

Since January 2020, The Sobriety Resource (TSR) has awarded **over \$1.26 million in financial scholarships**. On average, we distribute **\$40,000 per month** in first-time and subsequent funding to individuals seeking to enter or remain in treatment or recovery. **All of our services are free of charge** – thanks to our generous supporters and the many faithful partner programs like Faith House in Cumming.

We received several emails from Linda, a 2026 scholarship recipient at Faith House, thanking us for supporting her. So, we invited her to tell us more about her recovery journey. We know you will be inspired by her strength and faith.



A Word from Linda 2026 Scholarship Recipient Faith House



I have to thank you for the opportunity to tell anyone what God has done in my life. He put Faith House, Kelly and Courtney into my life which led me to The Sobriety Resource. I'm no longer ashamed to be an alcoholic because through becoming an alcoholic, I have found a closer and more personal relationship with God.

My addiction began during a season when my world fell apart. I lost so much in a very short amount of time. My mom passed suddenly due to cancer. My husband went to prison for securities fraud. My boss of 15 years decided to close the office, so I lost my job and my home and had to move. That's when my excessive drinking started.

Over the years, I've been in and out of programs. Some were helpful and my relapses became shorter and my sobriety longer. Until March 6, 2024 when I was attacked by three men coming out of a Family Dollar on Buford Highway in Chamblee. I was the last one to leave and heard someone lock the door behind me. That was the most frightening experience I've ever had in my life.

The work that Sobriety Resource is doing for people like me is quite remarkable. We are no longer the throw away people. We matter and you all have reminded me that I DO matter!

One guy was beating me up. I didn't see a weapon on him, but the guy that was going through my purse had a knife that I saw from the streetlights. I've never been that scared. And after five years and 11 days of sobriety, I relapsed because I could not stop shaking. Alcohol was the only thing that helped me cope.

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A Word from Linda 2026 Scholarship Recipient (Cont'd) Faith House

I'd get sober for a few weeks, but when I'd have a flashback of the attack, I would start drinking again for weeks at a time. The flashbacks would cause me to have severe panic attacks and then I would drink for a few weeks and then be good for a few weeks. It was a roller coaster, and I was spiraling out of control. I took myself down to Twin Lakes where they do dual diagnosis. While there, I went through trauma therapy, which helped me get from almost a constant state of fear to anger. When that anger dissipated, it became acceptance. You know, it's just a part of my story. It happened, but I had to find a way to move on.

Last year was hard. I slipped down the stairs and broke my wrist and then later I fell and busted my leg up so badly I was in the hospital for 12 days and couldn't work for a while. It was just awful. I was in the hospital five times last year for different things and the last time was at the end of November. It was due to my drinking.

All of this craziness upset my family, my friends, and my roommate so badly. I didn't know if my roommate was going to let me live there anymore. And I'll just be honest, after a little over a year and a half of trying so hard to get sober and then relapsing again and again, I was just done.

I got a cab to pick me up at St. Jude Hospital and I made a plan to go get booze, drink and drink and drink. I had a gun that my brother brought to me after I was attacked and I planned to roll myself up in a tarp in the garage because I didn't want to make a mess. I just wanted it all to end.

But my roommate, in her infinite wisdom, had hidden my gun. Looking back I was so mad at her because it was already a done deal in my head. But that was just me because God was saying, "I'm not done with you here yet. You have so much more to do."

I can't believe my life was like this. Around the beginning of last December, my brother came, took me to Northside Hospital and then I went to Blue Ridge Mountain Recovery. While there I got a list of programs and the first place I saw was Faith House. I knew this is where I needed to be, especially after I talked to Courtney the owner. I came here on January 1st. God is in this house. I tell you that much right here and right now. He's here. Now my life is full. I'm happy, peaceful, and content. To think I almost missed out.

I admit that it hasn't been without its challenges. I'm 62, so it took me a little bit longer to find a job. But Faith House worked with me and helped get all the ducks lined up.

I know it's just the beginning. A beautiful beginning for me. From where I am now to where I was nine months ago is the complete opposite. I'm just so grateful.

There are not a lot of places that want to help people like me. I thought I was weak because I couldn't stop drinking. I didn't get it. I didn't know what I didn't know. But let me tell you, it's not a weakness. It takes strength to get back up.





A Word from Linda 2026 Scholarship Recipient (Cont'd) Faith House

And the Sobriety Resource gift -- I know y'all call it a scholarship, but I call it a gift. I kid you not, I felt like a weight had been lifted after I received it. And then I got a job at Cracker Barrel and I love it.

The help from the Sobriety Resource helped me breathe and focus on my recovery and getting back to working again. Not just the need to make money. I know it's just the beginning. A beautiful beginning for me. From where I am now to where I was nine months ago is the complete opposite. I'm just so grateful. There are not a lot of places that want to help people like me. *I thought I was weak because I couldn't stop drinking. I didn't get it. I didn't know what I didn't know. But let me tell you, it's not a weakness. It takes strength to get back up.*

There is so much stuff that happens that attributes to us becoming alcoholics or addicts. I don't think The Sobriety Resource or the people who give to help us know what they have done. I don't think Faith House realizes how much they help us either. God has saved me through them.

I felt like a piece of you know what when I got here. But being in a place where people understand and don't judge you makes all the difference. We're all trying to get well and to have a peaceful, happy, contented life. I want not just a physical sobriety; I want my mental and emotional sobriety. I get that emotional sobriety through the big man upstairs. You know, God just gives me peace and comfort that I can't get otherwise. I don't know how people do it without Him.

I really thank God for the people who give to the scholarship program. I want them to know that what they give can turn someone's entire life around. Unless someone has been in the alcoholic's shoes, burning their lives to the ground and then to be given this gift to fix what is broken, they might not know what a huge blessing it truly is! It's a gift that keeps on giving!.

The work that The Sobriety Resource is doing for people like me is quite remarkable. We are no longer the throw away people. We matter and you all have reminded me that I DO matter! I have a great life at the Faith House! So far beyond what life I could have imagined! I have purpose now! My cup truly runneth over! Thank you from the bottom of my heart.

Thank you Linda for sharing your compelling story with us. Your strength and faith are truly inspiring, and we know will help others coming behind you.

Special thanks to Courtney and Kelly for their program at [Faith House](#) and for all you do for the women and families in your community. We are grateful that you are a part of our trusted provider network! Together we are ***Making a Difference – One Life, One Family, One Community at a Time!***

Learn more about Faith House and how they are serving their community at www.faithhousellc.com

