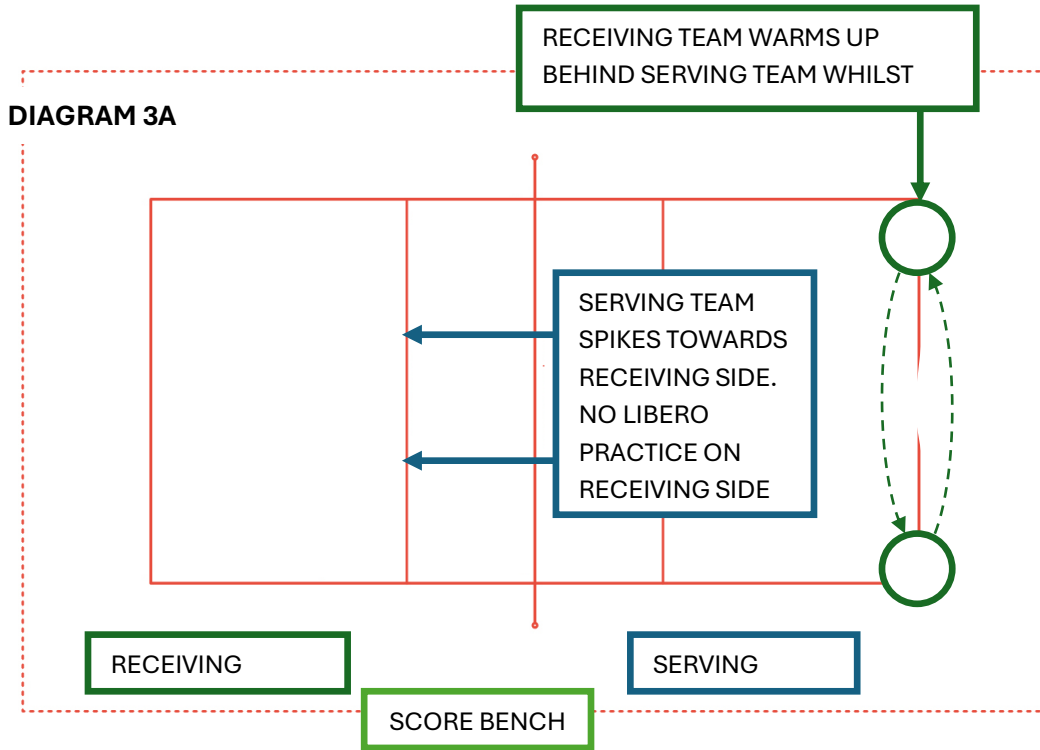


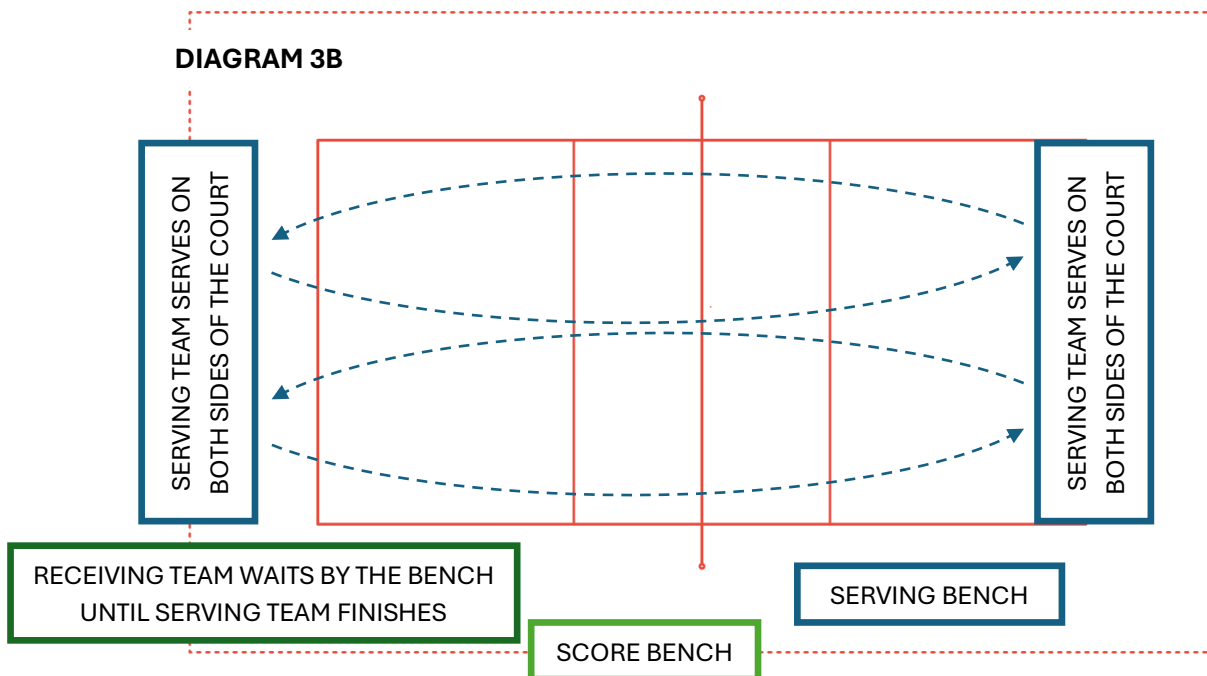
# APPENDIX A3 - YSL SEPARATE WARM UP MOVEMENT DIAGRAMS

## SEPARATE WARM UP

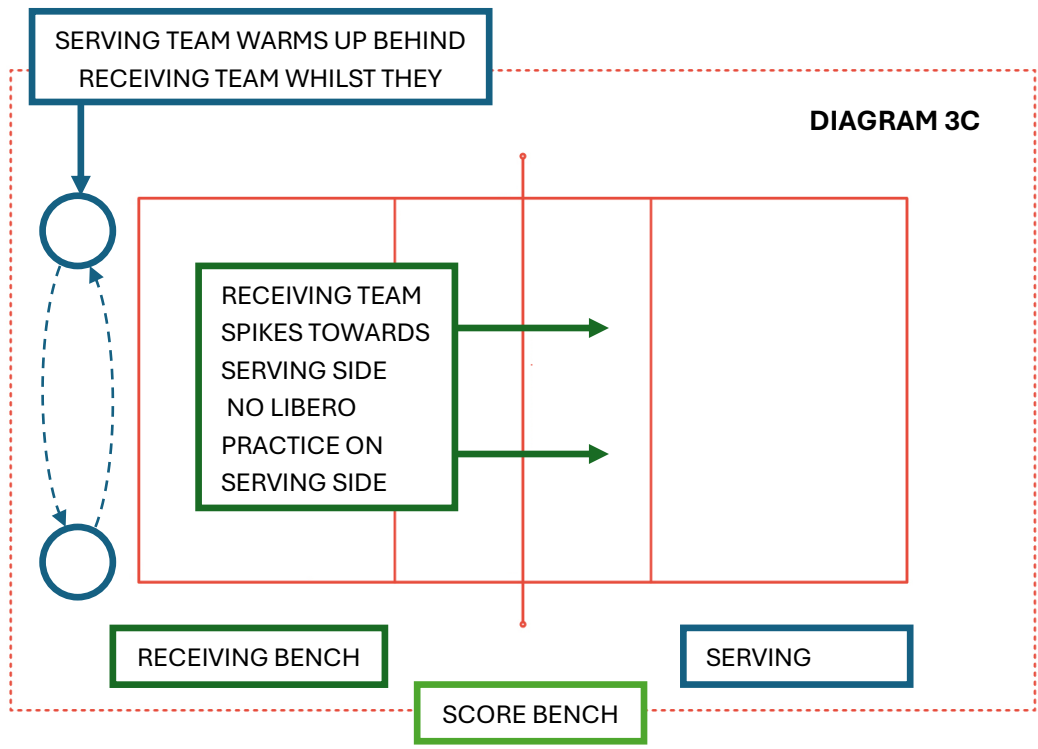
Once coin toss determines the team that is serving first, the serving team will warm up first on their side of the net only (**Diagram 3A**).



Serving team will be allowed to utilise both sides of the court during service whilst the receiving team stands to the side of the court (**Diagram 3B**).



After the serving team concludes their warmup. The receiving team then warms up at the net with the serving team behind them (**Diagram 3C**).



Finally, the serving team returns to the side of the court whilst the receiving team serves (**Diagram 3D**).

