

Recovering Couples Anonymous: Find a Meeting Near You!



Recovering Couples Anonymous

Who We Are

“We are couples committed to restoring healthy communication, caring, and greater intimacy to our coupleships. We suffer from many problems, some identified and some not, some treated and some not. We also come from different levels of brokenness. Many of us have been separated or near divorce. Some of us are new in our coupleships and seek to build intimacy together.

We have all sought healing in Recovering Couples Anonymous (RCA). Although we have many relationships, we have only one coupleship. We restrict ourselves to one partner for the full expression of our physical, emotional, sexual, and spiritual love.

We try to honor the special nature of our love by doing spontaneous things with our partners. It can be easy to become so preoccupied with our work, children, elderly parents, or other distractions that we neglect our partners.

We may feel there will always be time for our partners later, so we do not pay them the special attention they deserve today. A nurturing, healthy coupleship requires regular attention to function at a level that gives the highest satisfaction. Keeping our focus on our love can bring pleasures we never believed possible.”

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to find a Recovering Couples Anonymous Meeting near you!