

BEING A REFEREE FOR BNSC & ASCU

At Brampton North Soccer & ASC United, we take pride in offering the best recreational grassroots soccer programs in Ontario. As a club, we expect a high level of professionalism, enthusiasm, and dedication from our referees. We believe that you are a crucial part of our club image and often the first point of contact for our players and parents.

We understand that for many of you, this may be your first part-time job, and we will be your first reference for future jobs and higher education applications. Therefore, we expect you to take your role seriously and perform your best. It is essential to have a positive attitude, respect your fellow referees, parents, coaches, and players.

We always have a supervisor present to help you with difficult encounters or conflicts with parents, players, and coaches, and we fully support our referees in any situation.

Our referee positions are slightly different from other clubs, and we require a higher level of knowledge and experience with the game. As a recreational soccer club, our team coaches are parent volunteers, ranging from beginner to experienced. Therefore, we rely on your expertise and experience to guide coaches and players on and off the field.

As a referee, we want you to not only officiate the game but also teach the players, coaches, and parents the rules and how to play the game. We need you to help the parent volunteer coaches by demonstrating the "Skill of the Week" and assisting them with their pre-game practices. During the games, we need you to be vocal and provide brief but informative reasons for your calls, instruct players where they should be, and how to perform a basic skill such as throw-ins. You are both a referee and a teacher.

As a referee, you will be paid hourly and bi-weekly by email transfer. You are responsible for setting up your field at the beginning of the night, taking down your field and



putting away equipment at the end of the night. You must also ensure equipment safety and report any damages immediately to the supervisor.

Before the start of each game, parents and spectators must be on the opposite side of the field from the coaches and players. If you see parents on the player side, please politely ask them to move to the other side.

As coaches arrive, we want you to introduce yourself, shake their hands, and let them know that you will be their referee for the game. If they require any assistance, please let them know you are there to help.

You are responsible for knowing the "Skill of the Week" and how to teach it, as well as for the game ball, goalie pinnies, and game sheets. You must distribute these items at the beginning of each game and collect them at the end of the night, recording the scores and goal scorers.

Please arrive at least five minutes before your shift so that you can be ready to start work on time. Thank you for your dedication to Brampton North Soccer & ASC United, and we look forward to working with you.

REFEREE RESPONSIBILITIES

When you first arrive,

- Upon arrival, please sign in and store your personal belongings in the designated bin or shed or at the side of the field.
- Be aware of which field you are assigned to and which teams you will be refereeing, including the division, color, team name, and number.
- Make sure you know and have watched the online video training of the Skill of the Week before showing up.
- Set up the nets and flags on your designated field.



- Ensure that you have the game ball and the pinnies for the goalies.
- Walk around the entire field to ensure that it is free from debris and garbage.
- Be present on the field to welcome and introduce yourself to the coaches.
- Instruct players to begin their warm-up routine until the coach is ready to start the Skill of the Week.
- Assist in demonstrating and instructing players on how to perform the required skill of the week if needed.
- Five minutes prior to game time, blow the whistle to have the teams line up at center and shake hands before the game starts. Take the last players in the handshake from each team for the coin toss or rock, paper, scissors to determine which team starts with the ball.
- One minute before game time, ensure that coaches have all their players on the field and ready to start in their positions.
- Players may only be substituted when YOU call for the switches or for injuries at YOUR discretion. For mini and intermediate games there are 6 shifts per game = 2 halves consisting of 3 shifts each. Each shift is 7-minutes long. And for full field (11 a side) there are four shifts of 8-minutes per half.
- Once the required minutes have passed, the next time the ball goes out of play, call for substitution. All players on the bench should come on the field. Please try to stay aware of equal playing time for all players.
- Coaches have only **30 seconds** to switch their players before the play begins, strictly adhere to this rule. At the sound of the "Substitution Whistle," call out 30 seconds, then 20 seconds, and then count down from 10 to 0. At 0, blow the whistle to begin the game, whether teams are ready or not. Clock does not stop! Time keeps running.
- As a referee, be vocal in instructing players which team has the ball to play and where it should be taken from. Don't wait for players to approach you; guide them gently with your hand or by pulling the sleeve of their jersey.
- Remind players that their feet must always remain on the ground during throwins, and they cannot twist nor release the ball below eye level.



- After three 7-minute shifts, (for mini and intermediate) four 8-minute (full field) there will be a halftime of 3 to 4 minutes. The opposite team that began the game will start the play at centre for the second half.
- After the half, another four shifts are played before the end of the game.
- At the end of the game, collect the goalie pinnies and the game ball, fill out the game sheet, and have both coaches sign the bottom of the sheet to confirm the score you entered. Additionally, document any incidents, conflicts, or cards shown on the sheet.
- Take down the nets and flags and clean up the garbage around your field and return all equipment to the designated bin or shed neatly.
- Dispose of all garbage into the trash cans.
- Hand in your signed game sheets to the Field Supervisor.
- You may leave when the Field Supervisor gives you permission to do so.

Conflict Resolution:

Handling conflicts in youth soccer as a referee can be challenging, but it's an essential part of the job. Here are some steps a youth soccer referee can take to handle conflicts when someone disagrees with a call:

- 1. Stay calm: As a referee, it's important to remain calm and composed when dealing with conflicts. Take a deep breath and maintain your professionalism.
- 2. Listen carefully: Listen to what the person is saying and try to understand their perspective. Let them express their point of view without interruption.
- 3. Explain the call: If the person doesn't understand why, you made the call, calmly explain it to them. Use clear and concise language and be specific about the rule that was violated.



- 4. Be respectful: Treat the person with respect and avoid being dismissive or condescending. Remember that they may be passionate about the game and have a different interpretation of the rules.
- 5. Move on: If the person continues to argue or becomes hostile, it's best to move on and focus on the game. Remember that the safety and well-being of the players is the top priority, and the game must continue.
- 6. Get help if needed: If the conflict escalates or you feel unsafe, don't hesitate to ask for help from other the Field Supervisor.
- 7. Be consistent: To avoid conflicts, make sure you're consistent in your calls and apply the rules fairly to both teams.

Overall, the key to handling conflicts as a youth soccer referee is to remain calm, listen carefully, explain the call, be respectful, and prioritize player safety.

SUMMERY:

Referee Equipment:

- 1. Referee Jersey: You will need a referee jersey that is a different color from both teams, to help distinguish you from players.
- 2. Referee Shorts: You should wear black shorts that match your jersey.
- 3. Referee Socks: You will need black socks that cover your shins and match your uniform.
- 4. Whistle: You will need a whistle to signal the start and stop of play, as well as fouls and other infringements.
- 5. Watch: You will need a watch to keep track of the time during the game.
- 6. Red and Yellow Cards: You should carry both red and yellow cards to show to



- players who commit fouls or other misconduct.
- 7. Coin: You will need a coin to flip to determine which team takes the kick-off at the start of the game.
- 8. Paper & pen to take keep track of the goals and who scored.

Referee Responsibilities:

- 1. Enforce the Laws of the Game: Your primary responsibility as a soccer referee is to know and enforce the Laws of the Game and Fair and Equal Play for ALL, which include knowing the rules about fouls, offside, and all other aspects of play.
- 2. Ensure Player Safety: You must ensure the safety of all players on the field by
 - a. making sure your field is clear of debris before the start of your game.
 - b. stopping play if a player is injured.
 - c. or weather conditions are dangerous.
- 3. Manage the Game: You must manage the game by keeping track of time, handling substitutions, and maintaining control over players who may become unruly or violent.
- 4. Communicate with Players and Coaches: You should communicate clearly and calmly with players and coaches throughout the game to explain decisions and answer questions.
- 5. Make Calls: You must make calls for fouls, offsides (if applicable), and other infringements during the game, and show yellow or red cards when necessary.
- 6. Keep Score: You must keep track of the score and who scored as well as any additional time added to the game.
- 7. Complete Match Report: You will need to complete a match report after the game, including the score, any cards shown, and any incidents that occurred during the game which you will document on your game sheet.
- 8. By fulfilling these responsibilities and wearing the appropriate equipment, you will be well-equipped to serve as a soccer referee and help ensure a fair and safe game.



Commitment & Reliability.

Commitment and reliability are essential traits for a referee. We will schedule your shifts on the availability that you have given us for scheduling. Referees are responsible for ensuring that games are played fairly and within the rules. If a referee is unable to make their shift, it is their responsibility to give at least 24 hours' notice and post their shift on the group chat to allow someone to fill the vacancy.

Posting the shift as an open shift and giving 24-hour notice shows commitment and reliability, and it allows enough time for someone else to cover the shift. The Field Supervisor shift must be notified and agree with all shift changes to ensure that all necessary procedures are followed.

In case the shift cannot be filled, the referee is still responsible for showing up for their shift. Only in an extreme emergency, such as a sudden illness or family emergency, should a referee post a shift on the day of the game.

Once a replacement referee has been found, it is essential to confirm that the shift is covered with both the replacement referee and the Field Supervisor. This confirmation ensures that the game will have a referee and that all parties are aware of the shift change.

In summary, commitment and reliability are essential traits for referees, and it is the referee's responsibility to ensure that their shifts are covered and that games are played fairly and within the rules.

Please make sure you all have WhatsAPP on your phones as this will be where we set up the Referee Communication Group.



Important Numbers & Emails

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