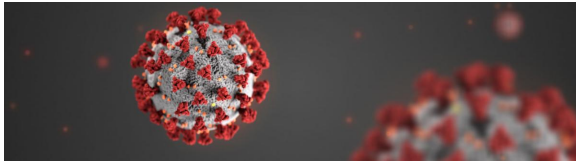




Newsletter January 2022



New CDC Guidelines

The new Omicron Variant is here and it has been hard to all. Highly contagious, not very aggressive, but still COVID and we always need to be prudent.

CONFIRMED POSITIVE: Stay 5 days in quarantine and if asymptomatic at that point, spend 5 more days wearing masks.

You don't need to repeat your PCR or rapid test, at least if school/work is demanding it.

CONTACT CASES: It will depend on your vaccination status; with 3 doses of vaccine, you don't need to quarantine, but in other cases it is recommended you spend 5 days in quarantine, 10 days wearing masks, and get a PCR test at the 5th day after contact.

Please read more in the link below.

[Read More-CDC Guidelines](#)

Due to the HIGH volume of tests and calls, we are sending all lab results to the PORTAL. PLEASE join the portal, we are not able to call patients for each lab result. We highly encourage you to participate on the portal.

Debido al alto volumen de llamadas y exámenes, YA NO se llamará a pacientes por los resultados pero serán publicados en el PORTAL. Le recomendamos encarecidamente que se unan al portal.



COVID VACCINES and FLU

They have arrived!!

COVID Vaccines for 5-11 year-olds

COVID Vaccines for 12 year-olds and above and BOOSTER shots for this age group.

Influenza Vaccines-Flu for 6 months-old and above.

Call us to make an appointment. We accept adults and kids from anywhere. :)

[Visit our PORTAL](#)



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