



The Dojo Martial Arts

Class Schedule

For questions please contact us:
Phone: 602-962-3656

Email: thedomaphx@gmail.com
Website: www.thedomaphx.com

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Qi Gong/Tai Chi 7:00am-7:50am	Qi Gong/Tai Chi 7:00am-7:50am		Qi Gong/Tai Chi 7:00am-7:50am		Qi Gong/Tai Chi 8:00am-8:50am	
Qi Gong/Tai Chi 8:00am-8:50am	Qi Gong/Tai Chi 8:00am-8:50am		Qi Gong/Tai Chi 8:00am-8:50am		Competition 5-8 11:00-12:00	
Tiny Tigers 4 - 6 4:30 - 5:00	Tiny Tigers 4 - 6 4:30 - 5:00	Tiny Tigers 4 - 6 4:30 - 5:00	Tiny Tigers 4 - 6 4:30 - 5:00		Competition 5-8 11:00-12:00	
Little Ninjas 7 - 9 5:15 - 6:00	Little Ninjas 7 - 9 5:00 - 5:45	Little Ninjas 7 - 9 5:15 - 6:00	Little Ninjas 7 - 9 5:00 - 5:45		Competition 9+ 12:00-1:00	
Teens 10 - 14 6:15 - 7:00	Advanced Class 5:45 - 6:40	Teens 10 - 14 6:15 - 7:00	Advanced Class 5:45 - 6:40		Competition Team All 1:00-1:30	
Adults 15+ 7:00-7:55		Adults 15+ 7:00-7:55				
Advanced Adults 15+ 8:00 -8:30		Advanced Adults 15+ 8:00 -8:30				



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