

MISSION U 2025

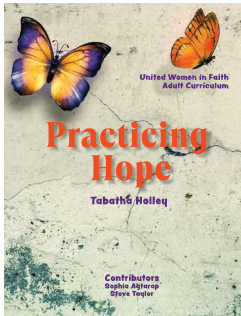


PRACTICING  
HOPE  
TOGETHER

# Mission u 2025: Practicing Hope Together

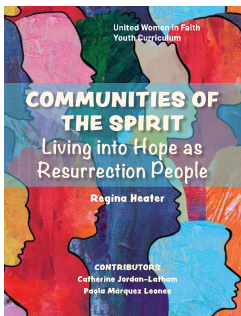
Join us at **Mission u** as we explore the theme, Practicing Hope Together. Mission u participants will study the resurrection appearances of Jesus and the example of early Christian communities to explore what it means to practice hope in God even when things seem to be falling apart.

Mission u 2025 offers three exciting curricula on this theme. Order your copy here: [uwfaithresources.org](http://uwfaithresources.org)



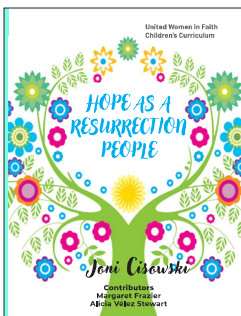
## Adult— *Practicing Hope* by Tabatha Holley

*Practicing Hope* is a biblical curriculum that explores hope particularly when hope seems hard to find, asking questions such as: How does Christ teach us to embody hope when our backs are against the wall? Participants will find ways to allow all of our communities to cultivate hope that is honest about our current conditions (refugia), restorative when everything feels urgent (rest), and possible even when we transgress (repair).



## Youth— *Communities of the Spirit: Living into Hope as Resurrection People* by Regina Heater

*Communities of the Spirit* is a youth curriculum examining the hope we find in early post-resurrection Christian communities and how they kept hope alive in the most difficult times. Youth will be asked to consider what they believe are important components of a Community of the Spirit, hoping they will identify what they need in a community to help them continue to become the people God calls them to be.



## Children— *Hope as a Resurrection People* by Joni Cisowski

*Hope as a Resurrection People* intends to help children build trust in Jesus to bring comfort and support as they find courageous hope in the face of uncertainty. Through each session, children will develop their understanding of hope by reflecting on important people, communities, places, activities, personal goals, and desires for the future. Then, they will look for ways to build communal hope to be the change our world needs today.

**JOIN US** dates/times:  
[Enter your Mission u events date here.]

**July 18-20, 2025**

**RSVP:** [Include your url/link to the event, if any, here.]

**Centenary University, Hackettstown, NJ**

Come learn together for the transformation of the world!



United  
Women  
in Faith