

# Aftercare Instructions

It is essential that you follow these instructions after your session. 50% of the work is in your hands. How you care for your brows will determine the quality and longevity of the pigment.

## Day 1-2

-DO NOT wet or clean for 48 hours

## Day 3-9

-Apply the post-care cream (Aquaphor, Grapeseed oil, or Hustle Butter) with a cotton swab as needed. This should be done several times a day to ensure proper healing. Do Not use aggressive movements while applying the post-care cream.

-Wash your hands before any contact with your brows to avoid infection while they are healing.

The following MUST be avoided during all 9 days after procedure (could be longer if you have deeper wounds)

- Increased sweating
- Practicing sports
- Swimming
- Hot sauna, steam rooms, hot baths, or Jacuzzis
- Sun bathing and tanning beds
- Any laser or chemical treatments and/or peelings
- Using creams containing Retin A, Glycolic Acid, or Renova on the neck or face
- Picking, peeling, scratching, of the microbladed areas in order to avoid scarring of the area or removal of pigment
- Performing tasks related to heavy household cleaning such as: garages, basements, and attics where there is an abundance of airborne debris
- Spicy foods
- Smoking
- Excessive drinking which can cause loss of pigment and longer healing time
- Driving in open air vehicles such as: convertibles, boats, bicycles, and motorcycles
- Touching of the microbladed areas except for rinsing and applying the post-care cream with a cotton swab.

## Required touch up after 4-6 weeks.

Your new eyebrows will go through several phases during the healing cycle.

The pigment will appear very sharp and dark immediately after the procedure. This is because the pigment is still sitting on top of your skin and has not settled in completely yet. The color of the pigment will soften gradually. Do not be alarmed if you see some pigment on the cotton swabs as this is excess pigment and/or body fluid that are exiting your skin.

Once the healing of your skin starts taking place, it will look like dandruff flakes or dry skin. This might give you the impression that the color pigment is fading too quickly. However, this is just superficial color and dry skin being naturally removed from your eyebrows. Once completely healed, always apply a layer of sunscreen SPF 30 to SPF 50 on your eyebrows when exposed to the sun. Sun exposure might cause the color pigment to fade away much faster than desired. You can now enjoy your gorgeous new brows!!