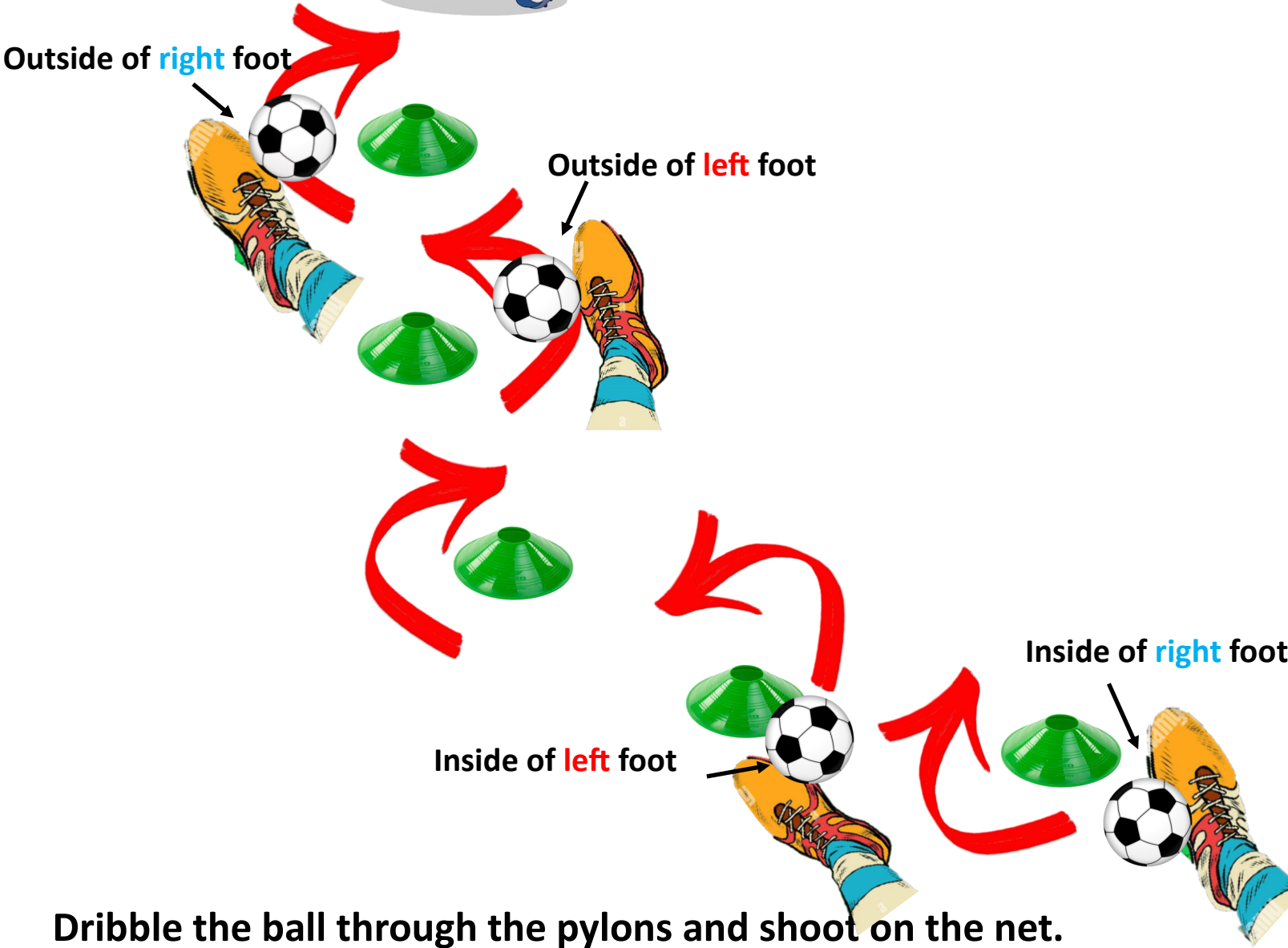


Week 6 - Dribbling with Inside & Outside the of Foot



Dribble the ball through the pylons and shoot on the net.

Use inside of the feet first time and then the outside of the feet the next time to push the balls around the pylons & shoot