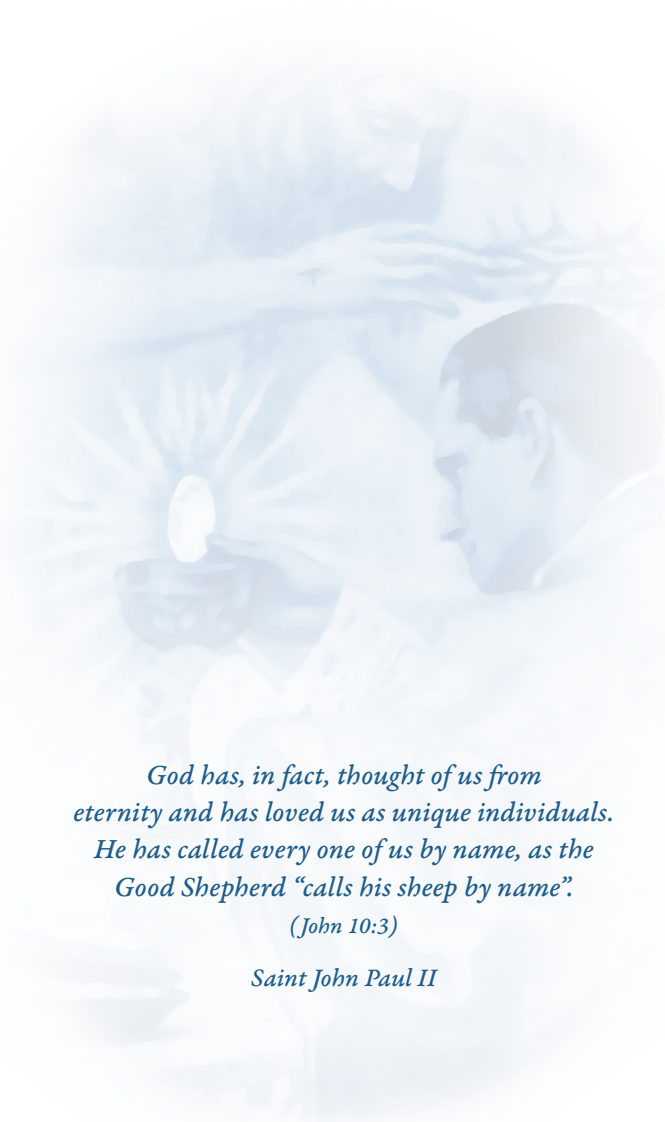


A Guided Holy Hour  
*Adoration for Vocations*



**Vocation Action Network**  
*Building a Culture of Vocations*  
An outreach of Regnum Christi  
Find us at [Vocationactionnetwork.com](http://Vocationactionnetwork.com)



*God has, in fact, thought of us from  
eternity and has loved us as unique individuals.  
He has called every one of us by name, as the  
Good Shepherd “calls his sheep by name”.*

*(John 10:3)*

*Saint John Paul II*





# EUCCHARISTIC ADORATION

*Exposition, Benediction*

*Litany for Vocations*



## Exposition and Adoration

*Please kneel as Jesus is placed in the Monstrance.*

### Opening Hymn: O Salutaris

O salutaris hostia,  
Quae caeli pandis ostium.  
Bella premunt hostilia,  
Da robur, fer auxilium.

O Saving Victim, opening wide,  
The gate of heaven to us below.  
Our foes press on from every side,  
Your aid supply, your strength bestow.

Uni trinoque Domino,  
Sit sempiterna gloria.  
Qui vitam sine termino,  
Nobis donet in patria.  
Amen.

To your great name be endless praise,  
Immortal Godhead, One in Three.  
O grant us endless length of days,  
When our true native land we see.  
Amen.

## Prayer for Vocations

Heavenly Father, we thank you for the gift of life and the vocation you have placed in each heart. Raise up holy families in fertile soil that protects and nourishes the delicate seeds of every vocation.

Send out your Holy Spirit to inspire all young men and women to discern your voice of truth, to respond with freedom, courage and generosity, and to embrace the call that you have placed in their hearts. Grant to those who accompany them your gifts of wisdom and counsel.

We ask that you cling ever so tightly to those who have set out on the journey to answer your call. May their hands remain on the plow not looking back. Keep the fire within their hearts burning with a passionate love, overcoming all doubt, fear, and temptation, so they may approach your altar worthily, ready to live out your call.





Lord, bless our priests and consecrated men and women. Grant them a faith that moves mountains, strength to carry their cross with determination of heart and mind, and sustain them while they work tirelessly for your Kingdom.

Thank you heavenly Father for your Kingdom, our family on Earth, and for our own vocation to holiness. Unite us with the Holy Family to protect, guard, and sustain us, so that we may persevere in fidelity to your most holy will, until we rejoice together with you forever in Heaven. Amen.

## Meditation

*You may sit during this period.*

## Silent Adoration

*You may sit or kneel in prayer during this period.*

## Invocations for Priests and Consecrated Persons

*Please kneel as the priest kneels.*

**Priest:** The priest is another Christ. In him, our faith recognizes and honors you, O Lord, walking alongside us through time. The priest is a man among men, yet chosen to celebrate the sublime mystery of the Eucharist, to perpetuate your love through the ages, to forgive sins in your name, to save in your name, and to consecrate mankind and all creation in the name of the Blessed Trinity.

**All:** *Lord, send priests to your Church.*

**Priest:** Men and women who live the consecrated life leave everything in order to follow you alone, the Supreme Good, in perfect charity. They give their freedom out of love for you, they make you the exclusive center of their hearts. They love and they follow you in poverty on the path of sacrifice. Great is their generosity and their consecrated life is a great gift to your Church.

**All:** *Lord, send your Church vocations to the consecrated life.*





**Priest:** In the remotest corners of the world, at times in the midst of persecution and at great personal risk, your missionaries preach your Gospel to those who have not heard of you. They endure loneliness, fatigue, and misunderstanding. Yet, they bear it all with love, so long as they can see your love take root in the hearts of those people to whom they reach out.

**All:** *Lord, send men and women missionaries to your Church.*

**Priest:** Lord, we have total trust in your promise, “I will be with you until the end of time.” You are with us and you never stop calling men and women to take your place, at our side, as we journey towards you. You continue to pronounce the words that have changed the story of so many lives: “Follow Me.” Help those you call to be generous, to open their hearts to your call, to answer it promptly, like the prophet Isaiah: “Here I am, Lord, send me.”

**All:** *Lord, grant generosity, faith, and courage to those whom you have called.*

**Priest:** Renew all your priests and those you have called to the consecrated life in their love for you and your Church: We pray for each of them.

**All:** *Lord, continue to bless men and women after your own heart.*

**Priest:** We pray to you, Lord, for all those who dedicate their lives to promote vocations. May they be faithful to the call to be “fishers of men” and never tire of casting their nets into the deep. Give them persevering love and bless their efforts and prayers so the Church will always have the vocations she needs to fulfil her mission.

**All:** *Lord bless your Church with new generations of priests and consecrated persons.*

**Priest:** Lord, the enemy of our souls knows the good that a single priestly or consecrated vocation will do for the Church and he continually tempts those you call, through fear, selfishness and the desire for an easier life. They all have to overcome as well the atmosphere of the world and their own passions. We ask you to strengthen their souls and grant them the generosity and courage to reject firmly anything that could endanger their faithful answer to your call.

**All:** *Lord, help those you call to be generous.*

**Priest:** For our Holy Father, Pope Francis,





**All:** *Lord, hear our prayer.*

**Priest:** For our bishop, N.,

**All:** *Lord, hear our prayer.*

**Priest:** For the priests of your Church,

**All:** *Lord, hear our prayer.*

**Priest:** For seminarians and those in formation,

**All:** *Lord, hear our prayer.*

**Priest:** For those consecrated to you,

**All:** *Lord, hear our prayer.*

**Priest:** For missionaries all over the world,

**All:** *Lord, hear our prayer.*

**Priest:** For holy families,

**All:** *Lord, hear our prayer.*

**Priest:** Holy Mary, Mother of God,

**All:** *Pray for us.*

**Priest:** Immaculate Mary, model of consecrated life,

**All:** *Pray for us.*

**Priest:** St. Michael, our protector and defender,

**All:** *Pray for us.*

**Priest:** St. Aloysius Gonzaga, patron of youth,

**All:** *Pray for us.*

**Priest:** St. Louis and Zelig Martin, patrons of parents,

**All:** *Pray for us.*





**Priest:** St. Benedict, patron of monks,

**All:** *Pray for us.*

**Priest:** St. Scholastica, patron of nuns,

**All:** *Pray for us.*

**Priest:** St. John Vianney, patron of parish priests,

**All:** *Pray for us.*

**Priest:** St. Tarcisius, patron of altar servers,

**All:** *Pray for us.*

**Priest:** St. Francis Xavier and St. Therese of Lisieux, patron of missionaries,

**All:** *Pray for us.*

**Priest:** St. Alphonsus Liguori, patron of vocations,

**All:** *Pray for us.*

**Priest:** All holy men and women, saints in heaven, who have lived out every imaginable vocation with love and devotion,

**All:** *Pray for us.*

**Priest:** Lord Jesus, Eternal Priest, never cease to send Your Church new priests and consecrated men and women, shepherds after your own heart. We need your ministers. We need your envoys. They are the instruments of your grace and love. They console us in your name, they nourish our hope, strengthen our faith and intensify our love. We need them, Lord, because we need you, we need your love. Do not abandon us, Lord. Send laborers to the harvest of the world. Send fishers of men who will gather us up in the nets of your mercy. With humility and trust, we implore you to send us Shepherds after your own heart. The harvest is great. The laborers are few. Lord, send laborers to your harvest.

We ask this through Christ our Lord. Amen

**All:** *Lord, grant generosity, faith, and courage to those whom you have called.*





# Benediction of the Blessed Sacrament

*As the Blessed Sacrament is incensed by the priest, all sing:*

## Tantum Ergo

Tantum ergo Sacramentum,  
Veneremur cernui.  
Et antiquum documentum,  
Novo cedat ritui.  
Praestet fides supplementum,  
sensuum defectui.

Come adore this wondrous presence,  
Bow to Christ, the source of grace.  
Here is kept the ancient promise,  
Of God's earthly dwelling-place.  
Sight is blind before God's glory,  
faith alone may see his face.

Genitori, Genitoque,  
Laus et jubilatio.  
Salus, honor, virtus quoque,  
Sit et benedictio.  
Procedenti ab utroque,  
compar sit laudatio. Amen.

Glory be to God the Father,  
Praise to his coequal Son.  
Adoration to the Spirit,  
Bond of love, in Godhead one.  
Blest be God by all creation,  
joyously while ages run. Amen.

## Prayer

**Priest:** You have given them bread from heaven.

**All:** *Containing in itself all delight.*

**Priest:** Lord Jesus Christ, you gave us the Eucharist as the memorial of your suffering and death. May our worship of this Sacrament of your Body and Blood help us to experience the salvation you won for us and the peace of the kingdom where you live with the Father and the Holy Spirit, God, for ever and ever.

**All:** Amen.







## Eucharistic Blessing

*All are blessed by the Lord in the Eucharist and  
make the sign of the cross as this occurs.*

### Divine Praises

*Please repeat the Divine Praises after each invocation is given.*

Blessed be God.

Blessed be his holy name.

Blessed be Jesus Christ, true God and true man.

Blessed be the name of Jesus.

Blessed be his most Sacred Heart.

Blessed be his most Precious Blood.

Blessed be Jesus in the most Holy Sacrament of the Altar.

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God, Mary most holy.

Blessed be her holy and Immaculate Conception.

Blessed be her glorious Assumption.

Blessed be the name of Mary, Virgin and Mother.

Blessed be Saint Joseph, her most chaste spouse.

Blessed be God in his angels and in his Saints.





## Reposition

*As the Blessed Sacrament is placed back into the tabernacle,  
all stand and sing.*

### Holy God We Praise Thy Name

Holy God, we praise thy name,  
Lord of all, we bow before thee.  
All on earth thy scepter claim,  
All in Heaven above adore thee.  
Infinite thy vast domain,  
Everlasting is thy reign.  
Infinite thy vast domain,  
Everlasting is thy reign.

Hark! the loud celestial hymn,  
Angel choirs above are raising.  
Cherubim and seraphim,  
In unceasing chorus praising.  
Fill the heavens with sweet accord,  
Holy, holy, holy, Lord.  
Fill the heavens with sweet accord,  
Holy, holy, holy, Lord.



Vocation Action Network (VAN), formerly Vocation Action Circle, is a network of lay people who actively promote vocations within the Church. To support vocation work, VAN encourages prayer for vocations through “*Adoration for Vocations*” (AFV), which began in the 1990s as a grass roots effort to pray for all vocations within the Church. AFV encourages prayer to the “Lord of the Harvest,” asking for holy vocations in our families, parishes, dioceses and the Universal Church.

Vocation Action Circle, incorporated in 1994 by Legionary of Christ priest, Fr. Anthony Bannon, in response to Pope John Paul II’s consistent request for prayer and active promotion of vocations. In 2002, Vocation Action Circle launched vocation.com and held the first vocation.com Coffee House at World Youth Day in Toronto, Canada, the last World Youth Day for Pope John Paul II. The Coffee House helped many young people experience the intimacy of Jesus and embrace their vocation.

In 2004, Fr. Anthony had the great blessing of meeting Pope John Paul II after a world-wide *Adoration for Vocations* campaign had gathered 125,000 hours of *Adoration for Vocations* from 41 countries. The hours of Adoration were a gift for the 25th anniversary of John Paul II’s pontificate. In a private audience with the beloved pope, Fr. Anthony presented the gift on what he described as one of the greatest days of his life.



*“If you help even one young man decide to follow Christ as his priest, or one young woman to become his Bride and consecrate her life to him, you will have done something immensely valuable for souls, and beautiful for God. Every good work that person does during his life will be in a very true sense your good work too.”*

Foreword by Anthony Bannon, LC  
*Peter on the Shore*