

Apprenticeship in a Trauma-Informed Scope of Practice: Exploratory Session

Please reflection on the following questions and send your responses to me via email 24 hours prior to our Exploratory Session.

Name and Time Zone:

What are your hopes & aspirations for the apprenticeship?

The 5 Core Concepts

The following are five core concepts to which we will regularly return. Please write a few phrases or sentences to express your current understanding of these concepts. As we work together your understandings will shift and we will regularly return to re-thinking and re-writing these expressions of your understanding. I strongly encourage you to keep the various variations you write during your apprenticeship; the shifts in how you use words carries information that indicates shifts inside of you.

- 1. SPIRITUALITY**
- 2. SPIRITUAL DIRECTION**
- 3. TRAUMA**
- 4. TRAUMA-INFORMED**
- 5. TRAUMA-INFORMED SPIRITUAL DIRECTION**

Current Scope of Practice

[Here is a brief overview](#) of how I use the phrase "scope of practice."

PROFESSIONAL

Please describe your current professional scope of practice?

How are the 5 Core Concepts reflected in your scope of practice?

PERSONAL

Please describe your current personal scope of practice?