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**Milton Lutheran Parish**

*Gary Schaeffer, Pastor*

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## Home Devotional- July 12<sup>th</sup>- July 18<sup>th</sup>

### Introduction

Mark's gospel makes clear how great the press of the crowd is, with its countless needs to be met by Jesus and his disciples. Yet in today's gospel Jesus advises his disciples to get away and rest, to take care of themselves. Sometimes when others are in great need, we forget to think of ourselves, but Jesus teaches us to honor ourselves as caregivers' and to take some time to rest. We are sent from Christ's table to care for others and for ourselves.

### Prayer of the Day

O God, powerful and compassionate, you shepherd your people, faithfully feeding and protecting us. Heal each of us, and make us a whole people, that we may embody the justice and peace of your Son, Jesus Christ, our Savior and Lord.

**Amen.**

### Readings and Psalm

#### **Jeremiah 23:1-6**

*From David's line, a righteous shepherd for Israel*

#### **Psalm 23**

The Lord is my shepherd; I shall not be in want. (Ps. 23:1)

#### **Ephesians 2:11-22**

*Reconciled to God through Christ, our peace*

#### **Mark 6:30-34, 53-56**

*Christ healing the multitudes*

### Questions for Reflection *(Choose one scripture passage and work through the following questions)*

1. What word or phrase stands out to you?
2. What do you hear God saying to you?
3. What does God want you to do in response to what you hear God saying?

### Pray the Lord's Prayer Together

#### **Bless one another saying:**

May God bless you this week and always. AMEN

Resources:

Text and Prayers: [Sundaysandseasons.com](http://Sundaysandseasons.com) - Questions- [Workingpreacher.org](http://Workingpreacher.org)