

British International Doctors' Association Ltd

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BIDA National Conference 2025

Saturday 20th September 2025 (CPD 5 points equivalent)

Venue: Doubletree by Hilton Hotel, Chester Warrington Road, Hoole, Chester CH2 3PD

Call for Abstracts - BIDA Conference 2025

The British International Doctors Association (BIDA) is pleased to announce the theme for its 2025 conference: 'Bridge the Gap: Prevention Through Education'. In light of increasing pressures on the NHS and the shift towards reactive care, our focus this year is on restoring the balance between treatment and prevention.

We invite abstracts that address any of the following topics:

- Public health interventions and strategies
- Education as a tool for disease prevention
- Community-led health initiatives
- Innovations in preventive medicine (surgical, medical, technological)
- Health inequalities and access to preventive care
- The role of healthcare professionals in promoting self-care and lifestyle change
- Policy recommendations for a preventive healthcare model

Submissions should reflect a commitment to improving health outcomes through proactive measures, education, and community engagement.

Guidelines for Abstract Submission

- 1. We welcome submissions of 250-word abstracts that align with the conference theme.
- 2. Abstracts should clearly state the objectives, methods, results (if applicable), and conclusions of your work.
- 3. Please ensure your work is original, relevant, and contributes meaningfully to the discourse on preventive healthcare.
- 4. Abstracts will be reviewed by a scientific committee and selected for either oral or poster presentation.

- 5. Please include the title, author names and affiliations, and indicate your preferred presentation format. Submissions must be in English and follow a structured format where appropriate.
- 6. Microsoft Word should be used to create the abstract.
- 7. You can submit as many abstracts as you like. If more than one abstract is accepted from the same team, separate presenters should register for each abstract accepted.
- 8. Submission of abstracts to office@bidaonline.co.uk
- 9. Last date for submission: 12 pm 1st September 2025
- 10. Authors selected for podium presentations will be informed on Friday 5th September 2025.

Word Count:

Maximum of 325 words are allowed, including titles, sub-titles, authors and their affiliations (not including any tables / graphs).

Abbreviations:

Please try to avoid abbreviations as much as possible. Where essential, use only standard abbreviations. Where first used, abbreviations should be followed by the full term in parenthesis.

Declaration:

Any relevant associations should be declared.

Consent:

The first author and the senior author will have to undertake that they have obtained informed consent of ALL their co-authors for the submission.

E-mail:

The first author and the senior author must provide their working email addresses.

We look forward to your contributions in shaping a healthcare system that prioritises prevention, empowers patients, and strengthens public health.

Alireza Sherafat

Mr Alireza Sherafat MRCS (England) MBBS (Hons) PGCert (Med Ed) NIHR ACF ST1 in Vascular Surgery University Hospitals of Leicester Honorary Fellow, College of Life Sciences, University of Leicester

PG Doctors Forum Chair, BIDA