

Peer Pressure and Living Drug-Free - A Talk for Teens

Co-Presented by the Red Ribbon Campaign and Herren Project

Thursday, October 29, 2020 @ 3:30- 4:15 p.m.



Research shows that when making decisions, teens think about both the risks and rewards of their actions and behaviors. Unfortunately, unlike adults, teens are more likely to ignore the risk in favor of the reward. Join us for a panel discussion as we review strategies to help teens overcome some of the challenges related to peer pressure and making difficult decisions. If you're a teenager, this talk is for you!

Space is limited. [Click here to register](#) or visit [RedRibbon.org](https://www.RedRibbon.org)

About The Panel



Kristin Young, MSW, LICSW

*Director of Clinical Services
Herren Project*

Kristin is currently the Director of Clinical Services at Herren Project and has worked in the mental health and addictive disorders fields for 18 years. Her areas of expertise include addiction and recovery, and trauma and chronic mental health issues. She has also worked in mental health centers and recovery residences. Kristin holds a Master's degree in Social Work from Boston University.



Isabelle Boullier

*Youth Engagement Specialist
Herren Project*

Isabelle is the Youth Engagement Specialist for Herren Project. She's been a community activist since the 8th grade advocating against drunk driving, for tobacco control, and has worked to break the stigma around mental health and addiction. Isabelle is involved with her local and regional coalitions, and also serves as the SADD National President of the Student Leadership and College Advisory Council. She is studying Public Health and International Relations at Roger Williams University.



Nicole R. Smith

Motivational Speaker

Nicole is a published author, dancer, and motivational speaker. She has danced and cheered for four professional and semi-professional sports teams and has prepared more than 500 young adults to enter the workforce. In 2019, She authored her first book, *Game On! Relentlessly Pursue Your Dreams*, and was selected as one of Legacy Miami's Most Prominent and Influential Black Women in Business and Industry.

About Herren Project

Herren Project is a national nonprofit organization that provides free resources and support for the treatment, recovery and prevention of substance use disorders. Treatment and recovery services include treatment placement assistance, long-term recovery support for individuals, families, and online support groups, as well as scholarships for treatment programs, recovery housing and recovery coaching.