

Coaching Service

The Coach agrees to provide XXX paid coaching sessions, each lasting XX hours, based on the International Coach Federation (ICF) standards. The purpose of coaching is to support the Coachee in achieving personal or professional goals through a process of self-discovery, growth, and development. The Coach facilitates this process by providing structure, guidance, methodologies and support. The Coachee is responsible for setting their goals, making decisions, and taking action.

Roles and Responsibilities

Coach: a. Provide a safe, confidential, and non-judgmental space for the Coachee. b. Encourage self-exploration, reflection, and learning. c. Challenge the Coachee's thinking and assumptions to help them achieve their goals. d. Maintain professional boundaries, adhering to the ICF Code of Ethics.

Coachee: a. Actively engage in the coaching process, being open, honest, and receptive. b. Take responsibility for their actions, decisions, and progress. c. Communicate any concerns, feedback, or questions to the Coach promptly.

Testimonial and Feedback

The Coachee may agree to provide the Coach with a written testimonial and feedback upon completion of the coaching sessions. The testimonial may be used for marketing purposes and will include the Coachee's first name, title, and company (if applicable). Feedback will help the Coach in their certification process and ongoing professional development. These are not obligatory.

Term and Termination

This Agreement is effective upon the date of signing and will terminate upon completion of the coaching sessions agreed, or upon written notice by either Party.

Confidentiality

The Coach will maintain the confidentiality of all information shared during the coaching sessions, except as required by law, ethical obligation, or with the Coachee's permission and in line with the ICF Ethics and Standards framework.

Cancellation and rescheduling:

The Parties must give at least 24 hours' notice to cancel or reschedule a session. Failure to do so may result in forfeiture of that session and payment owed.

By signing below, the Parties acknowledge that they have read, understood, and agree to the terms of this Agreement.

Signature

Full Name

Date:



Alan Nicholls
Nichollswood Coaching
enquiries@nichollswood.com
ICF Membership: 0097204931

Coaching Agreement

This Coaching Agreement ("Agreement") is entered into as of [Date] between [Coach's Full Name] ("Coach") and [Coachee's Full Name] ("Coachee"), collectively referred to as the "Parties."

