



AMMANDALE - MAPLE LAKE MN

Letter from your President

Greeting Cedar Lake residents:

I hope you're having a great winter and are looking forward to spring and summer at the lake.

This past fall the CLCC board voted, for the first time, to increase the annual dues from a very modest \$15 to a very affordable \$25.

Most of the increase will go into the Water Quality Fund and a small amount will go into the general fund for such areas as developing the new directory, printing the extra newsletter, and paying for the website.

As we move forward protecting our lake from pollutants and invasive species, we thought it important to keep the Water Quality Fund solvent. In the lake improvement plan (06-01), Curley Leaf Pond Weed removal would be the responsibility of the CLCC. These treatments will deplete the fund quickly unless we adjust the dues. Please note: we have looked into outside sources of money to request grant funds. The Initiative Fund is in the works.

In doing a short study of other lake associations' dues, most are between \$30 and \$40. Some are much more. We were, by far the cheapest and are now tied with a couple others at \$25.

Raising the dues does not mean we will have enough funds to tackle anything that comes our way. Some lakes raise thousands each year to pay for their invasive species removal.

Please pay your dues and be a part of the CLCC. If you are not presently a member of the CLCC, please take this opportunity to join because your support is needed. If you are aware of others who are not members, please encourage them to join. We are a 501C3 and anything donated, including dues, are tax deductible.

Thank you.

Carter Diers, CLCC President



Clearwater River Watershed District

Project 06-01 Update

There are a few exciting project updates to share with you at this time. As part of the ongoing project, the Watershed District was scouting the land areas upstream to Cedar Lake for locations to add three sediment ponds. The sediment ponds would assist in naturally settling out the phosphorus load coming into the upstream lakes and Cedar Lake. Instead of the three ponds closer to the upstream lakes, they came up with something even better. Tom Segner, who owns the farm site on the southeast corner of Cedar Lake, had some acreage set aside in CRP (Crop Reduction Program) neighboring the lake. Tom allowed a perpetual easement for a four acre site to install a limestone lined pond for phosphorus filtration.

This system diverts the stream into the pond. The wetland treatment basin will provide 24 hours of detention time for the 2 year precipitation event under most conditions and contain the runoff from the entire 2-inch event under most conditions.

The limestone treatment filter is approximately 960 ft in length and consists of 3/4 inch to 3 inch diameter limestone wrapped in a geotextile fabric and staked in place. The limestone itself is made up of calcium, carbon, and oxygen (CaCO₃). A main component of phosphorus that is in the water is phosphate (PO₄). As the water flows through the limestone filter, the phosphate component in the phosphorus comes in contact with the calcium in the limestone. The phosphate binds to the calcium and is essentially removed from the water.

This system will give us a much greater impact than the three sediment ponds planned. The project cost difference was essentially a wash. Tom is still able to keep his land in the CRP program,

PROJECT—continued on page 3

Cedar Lake News

Northwest Quadrant Plan

Wright County has begun the process of preparing a Comprehensive Land Use Plan for the Northwest Quadrant (NWQ) of the County. This includes the Townships of Chatham, Albion, French Lake, Southside, Corinna, Maple Lake, Silver Creek, and Clearwater and the cities of Maple Lake, Annandale, South Haven, Clearwater and a small part of Buffalo.

Because of unique features of the NWQ, such as the many extraordinary lakes, aggregate mining issues and growth of cities like Annandale and Maple Lake, Wright County Planning and Zoning requested volunteers to assist in this planning work. Four committees have been formed to provide guidance to the County. Those committees are: Aggregate mining and protection, Annandale Transition District, Maple Lake Transition District and Lake and Water Quality.

There will be three Open House Meetings to provide information to the public about the planning work. The first will be held on January 28th at 7:00PM at the Annandale High School. The second Open House will be held on February 6th at 7:00PM at the Maple Lake High School. The final Open House will be held on February 7th at 7:00 at the Silver Creek Township Hall.

This work will impact all of us who own property on our beautiful lake. We urge you to attend an Open House and to provide input into the planning process. Dave Wagner who is a Board Member of the Cedar Lake Conservation Club was chosen by the County to serve on the Lake and Water Quality Committee so we have a direct link to the planning process. Please feel free to contact Dave with your thoughts, ideas or questions or use Dave to help you connect with others involved with the planning work if you have problems finding the right people.

Visioning Session Reminder

In the last newsletter we asked you to mark June 14th on your calendars for our second attempt at a Cedar Lake Visioning Session. June is a ways off and you will be receiving more information about the session so this is just another friendly reminder. This work will establish goals for our lake for the next five years. It will require a morning of your time. Breakfast will be provided and we will work hard to conclude the work by 11:00 so you can enjoy the rest of the day on the lake. The end product of this effort will be the creation and implementation of a lake plan and hopefully the securing of funding from outside sources. The session will be conducted by a professional facilitator.

Lake Coalition Work Shelved

We reported in the last newsletter that the Heart of the Lakes Coalition of Lakes was moving forward. Because of a lack of volunteers, we have been forced to table the Coalition idea. We had created a purpose statement; we had approved bylaws; we had resolved what our legal status should be; we had gained the support of Wright County Soil and Water and the Clearwater River Watershed District and we had identified some very important work to involve ourselves in with the state's new alternate shoreland standards recommendations published at the end of 2006.

We had a very dedicated and competent group of people moving the idea of a lake coalition forward. These people are all involved in their own lake associations, typically as officers, and in other organizations that focus on protection and improvement of our precious water resources. Most have jobs, families and very busy schedules. When it came time to elect officers and move the coalition forward we faced an issue we had worried about from the beginning and that is the lack of new people willing to step forward and commit their time. It is a problem many lake associations face. A few people do an awful lot of work that benefits many.

We have agreed to reconnect in May but nothing will move forward unless new people step forward. If any of you are willing to continue this noble work or if you know of someone who would, please contact Dave Wagner (320-274-1164), (dwagner@lakedalelink.net).

Cedar Lake News Available Online

Did you know that the Cedar Lake News is available online in pdf format? If you're interested email Kale at kalewd@aol.com and ask him to email you a copy.

Cedar Lake News

is published by

"Newsletters by Kale"

Desktop Publishing And Computer Training

Kale Danberg - Editor/Publisher

8009 Noble Ave. No., Brooklyn Park, MN 55443

(763)560-7473 E-Mail *KaleWD@aol.com

Lake Address: 7433 Ingram Ave NW, Maple Lake, MN 55358

Cell Phone (612)859-9939 *new

Cedar Lake News

PROJECT—from page 1

so it's a win / win for everyone.

Construction of the pond started as soon as the ground froze hard enough to bring in heavy equipment, and rough construction is now complete. This spring and summer, vegetation will be planted and allowed to establish before water is diverted into the pond. The CLCC and Watershed District have decided to name this pond "Segner Pond", in honor of Tom's gracious



Pictures of progress in January.

contribution to our project and clean water efforts. A huge "Thank You" goes out to Tom for making this happen.

Additional Results to date:

- * 14,000 pounds of carp were isolated and removed from the new fish barriers.
- * 4 agriculture tile drainage intakes will be buffered for three years.
- * 14 acres of alfalfa buffering has been added along agricultural drainage ditches for three



years.

* 132 acres of soybean stubble buffering has been added along agricultural drainage ditches for one year.

* 42,000 pounds of carp were removed from Swartout Lake in early February as part of a planned seining operation of this project. The Watershed District has approved an additional seining operation in the near future.

* Water quality monitoring continues.

Kevin Kolstad

More pictures, and in color, can be seen at the Cedar Lake website.

My View: Land on a lake comes with its own headaches

What's better than owning a cabin? Why, knowing someone who owns a cabin, of course.

Curtis Saunders

There are two kinds of people who live in Minnesota. There are people who own cabins, and people who know people who own cabins. In the good old Land of 10,000 Lakes (or 11,842 if you ask the DNR), we don't bother with six degrees of separation. No sir, here we are one person away from spending a fun-filled weekend frolicking in a freshwater body of water.

I'm one of the "know someone who owns a cabin" people.

And I have to be perfectly honest here; thank God I'm one of them. Having just spent one of those fun-filled weekends at my brother's cabin up in Hubbard County, I can safely say that no one has to worry about me driving up lakeshore property prices.

It isn't that I don't enjoy the cabin. I do. In fact, there may be no more pleasurable experience on Earth than sitting on a handcrafted deck with the people you love most, feet propped lazily up on the railing, an icy cold drink in your hand, watching the sun slowly sink into the water, setting it ablaze as that haunting cry of a loon cuts through the cool, fresh air.

Of course, that's right before a Jet Ski comes ripping through the water, nearly slicing the loon in half as you fall backwards out of your chair, spilling your delicious drink all over your loved ones. And that right there is the problem. There are enough things at home that upset me. When I go on vacation or get away, I don't want to get upset about anything other than the outrageous amount of money I'm spending on vacation. I don't want to worry about the rowdy Jet Ski riders or the noisy neighbors or the dogs running wild or the grass that really should be cut or the dock that really should be repaired or the boat that needs gas or ...

"But it's different," my older and wiser brother tells me. "It doesn't really matter if things get done or not. This is all play. I'm never more relaxed than when I'm at the cabin."

See? And I'm never more relaxed than when I'm out on the road with my wife and two kids, the Honda CR-V stuffed to the brim, driving all over the country, schlepping in and out of hotels, eating at restaurants, exploring the country, hiking every trail we come across. That's my idea of relaxing. None of this laze around the beach, swimming and water-skiing and tubing and fishing and getting sunburned all day. Nuh-uh.

I was just about to relay this thought to my brother when my 7-year-old bounded up from the beach and interrupted us with a very serious look on her face.

"Daddy, when are we going to get a cabin? I'm sick of all these stupid hiking vacations you make us go on every year. I'd rather be here any day." She emphasized this

last point by forcefully plopping her hands on her hips and sticking out her chin.

My brother burst out laughing.

"Honey," I finally said. "We don't need a cabin. We have something better; we know someone who owns a cabin ... and we don't have to pay property taxes on it." My brother stopped laughing.

"Oh," she said and bounded off back to the beach, happy as a loon on a motor-free lake.

After we watched her splash around in the water awhile, my brother clasped me around the shoulders. "I do believe it's your turn to make dinner, dear brother," he said.

"Don't you have some grass to mow?" I asked.

"Nah, maybe next time," he said as we turned and headed up to the deck. "Maybe next time."

Tips for an Exceptional, Superb & Powerful 2008!

- 1.) Take a 10-30 minute walk every day. And while you walk, smile. It is the ultimate antidepressant.
- 2.) Sit in silence for at least 10 minutes each day. Buy a lock if you have to.
- 3.) Buy a Tivo (DVR), tape your late night shows and get more sleep.
- 4.) When you wake up in the morning complete the following statement, "My purpose is to _____ today."
- 5.) Live with the 3 E's -- Energy, Enthusiasm, and Empathy.
- 6.) Watch more movies, play more games and read more books than you did last year.
- 7.) Always make time to exercise.
- 8.) Spend more time with people over the age of 70 and under the age of Six.
- 9.) Dream more while you are awake.
- 10.) Eat more foods that grow on trees and plants and eat less foods that are manufactured in plants.
- 11.) Drink green tea and plenty of water. Eat blueberries, wild Alaskan salmon, broccoli, almonds & walnuts.
- 12.) Try to make at least three people smile each day.
- 13.) Clear your clutter from your house, your car, your desk and let new and flowing energy into your life.
- 14.) Don't waste your precious energy on gossip, energy vampires, issues of the past, negative thoughts or things you cannot control. Instead, invest your energy in the positive present moment.
- 15.) Realize that life is a school and you are here to learn. Problems are simply part of the curriculum that appear and fade away like algebra class ... but the lessons you learn will last a lifetime.
- 16.) Eat breakfast like a king, lunch like a prince and dinner like a college kid with a maxed out charge card.

TIPS—continued on page 5

Cedar Lake News

New Cedar Lake Gear

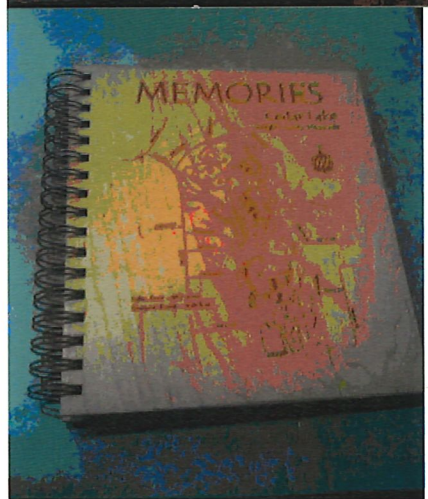
New Cedar Lake Gear!

In addition to the fun tee-shirts and sweat shirts, this year we have ordered a few unique Cedar Lake home décor items that will add a special touch to any lake cottage. From memory and guest books to serving trays and cutting boards, you'll find a nice selection of Cedar Lake home design items at our annual Spring gathering scheduled for May 24th at the Maple Lake Legion.

A big hit last year was the denim shirt. We sold out many sizes by August! Keep an eye out for our new line of fun Cedar Lake Wear our Cedar Lake Board members will be sporting in May!

For those who like to take a chance, we'll have a wonderful wood relief wall hanging as part of our annual door prize event!

Enjoy the remainder of your winter and we look forward to connecting come spring!



Web page

Cedar Lake Conservation Club has had for many years an excellent news letter. We now offer another news outlet that I hope our members will use, www.cedarlakecc.org

Our web site offers up to date information on lake activities and gives our members an area for sharing information such as lake issues, new members, birth announcements, obituaries, and want ads.

We have email addresses for many of our members, we would like to add more.

Please visit our web site and drop us a line.

Go to www.cedarlakecc.org Contact CLCC, General information, Email us info@cedarlakecc.org

Web contact, Mel Dykhuizen

TIPS—continued from page 4

- 17.) Smile and laugh more. It will keep the energy vampires away.
- 18.) Life isn't fair, but it's still good.
- 19.) Life is too short to waste time hating anyone.
- 20.) Don't take yourself so seriously. No one else does.
- 21.) You don't have to win every argument. Agree to disagree.
- 22.) Make peace with your past so it won't screw up the present.
- 23.) Don't compare your life to others'. You have no idea what their journey is all about.
- 24.) Ladies - Go on and burn those 'special' scented candles, use the 600 thread count sheets, the good china and wear your fancy lingerie now. Stop waiting for a special occasion. Everyday is special.
- 25.) No one is in charge of your happiness except you.
- 26.) Frame every so-called disaster with these words: 'In five years, will this matter?'
- 27.) Forgive everyone for everything.
- 28.) What other people think of you is none of your

TIPS—continued on page 7

Cedar Lake News

Cedar Lake Pickled Northern

Keep Your Northern Pike

At a recent gathering of some Cedar Lake residents, the topic of Northern pike came up and it seems that many of our avid anglers dislike the Northern. They dislike these fish so much that they are throwing them out!

For some, the reason they give is that the aggressive Northern feed on the Walleye fry (newly hatched fish). The Northern pike is probably the largest natural enemy of the Walleye other than humans! In a 2006 DNR fish survey, the DNR found a growing number of Northern and a diminishing number of Walleye despite the fact that the DNR are stocking the lake with Walleye every other year. For others their reason for dislike of the Northern pike is the nasty "y" bone that is so hard to deal with.

One way to deal with the Northern pike is to catch them and eat them. That would help save our Walleye while enjoying this tasty fish. The Northern is actually quite savory, but the biggest frustration for all is dealing with the "y" bone. While their reputation of being a boney fish is well deserved, there are ways to enjoy them without the hassle of picking bones from your teeth.

Skilled fish cleaners can cut the "y" bone out, which sacrifices some of the rib meat, but allows those of us who enjoy the tender taste of the Northern pike, the pleasure of no hassle eating.

Cleaning Northern Pike

There are several options for cleaning and eating Northern Pike. The web offers a host of resources on fish cleaning. One such site can be found at: http://www.outdoorsniagara.com/northern_pike.htm

This site provides a step by step demonstration on deboning a northern pike.

Another option is to clean the fish as one would any other fish and leave the "y" bones in. Here the person eating is responsible for removing the "y" bones as he eats the fish. The Northern line of "y" bones are located half way between the center line and the top of the filet in the area of the dorsal myomeres. After cooking, if you run a fork lightly along this line, it combs off the top meat and leaves the bones exposed. They slide right out and you can eat this savory meat.

If you think you're too old! If you think it's time to quit—think about this! Conrad Adenauer was elected the 1st Chancellor of post-war West-Germany in 1949 at the age of 73. He served as Chancellor until 1963 when he reached the age of 87. If you think you're too old, think again. You only become "too old" when you believe you're too old!

Pickling

The most efficient way to get rid of the bones, while enjoying the fish, is to pickle them. The pickling process completely dissolves the bones and offers a wonderful snack on crackers with a nice glass of wine. Here is Dory Nash's Cedar Lake Pickled Northern recipe:

Cedar Lake Pickled Northern

Brine:

½ cup salt (not iodized) to 1 quart water. Place fillet of fish cut into 1 inch cubes into crock with brine for 24 hours in refrigerator. Drain off brine and cover with white vinegar for 12 hours. Drain off vinegar and throw away liquid.

Pickling Solution:

4 cups white wine
3 cups sugar
1 cup Silver Satin Wine
2 onions sliced thin
¼ cup pickling spice

Instructions: Dissolve sugar in vinegar while heating on stove. Do not boil. Add wine and onions and pickling spice. Now bring to boil, then cool off. Packing: Pack fish in glass jars alternating with thin onion slices and pickling solution to cover fish and then cover jars. Keeps well in refrigerator for 6 weeks to 3 months.

2008 CEDAR LAKE FISHING CONTEST

This years fishing contest will begin on May 10, 2008 and it will end on August 17, 2008. (Not e it's beginning 3-weeks early and ending 2 weeks early from past years.)

The weigh-in for the contest will be held at the Nicholson's which is located two docks west of Ella Geardink's. The address is 8979 Iresfeld Ave. NW. Phone numbers: 612/868-3039 or 320/274-3516.

This years contest will include the following species: Walleye; Northern; Bass; Crappie; Sunfish; Bullhead and rough fish (carp, dogfish, etc.) and the prizes for 1st and 2nd place, all species, is \$25.00 1st place, \$15.00 for 2nd place.

Good luck to all and happy fishing.

And last but certainly not least we want to thank Ella Geardink for all the years she handled the fishing contest weigh-ins.

Cedar Lake News

MISCELLANEOUS

New Directory

In an attempt to keep CLCC Members better connected, we are creating a new and improved directory. It will have a more accurate map and more information.

Picture yourself on your pontoon and want to invite a fellow CLCC Member to enjoy a soda pop together. You have your cell phone, but not the number. Wouldn't it be nice to have it in the directory? To promote fellowship we would like to add phone numbers and e-mail addresses to the directory.

If you want your phone number and e-mail address published and we do not currently have it, please get it to Dave Wagner by March 17, 2008 at dwagner@lake.dalelink.net or 320-274-1164. Also, we have a number of people's phone numbers and e-mail addresses provided to be on the e-mail list. If you have already provided this information and wish to not have it included in the directory, please let us know. Thank you.

Carter Diers

TIPS —from page 5

business.

- 29.) Time heals almost everything. Give time, time!
- 30.) However good or bad a situation is, it will change.
- 31.) Your job won't take care of you when you are sick. Your friends will. Stay in touch with them.
- 32.) Get rid of anything that isn't useful, beautiful or joyful.
- 33.) Envy is a waste of time. You already have all you need.
- 34.) The best is always yet to come.
- 35.) No matter how you feel, get up, dress up and show up.
- 36.) Do the right thing!
- 37.) Call your family often.
- 38.) Each night before you go to bed complete the following statements: 'I am thankful for _____.' Today I accomplished _____.
- 39.) Remember that you are too blessed to be stressed.
- 40.) Enjoy the ride. Remember that this is not Disney World and you certainly don't want a fast pass. You only have one ride through life so make the most of it and enjoy the ride.

PLEASE remember to support those businesses that contributed the door prizes to give out at our annual dinner. See list in our last newsletter. That newsletter is available at the Cedar Lake website.

www.cedarlakecc.org

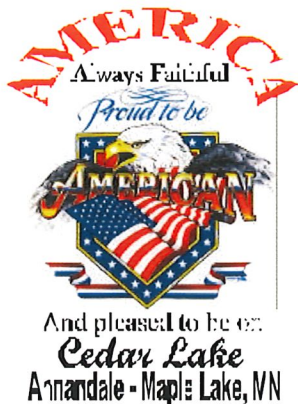
YOUR CEDAR LAKE BOARD

- Carter Diers** President
7638 Isaak Ave NW, Annandale, MN 55302
320-274-6564 (home/lake), 612-963-9303
carter.diers@co.wright.mn.us
- Dave Wagner** Vice President
7656 Isaak Ave NW
Annandale, MN 55302
320-274-1164 dwagner@lakedalelink.net
- Colleen O'Keefe** Secretary
325 W Cty Rd B2, Roseville, MN 55113
651-482-8539 (home), cjo1957@aol.com
- Bill Pallies** Treasurer
8773 Ingram Ave NW,
Annandale, MN 55302
320-274-3818 (home), billp@lakedalelink.net
- Bill Westhoff** Past President
11060 1st Avenue No.,
Plymouth, MN 55441
763-559-3202 (home), 612-616-5440 (cell)
BillW@lakevisors.net
- Mel Dykhuizen** Website
7529 Brighton Ave SE
Delano, MN 55328
612-308-4048
- Dean Nicholson**
8979 Iresfeld Av NW
Annandale, MN 55302
320-274-3516, nich@lakedalelink.net
- Bill Arendt**
8986 84th St. NW, Annandale, MN 55302
320-274-2422 (home/lake), wfa12345@aol.com
- Kevin Kolstad**
6880 Inman Ave NW
Annandale, MN 55302
320-274-3732 (home), kkolstad@lakedalelink.net
- Doris Schaffer**
10408 Zion Avenue So.
Bloomington MN 55437
952-210-2247 (Home) dorisschaffer@hotmail.com
- Sue Nash**
718 19th Ave. SW
Rochester MN 55902
507-281-6379 (Home) 320-274-6298 (Lake)
nash@augzburg.edu

ANYONE INTERESTED??

Anyone interested in serving on a Cedar Lake committee or who might like to serve on the board when an opening occurs, please contact one of the board members.

CEDAR LAKE NEWS
P.O. BOX 192
ANNANDALE, MN 55302



DUES ARE DUE BY JUNE 1st - Thank You!

Annual Membership dues for our Cedar Lake Conservation Club are due by June 1st please. The dues are \$25.00 per family.

If you are not presently a member of the Conservation Club, please take this opportunity to join because your support and input is needed. Also if you're aware of others who are not members please encourage them to join also.

It's so easy to put things off and then forget completely. Please take a minute right now to send in your check. And remember, you need to be a paid-up member to qualify for the annual fishing contest.

Thanks - very much for your support.

NOTE: Your dues may be paid at the Spring Fling.

PLEASE show your love for Cedar lake by supporting those who serve and by paying your annual dues. The people who serve are taking of their leisure lake time to serve and make sure our Lake is a good place to be and that it stays clean and nice for our families for years to come.

Thank you. *Kale*

Name: _____ Amount Included: \$ _____

Address: _____ Is this an address change? _____

City/State/Zip: _____

*Phone no. _____ *Email address: _____

Please make check out to **Cedar Lake Conservation Club** (or **CLCC**) and mail to:
 CLCC, PO Box 192, Annandale, MN 55302 *optional