

# APPENDIX A2 - YSL MATCH WARM UP 15 MINUTE PROTOCOL

## GRAND FINAL

COUNTDOWN TO FIRST SERVE (MIN)	ACTIVITY	NOTE
15:00	Referees Check Net	Teams clear court so 1st and 2nd referee can check the height of the net.  Coaches and captains to complete and sign the team lists on the scoresheet. If scoresheet is pre-printed coaches and captains need only to verify the team lists, amend if necessary and then sign.  Teams to be in full playing uniform
14:00	Coin Toss	
13:00	Teams Shake Hands at Net	Teams line up along the end line. Referee whistles both teams to approach net to shake hands.
12:00	Team Official Photos	Teams to gather in 2 rows on their side of the net for official team photo. Serving team to take photo first.
11:00	General Warm Up Commences	Teams have access to the court <b>with</b> volleyballs.
8:00	Serving team official warm up at net	Coaches to submit team's starting line-up.  Team receiving may continue warming up in the serving team's service zone.
(06:00)		(Unofficial) 1 <sup>st</sup> Referee to notify both teams that there is 1 minute of serving team's warm up remaining
05:00	Receiving team official warm up at net	Team serving may continue warming up in the receiving team's service zone.
(03:00)		(Unofficial) 1st Referee to notify teams that there is 1 minute of warm up remaining.
02:00	Official Warm Up Ends	
01:00	Teams Enter the Court	Teams enter the court so that their starting line-up can be verified by the 2nd referee and scorer.
00:00	First Serve	1st Referee whistles for first service of the match.