

Week 4 - Dribble Maze



- **Set up a small perimeter (you want the maze to be fairly tight)**
- **The object is to get the kids to dribble the ball close to their feet around and through the maze without hitting any of the pylons.**
- **Stress little touches, using both feet and keeping their head up**
- **Start slow and get faster.**
- **When the referee blows the whistle the players need to stop, put one foot on the ball and do what the referee is doing**