your lake, please contact one of the Board Members by Aug. 5th or send a note expressing your desire to: C.L.C.C., P.O. Box 192, Annandale, MN 55302.

If you don't know any of the Board Members, contact your editor.

YOUR EDITOR—continued from page 1

there's a good turn out and I hope you bring good stuff to eat. Mmmmmmm

I'm also anxious to take a run around the lake (in the boat of course) and I'm anxious to wet a line and feel the fight of that first Cedar Lake monster fish.

I'm anxious to hear the crickets and the frogs and I'm anxious to sit on the end of the dock looking up at the moon and the sky full of stars. And I'm anxious to hear the crackling of the campfire and taste the sweetness of the roasted marshmallows.

It will especially be good to be up there and relax after the stressful times we've just been through. To just relax will be wonderful.

This past Sunday (4/26) I returned from a Military Reunion Planners Conference in Branson USA. It was a wonderful time. They fed us, taught us, entertained us, "boated" us (twice—once on Ducks and once on the showboat Branson Belle), bussed us to shows and museums. It was absolutely a wonderful, inspiring time and it made me feel even better about being an American.

I am now planning a Branson get-together for the Marines, Corpsmen and many others who read my newsletter "Always Faithful." They are located in 35 states and one foreign country. It's exciting to do the planning. It makes me feel like I'm back there—experiencing all the wonderful fun.

I got to thinking as I did this planning — I wondered if a group from Cedar Lake would like to plan a get-together in Branson. That would be fun. Just a thought. Let me know!

Well I better get back to work on putting the rest of this newsletter together. Please—if you have any pictures, stories, articles—get them to me so we can share them with everyone. I know some of you have mentioned things to me and you probably just put it aside like I do a lot. Also if you have anything you want to give away or sell that can be used at the lake please get that information to me too.

Have a SUPER-GREAT summer and I'll see you at the "Spring Fling!"

Sincerely, Kale

ATTENTION PAST CLCC SECRETARIES

We are looking for old club documents, news articles or other paraphernalia for a display commemorating the club's 50th anniversary. We know they are out there; we just don't know where. Anyone with anything of interest should contact Leslie Kreutter. And THANK YOU very, very much!

HOW TO STAY YOUNG (AND CONTENT)

1. Throw out nonessential numbers. This includes age, weight and height.
2. Keep only cheerful friends. The grouches pull you down. If you really need a grouch, there are probably family members that fill that need.
3. Keep learning. Learn more about the computer, crafts, gardening, whatever. Just never let the brain idle.
4. Enjoy the simple things. When the children are young, that is all that you can afford. When they are in college, that is all that you can afford. When they are grown, and you are on retirement, that is all that you can afford!
5. Laugh often, long and loud. Laugh until you gasp for breath. Laugh so much that you can be tracked in the store by your distinctive laughter.
6. The tears happen. Endure, grieve, and move on. The only person who is with us our entire life, is ourselves.
7. Surround yourself with what you love, whether it is family, pets, keepsakes, music, plants, hobbies, whatever. Your home is your refuge.
8. Cherish your health. If it is good, preserve it. If it is unstable, improve it. If it is beyond what you can improve, get help.
9. Don't take guilt trips. For your trips go to the mall, the next county, a foreign country, but not guilt.
10. Tell the people you love, that you love them, at every opportunity.

Thanks to JoAnn Danberg

PLEASE MARK YOUR CALENDARS

The annual meeting will be held at the VFW in Maple Lake on Saturday, August 9.

OK, mosquitoes...prepare to be repelled!!!!

Use Bounce Fabric Softener Sheets...best thing ever used in Louisiana...just wipe on go...great for babies.

Bob, a fisherman, takes one vitamin B-1 tablet a day April through October. He said it works. He was right. Hasn't had a mosquito bite in 33 years. Try it. Every one he has talked into trying it works on them.

Vitamin B-1 (Thiamine Hydrochloride 100 mg.)

If you eat bananas, the mosquitoes like you, something about the banana oil as your body processes it. Stop eating bananas for the summer and the mosquitoes will be much less interested.

This is going to floor you, but one of the best insect repellents someone found (who is in the woods every day), is Vick's Vaporub.

Plant marigolds around the yard, the flowers give off a smell that bugs do not like, so plant some in that garden also to help ward off bugs without using insecticides.

"Tough guy" Marines who spend a great deal of time "camping out" say that the very best mosquito repellent you can use is Avon Skin-So-Soft bath oil mixed about half and half with alcohol.

One of the best natural insect repellents that I've discovered is made from the clear real vanilla. This is the pure Vanilla that is sold in Mexico.

It works great for mosquitoes and ticks, don't know about other insects.

When all else fails--get a frog!

Top ten things a lake resident can do to improve lake water quality

1. Use Phosphorous-free fertilizers
2. Stop mowing down to the waters edge (leave a minimum of 10' of buffer)
3. Clean (pump) your septic tank through the manhole regularly (every 2 to 3 years)
4. Leave aquatic vegetation in place except for swimming area
5. Make sure you have a septic system that is properly treating sewage
6. Cleanup pet waste and dispose of it
7. Keep boat oil, gasoline, and other such fluids from seeping into the lake
8. Limit the use of any lawn fertilizer or pesticide (better yet; don't use any)
9. Keep leaves, grass clippings, firepit ashes,, trash, etc, out of the lake
10. Get involved in your lake association and township meetings to become better educated and informed about issues that impact our lakes.

Prepared by the Wright County Shoreland Volunteers, 8/99.

Things Going On—etc, etc, etc

Walleye Stocking Update

By Ross Pope

Cedar Lake is scheduled to be stocked with 10,000 fingerling walleyes this fall. Fingerling stocking has been scheduled by the MN DNR every other year. The amount that is stocked is based on its littoral acreage. A littoral acre is an acre of surface water that is less than 20 feet deep.

The DNR's current policy with our lake is to stock 1 Lb of fingerling walleyes per littoral acre. Our lake has 837 acres of surface water, but its littoral acreage (less than 20 feet deep) is 315 acres. Based on this data, the plan is to release 315 Lbs which is equivalent to approximately 10,000 fingerlings. Walleye fingerlings are only about 4-5 inches long.

One of the factors that have a detrimental affect on their survival is predation from game fish such as northern pike. Cedar Lake has a high population of small northern pike which feed on smaller fish such as walleye fingerlings. If anglers keep the small northern they catch, this could increase the fingerling survival rate and ultimately increase the adult walleye population in our lake.

FISHING CONTEST

DON'T FORGET the, paid-up members only, Cedar Lake fishing contest begins on the opening day of fishing and ends on Labor Day. Cedar Lake still has some nice size fish in it. Now you go out and prove that statement is true by catching a prize winner. Good luck to all.

4th of JULY BOAT PARADE AND ICE CREAM SOCIAL

Remember our patriotic boat parade followed by a free ice cream social at the sand bar.

The parade, which this year will start at 2:00 PM, will start at the north side of the sand bar. By beginning later those who want to watch one of the town parades will have time to get back, decorate their boats and enter the parade.

Remember there are prizes for the best decorated boats—1st, 2nd and 3rd places.

And even if you don't enter the parade, join us at the sand bar for an ice cream cone.

For more information please contact Dean Sandberg at :
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Edina, MN 55436
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dean@marcomdirect.com

2nd Annual Fishing Clinic

By Ross Pope

This year the CLCC will again have a fishing clinic. The event is scheduled for Saturday June 7th. Last year the clinic was for the children. This year adults are also invited to attend and participate.

The event will start at 9:00 am at the Shroeder Park picnic shelter. There will be a quest speaker to educate us about fishing for about 45 minutes, and then everyone is off to try their luck for a few hours.

At 12 noon we will meet again at the shelter for a picnic lunch and to show off the lunkers we caught. If you are traveling by boat you can park along the shore designated for boat parking. If you are driving, stop by the park office and tell them you are there to attend the CLCC fishing clinic and they will let you enter and park free.

CHOICES

Some people sit - some people try.
Some people laugh - some people cry.

Some people will - some people won't.
Some people do - some people don't.

Some people believe and develop a plan.
Some people doubt - never think that they can.

Some people face hurdles and give it their best.
Some people back down - when faced with a test.

Some people complain of their miserable lot.
Some people are thankful for all that they've got.

And when it's all over - when it comes to an end
some people lose out and some people win.

We all have a choice - We all have a say.
We are spectators in life, or we get in and play.

Whatever we choose - how we handle life's game,
The choices are ours - no one else is to blame.

Cedar Lake News

How to Keep Your Septic System in Shape

Here are several ideas you can follow to keep your Septic system in good working order to protect your lake

HOUSEHOLD HABITS

CONSERVE WATER. Excessive water use is the most common cause of septic failure, so reduce water used for bathing, laundry and flushing the toilet.

Identify and repair leaking pipes, sticking float valves in toilets, and dripping faucets to reduce water waste. A dripping faucet can waste 15-20 gallons per day.

Shorten shower times and choose showers over baths to minimize wasted water. A full bath uses 50-60 gallons, while a shower uses only about 5 gallons per minute. Of course, a 20-minute shower is not a savings over a bath.

Install low-volume toilets and low-flow shower heads. Typical toilets use 5-6 gallons per flush, providing nearly half the wastewater from a house. Flush toilets using 1 1/2 gallons of water are available.

Keep a container of drinking water in the refrigerator. This saves having to run water until it's cold.

Use toilet tissue that breaks up easily when wet to help prevent clogging. To test tissue quality, place a piece in a jar half full of water and shake. If the tissue breaks up easily, it is suitable. The color of tissue has no effect on septic system action.

Do not use the toilet as a wastebasket. Don't flush facial tissue, diapers, tampons or any kind of plastic down the drain.

Eliminate using garbage disposals. Ground-up garbage does not decompose easily, causes rapid buildup of solids in the tank, and may move out of the tank into the drainfield, clogging distribution pipes and soil pores. If you have a disposal—don't use it. When building or remodeling—don't install one.

Never put coffee grounds down your drain.

Dispose of household hazardous waste properly.

FOR CLEANING AND LAUNDRY

Wash only full loads in the dishwasher. Typical dishwashers use about 13 gallons for each wash. Newer models use 8-9 gallons.

Use low-phosphate dishwasher detergent. In Minnesota, detergents may contain up to 11% phosphorus by weight; but some brands may exceed this level, so check the labels.

Wash only full loads of clothes and use front-loading washers and suds-savers to save water. To avoid overloading your system, spread washing over the week instead of washing several loads on one day. A

single load takes about 40 gallons.

Use liquid laundry detergent because it's less likely to have fillers or carriers that may damage the septic system. Try to use the minimum amount because detergents can cause problems with the system.

Minimize use of household chemicals and cleaners. Normal amounts of household detergents, bleaches, drain cleaners, toilet bowl deodorizers and other cleaners won't harm bacterial action in the septic tank.

MAINTAIN THE SEPTIC TANK

Discharge all sewage waste from the house into the septic tank. Don't run wastewater from laundry or saunas directly into the drainfield as the detergent or soap scum will quickly clog soil pores and cause failure.

Do not add "starters" to your septic system. Enough bacteria are available in wastes flushed into the septic tank. Even after the tank has been pumped, enough bacteria will be provided when you use the system again.

Do not use additives in your system. They are of no benefit and may harm the system. Additives that cause the accumulated sludge to increase in volume or float will result in sludge being flushed into the drainfield, plugging soil pores. Also, some additives, particularly degreasers, may be carcinogens that will flow into ground water with treated wastewater.

Pump the septic tank every year to remove solids and scum. Although tanks away from lakes or rivers may not need it every year annual pumping is excellent insurance near shorelines.

Remove the manhole cover when having the tank pumped to make sure that all solids have been removed. The sludge in the tank should be mixed during pumping. A tank cannot be adequately cleaned through a 4-inch inspection pipe. Pumping through the inspection port may clog the outlet baffle with scum and grease.

Cedar Lake News

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CEDAR LAKE NEWS
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And pleased to be a
Cedar Lake
Annandale - Maple Lake, MN

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DUES ARE DUE BY JUNE 1st - Please!

Annual Membership dues for our Cedar Lake Conservation Club are now due (by June 1st please). The dues are \$15.00 per family of which \$8.00 goes into the General Fund and \$7.00 into a special fund to help finance controlling milfoil growth should we be so unfortunate to have it spread to our lake. The Milfoil fund is set up in a special account for Cedar Lake use only.

If you are not presently a member of the Conservation Club, please

take this opportunity to join because your support and input is needed. If you're aware of others who are not members please encourage them to join also.

It's so easy to put things off and then forget completely. Please take a minute right now to send in your check. And remember, you need to be a paid-up member to qualify for the annual fishing contest.

Thanks - very much for your support.

BRING YOUR CHECK TO THE SPRING FLING

Rather than having to mail your dues (and spending a \$0.37 stamp) you can bring your \$15.00 check along to the spring fling and give it to our treasurer, Bill Pallies. Thanks. We appreciate your support of keeping your lake clean.

Thank you. *Kale*

Name: _____ Amount Included: \$ _____

Address: _____ Is this an address change? _____

City/State/Zip: _____

Please make check out to Cedar Lake Conservation Club and mail to: CLCC, P.O. Box 192, Annandale, MN 55302