



## MAKING A DIFFERENCE IS ABOUT MAKING CONNECTIONS

Ask anyone who cares about someone caught in the web of addiction and they'll tell you about the roller coaster of emotions. The years, sometimes decades, of chaos and heartbreak. The sleepless nights. The resources spent. The harsh exchange of words. And the deep pain of watching someone they love slip further into a chasm from which they are helpless to escape.

Most people want to change. Few people truly know how. Addiction is marred with a myriad of challenges. There's no cookie cutter response. Each person is unique. Each solution is too.

The continuum of intervention is wide and deep. From the first point of contact (like a family member, a friend, or pastor) where the need is initially voiced, through the chain of response teams at detox centers, crisis stabilization units, intensive inpatient or outpatient treatment, and sober living communities. Recovery does happen. People do change. One step and one choice at a time.

And each of us plays a part whether we recognize it or not. Whether it's for the individual or the family who loves them, together we form a recovery community that impacts one life, one family, and one community at a time.

Maybe you personally know someone in need -- like a family member, friend, or colleague. Or perhaps you are part of a church or community group that wants to respond to the needs around you but you're unsure of where to turn. You need a trusted resource to help you make the right connections to ethical service providers.

You might be part of a crisis team who helps struggling people at entry. Now you need to find the right placement for longer term care. One that is equipped to handle the individual's needs and has a proven track record for treatment and recovery outcomes. You too need a trusted resource to help you make the right connections to the right placement providers.

Or you could be a placement provider specializing in addiction treatment and recovery. Maybe you want to become part of a larger network to help families in need. You might even have someone you're currently serving that needs extra support to remain in a program where they are doing well. You need a trusted resource to help you connect with others in the field.

You may simply be like us. The board team of a private non-profit who know what is possible, and simply want to help others find their own path to recovery. Connections are the key.

Wherever you are on the spectrum of care, there is one thing we know for sure – it takes all of us working together to impact real change. We need you! Your time, your talents, your resources, and yes – your connections -- so we can serve more families in crisis. **Will You Join Us?**

There are many ways to connect and become a part of the recovery community:

- Visit [thesobrietyresource.org](https://thesobrietyresource.org) to find and share our resources with families and communities in need.
- Share your best practices and updates in an upcoming edition of our CONNECTIONS Newsletter. Contact us at 770-322-4428 or send an email to: [info@thesobrietyresource.org](mailto:info@thesobrietyresource.org).
- Bring HOPE to families struggling with addiction by sharing a story of bravery. Visit [thesobrietyresource.org/my-bravery-story](https://thesobrietyresource.org/my-bravery-story) to learn more.
- Go to [thesobrietyresource.org/give-now](https://thesobrietyresource.org/give-now) to help fund a scholarship.

We are *Making a Difference – One Life at a Time*. Thank you for joining us!

### The Sobriety Resource Board

Brett Bagley    Doug Brush    Julie Hansen    Marsha Lake  
 Nikeisha Whatley-León    Charmon Talley    Yvette Williams

