

## TABLE BITES

PERFECT AS A STARTER FOR ONE  
OR ENJOY THREE FOR £12 TO SHARE

RED VELVET KING PRAWNS.....	5
SPICY BBQ CHICKEN WINGS (GF).....	5
GOAT'S CHEESE & WATERCRESS SALAD (GF,V) ...	5
CHEESE NACHOS WITH DIPS (GF,V).....	5
HALLOUMI FRIES WITH SALSA (GF,V).....	5
LAMB KOFTA WITH TZATZIKI (GF).....	5
MANCHESTER EGG WITH PICCALILLI.....	5
FALAFEL WITH HARISSA MAYO (GF,V).....	5
MEATBALLS IN TOMATO SAUCE & FOCACCIA.....	5
KUNJ'S ONION BHAJI (GF,VG).....	5

## CHEF DAVID'S NOODLE BAR

NOODLES, STIR FRY VEG, CHILI, GARLIC AND  
CORIANDER

CHOOSE FROM:

CHICKEN OR VEGETABLES (VG).....	13
BEEF OR PRAWN.....	14

## HAND STRETCHED 12" PIZZA

MARGHERITA (V).....	9
FRESH BASIL, MOZZARELLA AND BEEF TOMATO	
MEAT LOVERS.....	12
PULLED PORK, CHICKEN AND PEPPERONI	
PRIMAVERA (V).....	11
ARTICHOKE, OLIVE AND SUN DRIED TOMATOES	

GLUTEN FREE PIZZA BASE AVAILABLE ON REQUEST

## MARKET TABLE

COBO'S LANCASHIRE LAMB HOTPOT.....	14
PICKLED RED CABBAGE AND FRESH SOURDOUGH BREAD	
LEMON CHICKEN THIGHS (GF).....	14
CORN ON THE COB, BURNT ONION KETCHUP, COLESLAW AND CHIPS	
CAULIFLOWER ROULADE (GF,VG).....	13
ROASTED VEGETABLE AND BEAN CASSOULET	
SPINACH AND RICOTTA CANNELONI (V).....	13
TOASTED PINE NUTS AND SAGE BUTTER	
BEER BATTERED FISH & CHIPS.....	14
MINTED MUSHY PEAS, TARTARE SAUCE AND LEMON	
GRILLED SEA BASS (GF).....	15
ASPARAGUS, SWEET POTATO MASH AND WHITE WINE AND SEAFOOD SAUCE	

## CHEF MYO'S BAO BAR

SERVED WITH TEMPURA VEGETABLES AND DIP

CHOOSE FROM:

MUSHROOM AND BEANSPROUT (VG) .....	12
PULLED PORK OR CHICKEN .....	13

## EXCHANGE GRILL

GRILL PLATTER (GF).....	20
5OZ RUMP STEAK, CHICKEN THIGH, LAMB CHOP, GAMMON STEAK, GRILLED CHERRY TOMATOES, WATERCRESS AND HAND CUT CHIPS	
ADD PEPPERCORN SAUCE.....	2
12 OZ ENGLISH SIRLOIN (GF).....	25
GRILLED CHERRY TOMATOES, HAND CUT CHIPS, WATERCRESS AND PEPPERCORN SAUCE	
HOMEMADE HANGING LAMB KOFTA KEBAB.....	14
FLATBREAD, PILAU RICE AND TZATZIKI	
GRILLED KING PRAWNS (GF).....	16
CAULIFLOWER RICE, TANGY TOMATO CHUTNEY AND HOUSE SALAD	

## INDIAN TIFFIN BOX

HOMEMADE MAKHANI BASE CURRY  
WITH CUMIN PILAU RICE AND DAL

CHOOSE FROM:

CHICKEN OR PRAWN (GF).....	14
SPINACH AND PANEER (GF,V).....	13

STILL PECKISH?  
ADD ONE OF THE BELOW

POPPADOMS AND MANGO CHUTNEY (GF) .....	1
RAITA AND NAAN.....	2

## SALAD

SUPERFOOD SALAD (GF,V).....	12
ROCKET, FETA, AVOCADO, BEETROOT, SWEET POTATO, ROASTED RED PEPPER, CAULIFLOWER RICE, TOASTED PINE NUT AND LEMON DRESSING	
ADD CHICKEN.....	2
SMOKED DUCK AND FIG (GF).....	13
GRILLED CHICORY, CHERRY TOMATOES, WALNUT AND RASPBERRY DRESSING	

## TWO HANDERS

CLASSIC BEEF BURGER.....	12
BEEF TOMATO, GEM LETTUCE, TOASTED BRIOCHE BUN, HOUSE RELISH AND SKIN ON FRIES	
BUTTERMILK CHICKEN BURGER.....	12
HOUSE SLAW, GEM LETTUCE, TOASTED BRIOCHE BUN, BBQ SAUCE AND SKIN ON FRIES	
VEGAN BBQ BURGER (VG).....	11
TOMATO, GEM LETTUCE, TOASTED BRIOCHE BUN, HOUSE RELISH AND SKIN ON FRIES	
STEAK CIABATTA.....	12
GRILLED MINUTE STEAK, CARAMELISED RED ONION, MUSTARD AND SKIN ON FRIES	
ADD CHEESE OR BACON TO ANY BURGER.....	2
GLUTEN FREE BURGER BUNS AVAILABLE ON REQUEST	

## TO FINISH

SUMMER BERRY PUDDING (VG).....	6
MIXED BERRY JAM	
CHEF CHRIS'S CHOCOLATE BROWNIE.....	6
VANILLA ICE CREAM	
VIMTO CHEESECAKE.....	6
MIXED BERRY COMPOTE	
MATTY B'S BAKEWELL TART.....	6
VANILLA ICE CREAM	
FRESH SLICED FRUIT & FRUIT COULIS (GF,VG)....	6
CHEF'S SELECTION OF ICE CREAM.....	6
OR SORBET (GF)	
ASK FOR TODAY'S FLAVOURS. (VG) OPTION AVAILABLE ON REQUEST	

## SIDES

HAND CUT POTATO CHIPS (GF).....	4
HAND CUT SWEET POTATO CHIPS (GF).....	4
SKIN ON FRIES (GF).....	3
ADD TRUFFLE OIL AND PARMESAN TO ANY OF THE ABOVE.....	1
SEASONAL VEGETABLES (GF).....	4
MOZZARELLA GARLIC BREAD.....	3
ONION RINGS.....	3
HOUSE SALAD (GF).....	3

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