There are no easy one size fits all answer, but we have taken some of the biggest questions our players and staff have been asked throughout the years. Use this to help you find your own path to success.

## Q: How do I get noticed?

A: Well, the best way to get noticed is to play in a league that best demonstrates you have the capability to improve at the level you are attempting to obtain. For example, a college scout will take a high-school player resume of someone who competed in an elite armature league like the Women's Premier Soccer League (WPSL) instead of solely peer-based competition.

## Q: Why did I not get picked up for the squad?

A: For me, as a scout I don't care how you did against other 16-year old's. I have that now. Show me what you can do when I bring you on campus or against my U23s and reserve squad. So, if you want to impress a collegiate coach why not show that you can compete with collegiate players. Its bizarre, so many kids take Advance Placement (AP) studies in school but not in sport. There are leagues that solve this problem.

Q: Why do I have to work, I'm the best player now?

A: Talent is great but overrated. The next level is made up of people who probably have your talent and work to improve. A talented player will rarely beat a player that works to improve. This is a mental game just as much as physical. We need to see your ability to improve because no player is perfect, not even close.

Q: Why do I need to watch film or professional games I just like play.

A: You are not a perfect player. People learn through modeling and specific practice. Reading Talent Code and working with groups like No 1 soccer camps have a good methodology that can help with this challenge. If you don't watch film, you don't know what else is possible with the sport. If you never saw your own film, then you have no self-awareness. This will limit you in a scout's eyes.

Q: How do I get film. They film our games what is the difference?

A: Grandma taking film is ok and there are many services offered out there. The issue is the average coach isn't going to look through all that film and give you quality guidance on your performance. It is the analysis of the film that makes a difference. If you compete in a quality league then you'll have livestreamed games. The WPSL is on of these leagues. But, once again the player that has film and a so are you using an amateur or professional approach. The quality of your preparation is important.

Q: The leagues are so confusing what are the soccer levels?

A: Excellent question. Yes, there is confusion. One of the better tables we have seen we will list as a reference here. Good luck figuring it out. There are three professional division in the United States. DIV 1: Major League Soccer. DIV 2: United Soccer League Championship. DIV 3 United Soccer League 1, NISA, MLS Next Pro. Now you have the 4<sup>th</sup> Tier Amateur National Premier Soccer League and USL2. The women have Professional NWSL as 1 DIV. Sanctioned 2 or 3<sup>rd</sup> DIV S League is looking to come on 2023. This adjusts but is a decent baseline as far as scouts are concerned.

Posted by Atlanta United FC 🔊 u/Braedown 5 months ago

## Here's my attempt at a Pyramid graphic for US soccer

Discussion



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Q: How do I know what team or league to play in?

A: This is a good question, but it is the wrong question. A better question is how can I find my level and how do I get the most exposure so I can find a team with the best fit that will challenge me and provide me quality games to improve my level.

Q: What is DISC? Why is it important?

A: William Marston who is the inventor of the Four Temperaments Model of Human Behavior also known as the DISC Model of Human Behavior. From Marston's work we understand that most people have predictable patterns of behavior.

Q: Why would I need DISC why does West Ham use it?

A: The objective of the Behavioral Studies basic training modules is to enable participants to Discover, Experience and Apply the four temperaments Model of Human Behavior. The stated outcome of the Training is to positively impact and optimize every professional and personal relationship and/or partnership. Our training modules are based on the works of William Marston. These predictable patterns determine your model of the world, how you tend to see life, and will greatly assist you to understand why you often feel, think and act the way you do.