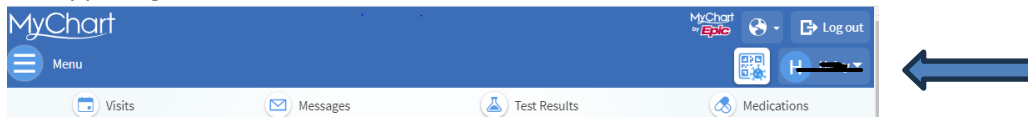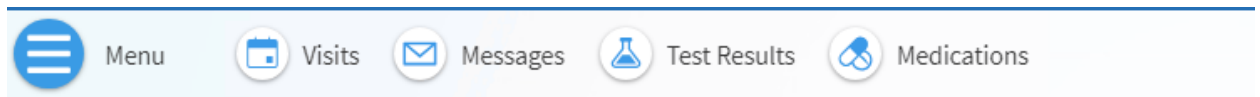# How to Access General Health Form
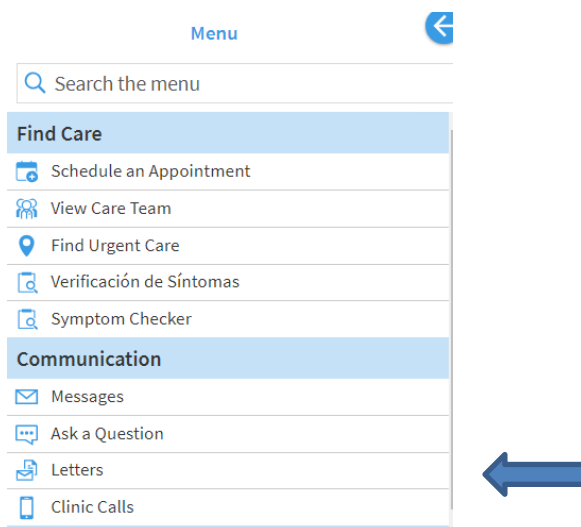
Computer Version:

1. Make sure you are on the correct child that you would like to receive the form for (can check in the upper right-hand corner):

2. Click on Menu.

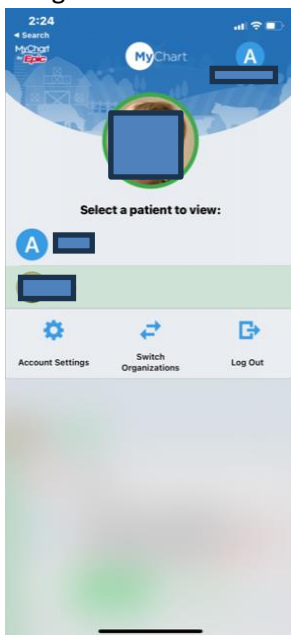

3. Click on Letters under Communication:

4. General health form will be present under letters (reason will say GHAF).
5. If you do not see a general health form in your letters, please see below for how to request a general health form.

App Version:

1. Log-in to your MyChart. Please make sure you are on the correct child you would like to receive the general health form for. You can select a child by clicking on the name section:
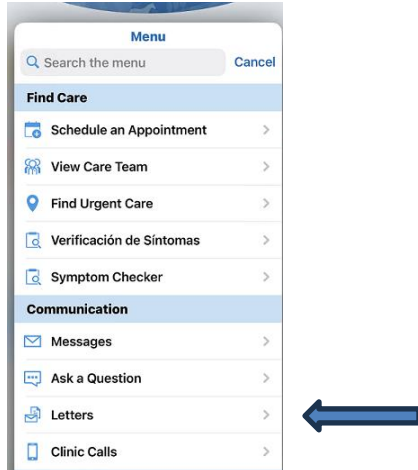

2. Click on Menu:
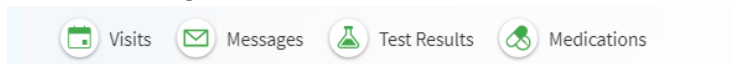
3. Click on Letters once the Menu is open:

4. General health form will be present under letters (reason will say GHAF).
5. If you do not see a general health form in your letters, please see below for how to request a general health form.
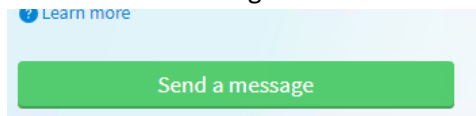
How to Request General Health Form

Computer Version:

1. Click on Messages:

2. Select Send a Message:

3. Select Ask a Medical question:

What would you like to do?

Schedule an appointment
Request or schedule an appointment with a member of your care team from the Scheduling activity. →

Refill a medication
Request a refill for a prescription from your Medications list. →

Sick?
Check symptoms →

Ask a medical question
You have a simple medical question that doesn't require an immediate response. Do not send urgent messages via Mychart. Expect a response in 2-3 business days. In case of emergency, call 911. →

4. Select Request form/letter.

What type of medical question? Expect a response in 2-3 business days.

Non-Urgent Medical Advice Request →

Question About Test Result →

Visit Follow Up →

Request form/letter →

Other →

Referral Request →

5. Select any provider that is from Sapphire Pediatrics- the messages will all go to the same place and be reviewed by our front office/triage team.
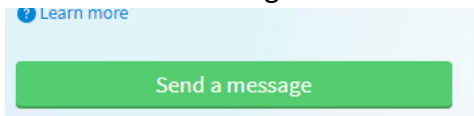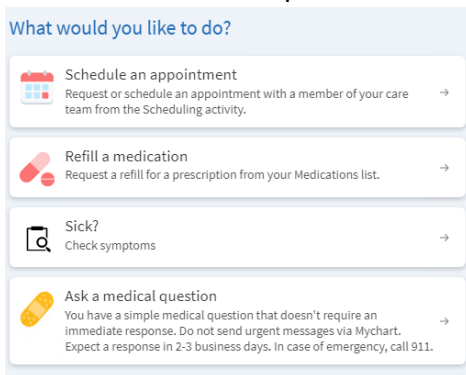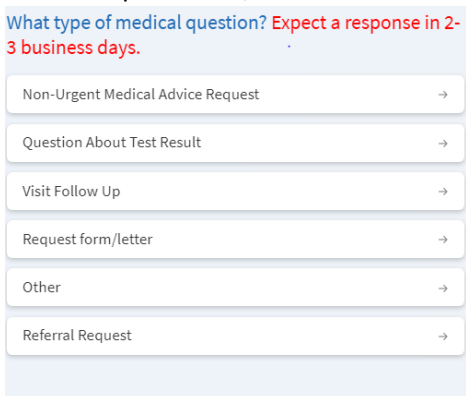
App Version:

1. Click on Messages:

2. Select send a message:

3. Select Ask a medical question:

4. Select Request form/letter:

5. Select any provider that is from Sapphire Pediatrics- the messages will all go to the same place and be reviewed by our front office/triage team.