"When we firmly decide "I can do it!" we can break through the walls of self-imposed limitations"

Imagine your exciting life in 10 or even



Daisaku Ikeda

Based on your dream or vision choose some

LONG TERM DREAMS - SHORT TERM GOALS

DREAMS & GOALS

20 years from now. Imagine almost anything	good things to try in the near future
s possible. Write down everything you'd like	GOAL 1:
o happen. Don't hold back!	
1	•••••••••••••••••••••••••••••••••••••••
2	Action Steps:
3	1
4	2
5	3
б	4
7	5
8	6
9	
10	GOAL 2:
11	
12	
13	Action Steps:
14	1
15	2
16	3
17	4
18	5
19.	6
20	
21	GOAL 3:
22	
23	
24	Action Steps:
25	1
26	2
27	3
28	4
29	5
30	6